

1ST DISTRICT:

DENISE GORNY

LOIS LOCKART

MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

REGULAR MEETING

MINUTES

January 15, 2020 10:00 a.m. to 2:00 p.m.

Behavioral Health and Recovery Services Conference Room 1 1120 South Dora St., Ukiah

2ND DISTRICT:
DINA ORTIZ
MICHELLE RICH

3RD **DISTRICT:**MEEKA FERRETTA
AMY BUCKINGHAM
VACANT

4TH DISTRICT: EMILY STRACHAN LYNN FINLEY VACANT **Chairperson** Michelle Rich

Vice Chair Meeka Ferretta

SecretaryDina Ortiz

Treasurer Vacant

BOS Supervisor Carre Brown

5TH DISTRICT:

PATRICK PEKIN

MARTIN MARTINEZ

VACAN	T	Sergio Fuentes	VACANT	VACANT	Flinda Behringer
OUR MISSION: "To be committed to consumers, their families, and the delivery of quality care with the					
goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."					
Item		Agenda I	tem / Descriptio	n	Action
1.	Call to Or	der, Roll Call & C	Quorum Notice, Ap	prove	Board Action:
5 minutes	Agenda:				Motion made by

1.	Call to Order, Roll Call & Quorum Notice, Approve	Board Action:
5 minutes	Agenda:	Motion made by
	 Meeting called to order by Chair Rich at 10:10 AM Quorom met. Members present: Ferretta, Gorny, Lockart, Martinez, Ortiz, Strachan, and Supervisor Haschack. Lunch hour was moved from 12:30 to 11:30 AM so the BHAB Measure B representative (which will be appointed by the board during today's meeting) can fill out the application to be on the Measure B Committee by 12:00 PM today, in order for it to go to the BOS this week. 	Member Strachan, seconded by Member Gorny, to approve the agenda. Motion passed unanimously.
2.	Minutes of the December 18, 2019 BHAB Regular Meeting:	Board Action:
5 minutes	 Page 2 item 3.C: remove part of paragraph. Page 5 item 5. VII: "respond quickly" rather than "act fast" Minutes approved with the noted corrections. 	Motion made by Member Gorny, seconded by Member Strachan, to approve the December 18, 2019 minutes with the noted corrections. Motion passed.
3.	Public Comments:	
15 minutes (Maximum)	Members of the public wishing to make comments to the BHAB will be recognized at this time.	
	A. Josephine Silva commented she would like the board to write a letter to the Social Security Administration by January 31 st and make a recommendation to the BOS to do	

	the same, in regards to the SSI legislative movement. She commented on the effects this legislation would bring to people with disabilities. Letters are due to the Social Security Administration by January 31st 2020. B. Member Gorny shared a flyer on the new California landlord laws and new housing rules. The Housing Choice Voucher waitlist is opening from Wednesday January 22, through Thursday, January 30, 2020. I. CSOC received \$862,000 for homeless housing assistance. Member Gorny has a simple survey that she hopes people will fill out about the 3 top most important things that clients/families need. C. Member Gorny announced the yearly benefit dinner and auction for the Alex Rorabaugh Recreation Center taking place on January 25, 2020 to support kids and families in our communities. Flyers were provided.	
4. 15 minutes	Reports: Discussion and possible board action. A. Chair: Michelle Rich I. Chair Rich shared she is excited to be the new Behavioral Health Advisory Board (BHAB) Chair. She	Board Action:
	appreciates the support, patience, and guidance she has received as this transition is made. II. Chair Rich informed there are Grievance, and Issue Resolution forms available for everyone in attendance.	
	She wants to make sure these forms are completed as is needed. III. Discussion on Josephine's comment about the board writing a letter to the Social Security Administration in	
	regards to the SSI movement. i. BHRS Director Miller explained that it is a legislative movement to make changes to the disability classifications. It would change how people fall into those classifications and the renewal	
	requirements for classifications. ii. Chair Rich encouraged members to become more knowledgeable on this subject to be able to determine whether it is something the board wants to support and ask for the BOS to support as well.	BHRS Director Miller will email legislative information to members so they can better
	iii. Josephine asked if it is possible for the BOS to weigh in on this matter by the end of this month. Supervisor Haschak mentioned that to get it on the agenda for 1/21 they would have to have the item in by noon today.	understand the SSI legislative movement.
	iv. Member Ortiz suggested the board appoint a sub group to write a letter by the end of this month stating they are opposed to this movement.v. Discussion on the issue that would arise, as it would	F. 11
	be a letter sent not approved by the entire board. vi. The board will follow up on this matter at next month's meeting.	Follow up on changes to Social Security Disability.

- B. Secretary: (Member Ortiz)
 - I. Letter to College Follow Up
 - i. Letter was completed.
 - II. Discussion on the Partnership Prop 56 Value Grant for Behavioral Health integration.
 - i. BHRS Director Miller explained that CalAIM changed their name too Healthier California For All. It is the biggest transformation in the State of California in the last few decades. It is not known yet how it will ultimately impact behavioral health, nor the community as a whole. There could be some major changes, as they are also looking to change how things are funded and service provisions; BHRS Director Miller explained it is very important for the Board to be aware of what is happening, since it is looking at changing how Specialty Mental Health is funded.
 - ii. The County is applying for the Prop 56 grant; the hope is that this will allow the County to still provide those enhanced services that WPC is providing right now.
 - iii. BHRS director Miller also stated the importance of Prop 63, which is the Mental Health Services Act (MHSA). This is the act that the Governor is looking to divert dollars from to solve part of the homeless issue in the state of California. However, the County could lose 5 million dollars in the mental health system if those dollars are diverted. There is a proposal to work to change how MHSA dollars are spent, and could be on the November ballot for the public to vote on the proposed new changes. This could severely impact the County's adult mental health services.
 - iv. Discussion on the difference between Whole Person Care and Full Person Care and how medical insurance works and is billed.
 - v. Member Rich commented it would be a good idea to follow up on this subject at next month's meeting and also have written materials.
 - vi. Manzanita Director Wynd Novotny commented on her experience in being involved with Whole Person Care and Full Service Partnership. She shared the difference these programs have made in clients lives, mentioned it has been amazing to participate in.

C. Treasurer: (Vacant)

- I. Nomination
 - i. Member Behringer submitted the Treasurer report for 2019; all attendees received a copy.
 - ii. Member Behringer stepped down as Treasurer, the position needs to be appointed.
 - iii. Discussion on how the board wants to reappoint this

Follow-up on Prop 56 value grant.

The board will nominate and appoint the Treasurer position at next month's meeting.

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	position.	
	II. Member Strachan commented she reviewed the Fort	1
	Bragg Flow Chart, and realized it is wrong. MCHC does	
	not accept private insurance for behavioral health like	
	previously assumed.	
	i. Member Strachan needs to be the one notified of any	
	changes to the flow charts, and she will forward the	1
	information to Dustin Thompson.	
5.	Membership: Discussion and possible action	
15 minutes	A. Update	
	I. Discussion on the current vacancies, and the	
	applications the board has received.	
	i. Discussion on Jim Shaw's application to be a part of	
	the BHAB.	
	ii. Mr. Shaw informed Member Strachan he also applied	Member Strachan will
	to be a part of the HHSA Board, and was told they	follow up with Mr.
	were going to take his application to the BOS.	Shaw to see if he would
	iii. BHRS Director Miller stated Mr. Shaw can be part of	like to be a part of both
	both boards if he is willing to do so.	the HHSA Board and
	iv. Members agreed for Member Strachan to follow up	ВНАВ.
	with Mr. Shaw to see if he is interested in being part	
	of both boards before continuing with the process of	
	appointing him.	
	II. Discussion on what members are part of the	
	Membership Committee.	
	i. Members currently a part of the Membership	
	Committee: Strachan, Ortiz, Ferretta, and Pekin.	
	ii. Chair Rich suggested the Membership Committee	
	stay the same until Member Pekin resigns from his	
	position.	
	III. Chair Rich explained that Member Towle resigned his	
	Third District position, and will now be in the First	
	District.	
	IV. There is a current vacancy in the Third District, no	
	applications have been received. This position needs to	
	be recruited, and it needs to be a consumer seat.	
	i. Supervisor Haschak commented he has been working	
	on recruiting someone but is open to suggestions	
	from the members.	
	V. Discussion on the vacancy for the positon Tammy Lowe	
	held in the 4 th District.	
	i. The BHAB did not receive a resignation from	
	Tammy Lowe, so the seat is considered vacant. This	Motion mode by
	position also needs to be recruited, and it is a	Motion made by
	consumer seat.	Member Ortiz,
	VI. Discussion on whether the board has the ability to	seconded by Member Ferretta to have the
	appoint someone who is not a consumer to a consumer	
	seat. i BHPS Director Miller explained that 20 percent of	Membership Committee add to their
	i. BHRS Director Miller explained that 20 percent of	duties to work with the
	the board members have to be consumers, and that	
	ratio has to be met in order to appoint a non-	BOS and potential

	consumer to one of the seats.	applicants for the
	VII. Discussion on including recruitment to the duties of the	recruitment of
	Membership Committee.	vacancies.
	Memoersing Committee.	Motion passed.
6.	Meetings to Attend:	1.10 Holl pubbed.
15 minutes	A. Member Rich explained she and Jan McGourty met in	
	December to go over the meetings Jan attended. She shared	
	it is a good moment to assess which meetings are critical and	
	whether or not the Chair needs to be the one that represents	
	the board in all of the meetings. She would like for members	
	that have expertise and interest in some of these meetings,	
	be the ones who attend on the Board's behalf.	
	1. Measure B	
	I. Statute states that the seat on the Measure B	
	Committee is a member of the BHAB, but it does not	
	have to be the Chair. Chair Rich is willing to do it,	
	but thinks there should be diversity of leadership	
	representing the BHAB.	
	II. Discussion on appointing Member Ferretta to be the	
	board representative on the Measure B Committee.	
	i. Member Ferretta expressed her interest in being	
	the Measure B representative. She shared she is	
	very knowledgeable with Measure B and keeps up	
	to date with what is going on.	
	ii. Supervisor Haschak shared he supports the	
	motion, and stated it is a crucial role since	
	whatever happens on this board needs to be	
	transmitted at Measure B.	
	III. Member Martinez commented he would like for	
	members who attend meetings to bring back written	
	reports on any updates, what is going on, etc. IV. BHRS Director Miller shared she is hopeful that the	
	BHAB member that represents the Board on	
	Measure B will also agree to sit on the Ad Hoc	
	committee for the Behavioral Health training center.	
	There are currently only two members, her and Tom	
	Allman. BHRS Director Miller will be vising the	
	training facility this afternoon with Measure B	
	Project Manager Isabel Gonzalez.	
	i. Josephine commented she is concerned about this	
	Board providing input on what they want to	
	happen at the training center, i.e. educational	Motion made by
	programs, alternative care, etc. She thinks it	Member Lockart,
	should not only be focused on crisis training, but	seconded by Member
	also on prevention. She would like the Ad Hoc	Strachan to appoint
	Committee to help the Measure B Representative	Member Ferretta as the
	bring this forward.	BHAB Measure B
	V. Member Gorny expressed her concern with	representative.
	Adventist Health moving forward with running a	Motion passed.
	PHF and asked BHRS Director Miller if she supports	
	this matter.	

- i. BHRS Director Miller explained that it is only a proposal as of right now, it is an option that has been proposed and the County wants to look at it as an option and determine if it is in the best interest of the County. What is most important to her is that regardless of what provider the County goes with, that our clients have the first rights to those beds. There is a lack of Medi-Cal beds in California, so in many facilities they choose what clients they want. She stated Mendocino County needs a facility that will take all clients regardless of what issues they have. Supervisor Haschak commented that the County is still a long way from making any type of decision on this matter.
- ii. Chair Rich suggested this topic gets scheduled to be discussed at next month's meeting.

2. MHSA

- I. MHSA forums are public forums held every other month. This meeting also coincides with the Quality Improvement Committee.
 - These forums are held at various locations throughout the county and the time varies for each meeting. The next forum will be held at Manzanita Services on Wednesday, February 12 from 5-7 PM.
 - ii. Meetings are teleconferenced to either Ukiah or Fort Bragg from meeting location.
 - iii. Richard Towle expressed his interest in attending these meetings when he is reappointed.
 - iv. Members will follow up on this at next month's meeting.

3. Stepping Up

- I. Stepping Up meetings focus on a movement to work with the criminal justice system to divert clients from going to jail. The goal is to have diversion programs and opportunities for clients to receive treatment instead of going to jail.
 - Stepping Up meetings are held the Fourth Monday of every month from 12-1:30 PM at 1120 South Dora St., Conference Room 1. The next meeting is scheduled for January 27th.
- II. Member Gorny volunteered to be the BHAB representative at the Stepping Up meetings.

4. HHSA Advisory Board

I. Historically the board has not had a representative on this board, but rather a liaison. The board will decide and discuss on appointing a member to represent this board at a later time.

Adjourned for lunch: 11:28 AM Reconvened: 12:05 PM Motion made by
Member Gorny,
seconded by Supervisor
Haschak to encourage
Measure B
representative to be a
part of the Ad Hoc
committee for the
Behavioral Health
training facility.
Motion passed.

Member Ortiz will attend the Ukiah meeting next month and submit a report.

Motion made by Chair Rich, seconded by Member Strachan to appoint Member Gorny as the BHAB representative for the Stepping Up meetings.

Future discussion on possible BHAB Member to attend HHSA Advisory Board meetings.

	LUNCH BREAK: 11:30 – 12:00	
7.	BHAB Annual Report	Board Action:
	 A. Member Rich made some corrections and additions to the annual report. B. Discussion on the due date for the BHAB annual report. I. BHRS Director Miller stated it ideally should go to the BOS by March or April of this year. Clarified it is a calendar year report. II. Members will continue to review the annual report and follow up on it at next month's meeting. 	BHAB Annual Report to be added to next month's meeting agenda to further review. Motion made by Member Strachan, seconded by Member Ferretta, to review, make corrections, and submit the annual report next month to the BOS. Motion passed.
8.	Duties & Responsibilities	TT 1 1 11:1 .:C
60 minutes	A. Board members reviewed and discussed the duties and responsibilities of the BHAB as stated in the BHAB bylaws to determine how they are currently being met. Board members also discussed some of the areas the Board needs to work on in order to be meeting goals/expectations. I. Some of the topics discussed included: • Revision of County contracts/agreements • Data Dashboard – positive problem solving • BHAB Measure B Committee representation • Site visits • CRT/Stepping Up trainings • Consumer engagement, public input/comments – how to engage more consumers and increase client voice, how to best follow up on public comments • Member and staff appreciation • Member notification of BOS meeting agenda items • Presentation of BHAB annual report to the BOS • Legislation involvement • More training to understand mental health system and how to navigate it • Health and safety of clients	The board will identify 2020 goals at next month's meeting.
9.	Mendocino County Report: Jenine Miller, BHRS Director	
10 minutes	 A. Director Report BHRS applied for the No Place Like Home competitive grant to be a part of the Orr Creek Commons Phase 2 which will allow for 19 additional apartments for those with specialty mental health needs. B. Karla Van Hagen, Senior Deputy Clerk of the Board and Lindsey Dunham, Deputy Clerk of the Board were invited to today's meeting to give the members information on the appointment, reappointment, and vacancy process according to government code. 	

- I. A copy of the most current BHAB roster was provided to members for review.
- II. Discussion on the current vacancies: including 1st, 3rd, and 4th Districts.
 - i. Member Ortiz notified the clerks she would like to be reappointed to her term.
- III. When a term expires or a seat is resigned, whether the member is going to be reappointed or not, government code states that the seat has to be noticed for 20 business days. Even if the clerk knows who the board wants to reappoint for the positon, they still have to wait till the noticing requirement has expired before they can place someone on that seat. Then, it will go to the next available BOS agenda.
 - i. Government code states that the Clerk of the Board can notice no more than 20 days before and no later than 20 days after a vacancy.
- IV. The Clerk of the Board tries to contact people when a vacancy is coming up so that they are aware and can let the clerk know if they want to be reappointed or not.
 - i. Every time the clerk does a vacancy notice they copy Dustin Thompson, so that BHRS is also aware.
- V. Discussion on staggering terms so that all terms do not expire at the same time.
 - i. BHRS will further review the terms and let the Clerk of the Board know later this week if the board wants the two most recent appointments (Ferretta and Martinez) to be one or three year terms.
 - ii. The Bylaw states that 1/3 of member terms need to expire every year, which is currently not happening, hence why these two new terms need to be accommodated.
 - iii. As terms expire, the Clerk of the Board will confirm if other staggering terms need to take place to be where we need to be.
- VI. Discussion on the flow of transition.
 - i. Ms. Dunham explained the process that follows once the Clerk of the Board receives an application from anybody in the public.
 - ii. When the application is received, residency and voter registration within the county is checked, the District Supervisor for that seat is then contacted to make sure they endorse the applicant for the seat, then it is forwarded to Dustin Thompson for BHRS to bring to the BHAB for consideration, and if the BHAB endorses the applicant, the appointment formally goes before the BOS.
 - iii. The clerk cannot act on a reappointment till 20 days before the term is due to be vacant. Members can certainly contact the Clerk of the Board a few months before they are up for reappointment, and they will

Ms. Van Hagen will send the government codes to Dustin Thompson so he can forward to all members.

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	make a note of it, but they will not be able to act on it	
	until 20 days before.	
	VII. The Clerk of the Board tries to maintain a one	
	point contact with each board to prevent	
	miscommunication.	
	i. If the BHAB has any questions on any of these	
	matters they need to contact Dustin Thompson and he	
	will contact the clerk of the board.	
	ii. Ms. Van Hagen stated that every time members are	
	appointed to a new term they have to take an Oath of	
	Office.	
	iii. The official clerk of the BHAB is eligible to do the	
	Oath of Office.	
10.	RQMC Report:	
10 minutes	A. Data Dashboard	
	I. Camille Schraeder reviewed data dashboard numbers.	
	II. Camille mentioned upcoming funding opportunities.	
	i. Currently they are working on a school based mental	
	health grant with Karen Lovato, Acting Deputy	
	Director, who is the lead for the County. They hope	
	this will allow for providers to serve care into schools	
	a little more.	
	III. RQMC is also working with HHSA Director Tammy	
	Moss Chandler, and BHRS Director Miller on Prop 56.	
	IV. RQMC is involved in a learning community for Healthy	
	California For All (previously CalAIM) which is going	
	to have significant changes happening in January 2021.	
	i. Further discussion on the proposed changes to Healthy	
	California For All. BHRS Director Miller stated the	
	importance of advocating for where we think it should	
	be going and giving feedback.	
	ii. Members agreed to have further discussion on this topic	
	at next month's meeting.	
11.	2020 BHAB Calendar Meeting Schedule:	Board Action:
10 minutes	A. A draft copy of the 2020 BHAB meeting calendar was	
	provided.	Motion was made by
	B. Discussion on the CIT training conflicting with next month's	Member Rich, seconded
	meeting.	by Member Strachan to
	I. BHRS Director Miller and a couple of the other board	approve the 2020
	members will be attending the first day of the CIT	BHAB calendar.
	training on February 19, and will leave in time to make	Motion passed
	it to the scheduled BHAB meeting set to happen in Fort	unanimously.
	Bragg.	
12.	Guest Speaker: Patrice Mascolo	
30 minutes	A. Patrice Mascolo, Program Manager for Healthy Mendocino	
30 minutes	gave a presentation on Mendocino County's data for mental	
	health numbers.	
	I. Healthy Mendocino leads the collaborative effort for the	
	community health needs assessment. They recently	
	finished the 2019 community health needs assessment	
	report. This report is also available on the Healthy	

	Mendocino website. II. Some of the data on the presentation comes from the CHNA. The CHNA collects data in a few different ways so the data depends on the demographic they got from this survey. Ms. Mascolo mentioned that although they got the survey out to everyone it was hard to get certain demographics to take the survey. III. Ms. Mascolo mentioned Healthy Mendocino also did informative stakeholder interviews throughout the county. This gives a different perspective and what they see is working on the county. IV. Healthy Mendocino also does a community health status assessment which is secondary data that is compiled from other sources. V. Some of the notable data from the presentation included: i. Mendocino County residents believe the top three most important health problems in the County are mental health issues, alcohol and drug abuse, and homelessness. The most significant barriers to addressing these issues: lack of funding and affordable housing, need for mental health services exceeds the capacity, among other things. ii. The total number of assessments and hospitalizations has risen from 2016/2017 to 2018/2019. iii. 54.1% of Mendocino County adult residents need or receive behavioral health care services with the 65+ age population being at the top. iv. The suicide rate in Mendocino County is slightly higher than in other Counties, but a lot of the suicides are not from County residents.	
	are not from County residents.	
	VI. All board members and members of the public were provided with a copy of the PowerPoint presentation Ms. Mascolo presented.	
13.	Adjournment: 2:14 PM Next meeting: February 19, 2020 – Seaside Room, 778 S. Franklin St., Fort Bragg	Motion made by Chair Rich, seconded by Member Martinez to adjourn the meeting. Motion passed.

AMERICANS WITH DISABLITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

BHAB CONTACT INFORMATION: PHONE: (707) 472-2355 FAX: (707) 472-2788

EMAIL THE BOARD: mhboard@mendocinocounty.org WEBSITE: www.mendocinocounty.org/bhab

Michelle Rich, BHAB Chair

Date

2/19/2020

Date

Lilian Chavoya, BHRS Secretary

Date