MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

REGULAR MEETING MINUTES

June 19, 2019
10:00 a.m. to 2:00 p.m.

Yuki Trails Conference Room
23000 Henderson Road, Covelo

Chairperson
Jan McGourty

Vice Chair
Emily Strachan

Secretary
Dina Ortiz

Treasurer
Flinda Behringer

BOS Supervisor
Carre Brown

1ST DISTRICT:	2ND DISTRICT:	3RD DISTRICT:	4TH DISTRICT:	5TH DISTRICT:
DENISE GORNY	DINA ORTIZ	MEEKA FERRETTA	EMILY STRACHAN	PATRICK PEKIN
JAN MCGOURTY	MICHELLE RICH	AMY BUCKINGHAM	TAMMY LOWE	MARTIN MARTINEZ
LOIS LOCKART	SERGIO FUENTES	RICHARD TOWLE	LYNN FINLEY	FLINDA BEHRINGER

OUR MISSION: *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

Item	Agenda Item / Description	Action
1. **5 minutes**	**Call to Order, Roll Call & Quorum Notice, Approve Agenda:** • Meeting called to order by Vice Chair Strachan at 10:18. • Quorum met. • Agenda approved as written. • Members present: Behringer, Ferretta, Finley, Fuentes, Gorny, Martinez, Ortiz, Strachan, and Towle.	**Board Action:** Motion was made by Member Gorny, seconded by Member Fuentes to approve the agenda as written. Motion passed unanimously.
2. **10 minutes**	**Minutes of the May 15, 2019 BHAB Regular Meeting:** *Review and possible board action* A. Discussion of Item 1.D, Supervisor McCowen was only at the May 15, 2019 meeting briefly to discuss Item 8. B, Annual Report to BOS. Member Towle thought it should be noted that Supervisor McCowen did not attend the whole meeting. B. Administrative Secretary Peckham will make the adjustment to the May 15, 2019 minutes. C. Minutes were approved with the noted correction.	**Board Action:** Motion made by Member Towle, seconded by Member Gorny to approve the May 15, 2019 minutes with the noted correction. Motion passed unanimously.
3. **15 minutes (Maximum)**	**Public Comments:** *Members of the public wishing to make comments to the BHAB will be recognized at this time.* A. Vice Chair Strachan commented that although Sheriff Allman would be in Covelo for his Town Hall meeting, he would not be attending the BHAB meeting. I. Chair McGourty not being able to attend this meeting, asked through Vice Chair Stratchan if the board would	

	consider giving the Sheriff a Thank You Card for his participation and support of the CIT Training. B. Josephine Silva commented on the homeless camp that was being removed on Airport Blvd. in Ukiah. She was wondering if there are any mental health services being offered to the people in the camp. I. Camille Schraeder from Redwood Quality Management Company (RQMC) stated there are all kinds of services happening for the people in the camp. Most of the people are connected to some kind of services. Crisis staff have been checking in weekly with people in the camp. Social Services, BHRS Mental Health, RQMC and the Veteran's Office have tried to connect as many as possible to services/support before they were evicted.	
4. **20 minutes**	**BHAB Reports:** *Discussion and possible board action.* A. BOS Report – No BOS Supervisor in attendance. B. Vice Chair – *Emily Strachan* I. Discussion of the report from Chair McGourty regarding the Oversight and Accountability Commission (OAC) meeting she attended and the upcoming possible changes in how the Mental Health Services Act (MHSA) funding will be used. Chair McGourty expressed concern about the allocation of MHSA funding for the future. II. Ms. Schraeder commented that NAMI and Peer Support Groups need to get on lobbying with the State Senate to have the MHSA funding stay for community providers, not be for private provider funding. C. Secretary- No report at this time. D. Treasurer- The BHAB budget for 2019/2020 is included with the Agenda Packet. I. Discussion of Chair McGourty and other members getting their mileage and travel expenses reimbursed when they are traveling on BHAB business. II. Members voted to include travel to and from BHAB meetings and any travel on BHAB business for reimbursement.	**Board Action:** Motion made by Vice Chair Strachan, seconded by Member Gorny to reimburse BHAB members for their mileage and travel expenses when traveling on BHAB business. Motion passed unanimously.
5. **25 minutes**	**Committee Reports:** A. Flow Chart Committee: *(Vice Chair Strachan and Member Pekin)* I. Dustin Thompson, BHRS is working on the Flow Charts, there are no updates on the charts at this time.	Board Action

II. BHRS Director Miller stated Ben Anderson from Mendocino Community Health Clinic (MCHC) e-mailed to provide some information on appointment referrals and some changes for the Flow Chart.

III. Vice Chair Strachan said Member Pekin is wanting to start planning the Committee's next project. He is talking about reaching out to the community about services being offered.

B. Dual Diagnosis Committee: *(Secretary Ortiz)*

I. Secretary Ortiz is working on the Dual Diagnosis report, she is looking at facilities that offer dual diagnosis treatment. Most of them are private pay and expensive. To development and maintain a treatment facility in Mendocino County would be difficult, especially to maintain the level of qualified staff required.

a. Secretary Ortiz is looked at the definition of Dual Diagnosis. It is defined as; substance dependency and mental illness with both problems treated at the same time.

II. Discussion of how dual diagnosis is treated, whether it is treated by the same clinician or separated to mental health and substance use disorder treatments.

a. BHRS Director Miller stated it depends on the psychiatrist whether they want to In Mendocino County if the client has Medi-Cal and the primary diagnosis is mental health the provider can provide treatment for both diagnosis. If substance use disorder is the primary diagnosis two providers are required. The Arbor provides dual diagnosis treatment for the Transitional Age Youth (TAY) population. Manzanita provides educational dual diagnosis groups for the adult population.

b. Ms. Schraeder described the way RQMC and RCS/Crisis handle dual diagnosis treatment. She said the clinical staff had training last year for diagnosing dual diagnosis.

C. Site Visit Committee: *(Chair McGourty, Members Rich, Towle, Behringer, Fuentes, and Martinez)*

I. Jail Visit Report:

a. Chair McGourty, Members Martinez, Towle, and Fuentes met with Capt. Timothy Pearce at the Jail.

b. Member Martinez commented that Capt. Pearce stated their computer system is so old that they don't have access to documentation reports. They are working on a new system.

c. The BHAB members went on a tour of the jail and medical unit. They looked at the pharmacy, medication is ordered from a company in Kentucky. They do have tele-psychiatry for inmates that are diagnosis as having a mental illness.

d. Member Martinez is working on getting tribal behavioral health services in the jail, maybe in the form of tele-psychiatry.
e. The members have another meeting with Capt. Pearce on July 8th to talk to the Naphcare medical staff to see what behavioral health services they provide. Members invited BHRS Director Miller to join them in the meeting. She is planning to go to the meeting.
f. Discussion of if an inmate is not diagnosed prior to being placed in custody as mentally ill, can they get diagnosed in jail. BHRS Director Miller wants to meet with Naphcare to see what they do if an inmate exhibits symptoms of mental illness. She wants to find out if the inmates are assessed and start treatment as needed, including medication.
    i. Member Fuentes stated Naphcare has two psychiatrists on their staff.
    ii. Member Ferretta commented regarding someone she knows that has been in custody and is not getting assessed at the jail. She said it's pretty apparent that the person is having mental illness related issues. BHRS Director Miller will follow up with Naphcare and see what's happening with the person.
g. Member Towle sent the following questions to Capt. Pearce after their meeting:
    i. Did any of your corrections staff attend the recent Crisis Intervention Training (CIT) classes?
    Yes. All of our staff will go through CIT.
    ii. Did they find the class worthwhile?
    Yes. Everyone of them really enjoyed the class.
    iii. Have they had opportunities to successfully apply what they learned?
    They have daily encounters that require the use of the training.
h. Discussion of what 1368 and 1370 court orders are. BHRS Director Miller explained the difference and the hope that the order for forced medication will be processed by the court at the same time people are placed on 1368 or 1370 so they are not sitting in jail waiting for restoration to competency treatment. Some people are restored to competency by being on medication.

D. Housing Committee: *(Members Gorny and Lockart)*
    I. Member Gorny stated she has been attending several housing committee meetings. She will follow up with Member Lockart to attend some meetings also.

	II. Member Gorny thinks there is progress being made to get more housing for the developmentally delayed, mentally ill, and homeless people. III. She is excited about the way Mendocino County is moving forward with getting more housing in the County. E. Employment Committee: *(Member Rich)* I. Member Rich was unavailable at this time. F. Contract Committee: *(Members Towle, Fuentes, McGourty, Finely and possibly Buckingham)* I. No contracts reviewed at this time. G. Appreciation Committee: *(Members Towle and Martinez)* I. BHRS Director Miller commented that she had discussed with Chair McGourty getting cards for several people. a. Retirement Card for Joy Kinion, she has worked Forty (40) years for County Mental Health, most recently as a Mobile Outreach Prevention Services (MOPS) team member. b. Thank You Card for Sheriff Allman for his help, participation, and support in getting the CIT Training going. c. Thinking of You Card for Jim Shaw, former BHAB Chair/Member. d. Thinking of You Card for Cathy Harpe, former BHAB Treasurer/Member. e. Sympathy Card for Trish Guntly for the passing of her wife, Linda Thompson, retired Public Defender.	
6. **20 minutes**	**Mendocino County Report:** *Jenine Miller, BHRS Director* A. Director Report: I. There will be a Native American Cultural Competency Training Thursday, June 20, 2019. II. Administrative Secretary Peckham will resend the flier out to BHAB members. B. Stepping Up: I. A Letter of Support for the County's application for the Justice and Mental Health Collaboration Program Grant was requested by Ellie Crawford who is coordinating the grant. Chair McGourty wrote a draft letter of support for the grant for the members to review, suggest changes, and approve to be sent to Ms. Crawford by BHRS. II. A motion was made to approve the letter of support, it passed unanimously. C. Measure B: I. There wasn't a Measure B meeting in June. Chair McGourty and BHRS Director Miller are on the Measure B Ad Hoc Kemper Report Committee they have met and have some recommendations for the Measure B Committee regarding follow up from Lee Kemper's recommendations. The Ad Hoc Committee	**Board Action:** Motion was made by Member Towle, seconded by Treasurer Behringer to approve the letter of support for the Justice and Mental Health Collaboration Program Grant. Motion passed unanimously.

	recommendations will be on the Measure B Committee agenda for July. II. The RFP/RFQ for Measure B has not been released yet, but should be out soon.	
7. **20 minutes**	**RQMC Report:** A. Data Dashboard: I. Ms. Schraeder reviewed the Data Dashboard numbers. B. Offices Moved: I. The RCS Ukiah Crisis Office has move to 780 S. Dora Street. All phone numbers remain the same. II. The RQMC Office has moved across the parking lot to 350 E. Gobbi St. Suite A, in Ukiah. All phone numbers and the P.O. Box address will remain the same. C. Willow Terrace: I. RCS, Manzanita, and County Behavioral Health are providing services/support for clients as they move into their new apartments. D. Ms. Schraeder commented RQMC is in the middle of three audits. E. They are adding more documentation of service to provider contracts. Mostly for the adult providers. F. RCS is looking at using a pilot project for dual diagnosis with the Transitional Age Youth (TAY) population at The Arbor. G. Ms. Schrader commented they did not get the first psychiatrist they interviewed, but interviewed a second psychiatrist, the interviewing team liked her and are proceeding to hire her. H. Member Ferretta asked about the Release of Information (ROI) Whole Person Care uses, and the part about clients having to sign for HUD housing to get their mental health records. She didn't thing they should have access to medical information. Member Ferretta asked if the client would not get services if they did not sign for HUD getting information. I. Ms. Schraeder stated that could happen. She would like for Megan Van Sant and Becky Wilson to talk to BHAB members regarding Whole Person Care and how the ROI works. I. Member Martinez asked how many staff are at Willow Terrace. I. Ms. Schraeder said the County has staff on site seven days a week, providers are there during the week to work with their clients. J. Ms. Schraeder announced as of August 2019, Dr. Garratt will not be coming inland to provide services, he will continue to provide services on the coast. Dr. Garratt and Dr. Timme will interview the prospective new psychiatrist before they are hired. K. Member Martinez asked if RQMC/RCS has any positions open.	Board Action:

	I. Ms. Schraeder said they have several.	
8. **30 minutes**	**No Place Like Home Grant Presentation:** *Mike Kennedy presenting* A. Mike Kennedy gave some background information on himself as to where he's worked and what kind of positions he's held. He stated he's contracted with the County to work on the No Place Like Grant (NPLH) and to work with Ellie Crawford, HHSA Department Analyst, on the Justice and Mental Health Collaboration Program Grant. I. Mr. Kennedy gave some background on where and how the Mental Health Services Act started and where the funding comes from. II. The funding for the NPLH Grant is coming out of MHSA funding. III. The NPLH Grant's purpose is to provide permanent housing for people who are homeless, chronic homelessness, or who are at risk of chronic homelessness and are in need of mental health services. IV. Mr. Kennedy is currently working on the non-competitive part of the grant once the first part is awarded the County can then apply for a larger block of money in a competitive grant. The competitive grant would be small counties competing with like size counties. a. Once the non-competitive grant is awarded the County has thirty months to get purposed projects into the State. BHRS Director Miller commented that this part of the project would be the same as what the County has done in the past. b. Any housing projects would take one to two years to get going. The County or any developers partnering with the County on the project would have to figure out how to leverage services and documentation of mental health services would have to be connected to the grant. The County would need to work with cities and look for tax credits to make it work. V. Mr. Kennedy will send his draft of the grant to BHAB members to review. **Break for lunch 12:31 Reconvened at 1:06**	
LUNCH BREAK **12:30 to 1:00**		
9. **30 minutes**	**Round Valley Innovation Project Update:** *Gerrilyn Reeves presenting* A. At Gerrilyn Reeves', Project Manager for Round Valley Crisis Response Innovation Project, request Acting Deputy Director Karen Lovato reviewed the background for how the Round Valley Innovation Project came to being, and	

how the project was made innovative enough to be approved by the State Oversight and Accountability Commission (OAC).

I. About five to six years ago the County did an outreach effort to get input from communities in the county to see what their specific needs were. The suggestions/ideas were narrowed down to three, none which were innovative enough to meet the OAC guidelines. The County then looked at how the ideas could be approached in a unique way. With some help/support from OAC, the County decided to work with the Round Valley Tribal Health to get an Innovation Project going. The project started going forward with a collaboration between Round Valley Tribal Health and the County in 2018.

II. Ms. Reeves commented that in Indian country they are very connected to family and that most of the people living in Round Valley are related. She lives in Ukiah now, but works as the manager for the Center of Healing Hearts.
   a. Round Valley Tribal Health had a contest to find a name for the facility, Center of Healing Hearts was the winning name. The Center of Healing Hearts started November of 2018.

III. The highest number of clients in one month so far has been nineteen which for a small community like Round Valley is a pretty high number. They have started some classes going and are working on getting more set up.

IV. June 18, 2019 the Round Valley Tribal Health Board approved hiring two assistants to work at the Center of Healing Hearts.

V. The community wants suicide prevention training as a high priority.

VI. They have had difficulty in defining trust.
   a. One definition is trust in the board and recognizing there are different levels of trust.
   b. They recognize that trust happens with time, the community is learning to trust Ms. Reeves and so more community members are starting to attend meetings.

VII. They are still working on defining crisis. There are some that have a disinterest in calling the Center for Healing Hearts a crisis center.

VIII. Ms. Reeves worked on getting policies written and approved. The policies were approved by the Board in April 2019.

IX. They have been trying to get more stakeholder participation and having the stakeholders buy in to the importance of them attending meetings.

X. Ms. Reeves is still working on meeting the set time lines for reporting and data collection. She stated the

	community is overburdened by surveys, so they didn't want to do more surveys as they wouldn't be sure they would get accurate information. She stated they will have to get out in the community and have conversations with the community members. XI. Ms. Reeves feels they are moving forward at a good rate and direction. XII. The Center for Healing Hearts did Sobriety of Life Event and offered information to the public on mental health and substance use treatment. Ms. Reeves feels training is important. XIII. Ms. Reeves stated the center is providing twenty-four hour coverage, strengthening outside ties to the community with other tribes and providers, adding group education classes, and moving away from historical trauma. XIV. Treasurer Behringer asked Ms. Reeves, "What do you think people think about what you are doing?" a. Ms. Reeves responded, there are people that still wonder what they are doing at the center, so she needs more outreach in the community. She also gets people that come back again. She feels pretty good about how things are going. Her goal is to do a better job of getting or information out to the community. XV. Member Ferretta asked which board approved who to hire. a. Ms. Reeves responded Round Valley Tribal Health. XVI. Discussion of using story telling as a way to do the center's survey, it could also be a genetic study. XVII. Secretary Ortiz thanked Ms. Reeves for providing one of the most honest presentations she has seen. She asked about suicide prevention. a. Ms. Reeves said that is something they will be working on. XVIII. Member Fuentes commented that looking at the handout the demographics they are hitting is a pretty wide range of people.	
10. **25 minutes**	**Mental Health Services Act (MHSA) Three-Year Plan 2019/2020 Annual Update:** *Review, Discussion, and Recommendations* A. Acting Deputy Director Karen Lovato stated the MHSA Three-Year Plan Annual Update for 2019/2020 is the second one of this plan. Since the 2018/2019 Annual Update was changed so many times and recently, the 2019/2020 Annual Update will be very similar. I. Most of the updates made were in program descriptions and the target numbers were updated. II. Discussion of the current plan for the reversion plan funding, if the reversion plan is not approved the funding	Board Action:

	will be redirected to the Innovation Project in Round Valley. III. Ms. Lovato explained the reasons for the different categories within the MHSA funding and what the categories are to fund. IV. BHRS Director Miller explained the Workforce and Education Training (WET) funds and what they can be used for. The State takes a percentage of the funds off the top (before the funds come to the County). V. Ms. Lovato explained the Prudent Reserve funds, how they accumulated, and how/when they can be used. At this time the County has approximatelytwo million set aside, but it has to be spent down to about one million. The funds will be used in the allocation of funds in the next MHSA Three-Year Plan. VI. Discussion of how the funding for programs in the next MHSA Three-Year Plan will be awarded. VII. Ms. Lovato will fix any typos in the numbering, members can e-mail her with suggestions or corrections.	
11. **5 minutes**	**Adjournment:** Meeting adjourned by Vice Chair Stratchan at 2:05. **Next meeting:** July 17, 2019 - Fort Bragg and Ukiah	

AMERICANS WITH DISABLITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

Emily Strachan, Vice Chair — Date 8/21/19

Carolyn Peckham, BHRS Administrative Secretary — Date 9/11/19

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