

**Mendocino County Public Health** 



# Mendocino County Public Health Officer Issues Shelter-In-Place Order

### Stay home except for essential needs

On March 17, 2020, Mendocino County's Public Health Officer announced a Public Health Order that states residents shall stay home except for essential needs, beginning at 10:00 p.m. on Wednesday, March 18, 2020 effective through 11:59 p.m. on April 7, 2020.

On March 19, 2020, Governor Newsom issued an immediate Executive Order, requiring all Californians to shelter in their place of residence, except as necessary to maintain or access critical systems and services. The County Health Officer's March 17, 2020 Order remains in effect. We urge all residents to closely follow the restrictions in both the County and State Orders.

### What does it mean to "shelter in place"?

The term "shelter-in-place" means to stay in your home and not leave unless necessary. The term "shelter-in-place" means to stay in your home and not leave unless necessary for one of the designated exceptions listed in the Order. Everyone shall stay home to slow the spread of the virus. You should limit your movements to essential outings. Allowable reasons to leave your home are to get food, to fill a prescription, to see a doctor, to go to work if your work is essential as defined in the Order, to take your child(ren) to and from childcare that is authorized under the order, and to help people you care for get the things they need to live, be healthy and stay safe.

#### The County's Public Health Order requires people to stay home except for essential needs:

- Everyone should stay home except to go to the grocery store and gas station.
- Caring for a relative or friend.
- Getting necessary health care.
- Going to an essential job.

### Things you can do:

- It is OK to go outside for walks if you are not in a group.
- Stay at least 6 feet apart when leaving your home for essential activities.
- The Mendocino County order is in effect through April 7. It may be extended depending on recommendations from public health officials.
- The Governor's Order is in place until further notice.

It's important to note vulnerable populations must stay home (older adults, individuals with serious chronic medical conditions, individuals with compromised immune systems).

## Why are we doing this?

This is a critical intervention to reduce harm from the spread of the coronavirus (COVID-19) in our community. **This is a mandatory order**. Now is the time to do everything we can to prevent the situation from getting much worse in the upcoming days or weeks. Every hour counts. We need and appreciate the cooperation of everyone who lives and works in Mendocino County to act immediately. *Please be patient and kind to one another*. *Together, we will get through this, and our community's health will be protected*.

#### Issue Date: March 22, 2020

Website: www.mendocinocounty.org Questions? Call Center: (707) 234-6052 or email callcenter@mendocinocounty.org The call center is open daily from 8:00 a.m. – 8:00 p.m.