



MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

REGULAR MEETING MINUTES

May 15, 2019
10:00 a.m. to 2:00 p.m.

Farm Advisory Building Conference Room, 890 N. Bush St., Ukiah and
Seaside Room, 778 S. Franklin St., Fort Bragg
by video conferencing

Chairperson
Jan McGourty

Vice Chair
Emily Strachan

Secretary
Dina Ortiz

Treasurer
Flinda Behringer

BOS Supervisor
Carre Brown

1ST DISTRICT:
DENISE GORNY
JAN MCGOURTY
LOIS LOCKART

2ND DISTRICT:
DINA ORTIZ
MICHELLE RICH
SERGIO FUENTES

3RD DISTRICT:
MEEKA FERRETTA
AMY BUCKINGHAM
RICHARD TOWLE

4TH DISTRICT:
EMILY STRACHAN
TAMMY LOWE
LYNN FINLEY

5TH DISTRICT:
PATRICK PEKIN
MARTIN MARTINEZ
FLINDA BEHRINGER

OUR MISSION: *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

Item	Agenda Item / Description	Action
1. 5 minutes	Call to Order, Roll Call & Quorum Notice, Approve Agenda: A. Meeting called to order by Chair McGourty at 10:10 B. Roll called by Vice Chair Strachan C. Quorum met D. Members present: Behringer, Buckingham, Ferretta, Fuentes, Lockart, Martinez, McGourty, Pekin, Strachan, Towle, and Supervisor Brown. E. Supervisor McCowen briefly attended to discuss Item 8. B on the agenda.	Board Action:
2. 10 minutes	Minutes of the April 17, 2019 BHAB Regular Meeting: Review and possible board action A. Member Buckingham commented she thought the May 15, 2019 meeting would be devoted to reviewing the Request for Proposal (RFP) for the building of facilities for Measure B. B. The RFP is not written yet, so not available to review. C. The minutes for April 17, 2019 were approved with correction of typo on page 2 item 3.A-VII correct UCFS to UCSF.	Board Action: Motion made by Member Towle, seconded by Member Martinez to approve the April 17, 2019 minutes as written with a correction of typo. Motion passed unanimously.
3. 15 minutes (Maximum)	Public Comments: <i>Members of the public wishing to make comments to the BHAB will be recognized at this time.</i> A. There was no public comment at this time.	

<p>4. 25 minutes</p>	<p>BHAB Reports: <i>Discussion and possible board action.</i></p> <p>A. BOS Report - <i>Supervisor Brown</i></p> <ul style="list-style-type: none"> I. Supervisor Brown will not be able to attend the June 19, 2019 BHAB meeting in Covelo, she will ask Supervisor Haschak if he could attend. II. Supervisor Brown commented on the Stepping Up Forum held May 8th in Ukiah and May 9th in Fort Bragg. She thought there was good information given. III. Supervisor Brown stated BOS signed a proclamation for May is Mental Health Month; BHRS Director Miller gave a wonderful report on Mental Health at BOS. Including information on the continuing problem of stigma. IV. Supervisor Brown commented on Willow Terrace's Grand Opening and that clients will be moving in soon. <p>B. Chair – <i>Jan McGourty</i></p> <ul style="list-style-type: none"> I. Willow Terrace Grand Opening: <ul style="list-style-type: none"> a. Chair McGourty attended the Willow Terrace Grand Opening, she said it was wonderful. b. BHRS Director Miller commented the move in dates for clients is now June 3, 4, and 5, 2019. II. Measure B: <ul style="list-style-type: none"> a. There was no Measure B meeting in April, so there are no minutes to include. b. There is an Ad Hoc Committee to review the Kemper Report; they will be meeting later today (May 15, 2019). III. Stepping Up: <ul style="list-style-type: none"> a. Chair McGourty stated the Stepping Up Forums were amazing. She thanked Members Pekin, Towle, Lockart, and Vice Chair Strachan for attending. b. Chair McGourty stated the Stepping Up Forums were spearheaded by CEO Carmel Angelo. CEO Angelo attended a Council of State Governments Meeting and met Elizabeth Siggins, Council of State Governments Justice Center, and Farrah McDaid Ting, California State Association of Counties. Ms. Siggins and Ms. McDaid Ting agreed to come to Mendocino County and speak regarding Stepping Up. c. There were speakers from NAMI, representatives from the families of mentally ill people and peers that spoke about their experiences. <ul style="list-style-type: none"> i. Member Towle and Vice Chair Strachan were impressed by the speakers especially the peers. d. Vice Chair Strachan commented on the much lower number of people attending on the Coast. IV. New BHAB Member Welcome: <ul style="list-style-type: none"> a. Chair McGourty introduced the new BHAB Member Sergio Fuentes representing District 2. Member Fuentes was sworn in by Supervisor Brown. He was 	<p>Board Action:</p>
---------------------------------	--	----------------------

	<p>appointed to BHAB May 7, 2019.</p> <p>C. Secretary:</p> <p>I. No report.</p> <p>D. Treasurer:</p> <p>I. Chair McGourty asked if Treasurer Behringer received the BHAB budget for fiscal year 2019/2020. She had not received.</p> <p>a. BHRS Director Miller commented the new budget will be the same as fiscal year 2018/2019. It will be in next month's agenda packet.</p>	
<p>5. 30 minutes</p>	<p>Committee Reports:</p> <p>A. Flow Chart Committee: <i>(Vice Chair Strachan and Member Pekin)</i></p> <p>I. Discussion of how the Flow Charts look and what information is or is not on them.</p> <p>II. The Willits Flow Chart is pretty much complete. The Ukiah and Fort Bragg are drafts; the information on the back has not been updated yet.</p> <p>a. Member Pekin asked that the Parents and Friends organization be listed on the Fort Bragg chart under "Do you need case management".</p> <p>b. Discussion of adding Redwood Coast Regional Center (RCRC) to all of the charts. RCRC information will be added under "Additional Services (non-mental health)". Dustin Thompson will add a box for RCRC, Parents and Friends, and Senior Peer Counseling.</p> <p>c. Member Buckingham commented the phone number for the hospital in Fort Bragg is wrong. Mr. Thompson will make the corrections.</p> <p>III. Discussion of creating a Flow Chart for the South Coast, Covelo, Anderson Valley, and North County.</p> <p>IV. Willits Flow Chart - Discussion of corrections, Member Buckingham commented on adding Suboxone treatment services at Little Lake Clinic and Redwood Medical Clinic in Willits.</p> <p>a. Discussion of where the Flow Charts can be located for people to pick up. Member Buckingham commented there is a federal law stating no materials regarding insurance can be in emergency waiting rooms. The Flow Charts can be placed in other locations in the hospitals.</p> <p>V. Ukiah Flow Chart - NAMI information needs to be added to all charts.</p> <p>a. Discussion of what services/programs that NAMI offers.</p> <p>b. Mr. Thompson will "play around" with the adding a box to the charts for NAMI. He will send the new draft to the Flow Chart Committee for review.</p> <p>c. Member Lockart suggested a box labeled other</p>	<p>Board Action:</p> <p>Mr. Thompson will continue to work on the Flow Charts and send the drafts to the Flow Chart Committee for review.</p>

	<p>services.</p> <ul style="list-style-type: none"> d. Discussion of adding Arbor and Consolidated Tribal Health under Substance Use Disorder Treatment. e. Discussion of defining family support and peer support. Vice Chair Strachan commented that the goal is to keep the Flow Charts simple. <p>VI. Member Buckingham stated it takes weeks for a client to get an appointment with any of the clinics. She asked if there was any outreach to the clinics to reserve one day a week for mental health clients to get in quickly. She thinks the clinics would be open and receptive to holding a space for mental health clients.</p> <ul style="list-style-type: none"> a. Chair McGourty stated the Site Visit Committee will be visiting the clinics in the County and wanted to know if they should take the flow charts to the clinic and ask them about holding a space for mental health clients. <p>VII. Discussion of how clients seeking refill medications coming to the emergency room instead of their primary care doctor are handled.</p> <p>VIII. On the Flow Charts it will be noted that clinics can take any insurance.</p> <p>B. Dual Diagnosis Committee: <i>(Secretary Ortiz)</i></p> <ul style="list-style-type: none"> I. This item will be tabled as Secretary Ortiz is unavailable. <p>C. Site Visit Committee: <i>(Chair McGourty, Members Rich, Towle and Martinez, Behringer)</i></p> <ul style="list-style-type: none"> I. Member Towle stated the committee is still gathering information on the clinics in the County. II. Member Towle stated he was inspired by the Stepping Up Forum. He attended one of the Behavioral Health Court dates and was impressed by compassion shown by Judge Moorman to the clients. <p>D. Housing Committee: <i>(Members Gorny and Lockart)</i></p> <ul style="list-style-type: none"> I. Member Lockart hasn't heard from Member Gorny, but she commented on the law makers trying to make sense out of the housing situation. She feels part of the problem is the lack of space, cost as the contractors need to pay good wages, and all the permits and regulations for building. II. Supervisor Brown commented she attended a meeting in Sacramento; there was a discussion of all the California building codes, funding grants, and all the barriers to building. The Green Codes requiring sprinklers in all new houses along with the lack of compatible infrastructure to support the regulations is a problem. <p>E. Employment Committee: <i>(Member Rich)</i></p> <ul style="list-style-type: none"> I. This item will be tabled due to Member Rich being unavailable. 	
--	--	--

<p>6. 25 minutes</p>	<p>Mendocino County Report: Jenine Miller, BHRS Director</p> <p>A. Thank You Letter:</p> <ol style="list-style-type: none"> I. BHRS Director Miller read a thank you letter received from Manzanita Services thanking BHAB for recognizing the work they do with mental health clients. <ol style="list-style-type: none"> a. BHRS Director Miller thanked Member Martinez for starting the process of sending out the Certificates of Appreciation to the provider agencies and to the County staff. <p>B. Felony Restoration to Competency in the Jail:</p> <ol style="list-style-type: none"> I. Last Tuesday (May 7, 2019), BOS had on their agenda the contract between the Jail and State to start felony restoration at the jail. She thinks Naphcare (currently the contracted medical provider at the jail) will be providing the restoration services at the jail. This new contract will help prevent clients from waiting for months to go to a State hospital. The restoration treatment should be able to start as soon as the court order is issued. II. Member Martin asked if Dr. J. Holden could come back to BHAB and report on how the felony restoration is going. <ol style="list-style-type: none"> a. She asked if the board would like to schedule Dr. Holden to report in Sept. b. Administrative Secretary Peckham will follow up with Dr. Holden about reporting to BHAB. <p>C. No Place Like Home Grant:</p> <ol style="list-style-type: none"> I. BHRS Director Miller introduced Consultant Michael Kennedy. Mr. Kennedy talked about the No Place Like Home grant he is working on for the County to get 1.7 million in funding for housing. <ol style="list-style-type: none"> a. BHRS Director Miller would like to set up a meeting with Mr. Kennedy and BHAB Housing Committee to get them up to speed on the grant. b. Mr. Kennedy will be presenting No Place Like Home grant overview at the BHAB meeting June 19, 2019. c. Mr. Kennedy is working on the non-competitive part of the grant. The County should be awarded the funding as long as the application is completed and submitted on time and correctly. After the non-competitive grant is awarded the County can apply for the competitive grants which would be approximately 3 million. II. The Governor recently allocated 1 billion in funding to go to housing in California. III. Discussion of the Whole Person Care Grant sun-setting, BHRS Director Miller stated there will still be some funding coming through from the grant. <p>D. Chair McGourty asked if BHRS Director Miller has an update on the addition to the jail. The estimation is the new mental health wing will be built 2021 or 2022.</p>	<p>Board Action:</p>
---------------------------------	--	----------------------

- I. The jail has been invited to the July 17, 2019 BHAB meeting to up-date the board on the jail.
- E. Grievance Report:
 - I. BHRS Director Miller handed out the Grievance Report for February and March 2019.
 - II. Vice Chair Strachan stated that the Patient Right's Advocate Robin Meloche had contacted her regarding some issues that had come up at a Quality Improvement Committee (QIC) meeting. BHRS Director Miller will follow up with Ms. Meloche regarding what has been said.
- F. Member Martinez asked what the percentage of staff vacancies are currently for BHRS.
 - I. BHRS Director Miller stated at the last report BHRS staffing vacancy is 65%. She commented one of the substance use counselor certification agencies has been difficult to get through the certification process for new counselors. She is rewriting the job descriptions so more counselors can be hired.
 - a. Supervisor Brown suggested BHRS Director Miller contact Farrah McDaid Ting from the California State Association of Counties regarding the problems with the Certification Boards. BHRS Director Miller will contact Ms. McDaid Ting.
- G. Discussion of the Assisted Outpatient Treatment (AOT) coordinator being changed from William Riley to Melinda Driggers.
- H. BHRS Director Miller reported she was asked by Ms. McDaid Ting to write up all the services offered in the County. Ms. McDaid Ting was really impressed with the amount of services available in our small county.
- I. Discussion of psychiatric hospitals not keeping clients as long as they may need. Medi-Cal and Private Insurance stops paying for client care when the client is no longer considered acute. If the client had stayed a few more days to stabilize it might cut down on the re-hospitalizations, so in the long run would save money.
- J. BHRS Director Miller commented on two positions that she created, they are pilot projects. The Discharge Planner at the Jail and a Crisis Substance Use Disorder Treatment counselor are the positions.
 - I. After three years there is a Discharge Planner at the jail, Ian Winter has accepted the position. Mr. Winter will be working on getting inmates connected to services when they are released from the jail with the hope they don't get re-arrested.
 - II. When the Crisis SUDT person is hired their job would be to respond in a crisis situation regarding substance use.
- K. Member Towle asked BHRS Director Miller about the Employee Assistance Program (EAP), he commented that he had heard local providers were not accepting the EAP

	payments for services as they were too low and that employees have to go out of County for services.	
<p>7. 25 minutes</p>	<p>RQMC Report: <i>Camille Schraeder, RQMC</i></p> <p>A. Camille Schraeder reporting for RQMC.</p> <ul style="list-style-type: none"> I. Ms. Schraeder commented RQMC has made progress in hiring a psychiatrist. The new psychiatrist will be coming on board full time. She will work mostly adults, Dr. Timme will continue coming up once a month for children. RQMC is also looking at hiring a couple of Physicians Assistants (PA) on the coast. II. RQMC has been working on an employment program for adults at the Arbor, Manzanita, and MCAVHN. III. RQMC is working on contract reviews and capacity issues especially with the Latino population. IV. They are working with the County on Quality Assurance and Utility Review. V. Several of the RQMC staff attended the Stepping Up Forum. VI. Ms. Schraeder commented on the jail calling crisis for services. <ul style="list-style-type: none"> a. Member Buckingham commented that she attended a meeting at the jail with jail staff, discharge planner, hospital staff, and Naphcare staff; it was a great interaction between agencies. She recommended BHRS Director Miller also attend the meetings. VII. Ms. Schraeder stated she is concerned there is stress in the community and Crisis is not being notified when there is someone needing crisis services. For example the recent suicides, no one had reached out to crisis. She is concerned that not enough outreach and information is getting out to the communities. <ul style="list-style-type: none"> a. Discussion of possibly getting more education in the schools to teachers and support staff. b. Discussion of how BHRS/RQMC finds out about the suicides to students and what can be offered in support to the schools and students. How can BHRS/RQMC get more training and education to teachers and support staff? c. BHRS Director Miller commented there is a Suicide Review Committee that meets quarterly, the committee reviews the coroner reports and discuss strategies for how to prevent more suicides in the future. <ul style="list-style-type: none"> i. Chair McGourty asked if Member Buckingham could be the BHAB representative on the Suicide Review Committee. Member Buckingham stated she thought she was already on the committee representing Howard Hospital. d. BHRS Director Miller stated the committee is trying to look at how many suicides, why they are 	Board Action:

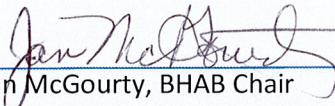
	<p>happening and start to strategize on what can be done to train, educate, and how to reach out to more people.</p> <ul style="list-style-type: none"> e. Member Martin asked who the target population group is. <ul style="list-style-type: none"> i. BHRS Director Miller stated everyone is the target group; the committee reviews all suicides in the county. f. Josephine Silva suggested the committee put information in the Hometown Shopper since it's free and goes out to everyone's mailbox. <ul style="list-style-type: none"> i. Member Buckingham suggested getting magnets with the Suicide Prevention Line number on it. ii. Supervisor Brown suggested putting out Public Service Announcements in the local media. She knows someone that has worked in the media for a long time that may be interested in putting an announcement together for Suicide Prevention. g. Discussion of why people don't speak up regarding concern about suicide, the stigma attached to either considering suicide, concern someone you know may be having thoughts about killing themselves, and having a family member or loved one kill themselves. h. Member Buckingham stated BHRS should contact the communications people at the three big hospitals to help with getting information out. She will send the contact information to BHRS Director Miller. <p>VIII. Follow up on the procedure to get client medications:</p> <p>IX. Ms. Schraeder didn't have any information with her, but will follow up with Ms. Silva.</p> <p>Lunch Break at 12:15 - Reconvened at 1:01</p>	
<p>:LUNCH BREAK 12:30 to 1:00</p>		
<p>8. 55 minutes</p>	<p>BHAB Business:</p> <p>A. BHAB Member Duties:</p> <ul style="list-style-type: none"> I. Discussion of the MHSA Three-Year Plan review. Member Lockart commented she is concerned with the lack of services to the target populations. She would like for BHAB to have valuable input into the MHSA Three-Year Plan. She wants to review the plan as it's being written. <ul style="list-style-type: none"> a. BHRS Director Miller stated this year (fiscal year 2019/2020) annual plan update will not change much as it's still in the three year plan. The fiscal year 2020/2021 will have more substantial changes. BHRS would like to do more of a Request for Proposal (RFP) process. Agencies/Providers will have to put in writing a proposal for their program and how much funding they will need. The proposals 	<p>Board Action:</p>

	<p>will be reviewed to see which programs will continue to be funded or if new programs will be funded.</p> <p>b. Chair McGourty asked when the annual plan update will come to the board. BHRS Director Miller said the plan will come to the board in June for their review and input. The board's comments and recommended changes will be updated and come back to the board for their vote in July.</p> <p>c. BHRS Director Miller stated if the board wants Acting Director Lovato to report on how the MHSA funded programs are doing and the statistics on services provided quarterly it could be arranged. The consensus of the board is to get a quarterly report on the MHSA funded programs.</p> <p>II. Discussion of whether there should be an Ad Hoc Contract Committee to review the County's contracts.</p> <p>a. Member Towle ask how many contracts does the county have. BHRS Director Miller said there about sixty contracts that are just the county contracts but maybe they should also look at the ASO contracts and their subcontracts.</p> <p>b. Member Ferretta asked if the board could get a summary of the contracts. BHRS Director Miller stated they get one every July.</p> <p>c. Chair McGourty asked for volunteers to be on the Contract Committee, Member Towle said he would be on the committee but not the chair, New Member Fuentes will be on the committee, Chair McGourty will ask Members Buckingham and Finley if they would be on the committee as neither of them is currently on a committee.</p> <p>B. Annual Report to BOS: <i>Discussion of BOS member comments regarding the Annual Report to BOS</i></p> <p>I. Chair McGourty asked Supervisor Brown and Supervisor McCowen if the BHAB Annual Report to BOS was accepted when she presented it to BOS.</p> <p>a. Supervisor McCowen stated he thought the report was accepted by BOS with some suggested changes. Chair McGourty said BHAB were not clear about what the suggested changes were. Supervisor McCowen commented the changes he suggested were in the Membership Section and a few typos. He read the section and specifically commented that although there was a statement about members not being reappointed and that BHAB would be starting out 2019 without a quorum, he said that wasn't entirely true. Members could stay on the board and still be voting members until they are reappointed or someone else was appointed to the position.</p> <p>b. Chair McGourty commented that the perspective of</p>	<p>Consensus of the board is to have a quarterly report of the statistics and how the MHSA funded programs are doing</p> <p>Consensus of the board is to have an Ad Hoc Contract Committee to review the County contracts.</p>
--	--	--

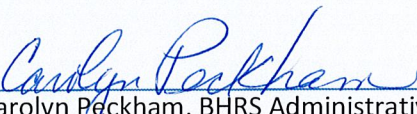
	<p>the board was the way the report was written. Supervisor McCowen suggested that if the wording was changed a little it would be good, but if the board wants to leave the report as is he's okay with that, but suggested at least the typos be corrected.</p> <p>II. BHRS Director Miller commented the board member terms were set up to be staggered so that there would be one term in each district expiring each year. She explained that when Member Towle was appointed his term was different from what the Clerk of the Board and BHRS had a record of.</p> <p>a. Supervisor Brown and Senior Deputy Clerk of the Board Karla Van Hagen went back in the membership records and found a few glitches; she thinks they are all worked out at this time. Supervisor McCowen stated each term will be three years, but if a member resigns before the term is expired the person appointed to the position will complete the term then if interested can be appointed to the new three year term.</p> <p>III. Vice Chair Strachan commented the report reflected what the perspective of BHAB members had at the time the report was written.</p> <p>IV. Consensus of the board is to let the report stand as written with correction of typos.</p> <p>C. Measure B: <i>RFP Discussion</i></p> <p>I. The RFP is now written, the discussion will be tabled at this time.</p> <p>D. Meeting Schedule Change: <i>Discussion and possible action</i></p> <p>I. June 19, 2019 Date Change:</p> <p>a. Chair McGourty asked if the board wanted to keep the June 19, 2019 meeting date or change the date to June 12, 2019 as she would not be available to attend the meeting on June 19th.</p> <p>i. There was discussion of who could attend the meeting on June 12th. A motion was made to change the date, motion did not pass. Vice Chair Strachan will facilitate the meeting in Covelo on June 19th.</p> <p>ii. Vote did not pass to change the date.</p> <p>II. October 16, 2019 Location Scheduled:</p> <p>a. Announcement the location for the October 16, 2019 BHAB meeting location has been reserved at the Hopland Veteran's Memorial Building, 110 Feliz Creek Road, Hopland.</p>	<p>Consensus of the board is to let the BHAB Annual Report to BOS stand as written with the correction of typos.</p> <p>Motion made by Member Towle, seconded by Treasurer Behringer to change the June 19, 2019 meeting to June 12, 2019. Motion did not pass with three yay votes, one nay votes, and four abstaining.</p>
<p>9. 5 minutes</p>	<p>Adjournment: adjourned at 2:02</p> <p>Next meeting: June 19, 2019 - Covelo</p>	

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.


Jan McGourty, BHAB Chair

7-8-19
Date


Carolyn Peckham, BHRS Administrative Secretary

7/8/19
Date

BHAB CONTACT INFORMATION: PHONE: (707) 472-2355 FAX: (707) 472-2788
EMAIL THE BOARD: mhboard@mendocinocounty.org WEBSITE: www.mendocinocounty.org/bhab