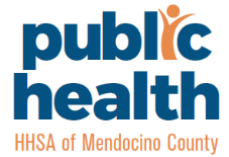




## Mendocino County Public Health Department

*Healthy People, Healthy Communities*

**Dr. Andrew Coren, County Health Officer**



# Press Release

*Not for op-ed*

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Date: December 24, 2021

**TO: MENDOCINO COUNTY NEWS MEDIA**

**FR: MENDOCINO COUNTY PUBLIC HEALTH**

**Public Notice:** At-home COVID tests, also referred to as "over the counter" tests, are now available through Public Health. The tests are being distributed immediately through community groups that have significant public contact and through our offices in Fort Bragg, Willits, and Ukiah.

At-home COVID tests are safe and effective tools for keeping friends and family healthy this holiday season. Public Health recommends you test at home before you go to a gathering, before returning to school, and before and after you travel. If you test positive, stay isolated for 10 days **and** until you show no symptoms for at least 24 hours.

Free tests are available. Contact the Call Center for services or more information, or if you need a Work or School Release Letter, or other resources to support you in isolation.

**Call Center: 707-472-2759**

For a how-to video on at-home testing, and testing site schedules and locations visit <https://www.mendocinocounty.org/covid19>

Free vaccine booster shots continue to be available at primary care providers, pharmacies, and at the County's fixed and pop-up clinics. More information is available at <https://www.mendocinocounty.org/covid19>