Financial Resources

CARES Act Stimulus Payments
Under the first round of the CARES Act most individuals earning less than $75,000 were eligible to receive a one-time cash payment of $1,200 and an additional $500 per child.

IRS Economic Impact Payments

CalWORKs and Cash Aid
CalWORKs provides financial, housing support, and child care assistance to families. Current CalWORKs recipients should contact their worker if they need additional support. New applicants can apply for CalWORKs by calling: Fort Bragg (707) 962-1000 or Ukiah (707) 463-7700.

People Helping People - COVID-19 Relief Fund
North Coast Opportunities (NCO) has COVID relief funds through their People Helping People crisis response program. These funds are intended for those who are experiencing a food or housing crisis due to the pandemic. To learn more, call (707) 621-8817 or (707) 467-3200.

Support for the Disabled
The Disability Services and Legal Center (DSLC) CARES program can provide support and funding for individuals with disabilities and their families. Support is available for housing costs, food, childcare and other necessities. For more information, call (707) 636-3062.

Utility Assistance
The Low Income Home Energy Assistance Program (LIHEAP) can help cover the costs of heating and electric bills. To learn more and apply, go to the LIHEAP website. North Coast Energy Services has utility assistance available through its SWEATS program. To find out more, call (707) 463-0303 or apply online.
Food Resources

**CalFresh**
CalFresh (formerly known as Food Stamps) provides nutrition assistance to low-income individuals and families. Those who have lost income because of the pandemic may be newly eligible for CalFresh. You can find out if you are eligible and apply at GetCalFresh.org. Just click on “apply now” and you can start the screening before actually applying. You can get help applying from most Family Resource Centers and clinics.
- Beginning in April, CalFresh recipients can now purchase food online through Amazon and Walmart and have it delivered to their home.
- Those currently enrolled in CalFresh are receiving the maximum benefit allotment for their household size. To learn more from the LSNC website.

**Restaurant Delivery Program for Older Californians**
The Great Plates Delivered program provides prepared meals to homebound seniors and high-risk individuals during the pandemic. To learn more, call (877) 327-1799 and check out the Mendocino County Great Plates webpage.

**WIC**
The Women Infants and Children (WIC) program provides nutritional benefits to low-income pregnant and breastfeeding woman and households with children under 5 years old. Due to the COVID-19 pandemic, the WIC program has expanded the food that can be purchased, is not requiring in-person enrollment, and can now issue benefits remotely. To find out more, call the Mendocino County WIC office at (855) 843-2949.

**Food Resource Lists**
North Coast Opportunities (NCO) has created a list of food banks and free meals. Mendocino County has created a list of grocery stores providing curbside service and delivery.

**School Meals**
Schools are continuing to provide meals to all children. Meal distributions are happening at school sites and some are being delivered through school bus routes. Families in quarantine can have the school food delivered to their homes. Call your school district office or check your school district website for more information.

Updated 10/1/20
Health Care & Insurance Resources

Health Care Coverage for COVID-19
Medi-Cal now covers everyone for testing and all medically necessary treatment of COVID-19. There is no income limit or immigration status requirement. You can enroll in the COVID Presumptive Eligibility Medi-Cal program through participating clinics and hospitals.

Medi-Cal & Covered California Health Insurance
Medi-Cal and Covered California provide full-scope health insurance to Californians. You can apply online at CoveredCa.com or call your local clinic or Family Resource Center for help.

Housing Resources

Housing Protections
Legal Services of Northern California can help with legal issues related to housing, rent increases, and evictions. Check out the LSNC website or call (707) 462-1471.

CalWORKs Housing Programs
The CalWORKs program provides temporary and permanent housing assistance to families at risk of homelessness. Those impacted by COVID-19 may be eligible for additional CalWORKs Homeless Assistance. To apply call: Fort Bragg (707) 962-1000 or Ukiah (707) 463-7700

NCO’s People Helping People Program
North Coast Opportunities (NCO) has COVID relief funds through their People Helping People crisis response program. These funds are intended for those who are experiencing a food or housing crisis due to the pandemic. To learn more, call (707) 621-8817 or (707) 467-3200.

Immigrants

Immigration Assistance
The California Human Development (CHD) Corporation helps immigrants apply for and obtain legal status. Most services are free or low-cost. To find out more call: (707) 291-6259

COVID-19 Guide for Immigrants
Resources and information related to COVID-19: Help for Immigrants

Immigrant Eligibility for Public Programs
The Protecting Immigrant Families (PIF) campaign created a list of public programs available to support individuals and families during the pandemic. PIF Resource List
Parenting Resources

California Parent & Youth Helpline
This helpline offers support and resources to parents and youth. They are open seven days a week from 8 am to 8 pm. Call or text (855) 427-2736 or go to their [website](#).

Child Care
Rural Communities Child Care can help families find child care. Call (707) 467-3200 or email childcare@NCOinc.org.

Parenting Support
The [FIRST 5 Mendocino Facebook](#) page has more information for parents including free virtual Triple Parenting classes. Call (707) 462-1233 for more information.

Diapers and Kids Activities
The Family Resource Centers of Mendocino County have diapers and to-go activity kits.
Countywide: FIRST 5 (707) 462-4453
Ukiah Area: The Pearl (707) 234-3300  Covelo: Round Valley FRC (707) 983-6181
North Coast: Safe Passage (707) 961-1100  South Coast: Action Network (707) 884-5413
North County: Laytonville Healthy Start (707) 984-8089

Supportive Resources

Mendocino County Crisis Hotline 1-855-838-0404
The Crisis Line is for someone who is experiencing a mental health crisis and needs help right away. The line is toll-free and open 24/7.

Mendocino County Warm Line (707) 472-2311
The Warm Line is a non-crisis support line that provides emotional support and a compassionate ear for Mendocino County residents. It’s a resource for individuals who are feeling stressed, isolated, overwhelmed, or need emotional support.

Domestic Violence & Sexual Assault
Project Sanctuary has a 24/7 helpline where you can reach an advocate and get help.
Project Sanctuary Inland: (707) 463-4357 & Project Sanctuary Coast: (707) 964-4357
If there is immediate danger, call 911.
Unemployment and Paid Leave Resources

Benefits for Workers Impacted by COVID-19
The California Labor & Workforce Development Agency has a chart of the benefits employees may be eligible for such as paid sick leave and family leave. Benefits Chart

Career Point Mendocino: Snap Back
The Snap Back program offers assistance for those who’ve been laid off, had a reduction in hours or are self-employed and unable to work due to COVID-19 restrictions. To apply, call (707) 530-2326 or email UkiahAJCC@CareerPointNorthBay.org

Unemployment Insurance for Workers and Parents
The California Employment Development Department (EDD) issues Unemployment Insurance Benefits. Workers who are temporarily unemployed or have reduced hours due to COVID-19 and parents who have to miss work to care for their children can apply for unemployment. For help filing a claim, call (800) 300-5616.

Paid Family Leave & Disability Insurance
The California Employment Development Department (EDD) provides Disability Insurance to workers who are unable to work because they have been exposed to COVID-19, are sick with the virus, or are unable to work because they are caring for an ill or quarantined family member. EDD COVID-19 Resources

Pandemic Unemployment for Self-Employed Workers
The CARES Act created an unemployment benefit for those that don’t qualify for traditional unemployment benefits (like the self-employed), called Pandemic Unemployment Assistance (PUA). To apply for PUA and find out more, go to the EDD PUA page.