



MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

REGULAR MEETING

MINUTES

October 16, 2019
10:00 a.m. to 2:00 p.m.

Veteran's Building
110 Feliz Creek Rd., Hopland

Chairperson
Jan McGourty

Vice Chair
Emily Strachan

Secretary
Dina Ortiz

Treasurer
Flinda Behringer

BOS Supervisor
Carre Brown

1ST DISTRICT:
DENISE GORNY
JAN MCGOURTY
LOIS LOCKART

2ND DISTRICT:
DINA ORTIZ
MICHELLE RICH
SERGIO FUENTES

3RD DISTRICT:
MEEKA FERRETTA
AMY BUCKINGHAM
RICHARD TOWLE

4TH DISTRICT:
EMILY STRACHAN
TAMMY LOWE
LYNN FINLEY

5TH DISTRICT:
PATRICK PEKIN
MARTIN MARTINEZ
FLINDA BEHRINGER

OUR MISSION: *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

Item	Agenda Item / Description	Action
1. 5 minutes	Call to Order, Roll Call & Quorum Notice, Approve Agenda: <ul style="list-style-type: none"> Chair McGourty called the meeting to order at 10:08 am. The agenda may be rearranged during lunch as Dr. J. Holden may come at 12:30 to give a presentation. Vice Chair Strachan called roll. Members present: Behringer, Buckingham, Ferretta, Finley, Gorny, Martinez, Rich, Strachan, Towle and Supervisor Brown. Member Fuentes, Member Lockart, Member Ortiz, Member Lowe, and Member Pekin were marked as absent. Agenda was approved as noted with possible addition 	Board Action: Approve agenda
2. 10 minutes	Minutes of the September 18, 2019 BHAB Regular Meeting: <i>Review and possible board action</i> <ul style="list-style-type: none"> Approved at written. Motion made by Member Martinez, and seconded by Member Ferretta. 	Board Action: Approve minutes
3. 15 minutes (Maximum)	Public Comments: <i>Members of the public wishing to make comments to the BHAB will be recognized at this time.</i> <ul style="list-style-type: none"> Josephine Silva would like to commend Chair McGourty for being attentive on so many family levels and representing families. Chair McGourty has also attending so many functions for Mental Health. The second thing Josephine Silva wants to address is that there is no plan in place for the Mendocino County Behavioral Health Advisory Board on how to advise 	

	<p>future facilities for Measure B. For example, is Measure B looking into how exercise and diet will help improve lives of individuals in crisis and residential. For example non-GMO and meeting proper nutrition during this time. A lot of people are on medications for a long time they have a harder time going out and getting a job. Josephine is suggesting that this committee set up an Ad Hoc committee that would help to oversee job training at future facilities.</p> <ul style="list-style-type: none"> • Cynthia Van Nostrand is from Partnership Health Plan and is from Fairfield and wanted to introduce herself to this board. Member Rich asks about lack of providers and how do people who need services find providers in this area. Cynthia Van Nostrand says that members need to reach out to Beacon for mild to moderate level of care and states that they do contract with providers who accept Medi-Cal. Chair McGourty wants to know about Anderson Valley, Partnership was supposed to help with transportation and they contract with MDM who contracts with local vendors to help with transportation for getting people to appointments. Vice Chair Strachan is wondering if this is a company that we can contract with. Vice Chair Strachan is wondering why there is a 24 hour gap? Chair McGourty wants an Ad Hoc committee to work on transportation as this has been an ongoing problem. Cynthia Van Nostrand will give Chair McGourty and Vice Chair Strachan her card to look into Partnership helping with transportation on the coast. 	
<p>4. 45 minutes</p>	<p>Reports: <i>Discussion and possible board action.</i></p> <p>A. Chair – <i>Jan McGourty</i></p> <p>a. No report.</p> <p>B. Secretary – <i>Member Ortiz</i></p> <p>1. Letter to College</p> <p>a. Member Ortiz absent from today’s meeting.</p> <p>C. Treasurer – <i>Member Behringer</i></p> <p>a. No report.</p> <p>D. Housing Committee: (<i>Member Gorny</i>)</p> <p>a. Inland Housing Committee is meeting tomorrow in Ukiah at the Foundation 204 South Oak Street in Ukiah.</p> <p>b. At Inland Housing Committee’s last meeting they came up with a bunch of things they want to do like write an article for the newspaper, do hot topic workshops, new housing plan, support City of Ukiah and Fort Bragg to work on a plan, new technology, and development of land trust, address labor shortage, and advocate for state funds.</p> <p>c. Member Gorny attended a meeting for renewal of application for funding for section 8 vouchers. She will continue to participate on the continuum of care committee.</p>	<p>Board Action:</p>

- d. RCHDC has partnered with Redwood Coast Regional center, 20 of the 80 units on Brush St. will be specifically for people with developmental disabilities.
- e. County Building and Planning is looking to share plans county wide for housing Free Plans.
- f. Discussion on free plans available to county residents by County Building and Planning department and City of Fort Bragg.
- E. Site Visit Committee: (*Chair McGourty, Members Rich, Towle and Martinez*)
 - a. Remaining Site Visits: South Coast and Adventist Clinics
 - b. Member Martinez called to set up a site visit to Willow Terrace on Gobbi Street in Ukiah. Member Martinez will let the committee know what date they set up. Member Towle will make himself available to attend.
 - c. Member Towle and Chair McGourty went to Consolidated Health in Redwood Valley.
 - d. Chair McGourty and Member Lockart interviewed Dr. Kelly from Yuki Trails.
 - i. There are 2 clinics in Willits and 2 on the coast that they are wanting to visit.
- F. Flow Chart Committee: (*Vice Chair Strachan and Member Pekin*)
 - Dustin Thompson passed out new flow charts.
 - Anderson Valley and Laytonville are still being developed.
- G. Dual Diagnosis Committee: (*Secretary Ortiz*)
 - a. Nothing to report at this meeting.
- H. Appreciation Committee: (*Members Towle and Martinez*)
 - a. Nothing to report at this meeting.
 - b. Chair McGourty will write a letter to the jail.
- I. Employment Committee: (*Member Rich*)
 - a. Member Rich has no update at this time.
 - b. Member Gorny commented on the job fair offered through the Mendocino County Diversity and Employment Committee. One will be held today at Coyote Valley and there will also be one in Lake County. 23 employers will be present who are interested in employing people.
 - i. In the future, Member Gorny will do a survey to find out if employers are willing to hire people that have a disability or mental illness that need flexibility with schedules.
 - ii. Member Rich commented that Healthy Mendocino is working on revising their three year community improvement plan. They will be releasing their new needs assessment, and mental health is one of the areas. They will be meeting with stakeholders over the next couple of months to identify how they are going to move forward.

- iii. Housing and employment for people with disabilities and mental illness is on their radar.
- a. Member Towle asked if the BHAB will be moving forward with implementing a Transportation Committee.
- iv. Chair McGourty said an Ad Hoc Committee was also suggested and that the board needs to decide which committee to implement.
- v. Discussion on what the goals and benefits would be if the board was to implement a Transportation Committee.
- b. Member Strachan commented on the difficulties the coast struggles with to get clients to the hospital; transportation is always an issue.
 - i. Discussion on calling 911 for patients who need transportation and the different circumstances encountered.
- c. BHRS Director Miller suggested that Cynthia Van Nostrand from Partnership can possibly come back to the next BHAB meeting, and give feedback on what Partnership may be able to do to help with transport, and then determine if a Transportation Committee needs to be implemented.
 - i. Ms. Van Nostrand stated she will be attending next month's meeting. She advised the board members to contact Rosa Silva, Lead Transportation Coordinator for any transportation issues at 1-800-809-1350.
- J. Contract Review and Fulfillment Committee: *(Member Fuentes)*
 - a. Member Fuentes absent from today's meeting.
 - b. Discussion on the level of oversight and monitoring of BHRS contracts.
 - i. BHRS Director Miller explained that BHRS does monitor contracts. There is a sheet of requirements that have to be met and if a contractor is out of compliance they receive a Plan of Correction (POC) letter. The contractor then needs to submit a Plan of Action where they have to explain how they will be getting and staying in compliance.
 - ii. BHRS monitors contracts every day, and issues POC's for everything from compliance, to program, to quality improvement and assurance. Evidence is collected to prove that contractors are in compliance.
 - iii. BHRS Director Miller commented that issues come up by looking at data on a monthly basis like providers, grievances, timeliness, etc. This helps to track and tell if subcontractors are meeting state requirements.
 - iv. Camille Schraeder commented that RQMC also monitors contracts on a monthly basis. Camille will make a list of all the audits that are done for the board

	<p>to understand the level of oversight.</p> <ul style="list-style-type: none"> c. BHRS Director Miller provided handouts of the Department of Health Care Services Triennial audit results. This audit is where the state looks at everything BHRS does and makes sure it is meeting state and federal requirements. <ul style="list-style-type: none"> i. BHRS Director Miller reviewed some of the data from past audit and explained the compliance rate has gone up over the last several years. BHRS received a 1.7 percent score on disallowances. ii. BHRS Director Miller pointed out that RQMC has been doing a great job in making sure everything is in compliance; the handout of statistics shows the results of everything that is done on a daily basis by BHRS and RQMC. iii. Member Buckingham suggested that BHRS and RQMC should have the board help with issues where help is needed so that the board focuses on areas that need improvement. iv. Member Rich commented it might be a good idea for the board to collaborate with Healthy Mendocino. Staff see how this board can strategically collaborate with them to identify what the needs are and what can be done to support those areas. <ul style="list-style-type: none"> 1. Healthy Mendocino may be able to join a future Behavioral Health Advisory Board meeting. d. BHRS Director Miller announced the MHSA Stakeholder meetings that will be held on November 6, 2019 in both Ukiah and Fort Bragg. The Fort Bragg meeting will be from 10:30 AM to 12:00 PM at the Library Community Room, and the Ukiah meeting will be from 3:30 to 5:00 PM at the Veterans Memorial Hall. <ul style="list-style-type: none"> i. This meeting is for stakeholders and the community to come together and identify what the needs are and what areas the county needs to focus on for the next 3 year Mental Health Services Act plan. ii. Dr. Nancy Callahan will be facilitating the meetings, and there will be interpreter services in Spanish available at both meetings. iii. The meetings will be advertised with flyers, and BHRS Director Miller is hoping to get announcements on both the English and Spanish radio. iv. There will be a follow up meeting on December 3, 2019 to discuss the main ideas that were brought up, and to determine what the priorities are. 	
<p>5. 20 Minutes</p>	<p>Membership: Discussion and possible action</p> <ul style="list-style-type: none"> A. Nominating Committee <ul style="list-style-type: none"> a. Member Strachan will be Chair of the Nominating Committee. 	

	<p>b. Member Gorny and Member Towle volunteered to be a part of this committee.</p> <p>B. Expiring Terms</p> <p>a. Discussed at last month's board meeting.</p> <p>b. Member Towle commented the Appreciation Committee would like to know who else is not renewing their term other than Chair McGourty as soon as possible.</p> <p>i. BHRS will send out another email with the term list to all members so that everyone is aware if they are up for renewal or not.</p> <p>ii. BHRS Director Miller reminded the board members that they can either go to the county clerk or email BHRS if they would like to renew their term.</p>	
<p>5. 25 Minutes</p>	<p>BHAB Annual Report:</p> <p>A. Discussion and suggestions were made by board members on what should be included in the annual report.</p> <p>I. Suggestions included: site visits acknowledgements, the fact that the department is in compliance, the good work being done despite low staff, the NACT tool, and the flow chart handouts.</p> <p>i. Josephine Silva suggested the annual report should include what the BHAB has asked of Measure B.</p> <p>II. Member Strachan asked if everyone is aware of the network adequacy provider ratios and how this could impact BHRS.</p> <p>i. Supervisor Brown commented that since the county could be financially sanctioned this topic should be a top priority. She stated ratios are a current statewide problem, and that big counties like Los Angeles are also having difficulties hiring psychiatrists.</p> <p>III. Member Gorny acknowledged and expressed her appreciation for the work BHRS Director Miller has done to keep the county out of the red.</p> <p>Adjourned for lunch at 12:11 PM Reconvened at 1:00 PM</p>	
<p align="center">LUNCH BREAK 12:00 to 1:00</p>		
<p>5. 25 minutes</p>	<p>Guest Speaker: <i>William Feather, Inmate Services Coordinator</i></p> <p>A. William Feather was unable to attend this meeting.</p>	
<p>6. 15 minutes</p>	<p>Mendocino County Report: <i>Jenine Miller, BHRS Director</i></p> <p>A. MHSA Stakeholder Meeting – November 6th</p> <p>a. Member Towle commented that 42 people attended the last MHSA QIC Forum at Consolidated Tribal Health</p> <p>B. Performance Improvement Event – November 13th and 14th</p> <p>a. Dustin Thompson will send out flyer for November 13 and 14 event focused on Opioid and Medication Assisted Treatment in our community. Trying to get the</p>	<p>Board Action:</p> <ul style="list-style-type: none"> For November's agenda add Network Adequacy.

	<p>entire community involved in this.</p> <p>b. The first day will be focused on the current state of things and day 2 will focus on the future and what providers think needs to be done and how to create more resources.</p> <p>C. Status of Grants</p> <p>a. BHRS Director Miller informed that BHRS was awarded the No Place Like Home Non-Competitive grant of 1.7 million dollars. BHRS will be applying for the competitive grant as well, which would give approximately 3.5 million dollars.</p> <p>b. Behavioral Health and Recovery Services Director Jenine Miller will be looking for grants to help bring in addition funds for Measure B.</p> <p>c. Had to go meet with CHFFA Board for the \$500,000 grant. This grant is supposed to be used to build the Crisis Residential Treatment (CRT) facility. We received a 60 day extension to ask the board for Measure B to be the additional funding source needed. By December we have to have a contractor in place to have CRT done by 2021. December 5th Karen Lovato and Behavioral Health and Recovery Services Director Jenine Miller have to go back in front of the CHFFA board about this grant.</p> <p>D. Status of CIT Training</p> <p>a. Scheduled to take place on February 19-21, 2020 in Mendocino.</p> <p>E. Stepping Up</p> <p>a. BHRS applied and was awarded the \$300,000 Stepping Up grant. BHRS Director Miller explained that the first \$100,000 will be used to build and expand the committee which includes creating policies and a plan implementation and the remaining \$200,000 will be to roll out to the community.</p> <p>b. BHRS will be going in front of the BOS on 10/22 to allow the county to accept the grant.</p> <p>c. Behavioral Health and Recovery Services Director Jenine Miller is looking at dispatch calls, she is meeting with Lori Kaiser from the Mendocino County Sheriff's Office Dispatch Center to discuss calls that have happened.</p> <p>d. Discussion on AOT referrals.</p> <p>i. The number of AOT referrals is high for the actual clients in AOT being so low, the reason for that due to the criteria being extremely strict so very few people actually meet the criteria even when it seems like they should. No one gets dropped just because they don't meet AOT criteria; they get set up with services or reconnect with their provider.</p> <p>F. Grievances</p> <p>a. Log did not get put into the agenda packet.</p>	
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	<ul style="list-style-type: none"> b. Behavioral Health and Recovery Services Director Miller commented there were two grievances, one against a 5150 hold because they wanted to go home, and one about conduct of the staff at a subcontractor. There was also one change of provider. No MHSA or SUDT grievances. c. There are currently 58 conservatorships. <p>G. Measure B</p> <ul style="list-style-type: none"> a. The Mendocino County Sheriff proposed to the measure B committee to approve \$250,000 to retro fit the training center. b. BHRS and the Sheriff's office will be working together on the renovation plans. c. Discussion and suggestions on what type of services are needed in the community that Measure B funds can be used for. d. Member Buckingham wants to know how this board can collaborate with Measure B. e. Wynd Novotny says that recruiting efforts to bring in new staff from outside of the county are hard due to lack of housing. It's important to know the numbers that we are looking at. <p>H. EQRO</p> <ul style="list-style-type: none"> a. BHRS will bring the EQRO data as a graph so the board members can see how Mendocino County compares to other counties. BHRS Director Miller introduced Rendy Smith, Mendocino County Substance Abuse Programs and Services Manager. <p>I. Dual diagnosis is provided by Mendocino County Substance Use Disorder Treatment program. Recruiting and hiring is a struggle. BHRS recently hired a new counselor in Fort Bragg and hope to add adolescents' services in middle school and high school. They also want to extend services into the south coast.</p> <p>K. BHRS opened up pre-trial diversion program in Fort Bragg instead of them having to come to Ukiah for this program. In Ukiah we have Behavioral Health Court program and have Beautiful Minds for people who have co-occurring diagnosis. We do adolescent services in Ukiah. Goal is to get services into Pomolita and Eagle Peak Middle schools. We have an outreach coordinator that goes out to the different tribal communities.</p> <p>L. Behavioral Health and Recovery Services Director Jenine Miller just met with Pinoleville and they are planning to open a clinic for the MAT.</p>	
<p>7. 15 minutes</p>	<p>RQMC Report:</p> <p>A. Data Dashboard</p> <ul style="list-style-type: none"> a. Camille Schraeder mentioned that the audit results Director Miller provided is evidence of the partnership between RQMC and Mendocino County and the network 	<p>Board Action:</p>

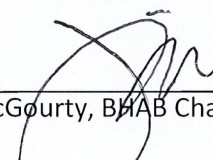
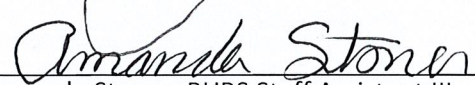
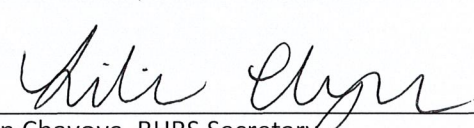
	<p>providers that meet compliance oversight.</p> <ul style="list-style-type: none"> i. Camille commented RQMC has a model that can be shared with other small counties. It is an opportunity to support the system and what the ASO and county have done. b. Member Buckingham commented on the number of admission days by hospital data on RQMC's data dashboard. She thinks the ER is holding patients for longer than what is reflected on RQMC's data. i. Camille thinks time is measured from the time the patient gets admitted into the hospital to the time they leave the hospital, but will verify. <p>B. Services Update:</p> <ul style="list-style-type: none"> a. Dr. Goodwin starting 40 hours a week on November 10; Dr. Timme will be staying once a month and also doing telepsychiatry for clients with high need. Dr. Garratt is focused on Fort Bragg. b. Camille mentioned that the big issue with providers working inside a county mental health system is the documentation. There is a lot of documentation required and psychiatrists want to be paid more. c. Camille commented that the board collaborating with Healthy Mendocino will be very helpful (if the board is interested in the entire population not just Medi-Cal population) because Healthy Mendocino is very well evolved in private health insurance and homelessness housing. d. Crisis calls have been reduced but crisis assessments have increased. e. Levels of hospitalizations increased in August, but outpatient support services are helping. <p>C. Member Buckingham commented on the ambulance transports issue Mendocino County hospitals are dealing with.</p> <ul style="list-style-type: none"> a. She explained that all mental health patients are currently being transferred to facilities by ambulance. b. It is taking 8-12 to even 20 hours to get an ambulance to the hospital to pick up a patient to take them to a mental health facility. c. The ER recently lost two beds at a facility because they could not transport the client to the facility. d. Discussion on the need for Basic Life Support (BLS) ambulances specifically for mental health patients. RQMC is trying to figure out how to transport clients, and have Medi-Cal cover. e. Member Buckingham said they will be collaborating with the coast and Medstar to formulate a plan to try and resolve the issues. <p>D. Member Buckingham asked if the county has a current contract with Aurora Behavioral Health and wants to know what the county is doing to get competitive contracts in place</p>	
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	<p>so it can expand bed availability.</p> <p>a. BHRS Director Miller explained that most psychiatric hospitals like Aurora Behavioral Health get a competitive rate for the county they are in, and then set the rate for every other county. This leaves little room for the county to be competitive, but when Mendocino County gets its own psychiatric health facility it will be able to set its own competitive rate.</p> <p>b. Anything over 16 beds cannot bill Medi-Cal for individuals 22-64.</p> <p>E. Law Enforcement Calls</p> <p>a. Not discussed at this meeting.</p>	
<p>10. 5 minutes</p>	<p>Adjournment: 2:05 PM</p> <p>Next meeting: November 20, 2019 – Ukiah and Fort Bragg Teleconference</p>	

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

BHAB CONTACT INFORMATION: PHONE: (707) 472-2355 FAX: (707) 472-2788
EMAIL THE BOARD: mhboard@mendocinocounty.org WEBSITE: www.mendocinocounty.org/bhab

 Jan McGourty, BHAB Chair	12/18/19 Date
 Amanda Stoner, BHRS Staff Assistant III	12/18/19 Date
 Lilian Chavoya, BHRS Secretary	12/18/19 Date