



MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

REGULAR MEETING

MINUTES

September 18, 2019
10:00 a.m. to 2:00 p.m.

Farm Advisory Building Conference Room
890 N. Bush St., Ukiah
and
Seaside Room, 778 S. Franklin St., Fort Bragg
by video conferencing

Chairperson
Jan McGourty

Vice Chair
Emily Strachan

Secretary
Dina Ortiz

Treasurer
Flinda Behringer

BOS Supervisor
Carre Brown

1ST DISTRICT:

DENISE GORNY
JAN MCGOURTY
LOIS LOCKART

2ND DISTRICT:

DINA ORTIZ
MICHELLE RICH
SERGIO FUENTES

3RD DISTRICT:

MEEKA FERRETTA
AMY BUCKINGHAM
RICHARD TOWLE

4TH DISTRICT:

EMILY STRACHAN
TAMMY LOWE
LYNN FINLEY

5TH DISTRICT:

PATRICK PEKIN
MARTIN MARTINEZ
FLINDA BEHRINGER

OUR MISSION: *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

Item	Agenda Item / Description	Action
1. 5 minutes	Call to Order, Roll Call & Quorum Notice, Approve Agenda: <ul style="list-style-type: none"> Meeting called to order by Chair McGourty at 10:09AM. Quorum met Members present: Behringer, Ferretta, Finley, Fuentes, Gorny, Lockart, Lowe, Martinez, Ortiz, Strachan, Towle, and Supervisor Brown. Agenda approved as written. 	Board Action: Motion was made by Member Ortiz, seconded by Member Finley, to approve the agenda as written. Motion passed unanimously.
2. 10 minutes	Minutes of the August 21, 2019 BHAB Regular Meeting: Review and possible board action <ul style="list-style-type: none"> Discussion of item 4.A: bottom of first paragraph should say "they haven't seen any recommendations from the Measure B committee regarding increased services." Page 2 and 3 typos: "addressed" instead of address. Amanda Stoner, BHRS will make the adjustments to the August 21, 2019 minutes. Minutes were approved with the noted corrections. Member Ortiz suggested the board should have a to-do list for things that need to be done or followed up on. <ul style="list-style-type: none"> BHRS keeps a to-do list, will be bringing to the board meetings from now on. 	Board Action: Motion was made by Member Gorny, seconded by Member Behringer to approve the August 21, 2019 with the noted corrections. Motion passed.
3. 15 minutes (Maximum)	Public Comments: <i>Members of the public wishing to make comments to the BHAB will be recognized at this time.</i>	

	<p>A. Josephine Silva referenced item 5.B on the August 21, 2019 minutes on page 4, about Hillside Health Center not seeing a current client after they have been hospitalized. She is wondering how long this state lasts, as in when is someone considered cured after they have been hospitalized or able to receive services through the clinic to alleviate pressure on RQMC.</p> <p>I. Chair McGourty explained that they will see the client as long as they get a clearance after they are released from the hospital stating they are no longer severely mentally ill. The psychiatric hospital is in charge of clearances.</p> <p>II. Josephine Silva asked about patients who were hospitalized years ago, and who clears them. Anna Shaw from MCHC explained they look for an assessment of current condition when they are released from the psychiatric hospital. The Medi-Cal patients get a follow up appointment with an RQMC provider.</p> <p>B. Supervisor McCowen commented the Grand Jury in addition to the Board of Supervisors, also emphasized the importance of moving forward with a full range of services called out on the Kemper Report such as supportive housing, substance abuse disorder treatment, and more full service partnerships. Supervisor McCowen mentioned that sections 10, 11, and 12 of the Kemper report provide a guiding principle in developing services to reduce facility expenses. He explained that at the August 27th Measure B Committee meeting, they adopted Kemper's recommendations formally. Since the Kemper report came out, it has been an outline on how to move forward on Measure B.</p> <p>I. Supervisor McCowen acknowledged Chair McGourty and the board for their work and constantly keeping up with this issue and hopes they are finally being heard.</p> <p>C. Sonya Nesch expressed she is interested in expanded services for clients. She is wondering how the county is able to integrate both substance use treatment and mental health treatment for people with dual diagnosis. Ms. Nesch commented that Mendocino College needs a psychiatrist technician program, is looking forward to the guest speaker in the afternoon. Ms. Nesch is also interested in a crisis residential treatment centers on the coast. She mentioned she would like to see the crisis center services all under one building.</p>	
<p>4. 45 minutes</p>	<p>Reports: Discussion and possible board action.</p> <p>A. Chair – Jan McGourty</p> <p>I. CIT International Conference</p> <p>a. Chair McGourty reported on the Crisis Intervention Team International Conference she attended on August 26-28, 2019 in Seattle, Washington. Full report is included in agenda packet.</p> <p>b. She explained her main focus were workshops about Stepping Up and maintaining a CIT program since our</p>	<p>Board Action:</p>

	<p>county does not have one. The workshops she attended varied from county, region, to state wide. Chair McGourty gave a summary of some of the workshops she participated in including Meeting in the Middle, Youth in Crisis, A Native American, and Homelessness.</p> <p>c. Supervisor Brown thanked Chair McGourty for the report, said it is a wonderful resource. She shared her report with the Board of Supervisors (BOS) at the last board meeting. Supervisor Williams posted the report on Facebook and got positive feedback.</p> <p>1. Chair McGourty thanked the board for allowing her to attend the conference.</p> <p>d. Discussion on making a motion to recommend to the Board of Supervisors to implement a CIT program in Mendocino County.</p> <p>1. Chair McGourty will make a public comment at a BOS meeting in regards to the CIT program recommendation.</p> <p>e. Member Ortiz suggested it would be a good idea to have one of the presenters from this conference come to Mendocino County to do a presentation.</p> <p>1. Discussion on inviting Sam Cochran, who is known for his work in developing the CIT model. Mr. Cochran is the person behind starting CIT's in many communities. Chair McGourty commented NAMI Mendocino could possibly fund the speaker.</p> <p>II. 2020 Officers</p> <p>a. Discussion on the BHAB member terms that are expiring in the near future and what the reappointment process is.</p> <p>1. Supervisor Brown explained there are several ways for a member to express their desire to continue their term. The members can either fill out the application (available on the county website or hard copy available at the county office), or they can call the county clerk and ask to be reappointed since paperwork is already in the system. Just need to make sure to update any changes in address, phone number, etc.</p> <p>2. BHRS Director Miller commented members can email the BHAB email address or Dustin Thompson directly instead of calling the clerk, and BHRS will forward the request to county clerk Lindsey.</p> <p>3. If a member does not want to be reappointed they need to let their district supervisor know and write a resignation letter. The letter needs to be emailed to the BHAB email address or Dustin Thompson. BHRS will then forward to the county clerk.</p> <p>4. Chair McGourty commented she will not be seeking re-appointment; her term will be ending in December of this year.</p>	<p>Motion made by Member Ortiz, seconded by Member Strachan to make a recommendation to the BOS to implement a Crisis Intervention Team program and invite Sam Cochran to give a presentation in Mendocino County. Motion passed unanimously.</p>
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B. Secretary – *Member Ortiz*

I. Letter to College

a. Member Ortiz drafted a letter for Mendocino College, and forwarded it to all BHAB members for feedback. Will have updated version by the next meeting.

b. BHRS Director Miller talked about the new letterhead for the BHAB, included in the agenda packet. BHRS is happy to edit the letterhead if any of the board members have any recommendations.

1. Any suggestions on the new letterhead, members will let BHRS Director Miller know.

C. Treasurer – *Member Behringer*

I. No report at this time.

D. Housing Committee: (*Member Gorny*)

I. Member Gorny commented she has been attending the Housing Action Team meetings, except the Fort Bragg meetings. She mentioned Healthy Mendocino is doing great things on the coast.

a. She recently participated in the review of renewal funding for Community Development Commission (CDC) that gives out vouchers which went to the Continuum of Care board to approve.

II. Josephine Silva asked for clarification on what CDC vouchers are.

a. Member Gorny explained the Community Development Commission (CDC) provides rental assistance for low income households.

III. Discussion on the CDC voucher program process and requirements, and how many landlords do not want to rent to people that have vouchers under the CDC program.

a. Member Gorny suggested it would be a good idea to do marketing and provide information to current landlords to explain the process. Many landlords think it is a very difficult process when it really isn't as most places will qualify.

IV. Discussion on what agency should be contacted to get the word out. The Realtors Association might be a good place to have a speaker do a presentation to provide this information.

a. Member Gorny and Member Ortiz will work on contacting an agency to start getting the word out.

V. Discussion on the apartments on Brush St. and who they are intended for. Supervisor Brown said it is her understanding the apartments are for farm workers and their families. At least one person in each household needs to work in the agricultural business.

a. Discussion on the possibility of being able to have 10-15 units available for homeless mentally ill people.

VI. Chair McGourty commented the No Place Like Home non-competitive grant has been approved.

a. BHRS Director Miller said the county will be getting approximately 1.7 million dollars and the plan is to do

supported housing projects like Willow Terrace.

E. Site Visit Committee: (*Chair McGourty, Members Rich, Towle and Martinez*)

I. CSU Grass Valley

a. Chair McGourty along with Member Fuentes, Member Towle, HHSA Director Tammy Moss Chandler, and Supervisor Williams visited the Nevada County Crisis Stabilization Unit (CSU) in Grass Valley, CA last month. Chair McGourty is working on finishing the report.

b. Chair McGourty commented they learned that they do not see people who are aggressive; those patients stay in the ER. They are subcontracted with Dignity Health, which also manages the hospital. They also contract with ER psychiatrists, and many of the therapists there are interns that are supervised. Their clientele has increased dramatically in the last 5 years since word has gotten out.

1. Member Towle stated they only see patients for 23 hours at a time, as is the law.

2. Member Fuentes commented they were told that the CSU has been a great impact to the ER.

3. They have protocol for everything and they shared copies with the board members

c. Member Strachan asked about the total number of staff needed to support the facility. Chair McGourty explained that it is a four room facility, and the ratio is 4 patients for one therapist, psychiatrist technician, or LVN, and 6 patients for one registered nurse.

d. HHSA Director Tammy Moss Chandler will reach out to the facility's Behavioral Health Director to obtain financial numbers.

e. Discussion on how a facility determines if a patient is aggressive or not. Patients get an assessment, although there are always concerns that an assessment doesn't always show the real problem.

f. Chair McGourty commented she hopes the board will visit other CSU's.

g. Josephine Silva commented that Howard hospital in Willits, used temporary buildings as interview rooms for psychiatric interviews, and suggested it could be a possibility for temporary immediate CSU situations to relieve the ER.

II. Member Strachan visited the Mendocino Coast Hospitality Clinic in Fort Bragg and gave a report on her visit.

a. MCHC is federally funded; they treat individuals, couples, families, pediatric, and chronic pain. They have bicultural staff, and trauma enforced practices to address historical trauma. They recently lost their telemedicine psychiatrist, but are otherwise fully staffed. They have 4 LCSW's, 1 PhD, and 1 PA.

b. Member Strachan commented that MCHC has constant problems with people who have Medicare or private

insurance that go into crisis since Redwood Community Services (RCS) does not cover for those patients and they are not equipped for overnight care. If a client is in crisis they call RCS or get clients to the ER.

c. She was told there are no weekly or monthly status meetings between RCS and the coast clinics.

1. Mrs. Schraeder stated that RCS has weekly phone calls with case managers, and a monthly meeting with crisis and the coast hospitals to check in.

d. Mrs. Schrader explained that all citizens must be able to get crisis services regardless of what insurance they have. Clients will be hospitalized if they meet the 5150 criteria and after hospitalization RQMC is no longer in charge if they are Medicare or private insurance since it is not easy to follow up or be able to engage them.

e. RQMC recently got approved to provide medication management to Medicare patients, and are working to see if it is appropriate for private insurance patients.

f. Malcom McDonald asked Member Finley how many crisis patients are at the ER in MCH at any given day or week. Member Finley discussed different factors that lead people to stay at the ER for more or less days.

1. Mrs. Schraeder will provide Mr. McDonald with the data he is interested in, she mentioned some of it is on the dashboard included in the agenda packet.

F. Flow Chart Committee: *(Vice Chair Strachan and Member Pekin)*

I. Handouts of the flow charts for Ukiah, Willits, and Fort Bragg are included in the agenda packet.

a. Dustin Thompson asked the board members for feedback on the flow charts or any improvements necessary.

b. BHRS Director Miller explained she met with Ben Anderson, Director of Behavioral Health Services at Hillside Health Center Clinic to make sure their information was represented correctly.

II. Discussion on the trifold copies of the flow charts. Members made suggestions on improvements and edits.

a. Other areas to be included: Anderson Valley, Laytonville, Hopland, and the South Coast. Member Strachan to get list of areas to Dustin Thompson.

III. Josephine Silva commented it would be a good idea to have the red Redwood Crisis Services informational box on the handouts be made into magnets to give out to clients.

a. BHRS Director Miller to ask to have magnets be made.

G. Dual Diagnosis Committee: *(Secretary Ortiz)*

I. No report at this time.

H. Appreciation Committee: *(Members Towle and Martinez)*

I. No report at this time.

I. Employment Committee: *(Member Rich)*

	<p>I. Absent from today's meeting.</p> <p>J. Contract Review and Fulfillment Committee: <i>(Member Fuentes)</i></p> <p>I. No report at this time.</p>	
<p>5. 5 minutes</p>	<p>Travel and Training:</p> <p>A. An Adult Mental Health First Aid training is being offered through Mendocino County Office of Education (MCOE) on both September 24th and 25th at MCOE.</p> <p>B. Member Finley will be attending the 2019 Behavioral Health Care Symposium on December 9-10 in Riverside, CA.</p> <p>I. Discussion on the BHAB funding Member Finley's trip to go to the conference.</p> <p>C. Member Strachan has been invited to give a presentation on the BHAB organization at the League of Women Voters meeting.</p> <p>I. Members gave recommendations and ideas of what Member Strachan can present about the board.</p> <p>II. Member Fuentes suggested it would be a good idea for Member Strachan to hand out copies of the flow charts to all attendees so they are able to see the work that is being done.</p> <p>D. Discussion on the member's phone numbers and emails to be put back on the rosters so that it is easier for people to get ahold of them. If any members want to opt out from their information being put in the rosters they can do so.</p>	<p>Motion made by Member Ferretta, seconded by Member Martinez to approve the board to fund Member Finley's trip to attend the 2019 Behavioral Health Care Symposium. Motion passed unanimously.</p>
<p>6. 30 minutes</p>	<p>Mendocino County Report: <i>Jenine Miller, BHRS Director</i></p> <p>A. Status of Grants</p> <p>I. BHRS Director Miller informed the board that the No Place Like Home noncompetitive grant was accepted. BHRS is now moving forward with the next phase. BHRS does plan to also apply for the competitive part of the grant</p> <p>II. BHRS also applied for the Stepping up grant. This grant would give \$300,000 in 24 months; there is no update as of right now.</p> <p>B. Status of CIT Training</p> <p>I. The Fort Bragg training planned for October was rescheduled due to not having a facility available and falling on the same day as the Measure B meeting. The new dates for the Fort Bragg CIT training are February 19-21, 2020 at the Presbyterian Church.</p> <p>a. There will also be training in Ukiah; BHRS is working on confirming those dates.</p> <p>C. Stepping Up</p> <p>I. The meeting schedule for the Stepping Up Committee will be changed again due to conflict with the Judges meeting preventing several members from attending. The October meeting is still happening as planned.</p> <p>II. BHRS Director Miller will be meeting with Sheriff Dispatch Supervisor to discuss the possible diversion of certain dispatch calls received.</p> <p>D. Grievances</p> <p>I. Grievances handout included in agenda packet along with</p>	<p>Board Action:</p>

MHSA issue resolutions and SUDT grievances as requested by the board.

- a. There was one grievance that is still in process, BHRS is doing a full investigation.
- b. There were 2 requests for change of providers, the requests were taken care of and clients are now successfully seeing different providers.

II. BHRS Director Miller and a few staff members attended the California Memorial Project this past Monday held at the Ukiah Cemetery. Member Gorny was also present and did a presentation of a poem she wrote about her mother. The project is in memory of the individuals that died in our local hospital. People gathered for their recognition and shared experiences with family members who suffer from mental illness.

III. BHRS Director Miller answered Sonya Nesch's previous question about co-occurring services. She explained more co-occurring treatment services have been added to the county within the Substance Use Disorder Treatment program. Director Miller explained the various programs the county offers through RQMC like Whole Person Care, AOT, etc.

- a. BHRS Director Miller commented that SUDT services expanded services to the Arbor.

IV. Member Strachan asked what the status of the recruitment of a Project Manager for Measure B is.

- a. Supervisor Brown said there were 3 candidates interviewed and 2 of them had been considered. One of the candidates wanted the job reclassified to a higher position so the candidate did not accept the job offer. The other candidate had already accepted another job offer; so the county is now recruiting for the position again.
- b. Member Strachan commented she was part of the first round of interviews, and she thinks Measure B should have done everything possible to hire the first candidate that wanted the job reclassified because it was a very good candidate and it would have been worth it.
- c. Supervisor Brown suggested that Member Strachan write a letter to the county to express her concern and explain the job classification should be changed.
- d. Member Fuentes commented the county in general has a very hard time hiring staff, and that mental health staff is very low.

1. Supervisor Brown said that due to this is why the county committed to raise staff salaries recently.

V. Member Ferretta commented she is doing volunteer training through Safe Rx Mendocino Opioid Safety Coalition. She is working alongside Heidi Corrado, Program Administrator for Mendocino County Public Health Department, and that Ms. Corrado would like come talk to the board in a future meeting.

	<p>VI. Sonya Nescher asked how people can access dual diagnosis programs.</p> <ul style="list-style-type: none"> a. BHRS Director Miller explained that for people to access SUDT services in Ukiah they do intakes every Monday at 1 PM. Clients that come in for an intake are seen for a screening and are automatically put in an educational group that starts the following day, until they are transferred into treatment groups. b. Clients do not need a referral to come in for an intake, walk-ins are accepted. If a client has a referral from mental health, the process will be fast tracked. c. BHRS Director Miller mentioned BHRS recently hired a counselor that will be working in Fort Bragg, and will be adding adolescent prevention to Fort Bragg services. 	
<p>7. 15 minutes</p>	<p>RQMC Report:</p> <ul style="list-style-type: none"> A. Data Dashboard: Reports are included in the agenda packet. B. Services Update: <ul style="list-style-type: none"> I. Camille Schraeder commented that EQRO was present last week at the county for an audit. II. Ms. Schraeder mentioned she has been and will continue to be very involved in the work groups in Sacramento in regards to the 1115 and 1915 waivers. There will be significant shifts to how mental health could be funded if the waivers go through, and she stated the importance of participating to stay informed about the changes. III. Discussion on compliance issues with medication management, RQMC is working on them. IV. Ms. Schraeder informed they will be doing a new training for the new psychiatrist they recently hired before he comes. V. There was not a trends report included in this month's agenda packet due to the beginning of the new fiscal year. <ul style="list-style-type: none"> a. BHRS Director Miller commented she would like to bring data trends to the BHAB to be able to see how Mendocino County compares with other counties. VI. Discussion on the impact the Crisis Respite program has had on reversion. Respite program information is included in data dashboard. VII. Josephine Silva commented on the mental health services offered through Tapestry Family Services at the high school, said it is not enough and that they need someone there 5 days a week. C. Law Enforcement Calls <ul style="list-style-type: none"> I. Not discussed at this meeting. <p>Adjourn for lunch at 12:36 PM Reconvened at 1:00 PM</p>	<p>Board Action:</p>
<p align="center">LUNCH BREAK 12:30 to 1:00</p>		

<p>8. 25 minutes</p>	<p>Staffing for Mental Health Facilities:</p> <p>A. What are the requirements?</p> <p>I. California Code of Regulations for staffing requirements for a Psychiatric Health Facility, Crisis Residential Treatment Services, and Crisis Stabilization were provided to all attendees.</p> <p>a. BHRS Director Miller explained the information the handouts offer, including details about staffing and the different types of workers that are needed for different facilities.</p> <p>b. BHRS Director Miller commented that each facility usually has its own staffing requirements and is based on the type of facility. Some staff would be easier to bring in than others due to lack of housing etc.</p> <p>B. Where are the shortages?</p> <p>I. Discussion on the lack of psychiatrists available not only in Mendocino County but across the state of California.</p> <p>a. Supervisor Brown commented it is a statewide problem and that big counties like Orange and Los Angeles County are also facing issues with staffing psychiatrists. There are simply not enough mental health professionals to suffice the need for them.</p> <p>II. Discussion on why the lack of interest from psychiatrists to work for counties and different factors that could be affecting the lack of interest in our county like better pay privately, housing, not enough training, etc.</p> <p>a. BHRS Director Miller commented that mental health clients are higher risk clients and psychiatrists often prefer to work with other clients.</p> <p>b. Discussion on the large amount of paperwork and documentation required and how that also contributes to professionals not wanting to work in the mental health field.</p> <p>1. Josephine Silva commented that if having a certified secretary to take care of all the documentation could possibly help. BHRS Director Miller explained that as part of the new waiver, there might be a change and push back on the amount of documentation required by Medi-Cal.</p> <p>c. BHRS Director Miller commented that the vast majority of current psychiatrists in our county are getting ready for retirement and are not interested in working full time.</p> <p>III. Discussion on how to possibly attract psychiatrist students to more rural areas like Mendocino County.</p> <p>a. Getting institutions to do more rural rotations could be very helpful in attracting people to our county.</p> <p>b. Member Ortiz expressed she thinks it is the fact that psychiatrists are not paid as much as other specialties and that the low pay rate in Mendocino County often deters people too.</p> <p>c. Member Lowe commented that this board had the exact</p>	<p>Board Action:</p>
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	<p>same conversation 5 years ago. She said that there are many factors that play into bringing people from outside to our county.</p> <ol style="list-style-type: none"> 1. She mentioned 5 years ago the BHAB planned to put on the psychiatrist technician program at Mendocino College; she said it is very important to train people that have been raised and want to stay in this county about mental health. <p>IV. Discussion on non-verbal therapy possibilities like art therapy for mental health clients as it can be less expensive than psychiatric treatment.</p> <ol style="list-style-type: none"> a. BHRS Director Miller explained that it can be provided depending on what it is and whether or not it is a service Medi-Cal will pay for. b. Mrs. Schraeder will get Sonya Nesh a list of the current non-verbal therapy available. <p>V. Chair McGourty took a moment to thank BHRS staff Carlos Jacinto and Dustin Thompson for helping and setting up the new equipment.</p>	
<p>9. 30 minutes</p>	<p>Guest Speaker: <i>Dennis Aseltyn, Dean of Applied Academics – Mendocino College</i></p> <p>A. Dennis Aseltyn and Health and Human Services Coordinator Gayle Zepeda from Mendocino College joined the board to answer questions on the psychiatric program at Mendocino College.</p> <ol style="list-style-type: none"> I. Mr. Aseltyn explained that since the college has been looking at options for a psychiatrist technician program at Mendocino College. II. Mr. Aseltyn did a 56 page perspective report on whether or not Mendocino College can have a psychiatrist technician program. Mr. Aseltyn referenced the labor market indicators performed, and said that the college can create a program, but it would be through Napa Valley College as a satellite program that would be three semesters long. <ol style="list-style-type: none"> a. An informational handout on Napa Valley College psychiatric technician program was provided to all attendees. b. Discussion on the fact that Mendocino College would not be able to guarantee students jobs once they complete the program. One of the main concerns is that there are not many jobs in this county to be able to staff all graduates of the program. c. Chair McGourty commented that graduates could potentially work in the ER and other places not just one facility. d. Member Ortiz asked if the program fees would be any different if it will be through Napa Valley College, Mr. Aseltyn not sure, will follow up with Napa College. e. The salary range for a psychiatric technician is \$17.00-\$31.00/hour in the Sacramento area, and \$15-\$25/hour in 	

our area.

f. Mr. Aseltyn stated that Napa Valley College is willing to put this program together for Mendocino College.

III. Mr. Aseltyn commented he is very impressed with the psychiatric technician program Napa Valley College offers, and stated he can look into rekindling the connection with them like he did three semesters ago if the board desires.

IV. Chair McGourty asked who the board should send the letter Member Ortiz wrote for Mendocino College. Mr. Aseltyn said the letter can be sent to Interim President Eileen Cichoki, and she will address it to the board of trustees.

V. Discussion on the possibilities of current programs at Mendocino College extending to include a behavioral technician workers.

VI. Ms. Zepeda commented she totally supports the implementation of a CIT team. She said an area where help is also needed is on how to react to certain things that happen, like natural disasters. Victims should be able to address those traumas and be helped.

a. Ms. Zepeda stated that the Community Resiliency Model (CRM) including First 5 Mendocino and other county agencies are working to provide this for children, youth, and adults at schools to look at trauma and trauma response. Ms. Zepeda is the first person in the county to be certified as a CRM instructor.

b. Ms. Zepeda made a reference to a statewide video produced by the State Department of Indian Health that explains and provides information about the need for this.

c. Member Martinez will request a copy of the video to be presented to the board.

VII. Mendocino College employs a full time mental health provider for students. Also looking into suicide prevention training as it is now mandated, but there is no additional funding to make it happen. They are also supposed to have crisis response teams come into schools/colleges to teach and raise awareness.

VIII. Member Lockart asked Ms. Zepeda what her suggestion is to be able to provide prevention to students other than what is already being done. Ms. Zepeda commented that schools need to incorporate outreach and awareness and have parents and adults understand and be more aware of symptoms that can indicate an illness or problem.

a. Spreading training information to everyone and the continuation of training opportunities everyone can access is very important.

b. BHRS Director Miller commented the county provides a Safe Talk training, and anyone interested can reach out to Robin Meloche, BHRS as she is certified in safe talk.

10. 5 minutes	Adjournment: 2:01 PM Next meeting: October 16, 2019 – Hopland Veteran's Hall	
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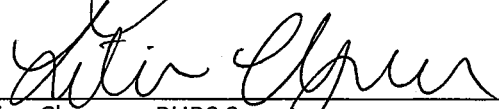
AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

BHAB CONTACT INFORMATION: PHONE: (707) 472-2355 FAX: (707) 472-2788
EMAIL THE BOARD: mhboard@mendocinocounty.org WEBSITE: www.mendocinocounty.org/bhab


 Jan McGourty, BHAB Chair

 11.20.19
 Date


 Lilian Chavoya, BHRS Secretary

 11/20/19
 Date