ORDER OF THE HEALTH OFFICER OF THE COUNTY OF MENDOCINO
PUBLIC HEALTH EMERGENCY QUARANTINE ORDER FOR COVID-19

DATE OF ORDER: NOVEMBER 10, 2020
EFFECTIVE UNTIL RESCINDED

UNDER THE AUTHORITY OF THE CALIFORNIA HEALTH AND SAFETY CODE
SECTIONS 101040, 101085, 120175, 120215, 120220, and 120225
THE COUNTY OF MENDOCINO HEALTH OFFICER ORDERS:

Violation or failure to comply with this Order is a misdemeanor
punishable by imprisonment, fine or both.
(Health & Safety Code §§ 120295 et seq.; Cal. Gov. § 8665; Penal Code §19;
Mendocino County Ordinance No. 4464)

Quarantine Requirements for Close Contacts of Persons with COVID-19

1. WHO IS REQUIRED TO FOLLOW THIS HEALTH OFFICER ORDER:

All individuals who reside in Mendocino County who are close contacts of a COVID-19 case
are required to quarantine themselves and follow all instructions of this Order.
A “close contact” is anyone who was exposed to a person with COVID-19 (“case”) while they were infectious/contagious:

a) Live in or have stayed at the case’s residence OR
b) Are intimate sexual partners of the case, OR
c) Provide or provided care to the case without wearing a mask, gown, and gloves OR
d) Were within 6 feet of a case for a prolonged period of time (15 minutes or more cumulatively over a 24-hour period).

AND
e) This contact occurred while the case was determined to be infectious. A case is infectious within 48 hours before that person’s symptoms began and until that person is no longer required to be self-isolated.

2. WHAT ARE YOU REQUIRED TO DO IF YOU ARE A CLOSE CONTACT:

To prevent the spread of COVID-19, the Mendocino County Health Officer (“Health Officer”) hereby requires the above individuals to immediately:

a) Self-quarantine and stay in their home or another residence through 14 days from the last date that they were in contact with the person diagnosed with or likely to have COVID-19. Self-quarantine is required for the entirety of the 14-day incubation period because an individual is at high risk for developing and spreading COVID-19, if that individual had close contact, as defined above, with a person who has:

(1) A positive lab test for the coronavirus (known as SARS-CoV-2) that causes COVID-19; OR
(2) Symptoms that are consistent with COVID-19 (i.e., flu-like symptoms such as sore throat, coughing, shortness of breath, subjective fever (or a temperature of
100.0°F / 37.8°C or greater), or sudden loss of sense of smell and/or taste), within 14 days of being in close contact with a person who had or was believed to have had COVID-19 OR

(3) A health care provider has informed the individual that they are likely to have COVID-19.

Note: For those individuals who do not require hospitalization and who do not have a residence or are unable to return to their previous residence, the place of quarantine will be determined by the County of Mendocino Department Operations Center by contacting the DOC COVID-19 Shelter Hotline (707) 472-2676.

b) Quarantined individuals may not leave their place of quarantine or enter any other public or private place except to receive necessary medical care for the entire 14-day incubation period, the typical time between exposure and when symptoms and signs of the disease may develop.

c) Carefully review and closely follow all requirements listed in the “Home Quarantine Instructions,” at https://www.mendocinocounty.org/community/novel-coronavirus/health-order.

If a quarantined person becomes sick with fever, cough, or shortness of breath (even if their symptoms are very mild), they should seek medical care, and if indicated, seek coronavirus testing from their medical provider or County Public Health, and isolate themselves at home and away from other people and follow the “Home Isolation Instructions,” posted at https://www.mendocinocounty.org/community/novel-coronavirus/health-order and attached to this Order. This is because they are likely to have COVID-19 and if so, can spread it to vulnerable individuals.

d) The Health Officer also recommends, to the extent possible, that all quarantined individuals (who do not develop any symptoms), seek coronavirus testing from their medical provider or County Public Health, after the conclusion of their quarantine, preferably on Day 15, or very shortly thereafter.

3. WHAT IF YOU ARE AN ASYMPTOMATIC HEALTHCARE WORKER?
Asymptomatic healthcare workers (defined as one who delivers care and services to the sick and ailing either directly as clinicians, such as physicians and nurses, or indirectly as aides, helpers, laboratory technicians, or medical waste handlers) who are close contacts of a case of COVID-19, but are not known to be infected, may return to work during the 14 day quarantine period if the facility (employing or engaging the worker) and the worker have been cooperative with County Public Health for contact tracing and case investigation, and upon the healthcare facility employing or contracting the healthcare worker informing County Public Health that all of the following conditions are met:

a) The healthcare facility currently is experiencing crisis level shortages, as determined by the facility with reference to CDC Guidance, https://www.cdc.gov/coronavirus/2019-ncov/hcp/mitigating-staff-shortages.html, for the particular healthcare worker classification due to reaching surge capacity as a result of the COVID-19 pandemic;

b) In accordance with State CDPH Guidance to Employers on Responding to COVID-19 in the Workplace: https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-
19/Workplace-Outbreak-Employer-Guidance.aspx:

• the facility employing or engaging the worker has sufficient medical grade masking and will ensure the worker will wear such masking (or facial covering in the event of a shortage of masking) for the duration of the 14 day period (except while eating and drinking);
• the facility has implemented all best practice infection prevention procedures, as determined by County Public Health, including, but not limited to: pre-screening to assess worker temperature and symptoms prior to starting work has been implemented, ideally before entering the facility; self-monitoring by worker for temperature and symptoms prior to starting work; worker is able to maintain a minimum of six feet of distance to the extent possible from other workers in the workplace; physical barriers are in place between fixed worker locations to supplement distancing to the extent possible; and cleaning and disinfection of all areas and shared equipment can be performed routinely in the workplace;
• the worker will immediately cease working with the public upon developing even mild symptoms consistent with COVID-19;

c) During the course of the 14 day period, the worker’s duties will not involve entering any congregate care facilities, such as skilled nursing facilities, homeless shelters, or the County jail;
d) The work cannot be done remotely;
e) The worker, in fact, returns to work.
f) Standards for Testing:
• Testing strategies for healthcare workers returning to work will depend on the healthcare facility’s protocols.
• As with any quarantine, testing on Day 15, or very shortly thereafter, is advisable to the extent possible.

4. WHAT IF YOU ARE AN ASYMPTOMATIC FIRST RESPONDER?
Asymptomatic First Responders (including law enforcement, social workers responding to abuse or neglect of children, elders and dependent adults), Disaster Service Workers (as determined by the Incident Commander), Emergency Management Personnel, Emergency Dispatchers, and Court Personnel, who had an unprotected exposure to, or are a close contact of a case of COVID-19, but are not known to be infected, may only return to work during the 14 day quarantine period in the event County Public Health approves that the facility (employing or engaging the worker) and the worker have been cooperative with County Public Health for contact tracing and case investigation, and the facility certifies to, and receives approval from, County Public Health, that all of the following conditions have been met:

a) the facility (whether public, private or volunteer), employing or engaging the worker is experiencing “crisis level shortages”, such that the essential operations of the workplace would be compromised by quarantine of the worker because the facility is unable to accommodate 7 days or less without the quarantined worker on site OR “urgent level shortages” such that the facility is unable to accommodate between 8-14 days without the quarantined worker on site AND:
• the work cannot be performed remotely (e.g., from home), and there is an inability to obtain alternate staff whether through temporary help or mutual aid, to perform the same critical duties of the quarantined worker;

- the facility employing or engaging the worker has sufficient medical grade masking and will ensure the worker will wear such masking (or facial covering in the event of a shortage of masking) for the duration of the 14 day period (except while eating and drinking);
- the facility has implemented all best practice infection prevention procedures, as determined by County Public Health, including, but not limited to: pre-screening to assess employee temperature and symptoms prior to starting work has been implemented, ideally before entering the facility; self-monitoring by worker for temperature and symptoms prior to starting work; worker is able to maintain a minimum of six feet of distance from other workers in the workplace; physical barriers are in place between fixed worker locations to supplement distancing; and cleaning and disinfection of all areas and shared equipment can be performed routinely in the workplace;
- the worker will immediately cease working with the public upon developing even mild symptoms consistent with COVID-19;

c) During the course of the 14 day period, the worker’s duties will not involve entering any congregate care facilities, such as skilled nursing facilities, homeless shelters, or the County jail;

d) The worker, in fact, returns to work;

e) Standards for testing:

- in the case of “crisis level shortages”, the worker may return to work immediately upon approval by County Public Health with or without COVID-19 test depending on accessibility. As with any quarantine, testing on day 14 is advisable to the extent possible.
- in the case of “urgent level shortages”, the worker may return to work on day 8 or later, in the event of 2 negative tests, no sooner than day 5 and 7. As with any quarantine, testing on Day 15, or very shortly thereafter, is advisable to the extent possible.

5. WHAT ARE YOU REQUIRED TO DO IF YOU WERE A PRIOR COVID-19 CASE COMPLETED ISOLATION AND THEN ARE A CLOSE CONTACT OF A NEW CASE?

In the event a known prior COVID-19 positive individual (who has completed isolation), is identified as a close contact of a case of COVID-19, such individual would be required to quarantine on a case by case basis, as determined by Public Health. Currently, there is no data indicating that recovered COVID-19 cases are susceptible to reinfection sooner than 180 days.

The Mendocino County Health Officer may take additional action(s), which may include civil detention or requiring one to stay at a health facility or other location, to protect the public’s health if an individual who is subject to this Order violates or fails to comply with this Order. Violation of this Order is also a misdemeanor punishable by imprisonment, fine or both.

IT IS SO ORDERED: ________________________________
11/10/2020
Date

Dr. Andrew H. Coren, MD
Health Officer, County of Mendocino
**Documentation of Service of the Public Health Emergency Quarantine Order for COVID-19:**

On ______________(DATE) I served ______________________________________(FULL NAME)
DOB__________ PHONE_________ ADDRESS:__________________________________________

a copy of: ORDER OF THE HEALTH OFFICER OF THE COUNTY OF MENDOCINO
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The individual presented for testing/sample collection on: ________________ (DATE) at ______(TIME).

Quarantine should be completed (14 days after individual presented for testing OR 14 days after their last close contact, whichever is LATER): ________________ (DATE) at ______(TIME).

Quarantined individuals may contact Mendocino County Public Health at (707) 472-2759. Only County Public Health may release quarantine sooner, and only if able to verify an earlier date of last close contact with a case. Quarantined individuals who continue their close contact will be required to restart the 14 day quarantine period.

**COPY OF THIS ORDER BY (CHECK ONE & identify where individual will be quarantining):**

- [ ] In-person. The undersigned personally served this order.
- [ ] Electronic mail at _________________________________(email address).
- [ ] First class mail at _________________(address).
- [ ] Phone at ________________________ (phone number) and I spoke with an individual who affirmatively identified themselves as the individual named in this Order. I then personally informed the individual that they are required to quarantine as set forth in the Public Health Emergency Quarantine Order for COVID-19, a copy is available at:
  
  https://www.mendocinocounty.org/community/novel-coronavirus/health-order

The individual told me they will be quarantining at: _________________________________
_______________________________________________(address) AND verbally confirmed their understanding that quarantine is 14 days after individual presented for testing OR 14 days after their last close contact, whichever is LATER, i.e., on_______(DATE) at _____(TIME).

**SERVER’S INFORMATION**

Name: ___________________________ Telephone: ___________________________

Address: ________________________________________________________________

I declare under penalty of perjury under the laws of the State of California that the information above is true and correct.

Date:_____________________________ Signed:______________________________

PLEASE IMMEDIATELY FAX COMPLETED DOCUMENTATION OF SERVICE TO COUNTY PUBLIC HEALTH (707) 472-2714