



**Public Health Department
of Mendocino County**

Healthy People, Healthy Communities
Andy Coren, MD, County Health Officer



**RESCISSION OF JANUARY 31, 2022 LOCAL ORDERS
FOR ISOLATION AND QUARANTINE
ORDER FOR COVID-19**

**DATE OF ORDER: April 14, 2022
EFFECTIVE UNTIL RESCINDED**

**UNDER THE AUTHORITY OF THE CALIFORNIA HEALTH AND SAFETY CODE
SECTIONS 101040, 120175, 120215, 120220, and 120225
THE COUNTY OF MENDOCINO HEALTH OFFICER ORDERS:**

Please read this Order carefully. Violation or failure to comply with this Order is a misdemeanor punishable by imprisonment, fine or both.
(Health & Safety Code §§ 120295 et seq.)

1. The Public Health Officer's Orders regarding "Isolation and Quarantine Requirements for COVID-19 For General Public" (most recently amended on January 31, 2022), are hereby rescinded and replaced with this Order deferring to State CDPH Guidances, in order to reduce confusion created by having different guidance at the local and State levels, as well as recognition of the evolving COVID-19 pandemic.
2. Isolation separates those who have tested positive for COVID-19 (or have symptoms consistent with COVID-19) from people who are not infected.

Quarantine restricts the movement of individuals who have been in close contact with someone who has tested positive for COVID-19.

All individuals in Mendocino County must continue to comply with the following State of California Department of Public Health (CDPH) Guidances relating to Isolation and Quarantine, (including any future amendment or revision) until the Guidances are rescinded or withdrawn by the State:

- a. Guidance for Local Health Jurisdictions on Isolation and Quarantine of the General Public last revised on April 6, 2022, (available online at: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Guidance-on-Isolation-and-Quarantine-for-COVID-19-Contact-Tracing.aspx>);
- b. Guidance on Quarantine and Isolation for Health Care Personnel (HCP) Exposed to SARS-CoV-2 and Return to Work for HCP with COVID-19, All Facilities Letter (AFL) 21-08, (available online at: <https://www.cdph.ca.gov/Programs/CHCQ/LCP/Pages/AFL-21-08.aspx>);
- c. COVID-19 Public Health Guidance for K-12 Schools in California, 2021-22 School Year, (available online at: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2021-22-School-Year.aspx>);
- d. Guidance for Child Care Providers and Programs, (available online at: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/Child-Care-Guidance.aspx>).

- e. All employers in Mendocino County must continue to comply with any applicable Cal/OSHA COVID-19 Emergency Temporary Standards (<https://www.dir.ca.gov/dosh/coronavirus/ETS.html>) and/or the Cal/OSHA Aerosol Transmissible Disease Standards (https://www.dir.ca.gov/dosh/dosh_publications/ATD-Guide.pdf).
3. The CDPH revised its Guidance regarding Isolation and Quarantine of the General Public on April 6, 2022. While CDPH still requires isolation for ten (10) days from day of positive test or symptom onset, (regardless of vaccination status or recent COVID-19 infection), the duration of isolation may be shortened to five (5) days if: a COVID-19 test (preferably antigen) is negative on day 5 or later, fever is resolved and symptoms are resolving. For the duration of the 10 days, self-monitoring for symptoms and fever, and indoor masking is required. If the COVID-19 test taken on day 5 or later is positive, isolation may end on day 10 as long as fever is resolved and symptoms are resolving.

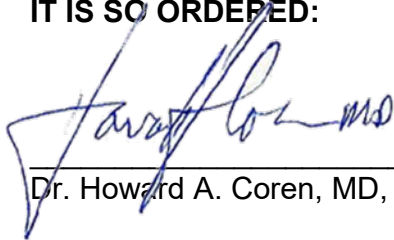
Also, people who are infected should contact their health care providers as soon as possible to be considered for antiviral therapy.

4. CDPH no longer recommends that members of the general public quarantine after an exposure if they have no symptoms. Instead, asymptomatic members of the general public are encouraged to test soon after exposure (within 3-5 days) to confirm they are not infected with COVID-19, to monitor for symptoms, and to wear masks indoors. If the COVID-19 test result is positive, or symptoms indicate infection, isolation should be started as in #3 above.

CDPH also revised its childcare and K-12 schools guidance and no longer requires children without COVID-19 symptoms to quarantine after an exposure. CDPH quarantine instructions continue to require quarantine for employee and resident close contacts in certain high-risk settings (such as homeless shelters, correctional facilities, LTCFs, senior care facilities) where transmission risk is high and the populations served are at increased risk of severe COVID-19 disease.

5. The CDPH modifications to quarantine for the general public reflect that the incubation period of circulating variants of the SARS-CoV-2 virus has grown shorter (now averaging 2-3 days) making quarantine restrictions for the asymptomatic less useful because many exposed persons are not notified regarding an exposure until their incubation period is already over. Additionally, transmission levels have decreased, effective vaccines and treatments are readily available, and immunity from prior infection and/or vaccination is relatively high. As a result, it is reasonable to transition away from restrictive quarantine measures at this time, except in high-risk settings.
6. This order takes effect upon release and may be rescinded, superseded, or amended in writing by the Health Officer.
7. Copies of this Order shall promptly be: (1) made available at the County of Mendocino Executive Office, County Administration Building, 501 Low Gap Road, Ukiah, California 95482; (2) posted on the County website, www.mendocinocounty.org; and (3) provided to any member of the public requesting a copy of this Order.

IT IS SO ORDERED:

A handwritten signature in blue ink, appearing to read "Howard A. Coren MD", written over a horizontal line.

Dr. Howard A. Coren, MD, County Health Officer

4/14/2022

Date