



# MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

## REGULAR MEETING AGENDA

**June 19, 2019  
10:00 a.m. to 2:00 p.m.**

**Yuki Trails Conference Room  
23000 Henderson Road, Covelo**

**Chairperson**  
Jan McGourty

**Vice Chair**  
Emily Strachan

**Secretary**  
Dina Ortiz

**Treasurer**  
Flinda Behringer

**BOS Supervisor**  
Carre Brown

**1<sup>ST</sup> DISTRICT:**

DENISE GORNY  
JAN MCGOURTY  
LOIS LOCKART

**2<sup>ND</sup> DISTRICT:**

DINA ORTIZ  
MICHELLE RICH  
SERGIO FUENTES

**3<sup>RD</sup> DISTRICT:**

MEEKA FERRETTA  
AMY BUCKINGHAM  
RICHARD TOWLE

**4<sup>TH</sup> DISTRICT:**

EMILY STRACHAN  
TAMMY LOWE  
LYNN FINLEY

**5<sup>TH</sup> DISTRICT:**

PATRICK PEKIN  
MARTIN MARTINEZ  
FLINDA BEHRINGER

**OUR MISSION:** *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

Item	Agenda Item / Description	Action
<b>1.</b> 5 minutes	<b>Call to Order, Roll Call &amp; Quorum Notice, Approve Agenda:</b>	Board Action:
<b>2.</b> 10 minutes	<b>Minutes of the May 15, 2019 BHAB Regular Meeting:</b> <i>Review and possible board action</i>	Board Action:
<b>3.</b> 15 minutes (Maximum)	<b>Public Comments:</b> <i>Members of the public wishing to make comments to the BHAB will be recognized at this time.</i>	
<b>4.</b> 20 minutes	<b>BHAB Reports:</b> <i>Discussion and possible board action.</i> A. BOS Report B. Vice Chair – <i>Emily Strachan</i> C. Secretary D. Treasurer	Board Action:
<b>5.</b> 25 minutes	<b>Committee Reports:</b> A. Flow Chart Committee: ( <i>Vice Chair Strachan and Member Pekin</i> ) B. Dual Diagnosis Committee: ( <i>Secretary Ortiz</i> ) C. Site Visit Committee: ( <i>Chair McGourty, Members Rich, Towle and Martinez</i> ) I. Jail Visit Report D. Housing Committee: ( <i>Members Gorny and Lockart</i> ) E. Employment Committee: ( <i>Member Rich</i> ) F. Contract Committee: ( <i>Members Towle, Fuentes, McGourty, and possibly Members Finley and Buckingham</i> ) G. Appreciation Committee: ( <i>Members Towle and Martinez</i> ) I. Thinking of You/Get Well/Thank You cards/Sympathy	Board Action

	card	
<b>6.</b> 20 minutes	<b>Mendocino County Report:</b> <i>Jenine Miller, BHRS Director</i> A. Director Report: B. Stepping Up: I. Letter of Support for the County's application for the Justice and Mental Health Collaboration Program Grant C. Measure B:	Board Action:
<b>7.</b> 20 minutes	<b>RQMC Report:</b> A. Director Report: B. Data Dashboard: C. Crisis Office Moved:	Board Action:
<b>8.</b> 30 minutes	<b>No Place Like Home Grant Presentation:</b> <i>Mike Kennedy presenting</i>	
<b>LUNCH BREAK</b> <b>12:30 to 1:00</b>		
<b>9.</b> 30 minutes	<b>Round Valley Innovation Project Update:</b> <i>Gerrilyn Reeves presenting</i>	
<b>10.</b> 25 minutes	<b>Mental Health Services Act (MHSA) Three-Year Plan 2019/2020 Annual Update:</b> <i>Review, Discussion, and Recommendations</i>	Board Action:
<b>11.</b> 5 minutes	<b>Adjournment:</b>  <b>Next meeting:</b> July 17, 2019 - Fort Bragg and Ukiah	

#### AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

**BHAB CONTACT INFORMATION:** PHONE: (707) 472-2355 FAX: (707) 472-2788  
**EMAIL THE BOARD:** [mhboard@mendocinocounty.org](mailto:mhboard@mendocinocounty.org) **WEBSITE:** [www.mendocinocounty.org/bhab](http://www.mendocinocounty.org/bhab)



# MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

## REGULAR MEETING MINUTES

May 15, 2019  
10:00 a.m. to 2:00 p.m.

Farm Advisory Building Conference Room, 890 N. Bush St., Ukiah and  
Seaside Room, 778 S. Franklin St., Fort Bragg  
by video conferencing

**Chairperson**  
Jan McGourty

**Vice Chair**  
Emily Strachan

**Secretary**  
Dina Ortiz

**Treasurer**  
Flinda Behringer

**BOS Supervisor**  
Carre Brown

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Item	Agenda Item / Description	Action
<b>1.</b> 5 minutes	<b>Call to Order, Roll Call &amp; Quorum Notice, Approve Agenda:</b> A. Meeting called to order by Chair McGourty at 10:10 B. Roll called by Vice Chair Strachan C. Quorum met D. Members present: Behringer, Buckingham, Ferretta, Fuentes, Lockart, Martinez, McGourty, Pekin, Strachan, Towle, Supervisor Brown and Supervisor McCowen.	Board Action:
<b>2.</b> 10 minutes	<b>Minutes of the April 17, 2019 BHAB Regular Meeting: Review and possible board action</b> A. Member Buckingham commented she thought the May 15, 2019 meeting would be devoted to reviewing the Request for Proposal (RFP) for the building of facilities for Measure B. B. The RFP is not written yet, so not available to review. C. The minutes for April 17, 2019 were approved with correction of typo on page 2 item 3.A-VII correct UCFS to UCSF.	<b>Board Action:</b> Motion made by Member Towle, seconded by Member Martinez to approve the April 17, 2019 minutes as written with a correction of typo. Motion passed unanimously.
<b>3.</b> 15 minutes (Maximum)	<b>Public Comments:</b> <i>Members of the public wishing to make comments to the BHAB will be recognized at this time.</i> A. There was no public comment at this time.	
<b>4.</b> 25 minutes	<b>BHAB Reports: Discussion and possible board action.</b> A. BOS Report - Supervisor Brown I. Supervisor Brown will not be able to attend the June 19,	Board Action:

	<p>2019 BHAB meeting in Covelo, she will ask Supervisor Haschak if he could attend.</p> <p>II. Supervisor Brown commented on the Stepping Up Forum held May 8<sup>th</sup> in Ukiah and May 9<sup>th</sup> in Fort Bragg. She thought there was good information given.</p> <p>III. Supervisor Brown stated BOS signed a proclamation for May is Mental Health Month; BHRS Director Miller gave a wonderful report on Mental Health at BOS. Including information on the continuing problem of stigma.</p> <p>IV. Supervisor Brown commented on Willow Terrace's Grand Opening and that clients will be moving in soon.</p> <p>B. Chair – <i>Jan McGourty</i></p> <p>I. Willow Terrace Grand Opening:</p> <p>a. Chair McGourty attended the Willow Terrace Grand Opening, she said it was wonderful.</p> <p>b. BHRS Director Miller commented the move in dates for clients is now June 3, 4, and 5, 2019.</p> <p>II. Measure B:</p> <p>a. There was no Measure B meeting in April, so there are no minutes to include.</p> <p>b. There is an Ad Hoc Committee to review the Kemper Report; they will be meeting later today (May 15, 2019).</p> <p>III. Stepping Up:</p> <p>a. Chair McGourty stated the Stepping Up Forums were amazing. She thanked Members Pekin, Towle, Lockart, and Vice Chair Strachan for attending.</p> <p>b. Chair McGourty stated the Stepping Up Forums were spearheaded by CEO Carmel Angelo. CEO Angelo attended a Council of State Governments Meeting and met Elizabeth Siggins, Council of State Governments Justice Center, and Farrah McDaid Ting, California State Association of Counties. Ms. Siggins and Ms. McDaid Ting agreed to come to Mendocino County and speak regarding Stepping Up.</p> <p>c. There were speakers from NAMI, representatives from the families of mentally ill people and peers that spoke about their experiences.</p> <p>i. Member Towle and Vice Chair Strachan were impressed by the speakers especially the peers.</p> <p>d. Vice Chair Strachan commented on the much lower number of people attending on the Coast.</p> <p>IV. New BHAB Member Welcome:</p> <p>a. Chair McGourty introduced the new BHAB Member Sergio Fuentes representing District 2. Member Fuentes was sworn in by Supervisor Brown. He was appointed to BHAB May 7, 2019.</p> <p>C. Secretary:</p> <p>I. No report.</p>	
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	<p>D. Treasurer:</p> <ol style="list-style-type: none"> <li>I. Chair McGourty asked if Treasurer Behringer received the BHAB budget for fiscal year 2019/2020. She had not received. <ol style="list-style-type: none"> <li>a. BHRS Director Miller commented the new budget will be the same as fiscal year 2018/2019. It will be in next month's agenda packet.</li> </ol> </li> </ol>	
<p><b>5.</b> 30 minutes</p>	<p><b>Committee Reports:</b></p> <ol style="list-style-type: none"> <li>A. Flow Chart Committee: (<i>Vice Chair Strachan and Member Pekin</i>) <ol style="list-style-type: none"> <li>I. Discussion of how the Flow Charts look and what information is or is not on them.</li> <li>II. The Willits Flow Chart is pretty much complete. The Ukiah and Fort Bragg are drafts; the information on the back has not been updated yet. <ol style="list-style-type: none"> <li>a. Member Pekin asked that the Parents and Friends organization be listed on the Fort Bragg chart under "Do you need case management".</li> <li>b. Discussion of adding Redwood Coast Regional Center (RCRC) to all of the charts. RCRC information will be added under "Additional Services (non-mental health)". Dustin Thompson will add a box for RCRC, Parents and Friends, and Senior Peer Counseling.</li> <li>c. Member Buckingham commented the phone number for the hospital in Fort Bragg is wrong. Mr. Thompson will make the corrections.</li> </ol> </li> <li>III. Discussion of creating a Flow Chart for the South Coast, Covelo, Anderson Valley, and North County.</li> <li>IV. Willits Flow Chart - Discussion of corrections, Member Buckingham commented on adding Suboxone treatment services at Little Lake Clinic and Redwood Medical Clinic in Willits. <ol style="list-style-type: none"> <li>a. Discussion of where the Flow Charts can be located for people to pick up. Member Buckingham commented there is a federal law stating no materials regarding insurance can be in emergency waiting rooms. The Flow Charts can be placed in other locations in the hospitals.</li> </ol> </li> <li>V. Ukiah Flow Chart - NAMI information needs to be added to all charts. <ol style="list-style-type: none"> <li>a. Discussion of what services/programs that NAMI offers.</li> <li>b. Mr. Thompson will "play around" with the adding a box to the charts for NAMI. He will send the new draft to the Flow Chart Committee for review.</li> <li>c. Member Lockart suggested a box labeled other services.</li> <li>d. Discussion of adding Arbor and Consolidated Tribal Health under Substance Use Disorder Treatment.</li> </ol> </li> </ol> </li> </ol>	<p>Board Action:</p> <p>Mr. Thompson will continue to work on the Flow Charts and send the drafts to the Flow Chart Committee for review.</p>

	<p>e. Discussion of defining family support and peer support. Vice Chair Strachan commented that the goal is to keep the Flow Charts simple.</p> <p>VI. Member Buckingham stated it takes weeks for a client to get an appointment with any of the clinics. She asked if there was any outreach to the clinics to reserve one day a week for mental health clients to get in quickly. She thinks the clinics would be open and receptive to holding a space for mental health clients.</p> <p>a. Chair McGourty stated the Site Visit Committee will be visiting the clinics in the County and wanted to know if they should take the flow charts to the clinic and ask them about holding a space for mental health clients.</p> <p>VII. Discussion of how clients seeking refill medications coming to the emergency room instead of their primary care doctor are handled.</p> <p>VIII. On the Flow Charts it will be noted that clinics can take any insurance.</p> <p>B. Dual Diagnosis Committee: <i>(Secretary Ortiz)</i></p> <p>I. This item will be tabled as Secretary Ortiz is unavailable.</p> <p>C. Site Visit Committee: <i>(Chair McGourty, Members Rich, Towle and Martinez, Behringer)</i></p> <p>I. Member Towle stated the committee is still gathering information on the clinics in the County.</p> <p>II. Member Towle stated he was inspired by the Stepping Up Forum. He attended one of the Behavioral Health Court dates and was impressed by compassion shown by Judge Moorman to the clients.</p> <p>D. Housing Committee: <i>(Members Gorny and Lockart)</i></p> <p>I. Member Lockart hasn't heard from Member Gorny, but she commented on the law makers trying to make sense out of the housing situation. She feels part of the problem is the lack of space, cost as the contractors need to pay good wages, and all the permits and regulations for building.</p> <p>II. Supervisor Brown commented she attended a meeting in Sacramento; there was a discussion of all the California building codes, funding grants, and all the barriers to building. The Green Codes requiring sprinklers in all new houses along with the lack of compatible infrastructure to support the regulations is a problem.</p> <p>E. Employment Committee: <i>(Member Rich)</i></p> <p>I. This item will be tabled due to Member Rich being unavailable.</p>	
<p><b>6.</b> 25 minutes</p>	<p><b>Mendocino County Report:</b> <i>Jenine Miller, BHRS Director</i></p> <p>A. Thank You Letter:</p> <p>I. BHRS Director Miller read a thank you letter received from Manzanita Services thanking BHAB for recognizing the work they do with mental health clients.</p>	<p>Board Action:</p>

	<p>a. BHRS Director Miller thanked Member Martinez for starting the process of sending out the Certificates of Appreciation to the provider agencies and to the County staff.</p> <p>B. Felony Restoration to Competency in the Jail:</p> <p>I. Last Tuesday (May 7, 2019), BOS had on their agenda the contract between the Jail and State to start felony restoration at the jail. She thinks Naphcare (currently the contracted medical provider at the jail) will be providing the restoration services it the jail. This new contract will help prevent clients from waiting for months to go to a State hospital. The restoration treatment should be able to start as soon as the court order is issued.</p> <p>II. Member Martin asked if Dr. J. Holden could come back to BHAB and report on how the felony restoration is going.</p> <p>a. She asked if the board would like to schedule Dr. Holden to report in Sept.</p> <p>b. Administrative Secretary Peckham will follow up with Dr. Holden about reporting to BHAB.</p> <p>C. No Place Like Home Grant:</p> <p>I. BHRS Director Miller introduced Consultant Michael Kennedy. Mr. Kennedy talked about the No Place Like Home grant he is working on for the County to get 1.7 million in funding for housing.</p> <p>a. BHRS Director Miller would like to set up a meeting with Mr. Kennedy and BHAB Housing Committee to get them up to speed on the grant.</p> <p>b. Mr. Kennedy will be presenting No Place Like Home grant overview at the BHAB meeting June 19, 2019.</p> <p>c. Mr. Kennedy is working on the non-competitive part of the grant. The County should be awarded the funding as long as the application is completed and submitted on time and correctly. After the non-competitive grant is awarded the County can apply for the competitive grants which would be approximately 3 million.</p> <p>II. The Governor recently allocated 1 billion in funding to go to housing in California.</p> <p>III. Discussion of the Whole Person Care Grant sun-setting, BHRS Director Miller stated there will still be some funding coming through from the grant.</p> <p>D. Chair McGourty asked if BHRS Director Miller has an update on the addition to the jail. The estimation is the new mental health wing will be built 2021 or 2022.</p> <p>I. The jail has been invited to the July 17, 2019 BHAB meeting to up-date the board on the jail.</p> <p>E. Grievance Report:</p> <p>I. BHRS Director Miller handed out the Grievance Report for February and March 2019.</p>	
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	<p>II. Vice Chair Strachan stated that the Patient Right's Advocate Robin Meloche had contacted her regarding some issues that had come up at a Quality Improvement Committee (QIC) meeting. BHRS Director Miller will follow up with Ms. Meloche regarding what has been said.</p> <p>F. Member Martinez asked what the percentage of staff vacancies are currently for BHRS.</p> <p>I. BHRS Director Miller stated at the last report BHRS staffing vacancy is 65%. She commented one of the substance use counselor certification agencies has been difficult to get through the certification process for new counselors. She is rewriting the job descriptions so more counselors can be hired.</p> <p>a. Supervisor Brown suggested BHRS Director Miller contact Farrah McDaid Ting from the California State Association of Counties regarding the problems with the Certification Boards. BHRS Director Miller will contact Ms. McDaid Ting.</p> <p>G. Discussion of the Assisted Outpatient Treatment (AOT) coordinator being changed from William Riley to Melinda Driggers.</p> <p>H. BHRS Director Miller reported she was asked by Ms. McDaid Ting to write up all the services offered in the County. Ms. McDaid Ting was really impressed with the amount of services available in our small county.</p> <p>I. Discussion of psychiatric hospitals not keeping clients as long as they may need. Medi-Cal and Private Insurance stops paying for client care when the client is no longer considered acute. If the client had stayed a few more days to stabilize it might cut down on the re-hospitalizations, so in the long run would save money.</p> <p>J. BHRS Director Miller commented on two positions that she created, they are pilot projects. The Discharge Planner at the Jail and a Crisis Substance Use Disorder Treatment counselor are the positions.</p> <p>I. After three years there is a Discharge Planner at the jail, Ian Winter has accepted the position. Mr. Winter will be working on getting inmates connected to services when they are released from the jail with the hope they don't get re-arrested.</p> <p>II. When the Crisis SUDT person is hired their job would be to respond in a crisis situation regarding substance use.</p> <p>K. Member Towle asked BHRS Director Miller about the Employee Assistance Program (EAP), he commented that he had heard local providers were not accepting the EAP payments for services as they were too low and that employees have to go out of County for services.</p>	
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<p><b>7.</b> 25 minutes</p>	<p><b>RQMC Report:</b> <i>Camille Schraeder, RQMC</i></p> <p>A. Camille Schraeder reporting for RQMC.</p> <ul style="list-style-type: none"> <li>I. Ms. Schraeder commented RQMC has made progress in hiring a psychiatrist. The new psychiatrist will be coming on board full time. She will work mostly adults, Dr. Timme will continue coming up once a month for children. RQMC is also looking at hiring a couple of Physicians Assistants (PA) on the coast.</li> <li>II. RQMC has been working on an employment program for adults at the Arbor, Manzanita, and MCAVHN.</li> <li>III. RQMC is working on contract reviews and capacity issues especially with the Latino population.</li> <li>IV. They are working with the County on Quality Assurance and Utility Review.</li> <li>V. Several of the RQMC staff attended the Stepping Up Forum.</li> <li>VI. Ms. Schraeder commented on the jail calling crisis for services. <ul style="list-style-type: none"> <li>a. Member Buckingham commented that she attended a meeting at the jail with jail staff, discharge planner, hospital staff, and Naphcare staff; it was a great interaction between agencies. She recommended BHRS Director Miller also attend the meetings.</li> </ul> </li> <li>VII. Ms. Schraeder stated she is concerned there is stress in the community and Crisis is not being notified when there is someone needing crisis services. For example the recent suicides, no one had reached out to crisis. She is concerned that not enough outreach and information is getting out to the communities. <ul style="list-style-type: none"> <li>a. Discussion of possibly getting more education in the schools to teachers and support staff.</li> <li>b. Discussion of how BHRS/RQMC finds out about the suicides to students and what can be offered in support to the schools and students. How can BHRS/RQMC get more training and education to teachers and support staff?</li> <li>c. BHRS Director Miller commented there is a Suicide Review Committee that meets quarterly, the committee reviews the coroner reports and discuss strategies for how to prevent more suicides in the future. <ul style="list-style-type: none"> <li>i. Chair McGourty asked if Member Buckingham could be the BHAB representative on the Suicide Review Committee. Member Buckingham stated she thought she was already on the committee representing Howard Hospital.</li> </ul> </li> <li>d. BHRS Director Miller stated the committee is trying to look at how many suicides, why they are happening and start to strategize on what can be done to train, educate, and how to reach out to more people.</li> </ul> </li> </ul>	<p>Board Action:</p>
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	<ul style="list-style-type: none"> <li>e. Member Martin asked who the target population group is. <ul style="list-style-type: none"> <li>i. BHRS Director Miller stated everyone is the target group; the committee reviews all suicides in the county.</li> </ul> </li> <li>f. Josephine Silva suggested the committee put information in the Hometown Shopper since it's free and goes out to everyone's mailbox. <ul style="list-style-type: none"> <li>i. Member Buckingham suggested getting magnets with the Suicide Prevention Line number on it.</li> <li>ii. Supervisor Brown suggested putting out Public Service Announcements in the local media. She knows someone that has worked in the media for a long time that may be interested in putting an announcement together for Suicide Prevention.</li> </ul> </li> <li>g. Discussion of why people don't speak up regarding concern about suicide, the stigma attached to either considering suicide, concern someone you know may be having thoughts about killing themselves, and having a family member or loved one kill themselves.</li> <li>h. Member Buckingham stated BHRS should contact the communications people at the three big hospitals to help with getting information out. She will send the contact information to BHRS Director Miller.</li> </ul> <p>VIII. Follow up on the procedure to get client medications:</p> <p>IX. Ms. Schraeder didn't have any information with her, but will follow up with Ms. Silva.</p> <p><b>Lunch Break at 12:15 - Reconvened at 1:01</b></p>	
<b>:LUNCH BREAK</b> <b>12:30 to 1:00</b>		
<b>8.</b> 55 minutes	<b>BHAB Business:</b> A. BHAB Member Duties: <ul style="list-style-type: none"> <li>I. Discussion of the MHSA Three-Year Plan review. Member Lockart commented she is concerned with the lack of services to the target populations. She would like for BHAB to have valuable input into the MHSA Three-Year Plan. She wants to review the plan as it's being written. <ul style="list-style-type: none"> <li>a. BHRS Director Miller stated this year (fiscal year 2019/2020) annual plan update will not change much as it's still in the three year plan. The fiscal year 2020/2021 will have more substantial changes. BHRS would like to do more of a Request for Proposal (RFP) process. Agencies/Providers will have to put in writing a proposal for their program and how much funding they will need. The proposals will be reviewed to see which programs will continue to be funded or if new programs will be funded.</li> </ul> </li> </ul>	<b>Board Action:</b>

	<p>b. Chair McGourty asked when the annual plan update will come to the board. BHRS Director Miller said the plan will come to the board in June for their review and input. The board's comments and recommended changes will be updated and come back to the board for their vote in July.</p> <p>c. BHRS Director Miller stated if the board wants Acting Director Lovato to report on how the MHSA funded programs are doing and the statistics on services provided quarterly it could be arranged. The consensus of the board is to get a quarterly report on the MHSA funded programs.</p> <p>II. Discussion of whether there should be an Ad Hoc Contract Committee to review the County's contracts.</p> <p>a. Member Towle ask how many contracts does the county have. BHRS Director Miller said there about sixty contracts that are just the county contracts but maybe they should also look at the ASO contracts and their subcontracts.</p> <p>b. Member Ferretta asked if the board could get a summary of the contracts. BHRS Director Miller stated they get one every July.</p> <p>c. Chair McGourty asked for volunteers to be on the Contract Committee, Member Towle said he would be on the committee but not the chair, New Member Fuentes will be on the committee, Chair McGourty will ask Members Buckingham and Finley if they would be on the committee as neither of them is currently on a committee.</p> <p>B. Annual Report to BOS: <i>Discussion of BOS member comments regarding the Annual Report to BOS</i></p> <p>I. Chair McGourty asked Supervisor Brown and Supervisor McCowen if the BHAB Annual Report to BOS was accepted when she presented it to BOS.</p> <p>a. Supervisor McCowen stated he thought the report was accepted by BOS with some suggested changes. Chair McGourty said BHAB were not clear about what the suggested changes were. Supervisor McCowen commented the changes he suggested were in the Membership Section and a few typos. He read the section and specifically commented that although there was a statement about members not being reappointed and that BHAB would be starting out 2019 without a quorum, he said that wasn't entirely true. Members could stay on the board and still be voting members until they are reappointed or someone else was appointed to the position.</p> <p>b. Chair McGourty commented that the perspective of the board was the way the report was written. Supervisor McCowen suggested that if the wording was changed a little it would be good, but if the board</p>	<p>Consensus of the board is to have a quarterly report of the statistics and how the MHSA funded programs are doing</p> <p>Consensus of the board is to have an Ad Hoc Contract Committee to review the County contracts.</p>
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	<p>wants to leave the report as is he's okay with that, but suggested at least the typos be corrected.</p> <p>II. BHRS Director Miller commented the board member terms were set up to be staggered so that there would be one term in each district expiring each year. She explained that when Member Towle was appointed his term was different from what the Clerk of the Board and BHRS had a record of.</p> <p>a. Supervisor Brown and Senior Deputy Clerk of the Board Karla Van Hagen went back in the membership records and found a few glitches; she thinks they are all worked out at this time. Supervisor McCowen stated each term will be three years, but if a member resigns before the term is expired the person appointed to the position will complete the term then if interested can be appointed to the new three year term.</p> <p>III. Vice Chair Strachan commented the report reflected what the perspective of BHAB members had at the time the report was written.</p> <p>IV. Consensus of the board is to let the report stand as written with correction of typos.</p> <p>C. Measure B: <i>RFP Discussion</i></p> <p>I. The RFP is now written, the discussion will be tabled at this time.</p> <p>D. Meeting Schedule Change: <i>Discussion and possible action</i></p> <p>I. June 19, 2019 Date Change:</p> <p>a. Chair McGourty asked if the board wanted to keep the June 19, 2019 meeting date or change the date to June 12, 2019 as she would not be available to attend the meeting on June 19<sup>th</sup>.</p> <p>i. There was discussion of who could attend the meeting on June 12<sup>th</sup>. A motion was made to change the date, motion did not pass. Vice Chair Strachan will facilitate the meeting in Covelo on June 19<sup>th</sup>.</p> <p>ii. Vote did not pass to change the date.</p> <p>II. October 16, 2019 Location Scheduled:</p> <p>a. Announcement the location for the October 16, 2019 BHAB meeting location has been reserved at the Hopland Veteran's Memorial Building, 110 Feliz Creek Road, Hopland.</p>	<p>Consensus of the board is to let the BHAB Annual Report to BOS stand as written with the correction of typos.</p> <p>Motion made by Member Towle, seconded by Treasurer Behringer to change the June 19, 2019 meeting to June 12, 2019. Motion did not pass with three yay votes, one nay votes, and four abstaining.</p>
<p><b>9.</b> 5 minutes</p>	<p><b>Adjournment: adjourned at 2:02</b></p> <p><b>Next meeting:</b> June 19, 2019 - Covelo</p>	

#### AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

**BHAB CONTACT INFORMATION:** PHONE: (707) 472-2355 FAX: (707) 472-2788  
EMAIL THE BOARD: [mhboard@mendocinocounty.org](mailto:mhboard@mendocinocounty.org) WEBSITE: [www.mendocinocounty.org/bhab](http://www.mendocinocounty.org/bhab)

DRAFT

Appropriations		2017-18 Adopted	2018-19 Adopted	2019-20 Proposed	NOTES
Salaries & Employee Benefits					
Total Salaries & Benefits					
Services & Supplies					
862080	Food	1,800	1,800	1,800	
862150	Memberships		600	600	
862170	Office Expense	300	500	500	
862210	Rents & Leases-Bldg	30	30	30	
862250	Travel & Trans.	5,870	5,800	5,800	
862253	Travel & Trans.(out)	3,300	2,770	2,770	
Total Services & Supplies		11,500	11,500	11,500	
Other Charges					
Total Other Charges		-			
Fixed Assets					
Total Fixed Assets					
Total Expend Transfer					
Total Net Appropriations		11,500	11,500	11,500	
Revenues:					
Total Revenues					
Estimated Net County Cost		11,500	11,500	11,500	
Assigned Net County Cost					
DIFFERENCE		11,500	11,500	11,500	
Vacancy Savings					



Mendocino County Behavioral Health and Recovery Services  
Behavioral Health Advisory Board General Ledger  
FY 18/19  
June 13, 2019

ORG	OBJ	ACCOUNT DESCRIPTION	YR/PER./NL	EFF DATE	AMOUNT	INVOICE #	CHECK #	VENDOR NAME	COMMENT
MHB	862080	FOOD	2019/02/000182	08/09/2018	193.92	072118	4287751	SAFEWAY	ACCT 85006
MHB	862080	FOOD	2019/03/000081	09/07/2018	92.49	85006	081818	SAFEWAY	ACCT 85006
MHB	862080	FOOD	2019/05/000045	11/01/2018	152.62	101318	4293037	SAFEWAY	ACCT 85006
MHB	862080	FOOD	2019/06/000717	12/20/2018	125.02	111018	4296088	SAFEWAY	89006
MHB	862080	FOOD	2019/07/000135	01/04/2019	84.01	120818	4296551	SAFEWAY	ACCT 85006
MHB	862080	FOOD	2019/09/000409	03/14/2019	143.48	080819	4300676	SAFEWAY	ACCT 85006
MHB	862080	FOOD	2019/10/000177	04/04/2019	129.21	03022019	4301896	SAFEWAY	ACCT 85006
MHB	862080	FOOD	2019/11/000177	05/16/2019	153.17	033019	4304556	SAFEWAY	ACCT 85006
<b>FOOD Total</b>					<b>\$1,073.92</b>				
MHB	862150	MEMBERSHIPS	2019/07/000413	1/25/2019	\$600.00	DUES 18/19	4297612	CALBHH/C	J. MILLER ANNUAL DUES FY18
<b>MEMBERSHIPS TOTAL</b>					<b>\$600.00</b>				
MHB	862170	OFFICE EXPENSE	2019/02/000228	08/09/2018	111.61	1144338	4287560	FISHMAN SUPPLY COMP	
MHB	862170	OFFICE EXPENSE	2019/03/000545	09/17/2018	89.99			AMZN MKTP 59180	AUG P-CARD
MHB	862170	OFFICE EXPENSE	2019/03/000935	09/27/2018	39.03			FISHMAN SUPPLY COMP	
MHB	862170	OFFICE EXPENSE	2019/04/001205	10/26/2018	7.99	1151382	4290738	FISHMAN SUPPLY COMP	1Q 1819 USE TAX PCARD AUGUST
MHB	862170	OFFICE EXPENSE	2019/06/000646	12/17/2018	4.91			WALMART CO 83830	
MHB	862170	OFFICE EXPENSE	2019/06/000719	12/20/2018	39.03	1165480	4295760	FISHMAN SUPPLY COMP	
MHB	862170	OFFICE EXPENSE	2019/08/000789	03/22/2019	23.70	1174668	4299304	FISHMAN SUPPLY COMP	
MHB	862170	OFFICE EXPENSE	2019/09/000167	03/07/2019	39.03	1176969	4300103	FISHMAN SUPPLY COMP	
MHB	862170	OFFICE EXPENSE	2019/09/000167	03/07/2019	-5.53	1176293	4300103	FISHMAN SUPPLY COMP	
MHB	862170	OFFICE EXPENSE	2019/11/000350	05/09/2019	65.12		4303895	FISHMAN SUPPLY COMP	
<b>OFFICE EXPENSE Total</b>					<b>\$414.88</b>				
MHB	862210	RENTS & LEASES BLD GRD			<b>\$0.00</b>				
MHB	862250	TRANSPORTATION & TRAVEL	2019/03/000152	09/07/2018	87.86	8/16/18	4289263	MCGOURTY JAN	LOCAL 8/16/18
MHB	862250	TRANSPORTATION & TRAVEL	2019/03/000689	09/20/2018	70.84	8/14/18	4290382	MARTINEZ MARTIN D	LOCAL 8/14/18
MHB	862250	TRANSPORTATION & TRAVEL	2019/03/000689	09/20/2018	41.42	8/15/18	4290354	STRACHAN EMILY	LOCAL 8/15/18
MHB	862250	TRANSPORTATION & TRAVEL	2019/04/000470	10/12/2018	68.67	9/13/18	4291742	STRACHAN EMILY	LOCAL 9/13/18
MHB	862250	TRANSPORTATION & TRAVEL	2019/04/001023	10/25/2018	46.87	10/17/18	4292503	MARTINEZ MARTIN D	LOCAL 10/17/18
MHB	862250	TRANSPORTATION & TRAVEL	2019/05/000938	11/29/2018	44.14	10/17/18	4294070	BEHRINGER FLINDA	LOCAL 10/17/18
MHB	862250	TRANSPORTATION & TRAVEL	2019/05/000938	11/29/2018	44.14	10/17/18A	4294070	BEHRINGER FLINDA	LOCAL 10/17/18A
MHB	862250	TRANSPORTATION & TRAVEL	2019/05/000938	11/29/2018	26.71	11/14/18	4294070	BEHRINGER FLINDA	LOCAL 11/14/18
MHB	862250	TRANSPORTATION & TRAVEL	2019/05/000938	11/29/2018	26.71	11/14/18A	4294070	BEHRINGER FLINDA	LOCAL 11/14/18A
MHB	862250	TRANSPORTATION & TRAVEL	2019/05/000938	11/29/2018	20.71	11/14/18	4294337	MARTINEZ MARTIN D	LOCAL 11/14 - 11/1
MHB	862250	TRANSPORTATION & TRAVEL	2019/06/000040	12/06/2018	33.79	11/14/18	4294770	MCGOURTY JAN	LOCAL 11/14/18
MHB	862250	TRANSPORTATION & TRAVEL	2019/06/000040	12/06/2018	58.31	10/17/18	4294770	MCGOURTY JAN	LOCAL 10/17/18
MHB	862250	TRANSPORTATION & TRAVEL	2019/06/000040	12/06/2018	43.60	11/14/18	4294892	STRACHAN EMILY	LOCAL
MHB	862250	TRANSPORTATION & TRAVEL	2019/09/000167	03/07/2019	37.70	2/20/2019	4300017	BEHRINGER FLINDA	LOCAL 2/20/2019
MHB	862250	TRANSPORTATION & TRAVEL	2019/09/000719	03/21/2019	37.70	2/20/19	4300801	BEHRINGER FLINDA	LOCAL 2/20/19 FY
MHB	862250	TRANSPORTATION & TRAVEL	2019/09/000719	03/21/2019	64.96	2/20/19	4301101	STRACHAN EMILY	LOCAL 2/20/19 FY
MHB	862250	TRANSPORTATION & TRAVEL	2019/10/000432	04/11/2019	56.38	01/16/19-3/20/19	4302422	TOWLE RICHARD	LOCAL 1/16-3/20/19 FY1819
MHB	862250	TRANSPORTATION & TRAVEL	2019/11/000350	05/09/2019	21.46	4/17/19	4303801	BEHRINGER FLINDA	LOCAL 4/17/19 FY
MHB	862250	TRANSPORTATION & TRAVEL	2019/11/000350	05/09/2019	21.46	4/17/19 A	4303801	BEHRINGER FLINDA	LOCAL 4/17/19 FY
MHB	862250	TRANSPORTATION & TRAVEL	2019/11/000350	05/09/2019	40.60	4/17/19	4303975	MARTINEZ MARTIN D	LOCAL 4/17/19 FY
MHB	862250	TRANSPORTATION & TRAVEL	2019/11/000350	05/09/2019	70.53	3/28-4/23/19	4304130	TOWLE RICHARD	LOCAL 3/28-4/23/19 FY181
MHB	862250	TRANSPORTATION & TRAVEL	2019/11/000792	05/23/2019	46.40	4/17/19	4305084	STRACHAN EMILY	LOCAL 4/17/19
MHB	862250	TRANSPORTATION & TRAVEL	2019/11/001277	05/31/2019	8.12	5/15/19 A	4305150	BEHRINGER FLINDA	LOCAL 5/15/19 FY1819
MHB	862250	TRANSPORTATION & TRAVEL	2019/11/001277	05/31/2019	8.12	5/15/19	4305150	BEHRINGER FLINDA	LOCAL 5/15/19 FY1819
MHB	862250	TRANSPORTATION & TRAVEL	2019/12/000330	06/13/2019	52.55	5/08/19-5/30/19	0	TOWLE RICHARD	LOCAL 5/08/19-5/30/19 FY
<b>TRANSPORTATION &amp; TRAVEL Total</b>					<b>\$1,079.75</b>				
MHB	862253	TRAVEL & TRSP OUT OF COUNTY	2019/03/000310	09/13/2018	238.47	7/26/18	4289573	MCGOURTY JAN	SACRAMENTO 7/26/18
<b>TRAVEL &amp; TRSP OUT OF COUNTY</b>					<b>\$238.47</b>				
<b>Grand Total</b>					<b>\$3,407.02</b>				

Summary of Budget for FY 18/19

OBJ	ACCOUNT DESCRIPTION	Budget Amount	YTD Exp	Remaining Budget
862060	Communications	0.00	0.00	0.00
862080	Food	1,800.00	1,073.92	726.08
862150	Memberships	600.00	600.00	0.00
862170	Office Expense	500.00	414.88	85.12
862210	Rents & Leases Bld	30.00	30.00	0.00
862250	In County Travel	5,800.00	1,079.75	4,720.25
862253	Out of County Travel	2,770.00	238.47	2,531.53
<b>Total Budget</b>		<b>\$11,500.00</b>	<b>\$3,407.02</b>	<b>\$8,092.98</b>

# Behavioral Health Advisory Board Director's Report

**June, 2019**

## **1. Board of Supervisors:**

### **a) Recently passed items or presentations:**

#### **i) Mental Health:**

- Approval of Retroactive Agreement with Mendocino Coast Hospitality Center to Provide Services to Severely Mentally Disabled Homeless Clients in Fort Bragg Through Substance Abuse and Mental Health Services Administration Grant for the Period of July 1, 2018 through June 30, 2019
- Approval of Second Amendment to Agreement with Crestwood Behavioral Health, Inc. to Provide Residential Mental Health Treatment Services for Health and Human Services Agency, Behavioral Health and Recovery Services, Effective When Agreement Becomes Fully Executed through June 30, 2019

#### **ii) Substance Use Disorders Treatment:**

- None

### **b) Future BOS items or presentations:**

#### **i) Mental Health:**

- Approval of Agreement with Redwood Community Services, Inc. to Provide Specialty Mental Health Services at Haven House to Adults in Mendocino County for the Term of July 1, 2019 through June 30, 2020
- Approval of Agreement with Mendocino Coast Hospitality Center – Old Coast Café to Provide Vocational Services to Clients with Mental Health Challenges for Fiscal Year (FY) 18-20
- Approval of Agreements with Mendocino Coast Hospitality Center and Redwood Community Services, Inc., DBA Redwood Community Crisis Center to Provide Services to Severely Mentally Ill Clients Throughout Mendocino County through the Substance Abuse and Mental Health Services Administration Grant for the Period of July 1, 2019 through June 30, 2020
- Approval of Agreement with Anderson Valley Unified School District to Provide Mental Health Services Act Prevention and Early Intervention Services, Effective July 1, 2019, through June 30, 2020
- Approval of Agreements with California Psychiatric Transitions, Canyon Manor, Crestwood Behavioral Health, Davis Guest Home, Psynergy, Telecare Corporation, Vista Pacifica Center, and Willow Glen Care Center to Provide Residential Mental Health Treatment to Conserved Clients of the Health and Human Services Agency, Behavioral Health and Recovery Services for the Term of July 1, 2019 through June 30, 2020

ii) Substance Use Disorders Treatment:

- Approval of Agreement with Redwood Community Services, Inc., DBA Arbor Outpatient Drug Free Clinic, in the Amount of \$70,000 to Provide State Certified Medi-Cal Counseling Services to Transitional Age Youth for the Period of July 1, 2019, through June 30, 2020

**2. Staffing Updates:**

May:

a) New Hires:

Mental Health: MH Clinician; Compliance Manager  
Substance Use Disorders Treatment: 0

b) Promotions:

Mental Health: Staff Services Administrator  
Substance Use Disorders Treatment: 0

c) Departures:

Mental Health: 0  
Substance Use Disorders Treatment: 0

**3. Audits/Site Reviews:**

a) Date occurred and report out of findings:

- Department of Healthcare Services Triennial Review – Waiting for Report
- Substance Abuse Prevention and Treatment Block Grant – Waiting for Report

b) Upcoming/scheduled:

- EQRO – August 2019

**4. Grievances/Appeals:**

a) Grievances: 4

b) Second Opinion: 1

c) Change of Provider Requests: 1

d) Provider Appeals: 0

e) Consumer Appeals: 0

**5. Meetings of Interest:**

- a) Round Valley Crisis Response Project (Innovation Project #1) Meetings: July 2, 2019, 12:30 gathering and potluck, meeting 1 pm-3 pm, Yuki Trails 23000 Henderson Rd. Covelo. First Tuesday of every month

## **6. Grant Opportunities:**

- a) No Place Like Home

## **7. Significant Projects/Brief Status:**

- a) Assisted Outpatient Treatment (AOT): AB 1421/Laura's Law  
Melinda Driggers, AOT Coordinator, is accepting and triaging referrals:
  - Referrals to Date: 61
  - Did not meet AOT Criteria: 52
  - Currently in Investigation/Screening/Referral: 7
  - Settlement Agreement/Full AOT: 0
  - Other (Pending Assessments to file Petition: 2

## **8. Educational Opportunities/ Information:**

- a) Cultural Responsiveness for Better Health, Annual Native American Cultural Responsiveness Training: June 20, 2019 9 am - 4 pm, Coyote Valley Gym, 415 Coyote Valley Blvd. Redwood Valley (Note: new location)

## **9. Mental Health Services Act (MHSA):**

- a) FY 19/20 Calendar of MHSA/QIC meetings in development

## **10. Lanterman Petris Short Conservatorships (LPS):**

- a) Number of individuals on LPS Conservatorships = 55 with one pending T-Con

## **11. Substance Use Disorder Treatment Services:**

- a) Number of Substance Use Disorder Treatment Clients Served in April, 2019
  - Total number of clients served = 89
  - Total number of services provided = 641
  - Fort Bragg: 15 clients served for a total of 81 services provided
  - Ukiah: 68 clients served for a total of 514 services provided
  - Willits: 6 clients served for a total of 36 services provided

## **12. Contracts:**

- a) None

## **13. Capital Facility Projects:**

- a) Orchard Project

- Aka: SB 82 Wellness Grant, Crisis Residential Treatment, Crisis Center
- Agency: Redwood Community Services
- Purpose: One stop crisis campus to include Crisis Residential Treatment
- Status: Property had been purchased
- Status Update: Extension granted for use of funds through 2021.
- Next steps: Development for use
- Funding: SB82 Grant
- Possible Funding Options: California Development Block Grant (County CDBG in May) and Measure B funding (pending RFP process)
- The Measure B Committee Report to the BOS on 4/9/19 indicated that the RFP is expected to be released by June

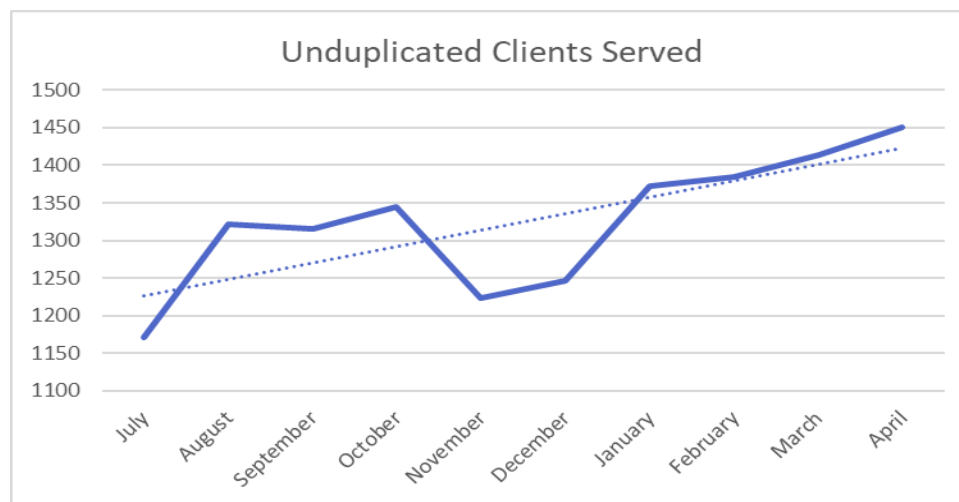
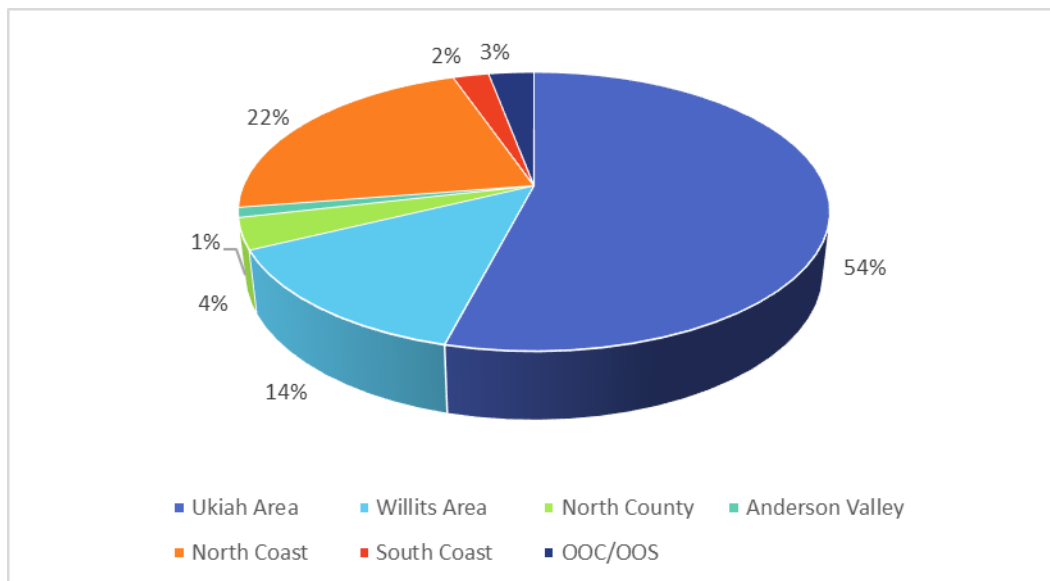
b) Willow Terrace Project

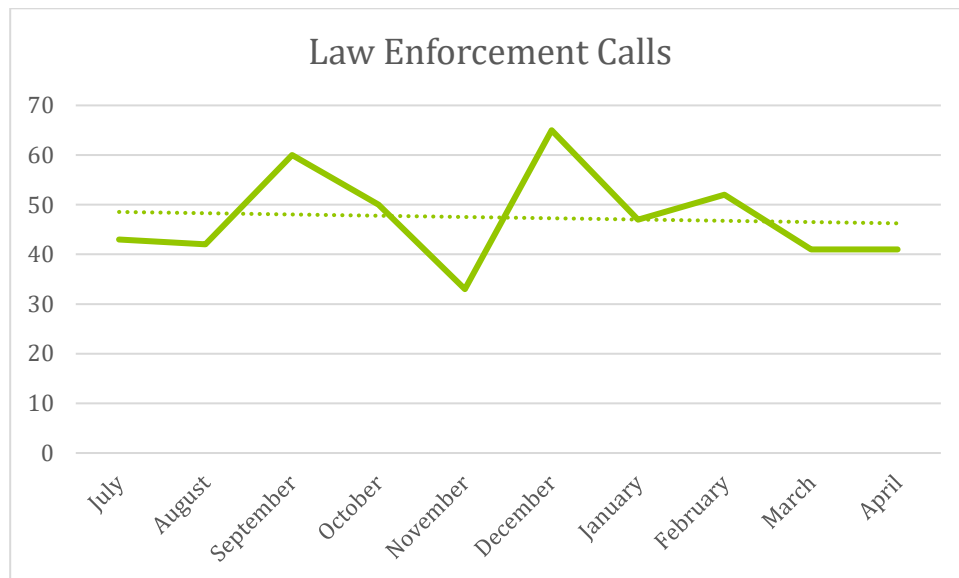
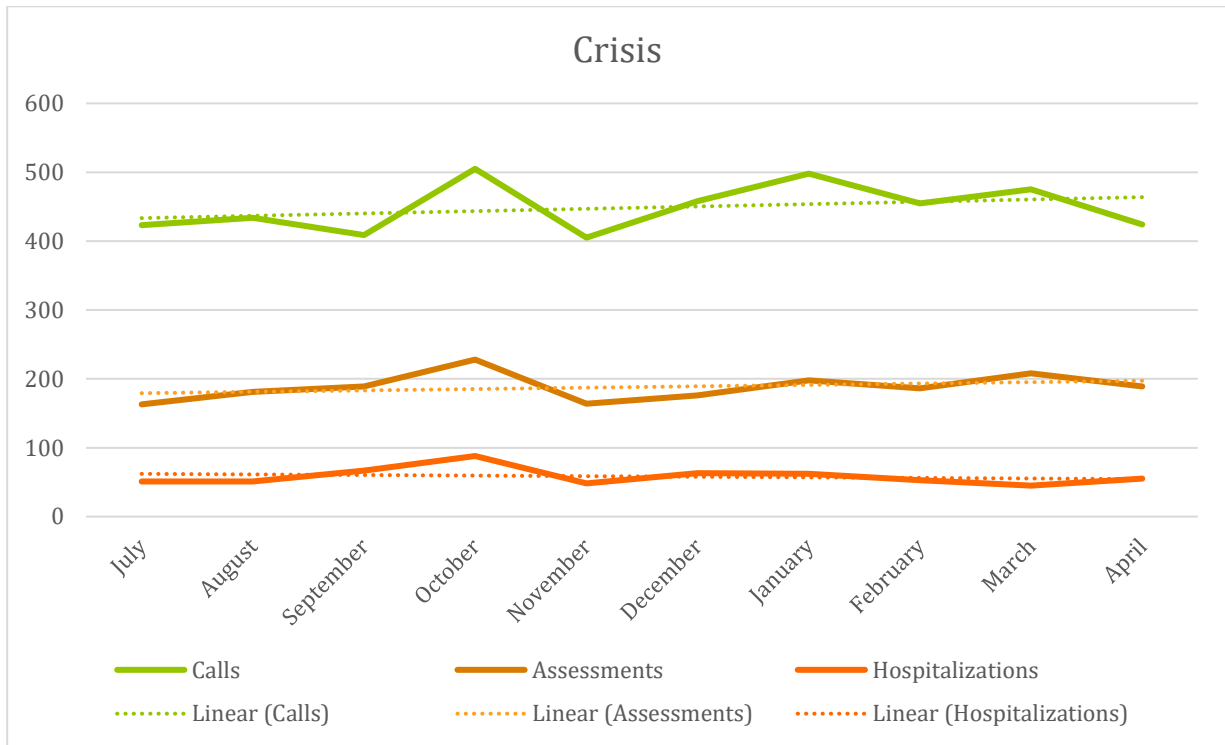
- Aka: MHSA Housing, Gobbi Street
- Agency: Rural Community Housing Development Corporation
- Purpose: 38 unit apartment complex
- Status: Construction is going well, Referral processes are being finalized, and preliminary FSP referral candidates are being discussed.
- Funding: MHSA Housing, Affordable Housing Program, and California Tax Credit
- Open House April 19, 2019 11 am - 2 pm
- Prospective Tenants meet weekly for Community building activities
- 35 applicants moved in the week of 6/3/19; 2 are waiting for a component of their voucher to move in which is expected any time
- Future vacancies will be pulled from the Coordinated Entry process. Those interested in housing need to be connected with Specialty Mental Health services, and their providers and/or homeless services agencies will ensure that they have completed documentation (VISPDAT) to be on the Housing management list (HMIS)



## Trends Fiscal YTD 2018/2019

YTD Persons by location...	Count	%
Ukiah Area	1500	54%
Willits Area	380	14%
North County	100	4%
Anderson Valley	32	1%
North Coast	616	22%
South Coast	65	2%
OOC/OOS	82	3%







Redwood Quality Management Company (RQMC) is the Administrative Service Organization for Mendocino County-providing management and oversight of specialty mental health, community service and support, and prevention and early intervention services. The following data is reported by age range, along with a total for the system of care (either youth or adult) as well as the overall RQMC total. This will assist in interpreting how different demographics are accessing service, as well as assist in providing an overall picture of access and service by county contract (youth and adult). Our goal is to provide the Behavioral Health Advisory Board with meaningful data that will aid in your decision making and advocacy efforts while still providing a snapshot of the overall systems of care.

#### AGE OF PERSONS SERVED

##### Children, Youth, & Young Adult System

##### Adult & Older Adult System

##### RQMC

0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
------	-------	-------	-------	-------	-------	-----	-------

#### Persons Admitted to...

Outpatient Services April	26	46	7	9	23	42	4	
Total	88				69			157

Crisis Services April	3	19	11	13	33	42	7	
Total	46				82			128

#### Unduplicated Persons...

Served in April	296	292	78	53	260	413	58	
Total	719				731			1,450

#### Unduplicated Persons...

Served Fiscal Year to Date	515	542	205	123	554	692	144	
Total	1,385				1,390			2,775

#### Identified As (YTD)...

Male	712				713			1,425
Female	659				674			1,333
Non-Binary and Transgender	14				3			17

White	741				1128			1,869
Hispanic	345				87			432
American Indian	104				73			177
Asian	13				10			23
African American	39				25			64
Other/Undisclosed	143				67			210

#### YTD Persons by location...

Ukiah Area	1500
Willits Area	380
North County	100
Anderson Valley	32
North Coast	616
South Coast	65
OOC/OOS	82



### AGE OF PERSONS SERVED

#### Children, Youth, & Young Adult System

#### Adult & Older Adult System

#### RQMC

0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
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### Total Number of...

Crisis Line Contacts April

	7	35	22	23	198	124	15	
Total	87				337			424

\*There were 113 logged calls where age was not disclosed. Those have been added to the total.

Crisis Line Contacts YTD

	87	473	189	175	1750	1634	178	
Total	924				3,562			4,486

#### by reason for call YTD...

Increase in Symptoms	1117
Phone Support	1266
Information Only	933
Suicidal ideation/Threat	643
Self-Injurious Behavior	92
Access to Services	281
Aggression towards Others	41
Resources/Linkages	113

#### April Calls from Law Enforcement to Crisis

TOTAL: 41		
MCSO: 16	CHP: 1	WPD: 4
FBPD: 6	Jail: 7	UPD: 7

#### by time of day YTD...

08:00am-05:00pm
05:00pm-08:00am

#### YTD Calls from Law Enforcement to Crisis

TOTAL: 433		
MCSO: 152	CHP: 11	WPD: 34
FBPD: 62	Jail: 81	UPD: 93

### Total Number of...

Emergency Crisis Assessments April

	4	26	13	18	57	58	13	
Total	61				128			189

Emergency Crisis Assessments YTD

	57	305	126	128	551	591	124	
Total	616				1,266			1,882

#### YTD by location...

Ukiah Valley Medical Center	694
Crisis Center-Walk Ins	645
Mendocino Coast District Hospital	252
Howard Memorial Hospital	225
Jail	37
Juvenile Hall	15
Schools	7
Community	7
FQHCs	0

#### YTD by insurance...

Medi-Cal/Partnership	1286
Private	233
Medi/Medi	196
Medicare	65
Indigent	92
Consolidated	0
Private/Medi-Cal	4
VA	6



AGE OF PERSONS SERVED

Children, Youth, & Young Adult System

Adult & Older Adult System

RQMC

0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
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Total Number of...

Inpatient Hospitalizations April

Total

0	6	5	5	21	15	3	
16				39			55

ReHospitalization within 30 days	Youth	Adult	0-2 days in the Hospital	Admits	% of total Admits
April	0	6	April	0	0
YTD	19	42	YTD	47	8.1

Days in the ER	0	1	2	3	4	5	Unk
April	6	30	24	0	1	0	6
YTD	99	306	107	24	9	3	44

Inpatient Hospitalizations YTD

Total

15	96	44	47	196	155	30	
202				381			583

YTD by location...	
Aurora- Santa Rosa**	79
Restpadd Redding/RedBluff**	189
St. Helena Napa/ Vallejo**	224
Sierra Vista Sacramento**	6
John Muir Walnut Creek**	2
San Jose BH**	10
St Marys San Francisco**	9
Marin General**	5
Heritage Oaks Sacramento**	7
VA: Sacramento / PaloAlto / Fairfield / San Francisco	6
Other**	46

YTD by criteria...	
Danger to Self	288
Gravely Disabled	165
Danger to Others	8
Combination	122

YTD at discharge...	
454 Discharged to Mendocino Cnty	
390 Had a Post-Hospital Session	
0.64 Avg days to Exit Interview	

Total Number of...

Full Service Partners April

Total

Youth	TAY	Adult	BHC	Elder	Outreach	
1	19	73	10	11	43	157

Total Number of...

Full Service Partners YTD

Total

Youth	TAY	Adult	BHC	Elder	Outreach	
4	24	83	11	13	48	183



Services Provided				
Whole System of Care	April	April	YTD	YTD
Count of Services Provided	Youth	Adults	Youth	Adults
*Assessment	212	193	1170	1587
*Case Management	519	865	4586	7288
*Collateral	185	6	2238	29
*Crisis	66	243	758	1880
*Family Therapy	229	2	2389	15
*Group Therapy	22		128	
*Group Rehab	640	147	4407	1198
*ICC	391		3777	
*Individual Rehab	540	433	5339	4256
*Individual Therapy	858	387	7647	3510
*IHBS	200		1652	
*Psychiatric Services	89	356	793	2785
*Plan Development	118	92	1115	92
*TBS	21		623	
<b>Total</b>	<b>4090</b>	<b>2724</b>	<b>36,622</b>	<b>22,640</b>
No Show Rate	6.60%	10.00%	8.00%	9.30%
<b>Average Cost Per Beneficiary</b>	<b>\$949</b>	<b>\$714</b>	<b>\$4,600</b>	<b>\$3,218</b>

Count of Services by Area	April	April	YTD	YTD
	Youth	Adult	Youth	Adult
South Coast	11		171	
North Coast	251	645	2,974	6,153
North County	33		446	
Ukiah	3,452	2,034	30,315	16,919
Willits	343	45	3,316	332

Meds Management	April	April	FY YTD	FY YTD
	Ukiah	Fort Bragg	Ukiah	Fort Bragg
Adult Unduplicated Clients	218	59	440	143
Adult Services Provided	437	120	2485	724
Youth Unduplicated Clients	89	8	243	23
Youth Services Provided	148	12	841	71



<b>Contract Usage</b>	Budgeted	YTD
Medi-Cal (50% FFP)	\$14,000,000.00	\$10,486,650.00
MHSA	\$1,791,450.00	\$1,369,745.42
ReAlignment	\$655,000.00	\$721,376.00
Medication Management	\$1,100,000.00	\$502,176.00

<b>Estimated Expected FFP</b>	April	YTD
Expected FFP	\$384,621.00	\$5,494,413.00



WELLNESS • RECOVERY • RESILIENCE

# No Place Like Home BHAB Advisory Board Mtg June 19th, 2019

Behavioral Health Solutions  
Michael Kennedy, MFT

# NPLH Purpose

- To acquire, design, construct, rehabilitate, or preserve **permanent supportive housing** for persons who are experiencing homelessness, chronic homelessness or who are at risk of chronic homelessness, and who are in need of mental health services.

# No Place Like Home

- \$2 billion in bond proceeds to invest in the development of permanent supportive housing
  - \$1.8 billion competitive
  - \$200 million non-competitive ( \$1.7
- All persons must be living with a serious mental illness
- Target populations: Homeless; Chronically homeless; At risk of chronic homelessness
- Who can apply: Counties (alone or in partnership with Developers)
- Estimated release of Notice of Funding Availability Summer 2018
- **Application due August 2019**

# Population Served

- Adults with serious mental illness, or children with severe emotional disorders and their families and persons who require or are at risk of requiring acute psychiatric inpatient care, residential treatment, or outpatient crisis intervention because of a mental disorder with symptoms of psychosis, suicidality or violence and who are homeless, chronically homeless, or at risk of chronic homelessness.
- At risk of chronic homelessness includes persons who are at high risk of long-term or intermittent homelessness, including persons with mental illness exiting institutionalized settings, transition age youth experiencing homelessness or with significant barriers to housing stability.

# Behavioral Health Housing Principles

1. Utilize the public behavioral health target population definition for homelessness prevention and reduction efforts
2. Utilize strategies that prevent homelessness
3. Utilize proven models to respond to homelessness
4. Invest in supportive services and break the cycle of long-term homelessness
5. Fund construction, operating subsidies, and supportive services
6. Ensure residents of all counties can benefit from additional housing investments
7. Balance investment
8. Consider MHSA revenue volatility
9. Ensure flexibility to address local needs
10. Address “Not in My Backyard” (NIMBY) and siting challenges
11. Leverage and increase the impact of existing and emerging state housing and services



# California Association of Local Behavioral Health Boards and Commissions

SUMMER 2019 Newsletter

[www.facebook.com/CALBHBC](http://www.facebook.com/CALBHBC)

[www.calbhbc.com](http://www.calbhbc.com)



## CALBHBC NEWSLETTER

### CALBHBC: A STATEWIDE ORGANIZATION SUPPORTING THE WORK OF LOCAL MENTAL HEALTH & BEHAVIORAL HEALTH BOARDS AND COMMISSIONS.

**"The way a team plays as a whole determines its success." Babe Ruth**

California's behavioral health system is on the cusp of knowing and bringing to scale effective mental/behavioral health programs, facilities, prevention and integrated community solutions throughout the state.

We know that being on the cusp is not easy, and we encourage local board/commission leadership and staff liaisons to connect with us for resources, issue-based advice and requests for statewide advocacy.

**Resources:** CALBHB/C provides support and resources to help boards/commissions fulfill their vital role in reviewing and advising locally as part of a system that strongly values input from individuals with lived experience of mental illness, their family members, and stakeholders. See page 2 for a list of resources, visit [www.calbhbc.com](http://www.calbhbc.com), contact us at [info@calbhbc.com](mailto:info@calbhbc.com) or use our [on-line form](#).

**Advocacy:** We are proud that we participated in our first-ever Capitol Day in April (in collaboration with NAMI, CA) with particular focus on **mental health workforce development**. We also participated in Mental Health Matters Day (organized by Mental Health America of CA) in May at the Capitol.



Our continued advocacy efforts focus on issues reported to us from CA's 59 local MH/BH boards/commissions. We note promising statewide movement toward addressing integrated mental/behavioral health solutions for **Housing, Workforce, Employment, Education, Disaster Planning & more!**

#### MEETINGS / TRAINING

Southern/LA: June 21 & 22, Santa Ana  
Superior: August 24, Chico  
Central: October, Sacramento

[Registration](#) at: [www.calbhbc.com](http://www.calbhbc.com).

*There is no fee for meetings or trainings. All MH/BH board/commission members are invited, and support staff. Travel expenses reimbursed for 1+ member /county in the region.*

#### NEW REPORTS AND MORE

Disaster [MH Plan from Napa County](#)

MHSA Fiscal and Program Data  
[MHSOAC Transparency Dashboard](#)

Older Adult DN Overview Report  
[CA Behavioral Health Planning Council](#)  
[Overview of 2017 Data Notebook](#)

#### TOP ISSUES

Top mental health issues reported by leadership (42 jurisdictions reporting)

- 1) Gaps in **Housing Continuum**, including Board & Cares for adults with severe mental illness.
- 2) Gaps in **Crisis Continuum** – Need for increased crisis stabilization services and crisis residential for children and adults.
- 3) **Workforce Shortage** – Psychiatrists and mental health professionals needed at all levels.
- 4) **Jails** – MH Services in question; Facilities inadequate; assaults on inmates and staff; not therapeutic.

**Contact Us:** [info@calbhbc.com](mailto:info@calbhbc.com)

**Website:** [www.calbhbc.com](http://www.calbhbc.com)

**Facebook:** [CALBHBC](https://www.facebook.com/CALBHBC)

**Resources** ([link to website](#))

[Best Practices Handbook:  
for Mental/Behavioral Health Boards &  
Commissions](#)  
[Brown Act \(Open Meeting Rules\)](#)  
[Data Notebooks](#)  
[Issue-Based Advocacy](#)  
[Mental Health Services Act \*Plans/Innovations\*](#)  
[Templates/Sample Docs](#)  
[Bylaws, Member Orientation, Site Visit, etc.](#)  
[Training \(\[Online\]\(#\) and Handbooks\)](#)

**Duties of Boards & Commissions**

The local mental health board shall : ([WIC 5604.2\(a\)](#))

1. Review and evaluate the community's mental health needs, services, facilities, and special problems.
2. Review any county agreements entered into pursuant to [Section 5650](#).
3. Advise the governing body and the local mental health director as to any aspect of the local mental health program.
4. Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process.
5. Submit an [annual report](#) to the governing body on the needs and performance of the county's mental health system.
6. Review and make recommendations on applicants for the appointment of a local director of mental health services. The board shall be included in the selection process prior to the vote of the governing body.
7. Review and comment on the county's performance outcome data and communicate its findings to the California Mental Health Planning Council. ([Data Notebooks](#))
8. Nothing in this part shall be construed to limit the ability of the governing body to transfer additional duties or authority to a mental health board.

[5604.2\(b\)](#): ...shall assess the impact of the realignment of services from the state to the county, on services delivered to clients and on the local community.

[5848](#): ...conducts a public hearing on the county's MHSA Three Year Program and Expenditure Plan and Annual Update.

**Mental Health Services Act (MHSA) Summary**

The Mental Health Services Act of 2004, passed by the voters as "Proposition 63," increased overall State funding for the community mental health system by imposing a 1% income tax on California residents with more than \$1 million per year in income. The stated intention of the proposition was to "transform" local mental health service delivery systems from a "fail first" model to one promoting intervention, treatment and recovery from mental illness. A key strategy in the act was the prioritization of prevention and early intervention services to reduce the long-term adverse impacts of untreated, serious mental illness on individuals, families and state and local budgets.

According to WIC 5813.5, MHSA Planning for services shall be consistent with the philosophy, principles, and practices of the Recovery Vision for mental health consumers:

1. To promote concepts key to the recovery for individuals who have mental illness: hope, personal empowerment, respect, social connections, self-responsibility, and self-determination.
2. To promote consumer-operated services as a way to support recovery.
3. To reflect the cultural, ethnic, and racial diversity of mental health consumers.
4. To plan for each consumer's individual needs.

**The Six Components:** The funds are divided into six components. County mental health agencies are required to develop detailed plans for the use of MHSA funds in each of these components, then submit those plans to the Mental Health Services Oversight and Accountability Commission (MHSOAC) or State for approval. The following are the components:

1. Community Program Planning (CPP)
2. Community Services and Supports (CSS)
3. Prevention and Early Intervention (PEI)
4. Innovation (INN)
5. Capital Facilities & Technology Needs (CFTN)
6. Workforce Education and Training (WET)

**[MHSA On-Line Training](#)**

Role of the Mental Health Board w/  
MHSA Component Descriptions and Fiscal Info