



## **Mendocino County Health & Human Services Agency**

*Healthy People, Healthy Communities*

**Tammy Moss Chandler, Director**

Anne Molgaard, Chief Operations Officer

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Adult and Aging Services



### **FOR IMMEDIATE RELEASE**

Date: July 31, 2017

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### **Summer Temperatures Return for 2017 Cooling Stations Open to the Public**

The National Weather Service has issued an Excessive Heat Warning for inland Mendocino County for Monday, July 31, 2017, through Wednesday August 2, 2017. Temperatures on these days are expected to reach 100 to 110 degrees. High daytime temperatures are expected to persist into the middle of the week.

High temperatures increase the risk of dehydration and other heat related illnesses. Please be especially mindful of those who have limited mobility or are susceptible to the heat, including children and older adults. It is suggested that individuals attempt to reduce exertion, stay in a cool place when possible and drink plenty of water to stay hydrated.

### **The Following Locations Will Provide Cooling Stations for the Community:**

#### **Round Valley Volunteer Fire Protection District**

75900 CA-162, Round Valley

Cooling/Hydration Station

#### **Round Valley Senior Center**

77826 Covelo Road

Cooling/Hydration Station

#### **Round Valley Public Library**

23925 Howard Street

Cooling/Hydration Station

Tuesday - Saturday

10:00 a.m. – 5:00 p.m.

**Ukiah Valley Conference Center**

200 S. School Street  
Cooling/Hydration Station  
Monday – Friday  
8:00 a.m. – 4:30 p.m.

**Ukiah Senior Center**

499 Leslie Street, Ukiah  
Main Hall – Cooling Station  
Monday – Friday  
8:00 a.m. – 4:30 p.m.

**Ukiah Public Library**

105 N. Main Street, Ukiah  
Cooling/Hydration Station  
Tuesday – Thursday: 10:00 a.m. – 8:00 p.m.  
Friday- Saturday: 10:00 a.m. – 5:00 p.m.  
Sunday: 1:00 p.m. – 5:00 p.m.

**Willits City Hall**

111 E. Commercial Street, Willits  
Community Center – Cooling/Hydration Station  
Monday – Thursday  
9:00 a.m. – 5:30 p.m.

**Willits Public Library**

399 E. Commercial, Willits  
Tuesday – Thursday: 10:00 a.m. – 7:00 p.m.  
Thursday – Friday: 10:00 a.m. – 6:00 p.m.  
Saturday: 10:00 a.m. – 5:00 p.m.

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