



MENTAL HEALTH SERVICES ACT Innovation Plan PUBLIC POSTING 03/19/2020 -04/18/2020



WELLNESS • RECOVERY • RESILIENCE

This Innovation program, **Healthy Living Community**, explores building community within a group of people who have experienced long term homelessness or are at risk of homelessness and hospitalization. The focus of this project will be looking into how best to build peer-to-peer connections beyond the provider-client relationship by bringing wellness center style services to a residency setting. We hope that providing services in a residential setting will increase engagement, reduce crisis level contacts, and help people maintain and improve mental health. Within the scope of wellness center style services will be a range of educational programs involving cooking, cleaning, gardening, and local social events. Our hope is to learn how best to help transition people who have been insufficiently homed in a way that increases their health and wellness, encourages the growth of supportive peer relationships, and supports skills and habits for maintaining a home.

The project will test:

- Does providing wellness center style services in a residential setting increase engagement?
- Will increasing engagement in wellness center style services reduce crisis contacts such as hospitalizations?
- Can increasing engagement in wellness center style services in a residential setting increase overall health markers?

A full copy of the **Draft Plan for the Healthy Living Community Innovation project** can be found at:
<https://www.mendocinocounty.org/government/health-and-human-services-agency/mental-health-services/mental-health-services-act>

The 30 day public posting period is an opportunity for you to provide comments on this Plan. The MHSA team receives comments throughout this period by email, mail and phone, and verbally during a public hearing, and provides formal written responses in an attachment to the Final version of the Innovation Plan.

A Public Hearing will be arranged and announced separately. If an in-person meeting is not feasible within restrictions related to the COVID-19 virus, we expect to provide a meeting using web-based communication.

If you have comments on the Healthy Living Community Plan or questions on the process please contact:

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You may also mail comments to: Behavioral Health and Recovery Services, 1120 S. Dora St., Ukiah, CA 99482,
Attn: Colleen Gorman