SUMMARY:

The Centers for Disease Control and Prevention (CDC) is monitoring an outbreak of 2019 Novel Coronavirus (2019 Coronavirus Infectious Diseases or COVID-19) that started in Wuhan, China in December 2019. Cases have been confirmed in other parts of China, including a small number in the United States and California. All of the US cases to date had recent travel history to China except two, who were close contacts of symptomatic, confirmed cases.

As of February 2, 2020, only US citizens, permanent residents, and family members of US citizens returning from China are allowed entry into the US. A traveler who is symptomatic or who visited Wuhan/Hubei Province will serve a 14-day, mandatory quarantine. Asymptomatic travelers who visited mainland China (but not Wuhan or Hubei) are instructed to home quarantine for 14-days and to avoid school, work, public transit, and public gatherings. Mendocino County Public Health will monitor community members under home quarantine. Please note that mainland China does not include Hong Kong or Macau.

COVID-19 testing is only available through the CDC in coordination with Mendocino County Public Health. Commercial lab tests, including respiratory panels, can only detect coronavirus 229E, NL63, OC43, and HKU1, which are not COVID-19. The California Department of Public Health will be able to provide COVID-19 testing in the near future, in coordination with Mendocino County Public Health.

For patients who meet criteria below contact Mendocino County Public Health Officer via REDCOM at 707-528-4191, ask to speak with the dispatch supervisor and request that the Mendocino County Health Officer be notified. Non-urgent matters contact Public Health at 707-391-3593, M-Th, 7:00 a.m. to 5:30 p.m.

<table>
<thead>
<tr>
<th>Clinical Features</th>
<th>AND</th>
<th>Epidemiologic Risk</th>
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<tbody>
<tr>
<td>Fever and signs/symptoms of a lower respiratory illness (e.g., cough or shortness of breath).</td>
<td>AND</td>
<td>A history of travel from Hubei Province, China within 14 days of symptom onset.</td>
</tr>
<tr>
<td>Fever and signs/symptoms of a lower respiratory illness (e.g., cough or shortness of breath) requiring hospitalization.</td>
<td>AND</td>
<td>A history of travel from mainland China within 14 days of symptom onset.</td>
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<tr>
<td>Fever or signs/symptoms of lower respiratory illness (e.g., cough or shortness of breath).</td>
<td>AND</td>
<td>Any person, including health care workers, who has had close contact with a laboratory-confirmed COVID-19 patient within 14 days of symptom onset.</td>
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<td>Testing can be considered for severely ill, hospitalized individuals with lower respiratory illness and no alternate etiology identified.</td>
<td>AND</td>
<td>Recent travel or COVID-19 exposure history is equivocal.</td>
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<tr>
<td>Testing can be considered for recent travelers from China with fever and signs/symptoms of a lower respiratory illness (e.g., cough or shortness of breath) if not hospitalized.</td>
<td>AND</td>
<td>A history of travel from mainland China within 14 days of symptom onset.</td>
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Mendocino County Public Health, the California Department of Public Health, and the CDC will
determine if the patient meets the current case criteria for COVID-19 and needs COVID-19 testing. This
is an evolving situation and new developments will likely lead to revised guidance. Please visit and
bookmark https://emergency.cdc.gov/han/han00426.asp for the latest COVID-19 information and
guidance.

**Actions Requested of Healthcare Professionals:**

1. **Identify** patients who may have respiratory illness caused by COVID-19. A flowchart (included
   as attachment to e-mail & at link below) can be posted in your facility and shared with
   colleagues.

2. **Screen** for travel history on all patients with potentially infectious disease, especially those
   with fever and acute respiratory illness. Place visible signage (included as attachment to e-
   mail & at link below) requesting visitors with a fever and recent travel to China to notify a
   hospital staff member.

3. **Immediately isolate** patients reporting fever (>100.4°F or >38°C) AND lower respiratory
   symptoms (e.g., cough, shortness of breath) AND travel to China within 14 days prior to
   illness.
   a. Place surgical mask on patient and place patient in private room with door closed
      (optimally, a negative-pressure, airborne isolation room).
   b. Implement all of the infection control procedures listed below for healthcare workers:
      - Standard precautions AND
      - Contact precautions (gloves, gown) AND
      - Airborne precautions (N95 mask or PAPR) AND
      - Eye protection (face shield or goggles)

4. **Immediately report** the patient to Mendocino County Public Health. For urgent matters or to
   speak directly with the Mendocino County Health Officer, contact REDCOM at 707-528-4191,
   ask to speak with the dispatch supervisor and request that the Mendocino County Health
   Officer be notified. Non-urgent matters contact Public Health at 707-391-3593, M-Th, 7:00
   a.m. to 5:30 p.m.

For interim guidance from the CDC regarding Prevention and Control Recommendations related to
potential COVID-19 exposure in Healthcare Settings please follow this link:


See next page for additional resources.
ADDITIONAL RESOURCES:

- California Department of Public Health’s Coronavirus Sign in English, Spanish and Mandarin – https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCOV2019.aspx


