



# Mendocino County Health & Human Services Agency

*Healthy People, Healthy Communities*



**Andy Coren, MD, County Health Officer**

**ORDER OF THE HEALTH OFFICER OF THE COUNTY OF MENDOCINO  
PUBLIC HEALTH EMERGENCY ISOLATION ORDER FOR COVID-19  
DATE OF ORDER: DECEMBER 16, 2020  
EFFECTIVE UNTIL RESCINDED**

**UNDER THE AUTHORITY OF THE CALIFORNIA HEALTH AND SAFETY CODE  
SECTIONS 101040, 120175, 120215, 120220, and 120225  
THE COUNTY OF MENDOCINO HEALTH OFFICER ORDERS:**

Violation or failure to comply with this Order is a misdemeanor punishable by imprisonment, fine or both.  
(Health & Safety Code §§ 120295 et seq.; Cal. Gov. § 8665; Penal Code §19; Mendocino County Ordinance No. 4464)

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## **Isolation Requirements for Individuals Diagnosed With or Likely to Have COVID-19**

### **1. WHO IS REQUIRED TO FOLLOW THIS HEALTH OFFICER ORDER:**

All individuals who reside in Mendocino County who have been diagnosed with COVID-19 or are likely to have COVID-19 are required to self-isolate themselves and follow all instructions in this Order. A person is considered to be diagnosed with or likely to have COVID-19, based on one or more of the following criteria:

- a) They have received a positive lab test for the coronavirus (known as SARS-CoV-2) that causes COVID-19; OR
- b) They have symptoms that are consistent with COVID-19, (i.e., flu-like symptoms such as sore throat, coughing, shortness of breath, subjective fever (or temperature of 100.0F/ 37.8C or greater), or sudden loss of sense of smell and/or taste), within 14 days of being in close contact with a person who had or was believed to have had COVID-19); OR
- c) They were informed by a healthcare provider that they are likely to have COVID-19 (including that they have obtained a COVID-19 test and results are pending).

### **2. WHAT YOU ARE REQUIRED TO DO IF YOU HAVE OR ARE LIKELY TO HAVE COVID-19:**

To prevent the spread of COVID-19, the Mendocino County Health Officer (“Health Officer”) hereby requires the above individuals to **immediately:**

- a) **Self-isolate for at least 10 days** in their home or another residence and may not leave their place of isolation or enter any other public or private place, except to receive necessary medical care or with the approval of County Public Health. (see # 3)
- b) Tell all Close Contacts to self-quarantine for 10 days after their last contact with them (see #4 Below). AND
- c) Follow all of the requirements in this Order and the “Home Isolation Instructions” posted at <https://www.mendocinocounty.org/community/novel-coronavirus/health-order> and attached to this order.

**3. HOW LONG YOU ARE REQUIRED TO ISOLATE:**

- a) Individuals with a positive test who never develop symptoms must isolate for **10 days from date of sample collection for COVID-19 positive test** OR
- b) Individuals with symptoms consistent with COVID-19 must isolate until:
  - i. At least 1 days (24 hours) have passed since recovery, defined as resolution of fever (without use of fever-reducing medications) and improvement of cough, shortness of breath and other symptoms; AND
  - ii. At least 10 days have passed since date of sample collection for COVID-19 positive test; whichever is later: AND
  - iii. When released from isolation by individual's health care provider and/or informed they are released by Mendocino County Public Health.

**4. YOU MUST TELL YOUR CLOSE CONTACTS THAT THEY NEED TO SELF-QUARANTINE FOR 10 DAYS AFTER THEIR LAST CONTACT WITH YOU (AND REFER THEM TO HOME QUARANTINE ORDERS)**

<https://www.mendocinocounty.org/community/novel-coronavirus/health-order>

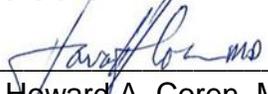
Close contacts are all persons who had contact with you within 48 hours before your symptoms began or within 48 hours before your COVID-19 positive test sample was collected until your 10 day isolation is over AND:

- a. Lived in or stayed at your residence OR
- b. Were your intimate sexual partner. OR
- c. Provided care to you without wearing a mask, gown, and gloves, OR
- d. Were within 6 feet of a you for a prolonged period of time (15 minutes or more cumulatively over a 24 hour period) within 48 hours before symptoms began (or, if no symptoms, within 48 hours of the date of test sample collection) until your 10 day isolation period is over.

NOTE: For those individuals who do not require hospitalization and who do not have a residence or are unable to return to their previous residence, the place of isolation will be determined by the County of Mendocino Department Operations Center by contacting the DOC COVID-19 Shelter Hotline (707) 472-2676 (voicemails checked regularly).

*The Health Officer may take additional action(s), which may include detention or requiring one to stay at a health facility or other location, to protect the public's health if an individual who is subject to this Order violates or fails to comply with this Order. Violation of this Order is also a misdemeanor punishable by imprisonment, fine or both. The individual or the individual's authorized lawful representative may contact the Public Health, Communicable Disease Unit at (707) 472-2759 or [DOC-Nursing@mendocinocounty.org](mailto:DOC-Nursing@mendocinocounty.org), if the individual has any questions or seeks clarification of any part of this order. If the individual or their authorized lawful representative believes that they are not a person described in the order, then the individual or their lawful authorized representative may submit a written objection to: [HHSA\\_Admin@mendocinocounty.org](mailto:HHSA_Admin@mendocinocounty.org)*

**IT IS SO ORDERED:**

  
\_\_\_\_\_  
Dr. Howard A. Coren, MD  
Health Officer, County of Mendocino

12/15/2020  
\_\_\_\_\_  
Date

**Documentation of Service of the Public Health Emergency**  
**Isolation Order for COVID-19:**

On \_\_\_\_\_(DATE) I served \_\_\_\_\_(FULL NAME)  
DOB \_\_\_\_\_PHONE \_\_\_\_\_ADDRESS: \_\_\_\_\_

a copy of: **ORDER OF THE HEALTH OFFICER OF THE COUNTY OF MENDOCINO  
PUBLIC HEALTH EMERGENCY ISOLATION ORDER FOR COVID-19**

The individual presented for testing/sample collection on: \_\_\_\_\_(DATE) at \_\_\_\_\_(TIME).  
Isolation should be completed (10 days later): \_\_\_\_\_(DATE) at \_\_\_\_\_(TIME).

**COPY OF THIS ORDER BY (CHECK ONE and identify where the individual will be isolating):**

- In-person. The undersigned personally served this order.
- First class mail at \_\_\_\_\_(address)
- Phone at \_\_\_\_\_(phone number if different from above) and I spoke with

an individual who affirmatively identified themselves as the individual named in this Order. I then personally informed the individual that they are required to isolate as set forth in the *Public Health Emergency Isolation Order for COVID-19*, a copy of which is available at:

<https://www.mendocinocounty.org/community/novel-coronavirus/health-order>

**The individual told me they will be isolating at:**

\_\_\_\_\_ (ISOLATION address)

**and verbally confirmed understanding that isolation is until \_\_\_\_\_(DATE) at \_\_\_\_\_(TIME).**

**SERVER'S INFORMATION**

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

I declare under penalty of perjury under the laws of the State of California that the information above is true and correct.

Date: \_\_\_\_\_ Signed: \_\_\_\_\_

**PLEASE IMMEDIATELY FAX COMPLETED DOCUMENTATION OF SERVICE TO  
COUNTY PUBLIC HEALTH (707) 472-2714**