



MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

REGULAR MEETING

AGENDA

November 20, 2019
10:00 a.m. to 2:00 p.m.

Behavioral Health and Recovery Services Conference Room 1
1120 South Dora St., Ukiah
and
Fort Bragg Library, 499 E. Laurel St., Fort Bragg
by video conferencing.

Chairperson
Jan McGourty

Vice Chair
Emily Strachan

Secretary
Dina Ortiz

Treasurer
Flinda Behringer

BOS Supervisor
Carre Brown

1ST DISTRICT:

DENISE GORNY
JAN MCGOURTY
LOIS LOCKART

2ND DISTRICT:

DINA ORTIZ
MICHELLE RICH
SERGIO FUENTES

3RD DISTRICT:

MEEKA FERRETTA
AMY BUCKINGHAM
RICHARD TOWLE

4TH DISTRICT:

EMILY STRACHAN
TAMMY LOWE
LYNN FINLEY

5TH DISTRICT:

PATRICK PEKIN
MARTIN MARTINEZ
FLINDA BEHRINGER

OUR MISSION: *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

Item	Agenda Item / Description	Action
1. 5 minutes	Call to Order, Roll Call & Quorum Notice, Approve Agenda:	Board Action:
2. 10 minutes	Minutes of the October 16, 2019 BHAB Regular Meeting: <i>Review and possible board action</i>	Board Action:
3. 15 minutes (Maximum)	Public Comments: <i>Members of the public wishing to make comments to the BHAB will be recognized at this time.</i>	
4. 30 minutes	Reports: <i>Discussion and possible board action.</i> A. Chair – <i>Jan McGourty</i> B. Secretary – <i>Member Ortiz</i> 1. Letter to College C. Treasurer – <i>Member Behringer</i> D. Housing Committee: <i>(Member Gorny)</i> E. Site Visit Committee: <i>(Chair McGourty, Members Rich, Towle and Martinez)</i> 1. Remaining Site Visits: South Coast and Adventist Clinics F. Flow Chart Committee: <i>(Vice Chair Strachan and Member Pekin)</i> G. Dual Diagnosis Committee: <i>(Secretary Ortiz)</i> H. Appreciation Committee: <i>(Members Towle and Martinez)</i> I. Employment Committee: <i>(Member Rich)</i>	Board Action:

	J. Contract Review and Fulfillment Committee: (<i>Member Fuentes</i>)	
5. 10 Minutes	Data Notebook: A. 2019 Data Notebook B. 2017 Results	
6. 20 Minutes	Membership: <i>Discussion and possible action</i> A. Nominating Committee B. Expiring Terms	
7. 5 Minutes	BHAB Annual Report:	
LUNCH BREAK 12:00 to 1:00		
8. 30 minutes	Guest Speaker: <i>J. Holden</i>	
9. 30 minutes	Guest Speaker: <i>William Feather</i>	
10. 15 minutes	Mendocino County Report: <i>Jenine Miller, BHRS Director</i> A. MHSA Stakeholder Meeting – November 6 th B. Status of Grants C. Status of CIT Training D. Stepping Up E. Grievances	Board Action:
11. 15 minutes	RQMC Report: A. Data Dashboard: B. Services Update: C. Law Enforcement Calls	Board Action:
12. 5 minutes	Adjournment: Next meeting: December 18, 2019 – Willits Community Center	

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

BHAB CONTACT INFORMATION: PHONE: (707) 472-2355 FAX: (707) 472-2788
EMAIL THE BOARD: mhboard@mendocinocounty.org **WEBSITE:** www.mendocinocounty.org/bhab



MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

REGULAR MEETING

MINUTES

October 16, 2019
10:00 a.m. to 2:00 p.m.

Veteran's Building
110 Feliz Creek Rd., Hopland

Chairperson
Jan McGourty

Vice Chair
Emily Strachan

Secretary
Dina Ortiz

Treasurer
Flinda Behringer

BOS Supervisor
Carre Brown

1ST DISTRICT:

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DINA ORTIZ
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Item	Agenda Item / Description	Action
1. 5 minutes	Call to Order, Roll Call & Quorum Notice, Approve Agenda: <ul style="list-style-type: none"> Chair McGourty called the meeting to order at 10:08 am. The agenda may be rearranged during lunch as Dr. J. Holden may come at 12:30 to give a presentation. Vice Chair Strachan called roll. Members present: Behringer, Buckingham, Ferretta, Finley, Gorny, Martinez, Rich, Strachan, Towle and Supervisor Brown. Member Fuentes, Member Lockart, Member Ortiz, Member Lowe, and Member Pekin were marked as absent. Agenda was approved as noted with possible addition 	Board Action: Approve agenda
2. 10 minutes	Minutes of the September 18, 2019 BHAB Regular Meeting: <i>Review and possible board action</i> <ul style="list-style-type: none"> Approved at written. Motion made by Member Martinez, and seconded by Member Ferretta. 	Board Action: Approve minutes
3. 15 minutes (Maximum)	Public Comments: <i>Members of the public wishing to make comments to the BHAB will be recognized at this time.</i> <ul style="list-style-type: none"> Josephine Silva would like to commend Chair McGourty for being attentive on so many family levels and representing families. Chair McGourty has also attending so many functions for Mental Health. The second thing Josephine Silva wants to address is that there is no plan in place for the Mendocino County Behavioral Health Advisory Board on how to advise 	

	<p>future facilities for Measure B. For example, is Measure B looking into how exercise and diet will help improve lives of individuals in crisis and residential. For example non-GMO and meeting proper nutrition during this time. A lot of people are on medications for a long time they have a harder time going out and getting a job. Josephine is suggesting that this committee set up an Ad Hoc committee that would help to oversee job training at future facilities.</p> <ul style="list-style-type: none"> • Cynthia Van Nostrand is from Partnership Health Plan and is from Fairfield and wanted to introduce herself to this board. Member Rich asks about lack of providers and how do people who need services find providers in this area. Cynthia Van Nostrand says that members need to reach out to Beacon for mild to moderate level of care and states that they do contract with providers who accept Medi-Cal. Chair McGourty wants to know about Anderson Valley, Partnership was supposed to help with transportation and they contract with MDM who contracts with local venders to help with transportation for getting people to appointments. Vice Chair Strachan is wondering if this is a company that we can contract with. Vice Chair Strachan is wondering why there is a 24 hour gap? Chair McGourty wants an Ad Hoc committee to work on transportation as this has been an ongoing problem. Cynthia Van Nostrand will give Chair McGourty and Vice Chair Strachan her card to look into Partnership helping with transportation on the coast. 	
<p>4. 45 minutes</p>	<p>Reports: <i>Discussion and possible board action.</i></p> <p>A. Chair – <i>Jan McGourty</i></p> <p>a. No report.</p> <p>B. Secretary – <i>Member Ortiz</i></p> <p>1. Letter to College</p> <p>a. Member Ortiz absent from today’s meeting.</p> <p>C. Treasurer – <i>Member Behringer</i></p> <p>a. No report.</p> <p>D. Housing Committee: (<i>Member Gorny</i>)</p> <p>a. Inland Housing Committee is meeting tomorrow in Ukiah at the Foundation 204 South Oak Street in Ukiah.</p> <p>b. At Inland Housing Committee’s last meeting they came up with a bunch of things they want to do like write an article for the newspaper, do hot topic workshops, new housing plan, support City of Ukiah and Fort Bragg to work on a plan, new technology, and development of land trust, address labor shortage, and advocate for state funds.</p> <p>c. Member Gorny attended a meeting for renewal of application for funding for section 8 vouchers. She will continue to participate on the continuum of care committee.</p>	<p>Board Action:</p>

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| | <ul style="list-style-type: none"> d. RCHDC has partnered with Redwood Coast Regional center, 20 of the 80 units on Brush St. will be specifically for people with developmental disabilities. e. County Building and Planning is looking to share plans county wide for housing Free Plans. f. Discussion on free plans available to county residents by County Building and Planning department and City of Fort Bragg. <p>E. Site Visit Committee: (<i>Chair McGourty, Members Rich, Towle and Martinez</i>)</p> <ul style="list-style-type: none"> a. Remaining Site Visits: South Coast and Adventist Clinics b. Member Martinez called to set up a site visit to Willow Terrace on Gobbi Street in Ukiah. Member Martinez will let the committee know what date they set up. Member Towle will make himself available to attend. c. Member Towle and Chair McGourty went to Consolidated Health in Redwood Valley. d. Chair McGourty and Member Lockart interviewed Dr. Kelly from Yuki Trails. <ul style="list-style-type: none"> i. There are 2 clinics in Willits and 2 on the coast that they are wanting to visit. <p>F. Flow Chart Committee: (<i>Vice Chair Strachan and Member Pekin</i>)</p> <ul style="list-style-type: none"> • Dustin Thompson passed out new flow charts. • Anderson Valley and Laytonville are still being developed. <p>G. Dual Diagnosis Committee: (<i>Secretary Ortiz</i>)</p> <ul style="list-style-type: none"> a. Nothing to report at this meeting. <p>H. Appreciation Committee: (<i>Members Towle and Martinez</i>)</p> <ul style="list-style-type: none"> a. Nothing to report at this meeting. b. Chair McGourty will write a letter to the jail. <p>I. Employment Committee: (<i>Member Rich</i>)</p> <ul style="list-style-type: none"> a. Member Rich has no update at this time. b. Member Gorny commented on the job fair offered through the Mendocino County Diversity and Employment Committee. One will be held today at Coyote Valley and there will also be one in Lake County. 23 employers will be present who are interested in employing people. <ul style="list-style-type: none"> i. In the future, Member Gorny will do a survey to find out if employers are willing to hire people that have a disability or mental illness that need flexibility with schedules. ii. Member Rich commented that Healthy Mendocino is working on revising their three year community improvement plan. They will be releasing their new needs assessment, and mental health is one of the areas. They will be meeting with stakeholders over the next couple of months to identify how they are going to move forward. | |
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	<ul style="list-style-type: none"> iii. Housing and employment for people with disabilities and mental illness is on their radar. a. Member Towle asked if the BHAB will be moving forward with implementing a Transportation Committee. iv. Chair McGourty said an Ad Hoc Committee was also suggested and that the board needs to decide which committee to implement. v. Discussion on what the goals and benefits would be if the board was to implement a Transportation Committee. b. Member Strachan commented on the difficulties the coast struggles with to get clients to the hospital; transportation is always an issue. <ul style="list-style-type: none"> i. Discussion on calling 911 for patients who need transportation and the different circumstances encountered. c. BHRS Director Miller suggested that Cynthia Van Nostrand from Partnership can possibly come back to the next BHAB meeting, and give feedback on what Partnership may be able to do to help with transport, and then determine if a Transportation Committee needs to be implemented. <ul style="list-style-type: none"> i. Ms. Van Nostrand stated she will be attending next month's meeting. She advised the board members to contact Rosa Silva, Lead Transportation Coordinator for any transportation issues at 1-800-809-1350. <p>J. Contract Review and Fulfillment Committee: (<i>Member Fuentes</i>)</p> <ul style="list-style-type: none"> a. Member Fuentes absent from today's meeting. b. Discussion on the level of oversight and monitoring of BHRS contracts. <ul style="list-style-type: none"> i. BHRS Director Miller explained that BHRS does monitor contracts. There is a sheet of requirements that have to be met and if a contractor is out of compliance they receive a Plan of Correction (POC) letter. The contractor then needs to submit a Plan of Action where they have to explain how they will be getting and staying in compliance. ii. BHRS monitors contracts every day, and issues POC's for everything from compliance, to program, to quality improvement and assurance. Evidence is collected to prove that contractors are in compliance. iii. BHRS Director Miller commented that issues come up by looking at data on a monthly basis like providers, grievances, timeliness, etc. This helps to track and tell if subcontractors are meeting state requirements. iv. Camille Schraeder commented that RQMC also monitors contracts on a monthly basis. Camille will make a list of all the audits that are done for the board 	
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	<p>to understand the level of oversight.</p> <ul style="list-style-type: none"> c. BHRS Director Miller provided handouts of the Department of Health Care Services Triennial audit results. This audit is where the state looks at everything BHRS does and makes sure it is meeting state and federal requirements. <ul style="list-style-type: none"> i. BHRS Director Miller reviewed some of the data from past audit and explained the compliance rate has gone up over the last several years. BHRS received a 1.7 percent score on disallowances. ii. BHRS Director Miller pointed out that RQMC has been doing a great job in making sure everything is in compliance; the handout of statistics shows the results of everything that is done on a daily basis by BHRS and RQMC. iii. Member Buckingham suggested that BHRS and RQMC should have the board help with issues where help is needed so that the board focuses on areas that need improvement. iv. Member Rich commented it might be a good idea for the board to collaborate with Healthy Mendocino. Staff see how this board can strategically collaborate with them to identify what the needs are and what can be done to support those areas. <ul style="list-style-type: none"> 1. Healthy Mendocino may be able to join a future Behavioral Health Advisory Board meeting. d. BHRS Director Miller announced the MHSA Stakeholder meetings that will be held on November 6, 2019 in both Ukiah and Fort Bragg. The Fort Bragg meeting will be from 10:30 AM to 12:00 PM at the Library Community Room, and the Ukiah meeting will be from 3:30 to 5:00 PM at the Veterans Memorial Hall. <ul style="list-style-type: none"> i. This meeting is for stakeholders and the community to come together and identify what the needs are and what areas the county needs to focus on for the next 3 year Mental Health Services Act plan. ii. Dr. Nancy Callahan will be facilitating the meetings, and there will be interpreter services in Spanish available at both meetings. iii. The meetings will be advertised with flyers, and BHRS Director Miller is hoping to get announcements on both the English and Spanish radio. iv. There will be a follow up meeting on December 3, 2019 to discuss the main ideas that were brought up, and to determine what the priorities are. 	
<p>5. 20 Minutes</p>	<p>Membership: Discussion and possible action</p> <ul style="list-style-type: none"> A. Nominating Committee <ul style="list-style-type: none"> a. Member Strachan will be Chair of the Nominating Committee. 	

	<p>b. Member Gorny and Member Towle volunteered to be a part of this committee.</p> <p>B. Expiring Terms</p> <p>a. Discussed at last month's board meeting.</p> <p>b. Member Towle commented the Appreciation Committee would like to know who else is not renewing their term other than Chair McGourty as soon as possible.</p> <p>i. BHRS will send out another email with the term list to all members so that everyone is aware if they are up for renewal or not.</p> <p>ii. BHRS Director Miller reminded the board members that they can either go to the county clerk or email BHRS if they would like to renew their term.</p>	
<p>5. 25 Minutes</p>	<p>BHAB Annual Report:</p> <p>A. Discussion and suggestions were made by board members on what should be included in the annual report.</p> <p>I. Suggestions included: site visits acknowledgements, the fact that the department is in compliance, the good work being done despite low staff, the NACT tool, and the flow chart handouts.</p> <p>i. Josephine Silva suggested the annual report should include what the BHAB has asked of Measure B.</p> <p>II. Member Strachan asked if everyone is aware of the network adequacy provider ratios and how this could impact BHRS.</p> <p>i. Supervisor Brown commented that since the county could be financially sanctioned this topic should be a top priority. She stated ratios are a current statewide problem, and that big counties like Los Angeles are also having difficulties hiring psychiatrists.</p> <p>III. Member Gorny acknowledged and expressed her appreciation for the work BHRS Director Miller has done to keep the county out of the red.</p> <p>Adjourned for lunch at 12:11 PM Reconvened at 1:00 PM</p>	
<p align="center">LUNCH BREAK 12:00 to 1:00</p>		
<p>5. 25 minutes</p>	<p>Guest Speaker: <i>William Feather, Inmate Services Coordinator</i></p> <p>A. William Feather was unable to attend this meeting.</p>	
<p>6. 15 minutes</p>	<p>Mendocino County Report: <i>Jenine Miller, BHRS Director</i></p> <p>A. MHSA Stakeholder Meeting – November 6th</p> <p>a. Member Towle commented that 42 people attended the last MHSA QIC Forum at Consolidated Tribal Health</p> <p>B. Performance Improvement Event – November 13th and 14th</p> <p>a. Dustin Thompson will send out flyer for November 13 and 14 event focused on Opioid and Medication Assisted Treatment in our community. Trying to get the</p>	<p>Board Action:</p> <ul style="list-style-type: none"> For November's agenda add Network Adequacy.

	<p>entire community involved in this.</p> <p>b. The first day will be focused on the current state of things and day 2 will focus on the future and what providers think needs to be done and how to create more resources.</p> <p>C. Status of Grants</p> <p>a. BHRS Director Miller informed that BHRS was awarded the No Place Like Home Non-Competitive grant of 1.7 million dollars. BHRS will be applying for the competitive grant as well, which would give approximately 3.5 million dollars.</p> <p>b. Behavioral Health and Recovery Services Director Jenine Miller will be looking for grants to help bring in addition funds for Measure B.</p> <p>c. Had to go meet with CHFFA Board for the \$500,000 grant. This grant is supposed to be used to build the Crisis Residential Treatment (CRT) facility. We received a 60 day extension to ask the board for Measure B to be the additional funding source needed. By December we have to have a contractor in place to have CRT done by 2021. December 5th Karen Lovato and Behavioral Health and Recovery Services Director Jenine Miller have to go back in front of the CHFFA board about this grant.</p> <p>D. Status of CIT Training</p> <p>a. Scheduled to take place on February 19-21, 2020 in Mendocino.</p> <p>E. Stepping Up</p> <p>a. BHRS applied and was awarded the \$300,000 Stepping Up grant. BHRS Director Miller explained that the first \$100,000 will be used to build and expand the committee which includes creating policies and a plan implementation and the remaining \$200,000 will be to roll out to the community.</p> <p>b. BHRS will be going in front of the BOS on 10/22 to allow the county to accept the grant.</p> <p>c. Behavioral Health and Recovery Services Director Jenine Miller is looking at dispatch calls, she is meeting with Lori Kaiser from the Mendocino County Sheriff's Office Dispatch Center to discuss calls that have happened.</p> <p>d. Discussion on AOT referrals.</p> <p>i. The number of AOT referrals is high for the actual clients in AOT being so low, the reason for that due to the criteria being extremely strict so very few people actually meet the criteria even when it seems like they should. No one gets dropped just because they don't meet AOT criteria; they get set up with services or reconnect with their provider.</p> <p>F. Grievances</p> <p>a. Log did not get put into the agenda packet.</p>	
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	<p>b. Behavioral Health and Recovery Services Director Miller commented there were two grievances, one against a 5150 hold because they wanted to go home, and one about conduct of the staff at a subcontractor. There was also one change of provider. No MHSA or SUDT grievances.</p> <p>c. There are currently 58 conservatorships.</p> <p>G. Measure B</p> <p>a. The Mendocino County Sheriff proposed to the measure B committee to approve \$250,000 to retro fit the training center.</p> <p>b. BHRS and the Sheriff's office will be working together on the renovation plans.</p> <p>c. Discussion and suggestions on what type of services are needed in the community that Measure B funds can be used for.</p> <p>d. Member Buckingham wants to know how this board can collaborate with Measure B.</p> <p>e. Wynd Novotny says that recruiting efforts to bring in new staff from outside of the county are hard due to lack of housing. It's important to know the numbers that we are looking at.</p> <p>H. EQRO</p> <p>a. BHRS will bring the EQRO data as a graph so the board members can see how Mendocino County compares to other counties. BHRS Director Miller introduced Rendy Smith, Mendocino County Substance Abuse Programs and Services Manager.</p> <p>I. Dual diagnosis is provided by Mendocino County Substance Use Disorder Treatment program. Recruiting and hiring is a struggle. BHRS recently hired a new counselor in Fort Bragg and hope to add adolescents' services in middle school and high school. They also want to extend services into the south coast.</p> <p>K. BHRS opened up pre-trial diversion program in Fort Bragg instead of them having to come to Ukiah for this program. In Ukiah we have Behavioral Health Court program and have Beautiful Minds for people who have co-occurring diagnosis. We do adolescent services in Ukiah. Goal is to get services into Pomolita and Eagle Peak Middle schools. We have an outreach coordinator that goes out to the different tribal communities.</p> <p>L. Behavioral Health and Recovery Services Director Jenine Miller just met with Pinoleville and they are planning to open a clinic for the MAT.</p>	
<p>7. 15 minutes</p>	<p>RQMC Report:</p> <p>A. Data Dashboard</p> <p>a. Camille Schraeder mentioned that the audit results Director Miller provided is evidence of the partnership between RQMC and Mendocino County and the network</p>	<p>Board Action:</p>

	<p>providers that meet compliance oversight.</p> <ul style="list-style-type: none"> i. Camille commented RQMC has a model that can be shared with other small counties. It is an opportunity to support the system and what the ASO and county have done. b. Member Buckingham commented on the number of admission days by hospital data on RQMC's data dashboard. She thinks the ER is holding patients for longer than what is reflected on RQMC's data. i. Camille thinks time is measured from the time the patient gets admitted into the hospital to the time they leave the hospital, but will verify. <p>B. Services Update:</p> <ul style="list-style-type: none"> a. Dr. Goodwin starting 40 hours a week on November 10; Dr. Timme will be staying once a month and also doing telepsychiatry for clients with high need. Dr. Garratt is focused on Fort Bragg. b. Camille mentioned that the big issue with providers working inside a county mental health system is the documentation. There is a lot of documentation required and psychiatrists want to be paid more. c. Camille commented that the board collaborating with Healthy Mendocino will be very helpful (if the board is interested in the entire population not just Medi-Cal population) because Healthy Mendocino is very well evolved in private health insurance and homelessness housing. d. Crisis calls have been reduced but crisis assessments have increased. e. Levels of hospitalizations increased in August, but outpatient support services are helping. <p>C. Member Buckingham commented on the ambulance transports issue Mendocino County hospitals are dealing with.</p> <ul style="list-style-type: none"> a. She explained that all mental health patients are currently being transferred to facilities by ambulance. b. It is taking 8-12 to even 20 hours to get an ambulance to the hospital to pick up a patient to take them to a mental health facility. c. The ER recently lost two beds at a facility because they could not transport the client to the facility. d. Discussion on the need for Basic Life Support (BLS) ambulances specifically for mental health patients. RQMC is trying to figure out how to transport clients, and have Medi-Cal cover. e. Member Buckingham said they will be collaborating with the coast and Medstar to formulate a plan to try and resolve the issues. <p>D. Member Buckingham asked if the county has a current contract with Aurora Behavioral Health and wants to know what the county is doing to get competitive contracts in place</p>	
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	<p>so it can expand bed availability.</p> <ul style="list-style-type: none"> a. BHRS Director Miller explained that most psychiatric hospitals like Aurora Behavioral Health get a competitive rate for the county they are in, and then set the rate for every other county. This leaves little room for the county to be competitive, but when Mendocino County gets its own psychiatric health facility it will be able to set its own competitive rate. b. Anything over 16 beds cannot bill Medi-Cal for individuals 22-64. <p>E. Law Enforcement Calls</p> <ul style="list-style-type: none"> a. Not discussed at this meeting. 	
<p>10. 5 minutes</p>	<p>Adjournment: 2:05 PM</p> <p>Next meeting: November 20, 2019 – Ukiah and Fort Bragg Teleconference</p>	

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Mendocino County Behavioral Health and Recovery Services
 Behavioral Health Advisory Board General Ledger
 FY 19/20
 October 31, 2019

ORG	OBJ	ACCOUNT DESCRIPTION	YR/PER/JNL	EFF DATE	AMOUNT	INVOICE #	CHECK #	VENDOR NAME	COMMENT
MHB	862080	FOOD	2020/03/000758	09/19/2019	81.71		P-Card		COSTCO WHSE#83830.8008/20/
MHB	862080	FOOD	2020/04/000227	10/10/2019	87.97	2018-9-07	4313266	SAFEWAY	2019 JULY
MHB	862080	FOOD	2020/04/000227	10/10/2019	103.75	2019 AUGUST	4313266	SAFEWAY	AUGUST 2019 ACCOUNT NUMBER
MHB	862080	FOOD	2020/04/001087	10/29/2019	69.43		P-Card		COSTCO WHSE#83830.0009/17/
FOOD Total					\$342.86				
MHB	862150	MEMBERSHIPS							
MEMBERSHIPS TOTAL					\$0.00				
MHB	862170	OFFICE EXPENSE	2020/04/001015	10/31/2019	39.03	1218381		4314268 FISHMAN SUPPLY COMP	15368.17 FY1920
OFFICE EXPENSE Total					\$39.03				
MHB	862210	RNTS & LEASES BLD GRD							
RNTS & LEASES BLD GRD Total					\$0.00				
MHB	862250	TRNSPRTATION & TRAVEL	2020/02/000248	08/08/2019	17.40	7/17/19		4309179 BEHRINGER FLINDA	LOCAL 7/17/19 FY19
MHB	862250	TRNSPRTATION & TRAVEL	2020/02/000248	08/08/2019	71.92	7/3/19		4309514 STRACHAN EMILY	LOCAL 7/3/19 F
MHB	862250	TRNSPRTATION & TRAVEL	2020/02/000248	08/08/2019	21.46	7/17, 7/27/19		4309531 TOWLE RICHARD	LOCAL 7/17, 7/27/19 FY
MHB	862250	TRNSPRTATION & TRAVEL	2020/03/000340	09/12/2019	17.40	8/21/19		4311118 BEHRINGER FLINDA	LOCAL 8/21/19 FY
MHB	862250	TRNSPRTATION & TRAVEL	2020/03/000340	09/12/2019	98.60	8/1-8/21/19		4311410 TOWLE RICHARD	LOCAL 8/1-8/21/19 FY
MHB	862250	TRNSPRTATION & TRAVEL	2020/04/000665	10/18/2019	35.96	8/21/19		4313644 MCGOURTY JAN	LOCAL 8/21/19 FY
MHB	862250	TRNSPRTATION & TRAVEL	2020/04/000665	10/18/2019	22.04	8/21/19		4313777 STRACHAN EMILY	LOCAL 8/21/19 FY1
MHB	862250	TRNSPRTATION & TRAVEL	2020/04/000665	10/18/2019	92.51	9/16-9/25/19		4313787 TOWLE RICHARD	LOCAL 9/16-9/25/19 FY19
TRNSPRTATION & TRAVEL Total					\$377.29				
MHB	862253	TRAVEL & TRSP OUT OF COUNTY	2020/04/000665	10/18/2019	1,872.93	8/25-8/28/19		4313644 MCGOURTY JAN	SEATTLE 8/25-8/28/19 FY
TRAVEL & TRSP OUT OF COUNTY Total					\$1,872.93				
Grand Total					\$2,632.11				

Summary of Budget for FY 19/20

OBJ	ACCOUNT DESCRIPTION	Budget Amount	YTD Exp	Remaining Budget
862080	Food	1,800.00	342.86	1,457.14
862150	Memberships	600.00	0.00	600.00
862170	Office Expense	500.00	39.03	460.97
862210	Rents & Leases Bld	30.00	0.00	30.00
862250	In County Travel	5,800.00	377.29	5,422.71
862253	Out of County Travel	2,770.00	1,872.93	897.07
Total Budget		\$11,500.00	\$2,632.11	\$8,867.89

Behavioral Health Recovery Services
Mental Health FY 2019-2020 Budget Summary
Year to Date as of **October 31, 2019**

	Program	FY 19/20 Approved Budget	EXPENDITURES					Total Expenditures	REVENUE				Total Revenue	Total Net Cost
			Salaries & Benefits	Services & Supplies	Other Charges	Fixed Assets	Operating Transfers		2011 Realign	1991 Realign	Medi-Cal FFP	Other		
1	Mental Health (Overhead)	(5,833,895)	26,959	41,114	4,172,523		(14,118)	4,226,478		317,204	154	2,680	320,038	3,906,440
2	Administration	1,448,778	307,058	128,804			(18,943)	416,918				16,732	16,732	400,186
3	CalWorks	98,355	29,131	2,356				31,488					0	31,488
4	Mobile Outreach Program	384,126	45,960	25,513			(1,527)	69,947	(49,547)				(49,547)	119,494
5	Adult Services	764,577	182,432	33,342	56,522		(67,777)	204,519				(131,628)	(131,628)	336,147
6	Path Grant	19,500		3,493				3,493					0	3,493
7	SAMHSA Grant	180,000		13,224				13,224				(79,574)	(79,574)	92,798
8	Mental Health Board	11,500		2,632				2,632					0	2,632
9	Business Services	624,295	152,555	8,266				160,822				36,559	36,559	124,263
11	AB109	135,197	34,567	4,000				38,567					0	38,567
12	Conservatorship	2,456,866	33,387	59,313	655,721			748,421				24,293	24,293	724,128
13	No Place Like Home Grant	0						0				56,913	56,913	(56,913)
14	QA/QI	450,568	106,434	28,482				134,916				199	199	134,717
a	Total YTD Expenditures & Revenue		918,483	350,540	4,884,766	0	(102,365)	6,051,425	(49,547)	317,204	154	(73,826)	193,985	5,857,440
b	FY 2019-2020 Adjusted Budget	739,867	3,428,458	1,614,189	18,643,357	0	40,045	23,726,049	6,178,965	4,180,046	10,300,498	3,754,322	24,413,831	(687,782)
c	Variance		2,509,975	1,263,649	13,758,591	0	142,410	17,674,624	6,228,512	3,862,842	10,300,344	3,828,148	24,219,846	(6,545,222)

Behavioral Health Recovery Services
Mental Health Services Act (MHSA) FY 2019-2020 Budget Summary
Year to Date as of October 31, 2019

Program	FY 19/20 Approved Budget	Salaries & Benefits	Services & Supplies	Other Charges	Fixed Assets	Operating Transfers	Total Expenditures	Revenue Prop 63	Other- Revenue	Total Net Cost
Community Services & Support	508,437	77,649	30,322			(12,710)	95,261		33,908	61,353
Prevention & Early Intervention	787,607	25,466	62,094				87,560		8,867	78,693
Innovation	1,232,820		13,354				13,354			13,354
Workforce Education & Training	160,000		30,480				30,480			30,480
Capital Facilities & Tech Needs	407,925		97,726				97,726			97,726
Total YTD Expenditures & Revenue		103,115	233,976	-	-	(12,710)	324,380	-	42,775	281,605
FY 2019-2020 Approved Budget	3,096,789	337,730	7,066,811	0	137,000	392,080	7,933,621	4,836,832	4,836,832	3,096,789
Variance		234,615	6,832,835	-	137,000	404,790	7,609,241	4,836,832	4,794,057	2,815,184

Prudent Reserve Balance **2,197,777**

WIC Section 5847 (a)(7) - Establishment & maintenance of a prudent reserve to ensure the county continues to be able to serve during years in which revenues for the Mental Health Services Fund are below recent averages adjusted by changes in the state population and the California Consumer Price Index.

Behavioral Health Recovery Services
SUDT FY 2019-2020 Budget Summary
Year to Date as of **October 31, 2019**

	Program	FY 19/20 Approved Budget	EXPENDITURES					Total Expenditures	REVENUE				Total Revenue	Total Net Cost
			Salaries & Benefits	Services and Supplies	Other Charges	Fixed Assets	Operating Transfers		SAPT Block Grant and FDMC	2011 Realign	Medi-Cal FFP	Other		
1	SUDT Overhead	0						0	(850,512)			10,556	(839,955)	839,955
2	County Wide Services	140,925		2,709				2,709					0	2,709
3	Drug Court Services	(1)	53,299	7,910			(2,906)	58,303					0	58,303
4	Ukiah Adult Treatment Services	(101)	177,414	30,127			(14,918)	192,624			(1,100)	5,291	4,191	188,433
5	Women In Need of Drug Free Opportunities	1	37,065	7,886			(5,144)	39,808					0	39,808
6	Family Drug Court	0	77,318	3,495			(8,486)	72,326					0	72,326
8	Friday Night Live	0		2,144				2,144					0	2,144
9	Willits Adult Services	0	40,145	608				40,753					0	40,753
10	Fort Bragg Adult Services	25,001	98,606	3,832			(1,934)	100,504				2,559	2,559	97,945
11	Administration	92,251	149,295	76,324			(6,014)	219,606				5,416	5,416	214,189
12	Adolescent Services	1	64,560	2,964				67,524					0	67,524
13	Prevention Services	0	41,089	30,860			(1,877)	70,072				6,101	6,101	63,971
a	Total YTD Expenditures & Revenue		738,792	168,860	0	0	(41,279)	866,373	(850,512)	0	(1,100)	29,924	(821,688)	1,688,061
b	FY 2019-2020 Budget	258,077	2,855,889	780,132	70,000	0	(814,850)	2,891,171	1,101,794	647,920	50,000	833,380	2,633,094	258,077
c	Variance		2,117,097	611,272	70,000	0	(773,571)	2,024,798	1,952,306	647,920	51,100	803,456	3,454,782	

Mental Health Treatment Act Citizen's Oversight Committee

Mendocino County Administration Center
501 Low Gap Road, Room 1010
Ukiah, CA 95482
707.463.4441

measureb@mendocinocounty.org



September 25, 2019 Minutes

AGENDA ITEM NO. 1 – CALL TO ORDER AND ROLL CALL (1:00 P.M.)

Committee Members Present: Mr. Thomas Allman; Dr. Ace Barash; Mr. Jed Diamond; Mr. Mark Mertle; Dr. Jenine Miller; Ms. Donna Moschetti; Ms. Jan McGourty; and Ms. Shannon Riley.

Committee Members Present via Telephone: Ms. Carmel J. Angelo.

Committee Members Absent: Mr. Ross Liberty and Mr. Lloyd Weer.

2. PUBLIC EXPRESSION

Presenter/s: Ms. Janelle Rau; and Ms. Josephine Silva.

3. COMMITTEE MATTERS

3a) Approval of Minutes of the August 28, 2019, Meeting

Presenter/s: Ms. Cassandra Borgna, Committee Clerk.

Public Comment: None.

Committee Action: Upon motion by Member Moschetti, seconded by Sheriff Allman, and carried unanimously, IT IS ORDERED that the Minutes of the August 28, 2019, meeting, are hereby approved.

3b) Discussion and Possible Action Regarding Update on Measure B Project Manager

Presenter/s: Member Angelo.

The Committee received an update on the recruitment of the Measure B Project Manager. Another recruitment has been completed. To date, Human Resources has received 25 applications. Human Resources will pull together the interview panel and schedule interviews. The process has not stopped nor has the Measure B work. The Committee needs a project manager - somebody to be responsible and accountable to this committee and to the board to move forward. Member Angelo also acknowledged the correspondence received by a member of the public, which was distributed to the Committee members and the five Board of Supervisors. Member Angelo further informed the Measure B Committee that based on the most recent salary action taken by the Board of Supervisors, the position was posted at \$80,000 a year, plus benefits. The position

today is \$83,907, and with benefits, the total package on this position is just under \$147,000. Next year, the salary for the Measure B Project Manager goes up to \$87,297. The full salary and benefit package next year will be just under \$153,000. The year after that, the salary increases to \$90,833, with the full package being slightly under \$159,000. Member Angelo is hopeful to have a Project Manager on board in November.

Public Comment: None.

Committee Action: No action taken.

3c) Discussion and Possible Action Regarding Update on Status of the Architect RFQ and Related Feasibility Study

Presenter/s: Ms. Janelle Rau, Deputy Chief Executive Officer, Executive Office.

Public Comment: None.

Ms. Rau gave a brief update on the RFP/RFQ process, which was issued on June 19, 2019. The deadline for submittals closed on August 16, 2019. There were four responses/proposals received by the County. The evaluation panel met and conducted a written evaluation on September 4, 2019. Some of the proposers were invited back for oral presentations on September 13, 2019. The panel is conducting background investigations and research on some of the related projects that the proposers have done. The panel anticipated a recommendation to the Board in October 2019; however, that date may be early November depending on the timeline for negotiation.

Committee Action: No action taken.

3d) Discussion and Possible Action Including Regarding Request for Qualification/Request for Interest in the Operations of the Proposed Crisis Residential Treatment (CRT) Facility, Crisis Stabilization Unit (CSU) and the Psychiatric Health Facility (PHF)

Presenter/s: Member Mark Mertle.

Public Comment: Mr. John Wetzler.

Member Mertle began the discussion by stating the need for preliminary analysis regarding potential services operators for the proposed facilities, prior to proceeding with design and construction. The Committee then discussed possible processes for moving forward including identifying a potential Scope of Work, and preparing a Request for Qualifications (RFQ)/Request for Interest (RFI), and the associated role of the Health and Human Services Agency (HHSA) in developing the scope of work. The Committee strongly endorsed the need to ensure that a company or organization would be available to operate any future facilities prior to proceeding with any facility construction.

Committee Action: Upon motion by Member Mertle, seconded by Sheriff Allman, and carried unanimously, IT IS ORDERED that the Mental Health Treatment Act Citizen's Oversight Committee approves a recommendation to the Mendocino County Board of Supervisors to approve the request for issuance of a Request for Qualification/Request for Interest in the operations of the proposed Crisis Residential Treatment Facility (CRT), Crisis Stabilization Unit (CSU) and the Psychiatric Health Facility (PHF)

3e) Discussion and Possible Action Regarding Further Options with Measure B Services
Presenter/s: Chair Barash.

Public Comment: Ms. Jo Bradley; and Ms. Mya Stewart.

Chair Barash advised the Committee that he brought this item in response to Mendocino County 2nd District Supervisor John McCowen's comments under Public Expression at the last Committee meeting on August 28, 2019. Supervisor McCowen had suggested that the Committee begin spending money for services that have been authorized and can be used immediately, rather than waiting for facilities to be built. The Committee had an open discussion on this topic, including the need to do an analysis of the services that are being provided and the Measure B budget.

Committee Action: None.

3f) Discussion and Possible Action Regarding Report from the Kemper Report Ad Hoc Committee

Presenter/s: Member McGourty.

Public Comment: None.

Member McGourty provided an update. The Ad Hoc has discussed creating a strategic plan. Member McGourty attended a Crisis Intervention Team (CIT) international conference and hopes to bring a speaker to Mendocino County. Member Miller advised that a decision will need to be made on who will be on an ad hoc committee for a strategic plan. Member Miller also advised she would like to see a Community Intervention Team be formed (versus Crisis). Member Moschetti confirmed that NAMI does not currently have a Crisis Intervention Team. Member Riley requested that more research be done regarding if a Cahoots model can be downscaled for a community our size. Member Miller will take these suggestions back to the Behavioral Health Advisory Board and report back to the Committee.

3g) Discussion and Possible Action Regarding the Allocation of no more than \$250,000 of Measure B Funds for Potential Improvements to the Regional Behavioral Health Training Facility

Presenter/s: Sheriff Allman.

Public Comment: Ms. Jo Bradley; and Ms. Mya Stewart.

Sheriff Allman advised the Committee that escrow on the Regional Behavioral Health Training Facility closed. There are improvements that need to be made to the training facility. The Sheriff was clear this discussion is not about the Sheriff substation. Improvements to the training facility include but are not limited to chairs being removed, carpet replacement, purchase of tables and chairs for the trainings, electronics, signage, and possible kitchen remodel.

Committee members discussed the improvements and the need to see an outline of what the allocated funds would be spent on and be certain the amount requested of \$250,000 is adequate. Committee members requested an ad hoc committee be established to make recommendations on the improvement plans and report to the Committee. Member Angelo advised of the possibility of holding up any improvements to the facility and suggested that a smaller amount of funds be allocated to begin with so that infrastructure improvements can begin.

Committee Action: Upon motion by Sheriff Allman, seconded by Member Barash, and carried unanimously, IT IS ORDERED that the Mental Health Treatment Act Citizen's Oversight Committee approve a recommendation to the Mendocino County Board of Supervisors to allocate up to \$50,000 of Measure B Funds to begin improvements to the Regional Behavioral Health Training Facility, with an additional amount up to \$200,000, for a total of \$250,000; and create an ad hoc committee to include Sheriff Allman and Member Miller to report back to the Committee regarding the improvement plans before expenditure.

3h) Discussion and Possible Direction Regarding the use of Measure B Funds to Acquire a Sound System to be used for the Mental Health Treatment Act Citizens Oversight Committee Meetings

Presenter/s: Janelle Rau, Deputy Chief Executive Officer, Executive Office.

Public Comment: None.

The Committee received a report by Janelle Rau, Deputy Chief Executive Officer, regarding the need for the Committee to hold ADA accessible meetings. This includes proper sound to ensure members of the community can hear the proceedings. The meetings are typically held in Conference Room C at the County Administration Center, which is not equipped with a sound system. Ms. Rau presented various sound system options prepared by County Information Services for the Committee to consider for purchase, particularly a wireless system that could allow the Committee to meet in any particular facility. This would also allow the Committee to livestream the meetings. Member McGourty suggested the Committee use the sound system owned by the Behavioral Health Advisory Board, however it could not be confirmed that their particular system would adequately accommodate the needs of this Committee.

Committee Action: Upon motion by Sheriff Allman, seconded by Member Moschetti, and carried (7/2/2) IT IS ORDERED that the Mental Health Treatment Act Citizen's Oversight Committee approve a recommendation to the Mendocino County Board of Supervisors to authorize the expenditure of up to \$35,000 of Measure B funds to acquire the wireless sound system specified by the County Information Services Division, with the recommendation that County Information Services find the most economical system suitable for the meeting needs. The motion carried by the following vote:

Aye: Sheriff Allman; Member Angelo; Member Barash; Member Diamond; Member Mertle; Member Miller; and Member Moschetti

No: Member McGourty and Member Riley

Absent: Member Liberty and Member Weer

Abstain: None

3i) Discussion and Possible Action Regarding the Allocation of No More than \$30,000 of Measure B Funds for Grant Writers

Presenter/s: Chair Barash.

Public Comment: None.

This item was recommended at the last Committee meeting. Member Barash brought the item forward at today's meeting to see it carried through. Measure B would benefit greatly by grant writer services. Comments were made by Member Mertle, Member Angelo, Member McGourty and Member Diamond. Member Angelo explained the County process with grant writers and contracts for their services. The Committee acknowledged the need to have funds allocated for these services and to ensure no grant opportunities are missed, it was recommended that Member Jenine Miller (County Mental Health Director) be authorized to administer the authorization of the grants.

Committee Action: Upon motion by Member Mertle, seconded by Member McGourty, and carried unanimously, IT IS ORDERED that the Mental Health Treatment Act Citizen's Oversight Committee approve a recommendation to the Mendocino County Board of Supervisors to allocate up to \$30,000 of Measure B funds for grant writers, and authorize the County Mental Health Director to administer the authorization of the grants.

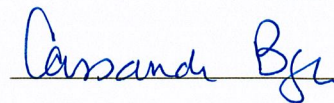
4. COMMITTEE MEMBER REPORTS**4a) Committee Member Reports Regarding Items of General Interest**

Public Comment: None.

5. ADJOURNMENT

THERE BEING NOTHING FURTHER, THE MENTAL HEALTH TREATMENT ACT CITIZENS OVERSIGHT COMMITTEE ADJOURNED AT 3:21 P.M.

Attest: CASSANDRA BORGNA
Committee Clerk



The Committee complies with ADA requirements and upon request, will attempt to reasonably accommodate individuals with disabilities by making meeting materials available in appropriate formats (pursuant to Government Code section 54953.2) Anyone requiring reasonable accommodation to participate in the meeting should contact the Committee clerk by calling (707) 463-4441 at least five days prior to the meeting.

Additional information regarding the Committee may be obtained by referencing: www.mendocinocounty.org/community/mental-health-oversight-committee

QI Work Plan - 3.D

Report - Appeals, Grievances, Change of Provider - September 2019

Provider Appeal (45 days)

Receipt Date	Provider Name	Reason	Results	Date Completed	Date Letter sent to Provider
Total	0				

Client Appeal (45 days)

Receipt Date	Provider Name	Reason	Results	Date Completed	Date Letter sent to Provider
Total	0				

Issue Resolutions (60 Days)

Receipt Date	Provider Name	Reason	Results	Date Completed	Date Letter sent to Provider
Total	0				

SUDT Grievance (60 Days)

Receipt Date	Provider Name	Reason	Results	Date Completed	Date Letter sent to Provider
Total	0				

Client Grievance (60 Days)

Receipt Date	Provider	Reason	Results	Date Completed	Date Letter sent to Client
9/11/2019	Restpadd	Beneficiary filed grievance stating that staff should not have contacted their payee.	Had an ROI signed by the beneficiary at the time giving them permission.	11/6/2019	11/6/2019
9/19/2019	RQMC Meds Management	Beneficiary filed a grievance due to staff failing to communicate with both the beneficiary and the front desk staff regarding appointments.	Investigation still in progress.	11/12/2019	11/12/2019
Total	2				

Client Request for Change of Provider (10 Business Days)

Receipt Date	Provider	Reason	Results	Date Completed	Date Letter sent to Client
9/11/2019	Restpadd	Beneficiary requesting a change to a larger facility.	No facility had availability.	9/23/2019	9/23/2019
9/12/2019	Restpadd	Beneficiary stated they did not like Restpadd and would like to be placed somewhere closer.	No facility had availability.	9/23/2019	9/23/2019
9/26/2019	Manzanita	Beneficiary requested to have another provider take over their behavioral health services.	Services transferred successfully.	10/8/2019	10/8/2019
9/26/2019	Restpadd	Beneficiary requested change of provider.	Unable to contact client and unable to send notification due to no return address or contact number.	9/30/2019	No valid mailing address, unable to contact
Total	4				

0 Provider Appeals
0 Client Appeals
0 Issue Resolutions (Completed)
0 SUDT Grievances (Completed)
2 Grievance (Completed)
4 Request for Change of Provider (Completed)

QI Work Plan - 3.D

Report - Appeals, Grievances, Change of Provider - September 2019

Provider Appeal (45 days)					
Receipt Date	Provider Name	Reason	Results	Date Completed	Date Letter sent to Provider
Total	0				

Client Appeal (45 days)					
Receipt Date	Provider Name	Reason	Results	Date Completed	Date Letter sent to Provider
Total	0				

Issue Resolutions (60 Days)					
Receipt Date	Provider Name	Reason	Results	Date Completed	Date Letter sent to Provider
Total	0				

SUDT Grievance (60 Days)					
Receipt Date	Provider Name	Reason	Results	Date Completed	Date Letter sent to Provider
Total	0				

Client Grievance (60 Days)					
Receipt Date	Provider	Reason	Results	Date Completed	Date Letter sent to Client
9/11/2019	Restpadd	Beneficiary filed grievance stating that staff should not have contacted their payee.	Placement administrator explained that incident occurred when the beneficiary had agreed to have his payee switched from being a family member. Staff had called the new payee to verify the change had been completed and had an ROI signed by the beneficiary at the time giving them permission.	11/6/2019	11/6/2019
9/19/2019	RQMC Meds Management	Beneficiary filed a grievance against the clinic due to staff failing to communicate with both the beneficiary and the front desk staff regarding appointments. Beneficiary states that due to miscommunication between staff members they were not given a reminder call regarding their appointment time and missed their medication appointment.	Investigation still in progress		
Total	2				

Client Request for Change of Provider (10 Business Days)					
Receipt Date	Provider	Reason	Results	Date Completed	Date Letter sent to Client
9/11/2019	Restpadd	Beneficiary requesting a change to a larger facility as they stated they have claustrophobia.	Beneficiary was discharged 9/4/2019. Additionally facility reported that they attempted a lateral transfer for beneficiary but no facilities had available space at that time.	9/23/2019	9/23/2019
9/12/2019	Restpadd	Beneficiary stated they did not like Placement and would like to be placed somewhere closer to South Ukiah such as UCSF or Windsor.	Contacted staff at Redwood Crisis Center who verified that the other acute psychiatric facilities did not have available beds for a lateral transfer at this time.	9/23/2019	9/23/2019
9/26/2019	Manzanita	Beneficiary requested to have MCAVHN take over their behavioral health services.	Services transferred successfully.	10/8/2019	10/8/2019
9/26/2019	Restpadd	Beneficiary requested change of provider as they stated staff acted strange with them. They stated they were not given enough food at the facility and that they facility was not cleaned enough.	Beneficiary was discharged 9/24/2019. Beneficiary refused services after discharge and gave no mailing address or number to contact them. Unable to contact client and unable to send notification and resolution letters.	9/30/2019	No valid mailing address, unable to contact
Total	4				

0 Provider Appeals
0 Client Appeals
0 Issue Resolutions (Completed)

0 SUDT Grievances (Completed)

1 Grievance (Completed)

4 Request for Change of Provider (Completed)

Behavioral Health Advisory Board Director's Report

November 2019

1. Board of Supervisors:

a. Recently passed items or presentations:

i. Mental Health:

1. None

ii. Substance Use Disorders Treatment:

1. None

b. Future BOS Items or Presentations:

i. Mental Health

1. Approval of Retroactive Agreement with California Department of Health Care Services to Ensure Security and privacy of Medi-Cal Personally Identifiable Information for the Period of September 1, 2019 through September 1, 2022
2. No Place Like Home Grant Application

ii. Substance Use Disorder Treatment:

1. None

2. Staffing Updates for October:

a. New Hires:

Mental Health: None

Substance Use Disorders Treatment: None

b. Promotions:

Mental Health: Staff Services Administrator

Substance Use Disorders Treatment: None

c. Departures:

Mental Health: Administrative Services Manager, Senior Department Analyst,

Substance Use Disorders Treatment: Substance Abuse Counselor II

3. Audits/Site Reviews:

a. Date occurred and report out of findings:

- i. Department of Healthcare Services Triennial Review – Received, reviewing Report

b. Upcoming/Scheduled:

- i. EQRO Site Visit – September 2019 – Waiting for Report
- c. Site Reviews
 - i. None.

4. Grievances/Appeals:

- a. Grievances: 2
- b. Second Opinion: 0
- c. Change of Provider Requests: 4
- d. Provider Appeals: 0
- e. Consumer Appeals: 0

5. Meetings of Interest:

- a. MHSA Three Year Planning Event December 3, 2019 10:30 am -12:00 pm Fort Bragg Library Community Room 499 East Laurel St., Fort Bragg; 3:30 pm- 5:00 pm Veterans Memorial Hall 293 Seminary Ave., Ukiah
- b. MHSA Forum/QIC Meeting December 4, 2019 12:00 pm - 2:00 pm, Action Network 200 Main St. Point Arena
- c. Cultural Diversity Committee Meeting December 11, 2019 12:30 pm - 2:20 pm Mendocino County Seaside Room 778 S. Franklin St., Fort Bragg
- d. Round Valley Indian Health Center Innovation Project Thankfulness Meal at Center for Healing Hearts with a tentative date of November 22, 2019
- e. Round Valley Indian Health Center Innovation Project Meeting and One Year Anniversary of the opening of the Center For Healing Hearts December 10, 2019

6. Grant Opportunities:

- a. None

7. Significant Projects/Brief Status:

- a. Assisted Outpatient Treatment (AOT): AB 1421/Laura's Law
- b. Melinda Driggers, AOT Coordinator, is accepting and triaging referrals:
 - i. Referrals to Date: 74
 - ii. Did not meet AOT Criteria: 70
 - iii. Currently in Investigation/Screening/Referral: 2
 - iv. Settlement Agreement/Full AOT: 2
 - v. Other (Pending Assessments to file Petition): 0

8. Educational Opportunities/Information:

- a. Cultural Diversity Committee Meeting: October 24, 2019 4:00pm – 6:00pm, Mendocino County Farm Advisory Building, 890 North Bush Street, Ukiah, CA 95482. The meeting will include a mini training on a cultural approach to Gang Prevention.

9. Mental Health Services Act (MHSA):

- a. MHSA Forum/QIC Meeting: December 4, 2019 12:00 pm - 2:00 pm, Action Network 200 Main St., Point Arena, CA 95468, Teleconferencing options TBD

10. Lanterman Petris Short Conservatorships (LPS):

- a. Number of individuals on LPS Conservatorships = 57

11. Substance Use Disorder Treatment Services:

- a. Number of Substance Use Disorder Treatment Clients Served in September, 2019
 - i. Total number of clients served = 85
 - ii. Total number of services provided = 417
 - iii. Fort Bragg: 15 clients served for a total of 52 services provided
 - iv. Ukiah: 65 clients served for a total of 335 services provided
 - v. Willits: 5 clients served for a total of 30 services provided

12. Contracts:

- a. None

13. Capital Facility Projects:

- a. Orchard Project
 - i. No Change: pending CHFFA Board Meeting 12/5/19 to re-designate Milestones and Measure B Contract Award.
- b. Willow Terrace Project
 - i. Vacancies filled through Coordinated Entry process as they come available.
 - ii. Some turnover in tenancy.



Report to the Behavioral Health Advisory Board

11/12/19

1. Staffing

Though staffing is an ongoing concern, agencies report relative stability and capacity in staffing at this time.

2. Audits

We have not yet received the results of the county chart audit

We still have not received the report from the DHCS chart audit which took place in January 2019.

Our meds management charts were the subject of a review by the county's consultant, and the results were very positive this month.

3. Meetings of Interest

RQMC continues to participate in the Child Welfare review of high need children placed in Short Term Residential Treatment Programs or in need of higher level of care. We also meet on a biweekly basis with Specialty Mental Health providers agencies, both youth and adult.

On November 13 and 14 we will be attending a conference on Transitions of Care for People with Addiction in Mendocino County, a Collaborative Provider Community Event.

Our Whole Person Care staff are attending a conference on November 14 and 15 in Memphis.

4. Grant opportunities

Nothing to report.

5. Significant Projects/brief status

We continue to participate in monitoring and supporting clients at Willow Terrace and Valley house, Gibson House, and Haven, as well as the Whole Person Care project.

6. Educational Opportunities

RQMC continues to provide various trainings to providers and representatives of service agencies. LPS

7. Conservatorships

RQMC currently has two conserved clients living at Haven House. There are two openings for female conserved clients there at this time, and two clients will be visiting and could move in very soon.

8. We continue to monitor client services provided through each of our contract agencies.

9. Medication Support Services

Dr. Cuyler Goodwin, began work on 11/4; he will be providing both face to face medication management, but also some tele-psychiatry services. Other providers include Larry Aguirre, Physician's Assistant, NP Cheri Heffel, and Dr. Segal, and injection nurse Sandra Lopez . Dr. Garratt will be reducing his hours, and will be providing services in Fort Bragg exclusively.

Tim Schraeder MFT



Redwood Quality Management Company (RQMC) is the Administrative Service Organization for Mendocino County-providing management and oversight of specialty mental health, community service and support, and prevention and early intervention services. The following data is reported by age range, along with a total for the system of care (either youth or adult) as well as the overall RQMC total. This will assist in interpreting how different demographics are accessing service, as well as assist in providing an overall picture of access and service by county contract (youth, young adult and adult). Our goal is to provide the Behavioral Health Advisory Board with meaningful data that will aid in your decision making and advocacy efforts while still providing a snapshot of the overall systems of care.

AGE OF PERSONS SERVED

		Children & Youth		Young Adult		Adult & Older Adult System			RQMC
		0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
Persons Admitted to...									
Outpatient Services Sept		38	23	5	5	24	30	1	
Total		61		10		55			126
Crisis Services Sept		6	20	8	7	40	54	5	
Total		26		15		99			140
Unduplicated Persons...									
Served in Sept		242	253	65	43	264	415	58	
Total		495		108		737			1,340
Unduplicated Persons...									
Served Fiscal Year to Date		305	328	102	70	362	534	85	
Total		633		172		981			1,786
Identified As (YTD)...									
Male		323		91		486			900
Female		307		77		491			875
Non-Binary and Transgender		3		4		4			11
White		336		94		776			1,206
Hispanic		151		37		62			250
American Indian		67		17		55			139
Asian		5		3		9			17
African American		18		13		18			49
Other/Undisclosed		56		8		61			125

YTD Persons by location...

Ukiah Area	1026
Willits Area	259
North County	59
Anderson Valley	15
North Coast	356
South Coast	27
OOC/OOS	44



AGE OF PERSONS SERVED

Children & Youth Young Adult Adult & Older Adult System RQMC

0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
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Total Number of...

Crisis Line Contacts Sept

	8	67	15	10	124	120	14	
Total	75		25		258			358

**There were 37 logged calls where age was not disclosed. Those have been added to the total.*

Crisis Line Contacts YTD

	11	138	57	41	372	312	44	
Total	149		98		728			975

by reason for call YTD...

Increase in Symptoms	337
Phone Support	231
Information Only	81
Suicidal ideation/Threat	180
Self-Injurious Behavior	15
Access to Services	92
Aggression towards Others	13
Resources/Linkages	26

Sept Calls from Law Enforcement to Crisis

TOTAL: 41		
MCSO:10	CHP: 0	WPD: 0
FBPD: 2	Jail: 19	UPD: 10

by time of day YTD...

08:00am-05:00pm	667
05:00pm-08:00am	308

YTD Calls from Law Enforcement to Crisis

TOTAL: 109		
MCSO: 28	CHP: 0	WPD: 3
FBPD: 9	Jail: 48	UPD: 21

Total Number of...

Emergency Crisis Assessments Sept

	7	47	12	10	66	79	10	
Total	54		22		155			231

Emergency Crisis Assessments YTD

	9	109	50	39	184	201	38	
Total	118		89		423			630

YTD by location...

Ukiah Valley Medical Center	260
Crisis Center-Walk Ins	156
Mendocino Coast District Hospital	74
Howard Memorial Hospital	79
Jail	34
Juvenile Hall	23
Schools	1
Community	3
FQHCs	0

YTD by insurance...

Medi-Cal/Partnership	441
Private	77
Medi/Medi	44
Medicare	33
Indigent	27
Consolidated	0
Private/Medi-Cal	2
VA	6



AGE OF PERSONS SERVED

Children & Youth *Young Adult* *Adult & Older Adult System* *RQMC*

0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
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Total Number of...

Inpatient Hospitalizations Sept	0	7	5	4	16	13	2	
Total	7	9	31					47

Inpatient Hospitalizations YTD	1	24	13	14	57	43	5	
Total	25	27	105					157

ReHospitalization within 30 days	Youth	Adult	0-2 days in the Hospital	Admits	% of total Admits
Sept	2	1	Sept	4	8.5%
YTD	6	10	YTD	13	8.3%

Days in the ER	0	1	2	3	4	5+	Unk
Sept	8	23	10	1	1		4
YTD	31	77	30	7	1	0	11
..by Hospital	0	1	2	3	4	5+	
AHUV	5	18	7	1	1	0	
Howard	3	3	1	0	0	0	
MCDH	0	2	2	0	0	0	

At Discharge	Discharged to Mendocino		Follow up Crisis Appt		Declined follow up Crisis appt	
Payor	Sept	YTD	Sept	YTD	Sept	YTD
Mendo Medi-cal	29	97	25	86	3	10
Indigent	1	9	1	8	0	1
Other Payor	3	11	2	5	0	5
YTD hospitalizations where discharge was out of county or unknown:						17
YTD number who declined a follow up appt:						16

Number of hospitalization	1	2	3	4	5	6+
YTD Number of unduplicated clients	126	10	2	0	1	0



YTD hospitalizations by location...	
Aurora- Santa Rosa**	21
Restpadd Redding/RedBluff**	51
St. Helena Napa/ Vallejo**	54
Sierra Vista Sacramento**	0
John Muir Walnut Creek**	0
San Jose BH**	0
St Marys San Francisco**	2
Marin General**	4
Heritage Oaks Sacramento**	5
VA: Sacramento / PaloAlto / Fairfield / San Francisco	0
Other**	20

YTD hospitalizations by criteria...	
Danger to Self	76
Gravely Disabled	52
Danger to Others	1
Combination	28

Total Number of...

Full Service Partners Sept	Youth	TAY	Adult	BHC	Elder	Outreach	
<i>Total</i>	0	24	77	4	10	3	118

Total Number of...

Full Service Partners YTD	Youth	TAY	Adult	BHC	Elder	Outreach	
<i>Total</i>	0	25	80	4	18	17	144

Contract Usage	Budgeted	YTD
Medi-Cal (60% FFP)	\$14,735,000.00	\$4,423,874.00
MHSA	\$1,786,450.00	\$360,808.00
ReAlignment	\$718,672.00	\$249,725.00
Medication Management	\$1,100,000.00	\$335,537.00

Estimated Expected FFP	Sept	YTD
Expected FFP	\$729,926.00	\$2,654,324.40



Services Provided						
Whole System of Care	Sept	Sept	Sept	YTD	YTD	YTD
Count of Services Provided	Youth	Y Adult	Adults	Youth	Y Adults	Adults
*Assessment	116	17	188	319	88	673
*Case Management	286	169	953	879	510	2920
*Collateral	140	2	4	473	17	10
*Crisis	53	19	229	156	117	633
*Family Therapy	140	2	1	465	8	7
*TFC	24			129		
*Group Therapy	0	0		1	1	
*Group Rehab	371	25	41	1506	74	152
*ICC	426			1379	25	
*Individual Rehab	417	98	464	1277	355	1348
*Individual Therapy	678	140	370	1862	383	1112
*IHBS	168			525	4	
*Psychiatric Services	30	27	333	149	93	986
*Plan Development	82	12	109	235	51	363
*TBS	4			29		
Total	2935	511	2692	9384	1,726	8,204
No Show Rate	7.9%			8.9%		
Average Cost Per Beneficiary	\$1,091	\$832	\$763	\$2,620	\$2,257	\$1,783

Count of Services by Area	Sept	Sept	Sept	YTD	YTD	YTD
	Youth	Y Adult	Adults	Youth	Y Adults	Adults
Anderson Valley	1	1		13	1	
South Coast	0	3		0	3	
North Coast	202	28	553	566	163	1,724
North County	111			235		
Ukiah	2,114	470	2,075	7,136	1,525	6,287
Willits	507	9	62	1,434	34	193

Meds Management	Sept	Sept	Sept	YTD	YTD	YTD
	Youth	Y Adult	Adults	Youth	Y Adults	Adults
Ukiah Unduplicated Clients	38	19	238	94	46	411
Fort Bragg Unduplicated Clients	1	6	67	5	11	132
Ukiah Services	58	33	367	238	115	1122
Fort Bragg Services	1	12	106	6	28	338



2019/2020 Trends and Year to Year Comparison

YTD Persons by location...	Count	%
Ukiah Area	1026	57%
Willits Area	259	15%
North County	59	3%
Anderson Valley	15	1%
North Coast	356	20%
South Coast	27	2%
OOC/OOS	44	2%

