MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

REGULAR MEETING

MINUTES

March 20, 2019
10:00 a.m. to 2:00 p.m.

Farm Advisory Building Conference Room, 890 N. Bush St., Ukiah
and live video conferenced to
Seaside Room, 778 S. Franklin St., Fort Bragg

Chairperson
Jan McGourty

Vice Chair
Emily Strachan

Secretary
Dina Ortiz

Treasurer
Flinda Behringer

BOS Supervisor
Carre Brown

1ST DISTRICT:	2ND DISTRICT:	3RD DISTRICT:	4TH DISTRICT:	5TH DISTRICT:
DENISE GORNY	DINA ORTIZ	MEEKA FERRETTA	EMILY STRACHAN	PATRICK PEKIN
JAN MCGOURTY	MICHELLE RICH	AMY BUCKINGHAM	TAMMY LOWE	MARTIN MARTINEZ
LOIS LOCKART	VACANT	RICHARD TOWLE	LYNN FINLEY	FLINDA BEHRINGER

OUR MISSION: *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

Item	Agenda Item / Description	Action
1. 5 minutes	**Call to Order, Roll Call & Quorum Notice, Approve Agenda:** A. Meeting called to order by Chair McGourty at 10:07. B. Roll called by Member Buckingham. C. Quorum Met. D. Agenda approved by members present as written. E. Members present: Behringer, Buckingham, Ferretta, Gorny, Lockart, Lowe, Martinez, McGourty, Pekin, Rich, Strachan, Towle, and Supervisor Brown.	**Board Action:** Motion made by Member Rich, seconded by Vice Chair Strachan to approve the March 20, 2019 BHAB agenda as written. Motion passed unanimously.
2. 10 minutes	**Minutes of the February 20, 2019 BHAB Regular Meeting:** *Review and possible board action* A. Minutes approved as written.	**Board Action:** Motion made by Member Gorny, seconded by Member Towle to approve the February 20, 2019 BHAB minutes as written. Motion passed unanimously.
3. 15 minutes (Maximum)	**Public Comments:** *Members of the public wishing to make comments to the BHAB will be recognized at this time.* • Josephine Silva commented on trying to get medication. She went to RCS Crisis and was told to go to RQMC Medication Management and was told there she had to wait until the nurse was available to get the medication. She waited and as it turned out the nurse wasn't in on that day. She went to the ER and was told by ER staff that she should be going to	

	Crisis and Medication Management for help with medication. She wants to talk to Camille Schraeder about the issue.	
4. **30 minutes**	**BHAB Reports:** *Discussion and possible board action.* A. BOS Report - *Supervisor Brown* I. Supervisor Brown commented that the BHAB annual report was presented at the BOS meeting. There were a couple of changes suggested by BOS members. II. At the March 26, 2019 BOS Meeting, the Measure B Committee will be giving an update report. The BOS will also be going over the FY 2019/2020 budgets. III. Supervisor Brown commented regarding the budgets that revenue has not kept up as projected this last year. B. Chair – *Jan McGourty* I. Report to BOS: a. Chair McGourty presented the BHAB Annual Report to BOS. She stated John McCowen had commented that he would accept the report if the member terms section was rewritten. b. Chair McGourty submitted the BHAB accomplishments and recommendations to the BOS. c. There was discussion of County employees being unable to serve on BHAB due to having to use their accruals for time off to attend meetings. BOS will look into creating a policy for County employees serving on Boards. d. There was a big discussion regarding the Kemper Report recommendations at BOS. i. Member Towle commented he was impressed with Chair McGourty's report to BOS, he felt she did a good job of representing BHAB. e. Supervisor Brown stated she went over the membership issues with the Clerk of the Board and has only found a few minor errors. i. Discussion of the membership terms. Supervisor Brown will work with BHRS to get any issues with terms worked out. II. Measure B – *See Measure B January Minutes* a. Member Lockart commented regarding the Measure B members, there doesn't seem to be a connection between the members. i. Supervisor Brown commented she hopes with the changes in the dynamics of the Measure B members it will help moving forward. She mentioned the BOS has directed the Measure B Committee to engage in reviewing the Kemper Report. ii. BOS will be hiring a county employee to help with Measure B management duties. Vice Chair Strachan has sent some questions to County	

Human Resources to help with the interview process.

III. Stepping Up – *May Month of Action*
   a. Member Lockart attended the Stepping Up meeting February 28, 2019.
      i. The subject of discussion was terms of definition. They also discussed diversion.
   b. BHRS Director Miller commented that all the participants are to be working on base line data. She noted Supervisor Brown has been very helpful in getting more participation from County departments and local agencies to participate on the Stepping Up Committee.
   c. BHRS Director Miller announced there will be a public forum regarding Stepping Up May 8 and 9 or May 22 and 23; the forums will be on the Coast and Inland.
   d. Supervisor Brown stated there was a presentation at BOS regarding Stepping Up and all the Supervisors have the 6 questions from Stepping Up in their folders.

IV. CIT Review
   a. Chair McGourty commented she thought there were issues with the food provided and the food was minimal. Member Ferretta attended the whole CIT training and thought participants left to eat lunch, but not because of the food provided.
      i. BHRS Director Miller explained the issues with purchasing food for the training. She is working with the Sheriff to make arrangements for the next training. The Sheriff stated the jail will be catering food for the training one of the days.
   b. Chair McGourty commented she thought there should be a mental health professional presenting and there wasn't. BHRS Director Miller stated that one of the presenters is a mental health professional.
      i. Member Ferretta stated we need to keep in mind who is being trained and how law enforcement will interpret the program.
      ii. There was discussion of the pros and cons of the way the training was presented.
      iii. BHRS Director Miller commented the CIT training was not intended for just law enforcement, it is intended for all first responders. She commented that her staff was taking notes and will confer with the presenters before the next training and hopefully the presenters will adjust the presentation some.
   c. Chair McGourty stated she doesn't think the CIT training is the right training for jail staff.
      i. She commented on the recent settlement in a

	wrongful death lawsuit against the County. V. Innovation Plan Discussion: a. Discussion regarding the lack of trust still existing between the Native Americans and outsiders. Member Lockart commented about the lack of trust and respect from law enforcement to Native Americans in Covelo and other areas. i. Chair McGourty stated she thinks the trust with the Covelo Innovation Project is still an issue. She thinks that if there was an MOU between the County and Round Valley Indian Health Project it might be a way to build trust. ii. Discussion of how the process works with the tribal council in Covelo. BHRS Director Miller explained BHRS already has a couple of MOUs with the Tribe. She will follow up with the Innovation Team to see if they feel an MOU is needed. iii. A motion was made to recommend BHRS write an MOU regarding the Covelo Innovation Project to help with trust issues.	**Board Action:** Motion made by Member Lockart, seconded by Member Martinez for BHAB to recommend to BHRS to write an MOU regarding the Covelo Innovation Project to help with building trust. Motion passed unanimously.
5. **30 minutes**	**Committee Reports:** A. Membership: I. Chair McGourty commented regarding the BHAB applicant Sergio Fuentes membership being put on hold at the last meeting. She received a note from Supervisor McCowen stating only twenty percent of the board has to be a consumer based on the WIC code. Member Rich would like to have a consumer in the position. Supervisor Brown commented that Supervisor McCowen wanted to have the Latino community represented on the board and he feels Mr. Fuentes would fill that need. a. A motion was made to recommend Mr. Fuentes to BOS for appointment to BHAB. Discussion of what the board would like to do. Member Lockart stated Mr. Fuentes meets the qualifications so she wants to recommend his appointment. b. A vote was taken by roll call, it passed with eight yay votes and two nay votes. B. Flow Chart: I. Member Pekin commented on the revised flow chart he received from Dustin Thompson. Member Pekin stated the six boxes at the bottom of the page are the issue, he doesn't think it makes sense with the titles currently used; he wants it to be simple so that anyone can understand the flow chart and find the services they are looking for. a. Vice Chair Strachan stated she thinks the one done by Mr. Thompson is from the view point of an insider/provider, not from the view point of a consumer or family member.	**Board Action:** Motion made by Member Pekin, seconded by Member Lockart to recommend to BOS to appoint Sergio Fuentes to BHAB for the District 2 vacant position. Motion passed with eight yay votes and two nay votes.

b. Member Buckingham asked why the consumer's insurance information is so important. Member Pekin stated he thought the insurance information as listed is good, it tells the person which way to go. Whether a consumer has Medi-Cal or Private insurance will in some cases determine where they go to request services.
c. Discussion of what the goal is for the flow chart(s). There will be one flow chart for each region of the County and will have information for the consumer living in that region.
d. Member Buckingham stated a consumer in crisis should be given a location instead of just a phone number.
e. Member Pekin and Vice Chair Strachan think the top portion of the flow chart is good, but the bottom is where the problem is, as they see it.
f. Member Rich would like to see the verbiage directed to the consumer not providers.
    i. Discussion of how to navigate the system and put it in writing in a format a consumer be able to follow easily.
    ii. Member Rich suggested the headings be more of a question, such as, "Do you need help with medication?"
    iii. Member Pekin stated maybe they need to make a new draft flow chart combining the categories with questions/definitions. BHRS will work with the Flow Chart Committee to make a new draft.

C. Video Conferencing:
I. Due to some problems with using Skype to video conference the BHAB meetings, there was discussion of other systems such as Zoom. BHRS will look into other options.

D. Appreciation:
I. BHRS Director Miller commented the agency Certificates of Appreciation signed by BHAB members has been mailed out to the providers. The County Staff certificates will be presented at the BHRS Director's Staff Meeting March 28, 2019.
II. Chair McGourty asked if a BHAB member should be at the staff meeting to present the certificates. BHRS Director Miller said yes, the presentation would be about 2:00. Members Martinez and Towle will present the certificates to the County staff.

E. Dual Diagnosis:
I. By consensus of members present this item will be tabled.

F. 2019 Committees:
I. Flow Chart Committee - Member Pekin and Vice Chair Strachan

	II. Site Visit Committee - Chair McGourty, Members Rich, Towle, and Martinez III. Discussion of forming a Complaint Committee to discuss and review Grievances and Complaints. Members Towle, Martinez, and Chair McGourty were interested in being on the committee. a. BHRS Director Miller explained what information the Complaint Committee would get. The HIPAA laws would prohibit any personal information being released. i. BHRS Director Miller commented the County tracks all grievances. All grievances come to the County not to the providers, the County looks at trends to see if there is a problem they need to address. She will add to the director report any trends found. b. Member Lowe stated most of the grievances on the Coast are for people being released from hospitalization and not getting follow up care. c. Members decided not to form a complaint committee as they will receive information from the Director Report. d. Member Rich commented maybe we should be looking at what is working well and expand on. BHAB members will try to connect with Healthy Mendocino. IV. Housing Committee - Members Gorny and Lockart V. Employment Committee - Member Rich	
6. **30 minutes**	**Mendocino County Report:** *Jenine Miller, BHRS Director* A. Crisis Intervention Team (CIT) Training - *April 3-5, 2019 at Consolidated Tribal Health Conference Room.* I. The flier for the CIT Training was handed out so members could register. B. Discussion of the Grievance/Complaint Process: I. BHRS Director Miller explained the process for Complaints/Grievances. Grievances go to the County; there is an investigation and follow up on each grievance received. The County has to submit the grievances to the State. The State reviews how the grievances were handled. II. BHRS Director Miller reviewed some of the information from the Director Report, there were five grievances received and four Request for Change of Provider, she will follow up with facilities regarding any complaints. C. BHRS Director Miller announced April is Alcohol Recovery Month. She will present at BOS and have some clients come to talk about their recovery. The SUDT counselors and their clients have made some story boards regarding the client's recovery. D. Facilities:	Board Action:

	I. Discussion of what kind of facility RestPadd is. II. Discussion of there not being enough hospital beds for the number of clients that need them. E. 2018 Audits - *List of Audits in 2018* I. The list is not ready at this time. Adjourned 11:59 for lunch break, Reconvened 12:32	
	LUNCH BREAK **12:30 to 1:00**	
7. **20 minutes**	**RQMC Report:** A. Dan Anderson reporting for RQMC. I. Mr. Anderson stated the re-hospitalizations numbers were supposed to be added to the Data Dashboard, but noticed it wasn't done this month. He will see it gets added for the next month. a. He will also let the staff know to add the number of clients that did not meet medical necessity. II. Mr. Anderson addressed Member Lowe's comment about clients not getting after care services. He stated they are offered after care services, when RCS staff picks clients up from hospitals upon their release they try to do immediate care. RCS picks clients up and transports them back to Mendocino County. During the trip RCS staff tries to set the client up for after care and tries to find out if they have a place to live. RCS Crisis offers up to sixty days of follow up care and will try to connect the client with other provides as needed. III. When asked, how many clients refuse or accept aftercare Mr. Anderson did not know the numbers at this time. a. Mr. Anderson will have staff add to the Data Dashboard the numbers for how many clients accepted or refused after care. IV. Member Martinez asked where RQMC is regarding staffing, is RQMC overworking staff? a. Mr. Anderson reported the clinic lost a psychiatrist and there has been an increase in referrals, crisis has been busy, so he thinks it's pushing them, but they won't turn away any medication management or crisis clients. RQMC is currently looking to hire more staff. V. BHRS Director Miller stated RQMC has monthly goals they have to meet per their contract with the County or they receive a Plan of Correction letter from the County. Mr. Anderson stated RQMC and the County meet monthly to review/discuss any issues there may be on meeting their goals. a. Mr. Anderson asked for people to call him if someone is not getting the services they need. VI. There was a question regarding whether RQMC will talk to family members.	

	a. Mr. Anderson stated when a client comes in to crisis they will try to get a Release of Information (ROI) signed. If the client is unwilling or unable to sign a ROI the crisis worker will try to get the client to sign one when they are picked up from the hospital to transport them home.	
9. **30 minutes**	**BHAB Business:** A. Discussion of what planning processes BHAB should/needs to be involved with. I. Discussion of a BHAB member attending each of the MHSA/QIC Meetings. Vice Chair Strachan will attend the next meeting on the coast March 28, 2019. B. Trainings: I. (CALBHBC) - April 9 & 10, 2019 in Sacramento and June 21 and 22, 2019 in Santa Ana. a. Chair McGourty asked if any members were interested in attending either of the trainings. At this time no member expressed interest. II. Stepping Up Webinars: a. Chair McGourty encouraged members to watch the Webinars. III. MHSA Online Training: a. Discussion of members doing online training as an option to traveling out of County to training. IV. Online Ethics Training: a. Member Towle has links to the online Ethics Training that all Members are required to take every 2 years. He will send the links to all the members. b. Members should send copies of all completed Certificate of Training to Administrative Secretary Peckham. c. Member Lockart highly recommends training in person not online. C. Data Notebook: I. Member Rich commented the Data Notebook is a survey this year. She put the questions into a Google survey so it's easier to collect the data. II. BHRS Director Miller asked who should fill out the survey. a. Member Rich stated BHRS Director Miller should do it and all the providers. She would like the surveys completed by the end of the month. III. Dustin Thompson will send the survey out to all the providers. D. Supervisor Brown thanked everyone for all the work staff does. E. John Wetzler asked what the average length of time for inmates to wait to get in the State Hospital for Restoration of Competency treatment. I. BHRS Director Miller explained the County has no	Board Action:

	involvement with clients with felony charges. Her understanding is the average wait is three to six months in the county jail until a place opens up at the State Hospital. There is a waiting list including all counties in the State. a. For Misdemeanor charges the client has up to a year to be restored to competency, for felony charges it could be up to two years. II. Chair McGourty asked if the contract between the State and Sheriff's Office regarding felony restoration to competency at the jail has been finalized. a. BHRS Director Miller stated no, it has not started yet. She stated Capt. Pearce from the jail said the felony contract for Restoration to Competency has been signed. F. The County has a discharge planner working at the jail. His job is to connect behavioral health clients to services when they are discharged from the jail.	
10. **5 minutes**	**Adjournment:** 1:54 pm **Next meeting:** April 17, 2019 in Boonville	

AMERICANS WITH DISABLITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

Jan McGourty, Behavioral Health Advisory Board Chair — Date: 5-15-19

Carolyn Peckham, BHRS Administrative Secretary — Date: 5/15/19

BHAB CONTACT INFORMATION: **PHONE: (707) 472-2355** **FAX: (707) 472-2788**
EMAIL THE BOARD: mhboard@mendocinocounty.org **WEBSITE:** www.mendocinocounty.org/bhab