



MAY IS MENTAL HEALTH MONTH 2019 ACTIVITIES



Date	Time	Activity/Location
Friday, May 3rd	11am - 3pm	Round Valley Big Time
Saturday, May 4th	11am - 3pm	Coyote Valley Rancheria Gym Outreach Table
Thursday, May 9th	3pm - 6pm	Willits Farmers Market Outreach Table
Saturday, May 11th	9am - 12pm	Ukiah Farmer's Market Outreach Table
Saturday, May 11th	Noon to 4pm	Mendo Pride—Alex Thomas Park
Wednesday, May 15th	4pm - 7pm	Boonville Farmers Market Outreach Table
Wednesday, May 22nd	3pm - 6pm	Fort Bragg Farmers Market Outreach Table



WELLNESS • RECOVERY • RESILIENCE



Behavioral Health and Recovery Services (BHRS) staff will be on site to provide information and answer any questions regarding Mental Health and Substance Use Disorder Treatment (SUDT) services. Educational and promotional items will be available.

**For more information, please contact Robin Meloche,
Outreach, Education, & Training Coordinator at 707-472-2332 or
email: meloche@mendocinocounty.org**