



# MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

## REGULAR MEETING

### AGENDA

**December 18, 2019  
10:00 a.m. to 12:00 p.m.**

**Willits Community Center  
111 East Commercial Street  
Willits, CA**

**Chairperson**  
Jan McGourty

**Vice Chair**  
Emily Strachan

**Secretary**  
Dina Ortiz

**Treasurer**  
Flinda Behringer

**BOS Supervisor**  
Carre Brown

**1<sup>ST</sup> DISTRICT:**

DENISE GORNY  
JAN MCGOURTY  
LOIS LOCKART

**2<sup>ND</sup> DISTRICT:**

DINA ORTIZ  
MICHELLE RICH  
SERGIO FUENTES

**3<sup>RD</sup> DISTRICT:**

MEEKA FERRETTA  
AMY BUCKINGHAM  
RICHARD TOWLE

**4<sup>TH</sup> DISTRICT:**

EMILY STRACHAN  
TAMMY LOWE  
LYNN FINLEY

**5<sup>TH</sup> DISTRICT:**

PATRICK PEKIN  
MARTIN MARTINEZ  
FLINDA BEHRINGER

**OUR MISSION:** *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

Item	Agenda Item / Description	Action
<b>1.</b> 5 minutes	<b>Call to Order, Roll Call &amp; Quorum Notice, Approve Agenda:</b>	Board Action:
<b>2.</b> 10 minutes	<b>Minutes of the November 20, 2019 BHAB Regular Meeting:</b> <i>Review and possible board action</i>	Board Action:
<b>3.</b> 15 minutes (Maximum)	<b>Public Comments:</b> <i>Members of the public wishing to make comments to the BHAB will be recognized at this time.</i>	
<b>4.</b> 30 minutes	<b>Reports:</b> <i>Discussion and possible board action.</i> A. Chair – <i>Jan McGourty</i> B. Secretary – <i>Member Ortiz</i> 1. Letter to College Follow Up C. Treasurer – <i>Member Behringer</i> D. Housing Committee: <i>(Member Gorny)</i> E. Site Visit Committee: <i>(Chair McGourty, Members Rich, Towle and Martinez)</i> 1. Remaining Site Visits: South Coast and Adventist Clinics F. Flow Chart Committee: <i>(Vice Chair Strachan and Member Pekin)</i> G. Dual Diagnosis Committee: <i>(Secretary Ortiz)</i> H. Appreciation Committee: <i>(Members Towle and Martinez)</i> I. Employment Committee: <i>(Member Rich)</i> J. Contract Review and Fulfillment Committee: <i>(Member Fuentes)</i>	Board Action:

<b>5.</b> 15 Minutes	<b>Membership:</b> <i>Discussion and possible action</i> A. Update	Board Action:
<b>6.</b> 30 Minutes	<b>BHAB Annual Report:</b>	Board Action:
<b>7.</b> 5 minutes	<b>Mendocino County Report:</b> <i>Jenine Miller, BHRS Director</i> A. Director Report	Board Action:
<b>8.</b> 5 minutes	<b>RQMC Report:</b> A. Data Dashboard:	Board Action:
<b>9.</b> 5 minutes	<b>Adjournment:</b>  <b>Next meeting:</b> January 15, 2019 – Conference Room 1, Ukiah and Seaside Room, Fort Bragg	

#### **AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE**

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

**BHAB CONTACT INFORMATION:** PHONE: (707) 472-2355 FAX: (707) 472-2788  
**EMAIL THE BOARD:** [mhboard@mendocinocounty.org](mailto:mhboard@mendocinocounty.org) **WEBSITE:** [www.mendocinocounty.org/bhab](http://www.mendocinocounty.org/bhab)



# MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

## REGULAR MEETING

### MINUTES

November 20, 2019  
10:00 a.m. to 2:00 p.m.

Behavioral Health and Recovery Services Conference Room 1  
1120 South Dora St., Ukiah  
and  
Fort Bragg Library, 499 E. Laurel St., Fort Bragg  
By video conferencing.

**Chairperson**  
Jan McGourty

**Vice Chair**  
Emily Strachan

**Secretary**  
Dina Ortiz

**Treasurer**  
Flinda Behringer

**BOS Supervisor**  
Carre Brown

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**OUR MISSION:** *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

Item	Agenda Item / Description	Action
<b>1.</b> 5 minutes	<b>Call to Order, Roll Call &amp; Quorum Notice, Approve Agenda:</b> A. Vice Chair Strachan called the meeting to order at 10:41 am. B. Roll was called by Member Pekin. C. Members present: Behringer, Ferretta, Finley, Fuentes, Gorny, Lockart, Martinez, McGourty, Ortiz, Pekin, Rich, Strachan, Towle, and Supervisor Brown. D. Member Buckingham and Member Lowe were marked as absent. E. Agenda was approved, Motion by Member Pekin, second by Member Gorny.	Board Action: Approve agenda as written.
<b>2.</b> 10 minutes	<b>Minutes of the October 16, 2019 BHAB Regular Meeting:</b> <i>Review and possible board action</i> A. Minutes were approved as written. Motion by Member Ferretta, second by Member Ortiz.	Board Action: Approve minutes as written
<b>3.</b> 15 minutes (Maximum)	<b>Public Comments:</b> <i>Members of the public wishing to make comments to the BHAB will be recognized at this time.</i> A. Josephine Silva commented about how Dr. Goodwin is in county but doing work with telepsych which doesn't always work. Josephine thinks these appointments should be person to person. Josephine's second comment has to do with a general definition of Recovery: Josephine doesn't know of	

	<p>one and thinks that this committee needs to come up with one. Josephine's third comment is about the new training center; Josephine thinks that there should be a curriculum for training crisis workers or else this board should start working on this. Josephine would like to see alternative way to work on mental health care for people by using diet and exercise.</p> <p>B. Member Lockart has been talking with a young man with behavioral health issues due to a head trauma. Member Lockart thinks we should be helping to advocate more for these people.</p> <p>C. Member Behringer went to the Hospitality Center to see what they can do and what services they offer for someone who is homeless and mentally ill. From what she observed they provide wonderful services but they don't have any outreach.</p> <p>D. Member Pekin announces that he will be sworn as a judge in 2021 but wants to put notice in as he will remain on board as long as he can. Member Pekin wants this board to start looking for a new person to fill his position as soon as possible. Supervisor Brown tells Member Pekin to call Supervisor Williams so that he can start looking for replacement.</p> <p>E. Karen Mathews is a 63 year old woman, with severe anxiety and post-traumatic stress disorder. She lives on the streets of Fort Bragg due to circumstances out of her control. She was previously living at the Hospitality Center and got kicked out because she was told she could no longer stay with her dog. She stated that service animals need to be recognized by mental health as service animals. Ms. Mathews has been searching for housing for 2.5 years since she cannot go back to the shelter or else they will take her dog away from her. She restated she is not living in the streets due to alcohol/drugs or a mental illness but rather her low income and lack of housing. Ms. Mathews expressed there needs to be more housing for the elderly and low income population.</p> <ol style="list-style-type: none"> <li>Discussion on how the board members may be able to help Ms. Mathews.</li> <li>The board members suggested Redwood Community Services (RCS) may be able to help her out.</li> <li>Ms. Mathews stated she is currently being helped by RCS, they are helping her apply for housing at Willow Terrace in Ukiah but said she would prefer to live in the coast because she suffers from Chronic Obstructive Pulmonary Disease (COPD) and has a hard time breathing in the heat.</li> <li>The board members thanked Ms. Mathews for sharing her story and advised for her to continue receiving help from RCS and possibly the senior</li> </ol>	
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	center.	
<b>4.</b> 30 minutes	<p><b>Reports: Discussion and possible board action.</b></p> <p>A. Chair – <i>Jan McGourty</i> –</p> <ul style="list-style-type: none"> <li>a) Meeting in December will be cut short as the Measure B meeting will be starting at 1:00.</li> </ul> <p>B. Secretary – <i>Member Ortiz</i> –</p> <ul style="list-style-type: none"> <li>a) Member Ortiz was supposed to do a report on Dual Diagnosis. BHRS Director Miller states that the County needs all clients to sign a release to allow Member Ortiz to sit in and audit a group which hasn't happened yet. Vice Chair Strachan tells Member Ortiz that she may need a Plan B for this report.</li> </ul> <p>1. Letter to College – was sent out by Chair McGourty last week.</p> <p>C. Treasurer – <i>Member Behringer</i> –</p> <ul style="list-style-type: none"> <li>a) Member Behringer goes over the number that are listed in the agenda packet.</li> </ul> <p>D. Housing Committee: (<i>Member Gorny</i>) –</p> <ul style="list-style-type: none"> <li>a) Member Gorny continues to attend Housing Action Team meetings. Member Gorny states that it looks like housing is on the plan but she was unable to attend due to personal reasons.</li> <li>b) Vice Chair Strachan believes that B&amp;B's and Air B&amp;B's are taking away housing from medical professionals and other citizens. <ul style="list-style-type: none"> <li>a) Supervisor Brown states that the Board of Supervisors has done a survey to make sure that these places have a business license to operate. Supervisor Brown also states that certain places are having considerations made as this is becoming an issue for many communities in California.</li> </ul> </li> </ul> <p>E. Site Visit Committee: (<i>Chair McGourty, Members Rich, Towle and Martinez</i>) –</p> <ul style="list-style-type: none"> <li>a) This committee had nothing to report.</li> <li>b) Vice Chair Strachan states that she did a visit to Coast Clinic at Chair McGourty's request. This report will need to be written up and brought to the next meeting to discuss.</li> <li>c) Chair McGourty did call Adventist Health and they didn't have any services so the committee decided not to do a site visit.</li> <li>d) Member Rich stated that next month the MHSA/QIC meeting will be in the South Coast so this would be a good time to do a site visit.</li> <li>e) According to Supervisor Brown Action Network is providing services, getting grants, working with the schools, and possibly has mental health services there on the South Coast.</li> </ul>	Board Action:

	<p>1. Remaining Site Visits: South Coast and Adventist Clinics</p> <p>F. Flow Chart Committee: (<i>Vice Chair Strachan and Member Pekin</i>) –</p> <ul style="list-style-type: none"> <li>a) Chair McGourty requested that the flow charts created be made into the tri-fold. The charts that we have today are for Willits, Fort Bragg, Ukiah, and Anderson Valley. Dustin has started on the south coast charts.</li> <li>b) This board decided that they want to do Willits, Covelo, and Laytonville areas together on one chart.</li> <li>c) Josephine Silva wants to know if there is a refrigerator magnet made with the emergency numbers for clients.</li> </ul> <p>G. Dual Diagnosis Committee: (<i>Secretary Ortiz</i>) –</p> <ul style="list-style-type: none"> <li>a) None at this time.</li> </ul> <p>H. Appreciation Committee: (<i>Members Towle and Martinez</i>) –</p> <ul style="list-style-type: none"> <li>a) The committee would like to know who is not renewing so that they can get them something for their time.</li> </ul> <p>I. Employment Committee: (<i>Member Rich</i>) –</p> <ul style="list-style-type: none"> <li>a) No update at this time.</li> </ul> <p>J. Contract Review and Fulfillment Committee: (<i>Member Fuentes</i>) –</p> <ul style="list-style-type: none"> <li>a) No action has been taken in the last month.</li> <li>b) Dustin Thompson can get the list of county contracts for everyone.</li> </ul>	
<p><b>5.</b> 10 Minutes</p>	<p><b>Data Notebook:</b></p> <ul style="list-style-type: none"> <li>• Both Member Rich and Member Ortiz want to work on the Data Notebook for next year.</li> </ul> <p>A. 2019 Data Notebook –</p> <ul style="list-style-type: none"> <li>a) Josephine Silva had recently attended a school board meeting in Willits and feels that the schools need to know about the different traumas, and information about them, that students may be experiencing.</li> </ul> <p>B. 2017 Results –</p> <ul style="list-style-type: none"> <li>a) These were handed out to the members to review.</li> </ul>	
<p><b>6.</b> 20 Minutes</p>	<p><b>Membership: Discussion and possible action</b></p> <p>A. Nominating Committee –</p> <ul style="list-style-type: none"> <li>a) Vice Chair Strachan and Member Gorny asked Member Ortiz and Member Behringer to continue in their positions on the board as secretary and treasurer and they agreed.</li> <li>b) Vote to approve officers. Motion made by Member Ortiz and second by Member Towle. Motion passed unanimously.</li> <li>c) The board voted and agreed to the following officers for the 2020 year:</li> </ul>	<p>Board Action: Approve officers</p>

	<ul style="list-style-type: none"> <li>i. Chair – Member Rich</li> <li>ii. Vice Chair- Member Ferretta</li> <li>iii. Secretary – Member Ortiz</li> <li>iv. Treasurer – Member Behringer</li> </ul> <p>B. Expiring Terms –</p> <ul style="list-style-type: none"> <li>a) Chair McGourty is retiring from this board after December.</li> </ul>	
<b>7.</b> 5 Minutes	<p><b>BHAB Annual Report:</b></p> <p>A. Member Rich wants to talk to Chair McGourty about this.</p>	
<p><b>LUNCH BREAK</b> <b>12:00 to 1:00</b></p>		
<b>8.</b> 30 minutes	<p><b>Guest Speaker: J. Holden –</b></p> <p>A. Did not show up to this meeting.</p>	
<b>9.</b> 30 minutes	<p><b>Guest Speaker: William Feather</b></p> <p>A. Martin introduced William Feather as a good person who does a lot of work for the jail. William Feather introduces his helper Jessica, who is an intern from Humboldt State University. William Feather talked about the different types of corrections facilities, and that he works with inmates to pick people up, educate them, and get them back to work. What he brings for the community at the correctional facility using social work is: 1) service 2) social justice 3) dignity and worth of the person 4) importance of human relationships 5) integrity 6) competence.</p>	
<b>10.</b> 15 minutes	<p><b>Mendocino County Report: Jenine Miller, BHRS Director</b></p> <p>A. MHSA Stakeholder Meeting – was held on November 6<sup>th</sup>. Chair McGourty feels that not enough people were at the MHSA Stockholder Meeting other than current providers. BHRS Director Miller will look at how to do things differently. Dina went to MHSA meeting. A lot of the agencies asking for more money for their service. More advertising that the funding is available.</p> <p>B. Want county to advertise more of the services available.</p> <p>C. Would like NAMI to have Spanish speaking workers.</p> <p>D. Status of Grants - No Place Like Home competitive grant deadline date is January 8th. BHRS Director Miller will be going in front of CHFFA board on December 5<sup>th</sup>.</p> <ul style="list-style-type: none"> <li>a. Member Rich made a motion to support BHRS when they go to CHFFA in December, second by Member Towle. Passed unanimously.</li> </ul> <p>E. Status of CIT Training</p> <p>F. Stepping Up</p> <p>G. Grievances - The grievance with RQMC was that the staff was not knowledgeable. The other grievance about RestPadd was that the client was so far from home.</p>	<p>Board Action:</p> <p>To support BHRS in going to CHFFA.</p>
<b>11.</b> 15 minutes	<p><b>RQMC Report:</b></p> <p>A. Data Dashboard: The dashboard and year to date trends for September are in the agenda packet. Tim Schraeder was</p>	<p>Board Action:</p>

	<p>informed that on page three under Mendocino Coast District Hospital the hospitalization number is wrong, 4 people were hospitalized from there were actually Crisis cases as they were counting it wrong this was due to issues with ambulances and hospital bed availability. When it comes to trends unduplicated numbers are up. Crisis calls are up.</p> <p>B. Services Update: Agency providers and County workers with Willow Terrace have been working well. People were cooking for the clients at Willow Terrace during the power outages. New vacancy on December 1<sup>st</sup> so Karen Lovato and Dan Anderson have been working on filling that. Manager is creating a good relationship with the clients to where they are more open to talking with her. The manger is available 24/7.</p> <p>a) Supporting people at Valley House. They have a morning meeting and having this is really helping with people. This is a group living situation.</p> <p>b) Whole Person Care team went to Memphis last month where there was some focus on people who are homeless. From what it sounded like at this training this program should be continued. Goal is to reduce the burden on counties.</p> <p>C. Law Enforcement Calls are down from where they had been.</p>	
<p><b>12.</b> 5 minutes</p>	<p><b>Adjournment: 2:07 PM</b></p> <p><b>Next meeting:</b> Member Ortiz made motion to have December's meeting from 10:00-12:00 to accommodate Measure B. Second by Member Towle and passed unanimously. December 18, 2019 – Willits Community Center 10:00-12:00</p>	<p>Board Action: Have meeting from 10:00-12:00 in December.</p>

### AMERICANS WITH DISABLITIES ACT (ADA) COMPLIANCE

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Mendocino County Behavioral Health and Recovery Services  
 Behavioral Health Advisory Board General Ledger  
 FY 19/20  
 November 30, 2019

ORG	OBJ	ACCOUNT DESCRIPTION	YR/PER/JNL	EFF DATE	AMOUNT	INVOICE #	CHECK #	VENDOR NAME	COMMENT
MHB	862080	FOOD	2020/03/000758	09/19/2019	81.71		P-Card		COSTCO WHSE#83830.8008/20/
MHB	862080	FOOD	2020/04/000227	10/10/2019	87.97	2018-9-07	4313266	SAFEWAY	2019 JULY
MHB	862080	FOOD	2020/04/000227	10/10/2019	103.75	2019 AUGUST	4313266	SAFEWAY	AUGUST 2019 ACCOUNT NUMBER
MHB	862080	FOOD	2020/04/001087	10/29/2019	69.43		P-Card		COSTCO WHSE#83830.0009/17/
MHB	862080	FOOD	2020/05/000068	11/07/2019	109.79	10122019	4314649	SAFEWAY	ACCOUNT NUMBER 85006
MHB	862080	FOOD	2020/05/000850	11/22/2019	52.32		P-Card		COSTCO WHSE#83830.0010/15/
MHB	862080	FOOD	2020/05/000850	11/22/2019	121.94		P-Card		MARINOS PIZZ83839.9410/15/
<b>FOOD Total</b>					<b>\$626.91</b>				
MHB	862150	MEMBERSHIPS							
<b>MEMBERSHIPS TOTAL</b>					<b>\$0.00</b>				
MHB	862170	OFFICE EXPENSE	2020/04/001015	10/31/2019	39.03	1218381		4314268 FISHMAN SUPPLY COMP	15368.17 FY1920
<b>OFFICE EXPENSE Total</b>					<b>\$39.03</b>				
MHB	862210	RNTS & LEASES BLD GRD							
<b>RNTS &amp; LEASES BLD GRD Total</b>					<b>\$0.00</b>				
MHB	862250	TRNSPRTATION & TRAVEL	2020/02/000248	08/08/2019	17.40	7/17/19	4309179	BEHRINGER FLINDA	LOCAL 7/17/19 FY19
MHB	862250	TRNSPRTATION & TRAVEL	2020/02/000248	08/08/2019	71.92	7/3/19	4309514	STRACHAN EMILY	LOCAL 7/3/19 F
MHB	862250	TRNSPRTATION & TRAVEL	2020/02/000248	08/08/2019	21.46	7/17, 7/27/19	4309531	TOWLE RICHARD	LOCAL 7/17, 7/27/19 FY
MHB	862250	TRNSPRTATION & TRAVEL	2020/03/000340	09/12/2019	17.40	8/21/19	4311118	BEHRINGER FLINDA	LOCAL 8/21/19 FY
MHB	862250	TRNSPRTATION & TRAVEL	2020/03/000340	09/12/2019	98.60	8/1-8/21/19	4311410	TOWLE RICHARD	LOCAL 8/1-8/21/19 FY
MHB	862250	TRNSPRTATION & TRAVEL	2020/04/000665	10/18/2019	35.96	8/21/19	4313644	MCGOURTY JAN	LOCAL 8/21/19 FY
MHB	862250	TRNSPRTATION & TRAVEL	2020/04/000665	10/18/2019	22.04	8/21/19	4313777	STRACHAN EMILY	LOCAL 8/21/19 FY1
MHB	862250	TRNSPRTATION & TRAVEL	2020/04/000665	10/18/2019	92.51	9/16-9/25/19	4313787	TOWLE RICHARD	LOCAL 9/16-9/25/19 FY19
MHB	862250	TRNSPRTATION & TRAVEL	2020/05/000391	11/15/2019	86.42	10/01-10/22/19	4315154	TOWLE RICHARD	LOCAL 10/01-10/22/19 FY
<b>TRNSPRTATION &amp; TRAVEL Total</b>					<b>\$463.71</b>				
MHB	862253	TRAVEL & TRSP OUT OF COUNTY	2020/04/000665	10/18/2019	1,872.93	8/25-8/28/19	4313644	MCGOURTY JAN	SEATTLE 8/25-8/28/19 FY
<b>TRAVEL &amp; TRSP OUT OF COUNTY Total</b>					<b>\$1,872.93</b>				
<b>Grand Total</b>					<b>\$3,002.58</b>				

Summary of Budget for FY 19/20

OBJ	ACCOUNT DESCRIPTION	Budget Amount	YTD Exp	Remaining Budget
862080	Food	1,800.00	626.91	1,173.09
862150	Memberships	600.00	0.00	600.00
862170	Office Expense	500.00	39.03	460.97
862210	Rents & Leases Bld	30.00	0.00	30.00
862250	In County Travel	5,800.00	463.71	5,336.29
862253	Out of County Travel	2,770.00	1,872.93	897.07
Total Budget		\$11,500.00	\$3,002.58	\$8,497.42

Behavioral Health Recovery Services  
Mental Health FY 2019-2020 Budget Summary  
Year to Date as of **November 30, 2019**

	Program	FY 19/20 Approved Budget	EXPENDITURES					Total Expenditures	REVENUE				Total Revenue	Total Net Cost
			Salaries & Benefits	Services & Supplies	Other Charges	Fixed Assets	Operating Transfers		2011 Realign	1991 Realign	Medi-Cal FFP	Other		
1	Mental Health (Overhead)	(5,833,895)	26,959	95,676	5,955,377		(14,118)	6,063,894	503,374	317,204	906,978	2,680	1,730,237	4,333,658
2	Administration	1,448,778	354,227	151,470			(18,943)	486,754				16,732	16,732	470,022
3	CalWorks	98,355	37,367	2,433				39,800				38,187	38,187	1,613
4	Mobile Outreach Program	384,126	59,922	26,354			(1,527)	84,749	(49,547)				(49,547)	134,296
5	Adult Services	764,577	235,335	34,959	60,138		(67,777)	262,655				40,866	40,866	221,789
6	Path Grant	19,500		3,493				3,493	8,834				8,834	(5,341)
7	SAMHSA Grant	180,000		13,224				13,224				0	0	13,224
8	Mental Health Board	11,500		3,003				3,003					0	3,003
9	Business Services	624,295	190,121	12,007				202,127				36,559	36,559	165,569
11	AB109	135,197	43,483	5,600				49,082	27,614				27,614	21,469
12	Conservatorship	2,456,866	33,537	60,365	818,782			912,684				27,936	27,936	884,748
13	No Place Like Home Grant	0						0				56,913	56,913	(56,913)
14	QA/QI	450,568	132,264	28,588				160,852				199	199	160,653
a	Total YTD Expenditures & Revenue		1,113,215	437,171	6,834,297	0	(102,365)	8,282,318	490,275	317,204	906,978	220,072	1,934,529	6,347,789
b	FY 2019-2020 Adjusted Budget	739,867	3,428,458	1,614,189	18,643,357	0	40,045	23,726,049	6,178,965	4,180,046	10,300,498	3,754,322	24,413,831	(687,782)
c	Variance		2,315,243	1,177,018	11,809,060	0	142,410	15,443,731	5,688,690	3,862,842	9,393,520	3,534,250	22,479,302	(7,035,571)

Behavioral Health Recovery Services  
Mental Health Services Act (MHSA) FY 2019-2020 Budget Summary  
Year to Date as of November 30, 2019

Program	FY 19/20 Approved Budget	Salaries & Benefits	Services & Supplies	Other Charges	Fixed Assets	Operating Transfers	Total Expenditures	Revenue Prop 63	Other- Revenue	Total Net Cost
Community Services & Support	508,437	104,454	30,401			(12,710)	122,145	1,094,866	33,908	88,237
Prevention & Early Intervention	787,607	25,466	95,922				121,388	273,717	8,867	112,521
Innovation	1,232,820		23,403				23,403	72,031		23,403
Workforce Education & Training	160,000		30,480				30,480			30,480
Capital Facilities & Tech Needs	407,925		98,160				98,160			98,160
<b>Total YTD Expenditures &amp; Revenue</b>		129,920	278,366	-	-	(12,710)	395,575	1,440,614	42,775	352,800
<b>FY 2019-2020 Approved Budget</b>	3,096,789	337,730	7,066,811	0	137,000	392,080	7,933,621	4,836,832	4,836,832	3,096,789
<b>Variance</b>		207,810	6,788,445	-	137,000	404,790	7,538,046	3,396,218	4,794,057	2,743,989

**Prudent Reserve Balance**                      **2,197,777**

WIC Section 5847 (a)(7) - Establishment & maintenance of a prudent reserve to ensure the county continues to be able to serve during years in which revenues for the Mental Health Services Fund are below recent averages adjusted by changes in the state population and the California Consumer Price Index.

Behavioral Health Recovery Services  
SUDT FY 2019-2020 Budget Summary  
Year to Date as of **November 30, 2019**

	Program	FY 19/20 Approved Budget	EXPENDITURES					Total Expenditures	REVENUE				Total Revenue	Total Net Cost
			Salaries & Benefits	Services and Supplies	Other Charges	Fixed Assets	Operating Transfers		SAPT Block Grant and FDMC	2011 Realign	Medi-Cal FFP	Other		
1	SUDT Overhead	0						0	(850,512)			13,767	(836,744)	836,744
2	County Wide Services	140,925		5,741				5,741					0	5,741
3	Drug Court Services	(1)	60,630	7,995			(2,906)	65,720		19,012			19,012	46,708
4	Ukiah Adult Treatment Services	(101)	207,447	33,736			(16,796)	224,387		7,536	(1,100)	6,221	12,657	211,730
5	Women In Need of Drug Free Opportunities	1	43,232	7,886			(5,144)	45,974		18,797			18,797	27,177
6	Family Drug Court	0	92,031	3,521			(8,486)	87,065					0	87,065
8	Friday Night Live	0	13	2,431				2,444					0	2,444
9	Willits Adult Services	0	46,318	1,156				47,474					0	47,474
10	Fort Bragg Adult Services	25,001	122,109	41,656			(1,934)	161,831				3,083	3,083	158,748
11	Administration	92,251	174,669	81,524			(6,014)	250,180				7,035	7,035	243,145
12	Adolescent Services	1	72,191	2,964				75,155					0	75,155
13	Prevention Services	0	49,066	31,185			(1,877)	78,373				6,101	6,101	72,272
a	<b>Total YTD Expenditures &amp; Revenue</b>		867,707	219,794	0	0	(43,157)	1,044,344	(850,512)	45,345	(1,100)	36,207	(770,060)	1,814,404
b	<b>FY 2019-2020 Budget</b>	258,077	2,855,889	780,132	70,000	0	(814,850)	2,891,171	1,101,794	647,920	50,000	833,380	2,633,094	258,077
c	<b>Variance</b>		1,988,182	560,338	70,000	0	(771,693)	1,846,827	1,952,306	602,575	51,100	797,173	3,403,154	

# **Behavioral Health Advisory Board Director's Report**

## **December 2019**

### **1. Board of Supervisors:**

#### **a. Recently passed items or presentations:**

##### **i. Mental Health:**

1. Approval of 2019-20 Annual Update to the Mental Health Services Act Three Year Program and Expenditure Plan, and Authorization for the Health and Human Services Agency Behavioral Health and Recovery Services Director to Sign and Submit the Plan to the Department of Health Care Services
2. Adoption of Resolution Authorizing the Health and Human Services Agency, Behavioral Health and Recovery Services Director to Sign Retroactive Performance Contract with the California Department of Health Care Services on Behalf of the County, Effective July 1, 2018 through June 30, 2021
3. Approval of Amendment to Agreement 19-202 with California Psychiatric Transitions to Provide Residential Mental Health Treatment to Clients of the Health and Human Services Agency, Behavioral Health and Recovery Services, Effective When Agreement Becomes Fully Executed through June 30, 2020

##### **ii. Substance Use Disorders Treatment:**

1. None

#### **b. Future BOS Items or Presentations:**

##### **i. Mental Health**

1. Authorization for Health and Human Services Agency, Behavioral Health and Recovery Services to Submit Application Documents with Rural Communities Housing Development Corporation on Behalf of Mendocino County for a Competitive Allocation Award Under California's No Place Like Home Program to Acquire, Design, Construct, Rehabilitate, or Preserve Permanent Supportive Housing for Persons Who are Chronically Homeless, Homeless, or at Risk of Chronic Homelessness, and Who are in Need of Mental Health Services

##### **ii. Substance Use Disorder Treatment:**

1. None

## **2. Staffing Updates for October:**

- a. New Hires:  
Mental Health: Staff Assistant III  
Substance Use Disorders Treatment: Staff Assistant III
- b. Promotions:  
Mental Health: None  
Substance Use Disorders Treatment: None
- c. Departures:  
Mental Health: None  
Substance Use Disorders Treatment: None

## **3. Audits/Site Reviews:**

- a. Date occurred and report out of findings:
  - i. None
- b. Upcoming/Scheduled:
  - i. None
- c. Site Reviews:
  - i. None

## **4. Grievances/Appeals:**

- a. MHP Grievances: 3
- b. SUDT Grievances: 1
- c. MHSA Issue Resolutions: 0
- d. Second Opinion: 0
- e. Change of Provider Requests: 5
- f. Provider Appeals: 0
- g. Consumer Appeals: 0

## **5. Meetings of Interest:**

- a. MHSA Forum/QIC Meeting: Wednesday February 12, 2020 5:00 pm - 7:00 pm Manzanita Services Ukiah, 410 Jones St. C-1 Ukiah, CA 95482

## **6. Grant Opportunities:**

- a. None

## **7. Significant Projects/Brief Status:**

- a. Assisted Outpatient Treatment (AOT): AB 1421/Laura's Law
- b. Melinda Driggers, AOT Coordinator, is accepting and triaging referrals:
  - i. Referrals to Date: 74
  - ii. Did not meet AOT Criteria: 72
  - iii. Currently in Investigation/Screening/Referral: 0
  - iv. Settlement Agreement/Full AOT: 2

v. Other (Pending Assessments to file Petition): 0

**8. Educational Opportunities/Information:**

- a. Cultural Diversity Committee Meeting: Wednesday February 26, 2020, 3:30 pm - 5:30 pm Mendocino County Atlantic Room, 472 E. Valley St. Willits, CA 95490. The meeting will include a mini training on Native American Culture.
- b. Crisis Intervention Team (CIT) Training Wednesday February 19 , 2020 - Friday February 21, 2020, 8:00 am - 5:00 pm. Presbyterian Church 44831 Main St., Mendocino, CA 95460

**9. Mental Health Services Act (MHSA):**

- a. MHSA Forum/QIC Meeting: February 12, 2020 5:00 pm - 7:00 pm Manzanita Services Ukiah, 410 Jones St. C-1 Ukiah, CA 95482

**10. Lanterman Petris Short Conservatorships (LPS):**

- a. Number of individuals on LPS Conservatorships = 57

**11. Substance Use Disorder Treatment Services:**

- a. Number of Substance Use Disorder Treatment Clients Served in September, 2019
  - i. Total number of clients served = 88
  - ii. Total number of services provided = 428
  - iii. Fort Bragg: 15 clients served for a total of 58 services provided
  - iv. Ukiah: 66 clients served for a total of 332 services provided
  - v. Willits: 7 clients served for a total of 38 services provided

**12. Contracts:**

- a. None

**13. Capital Facility Projects:**

- a. Orchard Project
  - i. CHFFA Board Meeting 12/5/19- Milestone of securing funding met.
  - ii. CHFFA Board Meeting 1/30/2020 to demonstrate approval of contract with Nacht & Lewis by the Measure B Committee. 1/30/20 meeting will establish new milestones related to completion of the project by November 2021 provided the contract and site are approved.
- b. Willow Terrace Project
  - i. Vacancies filled through Coordinated Entry process as they come available.
  - ii. Some turnover in tenancy.

**QI Work Plan - 3.D**

## Report - Appeals, Grievances, Change of Provider - October 2019

**Provider Appeal (45 days)**

Receipt Date	Provider Name	Reason	Results	Date Completed	Date Letter sent to Provider
<b>Total</b>	<b>0</b>				

**Client Appeal (45 days)**

Receipt Date	Provider Name	Reason	Results	Date Completed	Date Letter sent to Provider
<b>Total</b>	<b>0</b>				

**Issue Resolutions (60 Days)**

Receipt Date	Provider Name	Reason	Results	Date Completed	Date Letter sent to Provider
<b>Total</b>	<b>0</b>				

**SUDT Grievance (60 Days)**

Receipt Date	Provider Name	Reason	Results	Date Completed	Date Letter sent to Provider
10/1/2019	SUDT	Complaint against staff.	Pending investigation.		
<b>Total</b>	<b>1</b>				

**Client Grievance (60 Days)**

Receipt Date	Provider	Reason	Results	Date Completed	Date Letter sent to Client
10/1/2019	Restpadd	Beneficiary filed grievance regarding conduct of staff at facility.	Staff spoken to regarding conduct and staff assigned to beneficiary changed.	10/8/2019	10/8/2019
10/16/2019	RQMC	Grievance filed regarding timeliness of services after discharge from acute hospitalization.	Beneficiary scheduled for earliest available appointment and on waitlist for cancellations.	10/16/2019	10/16/2019
10/24/2019	Restpadd	Grievance filed regarding temperatures in facility.	Temperature at facility set by policy at constant temperature, facility unable to alter temperatures.	10/24/2019	10/24/2019
<b>Total</b>	<b>3</b>				

**Client Request for Change of Provider (10 Business Days)**

Receipt Date	Provider	Reason	Results	Date Completed	Date Letter sent to Client
10/2/2019	Manzanita	Requesting change to a different provider.	Beneficiary discharged from previous provider and services opened at new provider.	10/15/2019	10/15/2019
10/3/2019	RCS	Requesting change for new case manager.	Beneficiary withdrew request and wished to continue services with current provider.	10/16/201	10/16/2016
10/15/2019	Manzanita	Seeking housing assistance.	Beneficiary discharged from previous provider and services opened at new provider.	10/28/2019	10/28/2019
10/23/2019	Manzanita	Requesting new provider.	Beneficiary discharged from previous provider and services opened at new provider.	11/6/2019	11/6/2019
10/31/2019	Stepping Stones	Seeking housing assistance.	Beneficiary withdrew request and wished to continue services with current provider.	11/6/2019	11/6/2019
<b>Total</b>	<b>5</b>				

**0 Provider Appeals**  
**0 Client Appeals**  
**0 Issue Resolutions (Completed)**  
**0 SUDT Grievances (Completed)**  
**3 Grievance (Completed)**  
**5 Request for Change of Provider (Completed)**





Redwood Quality Management Company (RQMC) is the Administrative Service Organization for Mendocino County-providing management and oversight of specialty mental health, community service and support, and prevention and early intervention services. The following data is reported by age range, along with a total for the system of care (either youth or adult) as well as the overall RQMC total. This will assist in interpreting how different demographics are accessing service, as well as assist in providing an overall picture of access and service by county contract (youth, young adult and adult). Our goal is to provide the Behavioral Health Advisory Board with meaningful data that will aid in your decision making and advocacy efforts while still providing a snapshot of the overall systems of care.

#### AGE OF PERSONS SERVED

		Children & Youth		Young Adult		Adult & Older Adult System			RQMC
		0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
Persons Admitted to...									
Outpatient Services Oct		37	37	8	2	23	29	3	
	Total	74		10		55			139
Crisis Services Oct		6	20	5	9	36	35	13	
	Total	26		14		84			124
Unduplicated Persons...									
Served in Oct		232	240	61	40	225	355	69	
	Total	472		101		649			1,222
Unduplicated Persons...									
Served Fiscal Year to Date		322	352	108	78	388	558	97	
	Total	674		186		1,043			1,903
Identified As (YTD)...									
Male		345		96		519			960
Female		328		85		521			934
Non-Binary and Transgender		1		5		3			9
White		363		105		817			1,285
Hispanic		161		40		64			265
American Indian		71		19		61			151
Asian		5		3		11			19
African American		17		11		22			50
Other/Undisclosed		57		8		68			133

#### YTD Persons by location...

Ukiah Area	1071
Willits Area	273
North County	68
Anderson Valley	16
North Coast	385
South Coast	32
OOC/OOS	58



### AGE OF PERSONS SERVED

*Children & Youth      Young Adult      Adult & Older Adult System      RQMC*

0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
------	-------	-------	-------	-------	-------	-----	-------

#### Total Number of...

Crisis Line Contacts Oct	11	45	9	12	92	89	19	
<i>Total</i>	56	21	200					<b>277</b>

*\*There were 17 logged calls where age was not disclosed. Those have been added to the total.*

Crisis Line Contacts <b>YTD</b>	22	183	66	53	464	401	63	
<i>Total</i>	205	119	928					<b>1,252</b>

#### by reason for call YTD...

Increase in Symptoms	454
Phone Support	293
Information Only	90
Suicidal ideation/Threat	244
Self-Injurious Behavior	21
Access to Services	106
Aggression towards Others	14
Resources/Linkages	30

#### Oct Calls from Law Enforcement to Crisis

TOTAL: 30		
MCSO: 12	CHP: 0	WPD: 3
FBPD: 2	Jail: 11	UPD: 2

#### by time of day YTD...

08:00am-05:00pm	846
05:00pm-08:00am	406

#### YTD Calls from Law Enforcement to Crisis

TOTAL: 139		
MCSO: 40	CHP: 0	WPD: 6
FBPD: 11	Jail: 59	UPD: 23

#### Total Number of...

Emergency Crisis Assessments Oct	11	42	9	11	58	51	19	
<i>Total</i>	53	20	128					<b>201</b>

Emergency Crisis Assessments <b>YTD</b>	20	151	59	50	242	252	57	
<i>Total</i>	171	109	551					<b>831</b>

#### YTD by location...

Ukiah Valley Medical Center	343
Crisis Center-Walk Ins	202
Mendocino Coast District Hospital	99
Howard Memorial Hospital	105
Jail	42
Juvenile Hall	32
Schools	1
Community	6
FQHCs	1

#### YTD by insurance...

Medi-Cal/Partnership	565
Private	103
Medi/Medi	63
Medicare	49
Indigent	42
Consolidated	
Private/Medi-Cal	1
VA	7



### AGE OF PERSONS SERVED

*Children & Youth*      *Young Adult*      *Adult & Older Adult System*      *RQMC*

0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
------	-------	-------	-------	-------	-------	-----	-------

#### Total Number of...

Inpatient Hospitalizations Oct	1	8	2	5	18	13	4	
Total	9	7	35					51

Inpatient Hospitalizations YTD	2	32	15	19	75	56	9	
Total	34	34	140					208

ReHospitalization within 30 days	Youth	Adult	0-2 days in the Hospital	Admits	% of total Admits
Oct	2	2	Oct	4	7.8%
YTD	8	12	YTD	17	8.2%

Days in the ER	0	1	2	3	4	5+	Unk
Oct	11	24	11	1		1**	3
YTD	42	101	41	8	1	1	14
..by Hospital	0	1	2	3	4	5+	
AHUV	10	15	5			1**	
Howard	0	8	3	1			
MCDH	0	1	3				

\*\*Due to the clients age, PSPS, and very limited availability of hospitals that serve the age group. The client was on 4 5150 holds and spent 10 days at AHUV ER. There were multiple conversations and consultations with Dr Timme and Dr Goldwasser. The overall consensus of psychiatrists, medical doctors at AHUV and crisis workers was that the client continued to meet criteria. The planned power outage and fire during this time directly affected two of the 4 possible acute psychiatric facilities that serve the age group. Ambulance services to transport the client were also affected. Length of stay for this age group is often fairly long and once a bed was available, the client was admitted to an acute facility and stayed over 2 weeks. The client is private pay and has since enrolled in Med-cal.

At Discharge	Discharged to Mendocino		Follow up Crisis Appt		Declined follow up Crisis appt	
Payor	Oct	YTD	Oct	YTD	Oct	YTD
Mendo Medi-cal	26	123	24	110	2	12
Indigent	3	12	3	11	0	1
Other Payor	5	16	3	8	2	7
YTD hospitalizations where discharge was out of county or unknown:						51
YTD number who declined a follow up appt:						20



Number of hospitalitation	1	2	3	4	5	6+
YTD Number of unduplicated clients	156	20	2	0	0	1

YTD hospitalizations by location...	
Aurora- Santa Rosa**	12
Restpadd Redding/RedBluff**	13
St. Helena Napa/ Vallejo**	19
Sierra Vista Sacramento**	1
John Muir Walnut Creek**	0
San Jose BH**	0
St Marys San Francisco**	1
Marin General**	0
Heritage Oaks Sacramento**	2
VA: Sacramento / PaloAlto / Fairfield / San Francisco	0
Other**	23

YTD hospitalizations by criteria...	
Danger to Self	101
Gravely Disabled	68
Danger to Others	2
Combination	37

**Total Number of...**

Full Service Partners Oct	Youth	TAY	Adult	BHC	Elder	Outreach	
Total	0	24	79	4	10	3	120

**Total Number of...**

Full Service Partners YTD	Youth	TAY	Adult	BHC	Elder	Outreach	
Total	1	26	82	4	18	17	148

Contract Usage	Budgeted	YTD
Medi-Cal ( 60% FFP)	\$14,735,000.00	\$5,092,123.00
MHSA	\$1,786,450.00	\$511,342.00
ReAlignment	\$718,672.00	\$397,197.00
Medication Management	\$1,100,000.00	\$397,135.00

Estimated Expected FFP	Oct	YTD
Expected FFP	\$744,907.00	\$3,055,273.80



Services Provided						
Whole System of Care	Oct	Oct	Oct	YTD	YTD	YTD
Count of Services Provided	Youth	Y Adult	Adults	Youth	Y Adults	Adults
*Assessment	125	24	136	444	112	809
*Case Management	229	168	1106	1108	678	4026
*Collateral	154	6	4	627	23	14
*Crisis	85	34	214	241	151	847
*Family Therapy	142	1	1	607	9	8
*TFC	47			176		
*Group Therapy	0	0		1	1	
*Group Rehab	347	51	35	1853	125	187
*ICC	400	3		1779	28	
*Individual Rehab	427	170	495	1704	525	1843
*Individual Therapy	669	137	392	2531	520	1504
*IHBS	195	0		720	4	
*Psychiatric Services	61	28	231	210	121	1217
*Plan Development	79	19	83	314	70	446
*TBS	9			38		
<b>Total</b>	<b>2969</b>	<b>641</b>	<b>2697</b>	<b>12353</b>	<b>2,367</b>	<b>10,901</b>
No Show Rate	8.9%			10.8%		
<b>Average Cost Per Beneficiary</b>	<b>\$1,188</b>	<b>\$1,142</b>	<b>\$825</b>	<b>\$3,292</b>	<b>\$2,870</b>	<b>\$2,190</b>

Count of Services by Area	Oct	Oct	Oct	YTD	YTD	YTD
	Youth	Y Adult	Adults	Youth	Y Adults	Adults
Anderson Valley	2	1		15	9	
South Coast	0	3		0	13	
North Coast	144	31	479	710	187	2,203
North County	95			430		
Ukiah	2,213	598	2,142	9,245	2,116	8,429
Willits	515	8	76	1,953	42	269

Meds Management	Oct	Oct	Oct	YTD	YTD	YTD
	Youth	Y Adult	Adults	Youth	Y Adults	Adults
Ukiah Unduplicated Clients	59	21	171	102	57	406
Fort Bragg Unduplicated Clients	1	4	52	4	12	126
Ukiah Services	88	32	279	323	169	1357
Fort Bragg Services	1	8	73	5	38	394



## 2019/2020 Trends and Year to Year Comparison

YTD Persons by location...	Count	%
Ukiah Area	1071	56%
Willits Area	273	14%
North County	68	4%
Anderson Valley	16	1%
North Coast	385	20%
South Coast	32	2%
OOC/OOS	58	3%









