



MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

REGULAR MEETING AND MENTAL HEALTH SERVICES ACT THREE- YEAR PLAN ANNUAL UPDATE 2018/2019 PUBLIC HEARING MINUTES

February 20, 2019
10:00 a.m. to 2:00 p.m.

Consolidated Tribal Health Conference Room,
6991 N. State Street, Redwood Valley

Chairperson
Jan McGourty

Vice Chair
Emily Strachan

Secretary
Dina Ortiz

Treasurer
Flinda Behringer

BOS Supervisor
Carre Brown

1ST DISTRICT:

DENISE GORNY
JAN MCGOURTY
LOIS LOCKART

2ND DISTRICT:

DINA ORTIZ
MICHELLE RICH
VACANT

3RD DISTRICT:

MEEKA FERRETTA
AMY BUCKINGHAM
RICHARD TOWLE

4TH DISTRICT:

EMILY STRACHAN
TAMMY LOWE
LYNN FINLEY

5TH DISTRICT:

PATRICK PEKIN
MARTIN MARTINEZ
FLINDA BEHRINGER

OUR MISSION: *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

Item	Agenda Item / Description	Action
1. 5 minutes	Call to Order, Roll Call & Quorum Notice, Approve Agenda: <ul style="list-style-type: none"> Meeting called to order at 10:11 by Vice Chair Strachan Roll called by Member Rich Quorum met Members present: Behringer, Ferretta, Finley, Gorny, Lockart, Martinez, Rich, Strachan, Towle, McGourty and Supervisor Brown Agenda approved with removal of Item 4.IV, to be placed on the March 20, 2019 agenda. 	Board Action: Motion made by Member Gorny, seconded by Member Finley to remove Item 4.IV, to be placed on the March 20, 2019 agenda. Motion passed unanimously.
2. 10 minutes	A. Minutes of January 16, 2019 BHAB Regular Meeting: <i>Review and possible board action</i> I. Minutes approved as written. B. Minutes of January 31, 2019 BHAB Special Meeting: <i>Review and possible board action</i> I. Minutes approved with correction of typo, Item 4.D.	Board Action: Motion made by Member Rich, seconded by Member Ferretta to approve the 1/16/19 minutes as written and the 1/31/19 minutes with correction of typo. Motion passed unanimously.
3.	Public Comments:	

<p>15 minutes (Maximum)</p>	<p><i>Members of the public wishing to make comments to the BHAB will be recognized at this time.</i></p> <ul style="list-style-type: none"> • Richard Matens, CEO Consolidated Tribal Health Project, commented he appreciates what the County has done to improve and include Native Americans in mental health services. • Josephine Silva, community member, commented on the EQRO report. <ul style="list-style-type: none"> ○ Commented on the Quality Improvement Committee (QIC) and Behavioral Health Advisory Board (BHAB) meetings having mostly agency people attending, not enough community members or consumers, she suggested that all the public meetings be at Manzanita or Mendocino Coast Hospitality Center or another place consumers would be at and she felt more likely to attend. ○ Commented the community should have more say in where and how the Mental Health Services Act (MHSA) budget is being spent. ○ Commented regarding psychiatrists being hired, she wanted to know what is being done about hiring more psychiatrists. She feels there is not enough psychiatrists available as needed. ○ Commented on the Crisis Flow Chart, she agrees it's very difficult to follow. 	
<p>4. 40 minutes</p>	<p>BHAB Reports: <i>Discussion and possible board action.</i></p> <p>A. BOS Report: <i>Supervisor Brown</i></p> <ol style="list-style-type: none"> I. Supervisor Brown thanked the BHAB Ad Hoc Committee for breaking down the Kemper Report (Measure B). The recommendations that were presented to BOS were on the agenda at the same meeting the Measure B Committee was presenting to the BOS. The BHAB recommendations were very helpful to the BOS members and the Community. II. Supervisor Brown stated she is happy to see the Stepping Up Program and Crisis Intervention Team (CIT) Training is moving forward. III. Member Martinez asked if there will be any safety measures taken for the staff. <p>B. Chair:</p> <ol style="list-style-type: none"> I. Measure B – BHRS Director Miller commented on the Measure B Committee as BHAB Chair McGourty was not present. She commented the committee voted to send their recommendations to BOS. The next Measure B Committee meeting will be Wednesday, February 27, 2019. <ol style="list-style-type: none"> a. Vice Chair Strachan has been meeting with Mark Mertle, Measure B Committee member, they have a small Ad Hoc Committee to discuss the needs of the coast. They have been discussing the “Livingroom concept”, but what the Ad Hoc Committee sees as a 	

priority need for the coast are crisis beds to relieve the Hospital of client care.

- i. Member Finley commented there are a lot of people wanting more crisis beds for people on the coast. There is concern with keeping clients, hospital staff, and the public safe on the coast.
- ii. Supervisor Brown commented that Dr. Marvin Trotter stated at a BOS meeting that his group has been tracking the crisis hospital client numbers in the county. She thinks the information will be followed up by the Measure B Committee as they pursue options on how the Measure B funds will be used.
- iii. Supervisor Brown stated the Measure B Committee needs to come up with a place people in crisis, but not meeting 5150 criteria, can go and feel comfortable to get the help they need.
- b. Member Lockart asked why or if the Measure B Committee minutes could be brought to the BHAB meetings.
 - i. BHRS Director Miller stated the Measure B Committee minutes are posted on line, but she said it's something that can be done; members will need to keep in mind the minutes will be a month behind.

II. Stepping Up- BHRS Director Miller commented that the County is in the beginning stages of the program and more people (agencies) are attending the meetings; Supervisor Brown, Sheriff Allman, RQMC, Courts, Probation, and BHRS. The group is working on getting a representative from the District Attorney's Office (DA) to attend. The group has spent the last 2 meetings on defining what mental health and recidivism means as there are different definitions. Next steps are to look at who (which agency) can do what.

- a. Member Martinez asked if there has been any discussion regarding re-entry to the community.
 - i. BHRS Director Miller commented that hasn't been discussed yet, but Substance Use Disorders Treatment (SUDT) has counselor, Jill Ales, working at the jail with inmates and she does work with clients on re-entry. She helps get clients connected to support services before they are discharged from the jail.
- b. Supervisor Brown is hoping the new addition to the jail will help with getting inmates connected to services both while in custody and when they are discharged.
- c. BHRS Director Miller stated BHRS is currently trying to hire a discharge planner to work with inmates so when the inmate is discharged from the jail they have

	<p>in place, someone that will be picking them up from the jail, where they will go to live, and connections to services they will need for support. She commented the jail has some education classes for inmates and several have received their General Education Degrees (GED) while in custody.</p> <p>d. Member Lockart commented that education is important, not so much at the higher levels, but as an advocate for vocational training she thinks education/training for jobs such as a mechanic is needed.</p> <p>III. CIT Training: Member Ferretta commented on the CIT Training, she thought it was a great training. She listed some of the training points that were covered in the three days. She talked about the different agencies that were represented; law enforcement (Sheriff Deputies both in corrections and patrol, probation, grand jury, Ukiah Police Dept.). There were NAMI family members and clients that presented. They explained how the 5150 process is experienced and perceived by the family and the client. She mentioned some of the younger lower level law enforcement officers were concerned that if they tried to put into practice the techniques/skills they were learning, their supervisors may not be aware of the procedures and they could be reprimanded.</p> <p>a. BHRS Director Miller commented the Ukiah Police Department Chief and Sheriff Allman stated they had reports from their staff that had attended CIT Training stating it was a very important and useful training. The Chief and Sheriff will try to make sure more of their staff attends future training.</p> <p>b. Member Ferretta was surprised that a Sheriff Deputy commented he was not aware of the Mobile Outreach Prevention Services (MOPS) teams and what they do. BHRS Director Miller will follow up with Sheriff Allman to make sure the Deputies are aware of MOPS and the support they provide.</p> <p>c. The next CIT Training will be April 3rd, 4th, and 5th at the Consolidated Tribal Health Project Conference Room from 8:00 to 5:00, lunch will be provided. The training flier will be sent to BHAB members so if they want to attend they can register, there is no charge for the training.</p> <p>IV. Letters of Appreciation: Vice Chair Strachan passed out Certificates of Appreciation for members to sign. These are Certificates the board had voted to send out to all County Staff and all of the contracted providers along with MHSA funded providers. The County will make sure the certificates are delivered.</p> <p>V. Dual Diagnosis Committee Report - <i>Discussion and possible action</i></p>	<p>Board Action: By consensus of members</p>
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	<p>a. Due to Secretary Ortiz not being available, by consensus of the members present this item will be held over and added to the March 20, 2019 agenda.</p> <p>VI. California Association of Local Behavioral Health Board and Commissions (CALBHBC) Training and Meetings: <i>Discussion and possible action regarding members attending meetings/training</i></p> <p>a. Discussion of any member interested in attending upcoming meetings/training. The only member currently interested is Member Ferretta, she will attend the training in Oakland in March.</p> <p>VII. California Behavioral Health Planning Council - Data Notebook - <i>discussion and possible action by members</i></p> <p>a. Member Rich stated that Chair McGourty, Secretary Ortiz and she met to discussion completion of the Data Notebook. They divided the notebook into sections for each to work on. Member Rich has a few questions, but will follow up with Chair McGourty and Secretary Ortiz and hopes they will have a report at the next BHAB meeting.</p> <p>b. There was a question of what the data/information collected is used for.</p> <p>i. The Data Notebook is actually a survey this year but will go back to data collection next year.</p> <p>ii. BHRS Director Miller commented the data collected is to see what mental health needs are for the State.</p> <p>C. Secretary- no report</p> <p>D. Treasurer-no report</p>	<p>present Item 4.B-V Dual Diagnosis Committee Report, will be held over to another meeting for discussion.</p>
<p>5. 10 minutes</p>	<p>Membership: <i>Discussion and possible action</i></p> <p>A. Membership - Supervisor Brown swore in Member Lockart for another three year term on the BHAB.</p> <p>B. BHAB Member Handbook - <i>Need updates</i></p> <p>I. Amanda Stoner, BHRS Admin, Staff Assistant III placed the updated information and removed the outdated information in the Member Handbook while the meeting was in process. Members not in attendance will need to make arrangements to get their Handbooks updated.</p> <p>C. Membership Applicant - <i>Discussion and possible action</i></p> <p>I. The board received an application for a new member Sergio Fuentes for District 2. There was discussion of whether Mr. Fuentes meets the criteria for the Consumer position that's open at this time or whether the board can have someone that is not a consumer fill the position.</p> <p>a. Member Rich thinks the position should be filled by a consumer to provide input from a consumer perspective.</p> <p>b. Discussion of putting the subject on hold while the board reaches out to some of the providers to see if there is possibly a client that may be interested in</p>	<p>Board Action: By consensus of members present the applicant Sergio Fuentes was held over to the next meeting pending follow up regarding the applicant meeting the criteria for the position of Consumer.</p>

	<p>serving on the board.</p> <p>c. Supervisor Brown offered to follow up with Supervisor McCowen regarding the concerns of BHAB regarding Mr. Fuentes' application.</p> <p>II. Discussion of the difficulty of asking an applicant if they are a consumer. The new application form doesn't have a box an applicant can check to say which position they are applying for, which the previous application did.</p> <p>a. Supervisor Brown talked about the changes made to the application.</p> <p>III. BHRS Director Miller will have her staff look up the regulations regarding who can fill the positions on BHAB.</p> <p>IV. Member Lockart thinks the board should consider anyone that applies regardless of whether the applicant meets criteria for Public Interest, Family/Consumer, or Consumer.</p> <p>D. Membership Pictures - BHRS Director Miller stated that starting with the next BHAB meeting she would like pictures taken of individual members and a group picture of the board to put on the BHAB website.</p>	
<p>6. 15 minutes</p>	<p>RQMC Report: <i>Camille Schraeder, CFO Redwood Quality Management Company</i></p> <p>A. Ms. Schraeder commented RQMC is working on their provider contacts for FY 2019/2020, to meet the State requirements.</p> <p>I. Discussion of the homeless housing and the process of building a community culture.</p> <p>II. RQMC is working out a procedure to bill for client services that were previously unbillable.</p> <p>III. Ms. Schraeder commented on where medication management services are provided and the RQMC staff providing the services.</p> <p>IV. Discussion of the "crisis beds", Ms. Schraeder stated the program is funded by a private entity.</p> <p>V. Member Martinez asked Ms. Schraeder what RQMC is doing for the safety of their staff. He asked if there were cameras, security guards, lights in the parking areas, etc. He is concerned not just in the buildings, but with staff going from the building to their cars after hours.</p> <p>a. Ms. Schraeder commented that inside the buildings they have cameras and there is an intercom that staff can use with a code word to let other staff know they need help.</p> <p>b. BHRS Director Miller stated that if there is a particular person the staff is concerned about they can opt to get a restraining order.</p> <p>VI. Discussion of grants for the homeless shelter which had to be in place by October 2018. Ms. Schraeder stated the funding from H.E.A.T. has been put on hold. The homeless resource center is on hold pending funding.</p>	<p>Board Action:</p>

	VII. Ms. Schraeder will have staff add to the Data Dashboard the re-hospitalization numbers. She noted the Sheriff calls were up for the month of December 2018.	
<p style="text-align: center;">LUNCH BREAK 11:45 to 12:15 Adjourned at 11:58 - Reconvened at 12:24</p>		
<p>7. 60 minutes</p>	<p>BHAB / Mental Health Overview of BOS Presentation: <i>Presentation by Tammy Moss Chandler, HHSA Director and Jenine Miller, BHRS Director</i></p> <p>A. HHSA Director Tammy Moss Chandler commented about being away from HHSA for about a year to work on the County fire recovery.</p> <p>B. HHSA Director Tammy Moss Chandler stated the presentation she and BHRS Director Miller is presenting was regarding the Kemper Report that was done regarding the Measure B needs. She commented the presentation is a draft and she is hoping for feedback and suggestions from BHAB members. The presentation will be on the agenda for BOS in March. This presentation will also involve RQMC.</p> <p>I. HHSA Director Tammy Moss Chandler reviewed what the presentation will cover; she reminded everyone present that when the County talks about mental health services they are talking about Specialty Mental Health Services (SMH) which provides services to the severely mentally ill.</p> <p>II. Member Ferretta asked for clarification of the top slide on page four. What did the circle Contracted ASO mean?</p> <p>a. HHSA Director Tammy Moss Chandler explained that in most counties the funding is paid out directly by the county to contracted providers, but in Mendocino County there is a contract with an Administrative Services Oversight (ASO) company, RQMC, which receives funding as stated in their contract. The ASO is responsible for paying the providers for services.</p> <p>III. Member Lockart asked if the recent Office of Inspector General (OIG) Audit will affect funding.</p> <p>a. HHSA Director Tammy Moss Chandler responded that the estimated amount the County will have to pay back to the State will be \$790,000, which is less than what the County thought would need to be paid back.</p> <p>IV. BHRS Director Miller commented on the pages in the report regarding SMH services. She reviewed the criteria to receive services for SMH.</p> <p>a. Vice Chair Strachan asked if a person could self-refer for placement in a SMH facility.</p> <p>i. BHRS Director Miller explained that a person can self-refer, but will first be assessed to see if the criterion is met before being admitted.</p> <p>V. BHRS Director Miller explained that every client has to have a client plan before any billing can be sent to Medi-</p>	

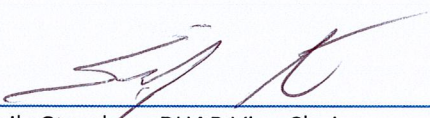
	<p>Cal. The client plans have to be updated annually or anytime client care needs to be changed.</p> <p>a. Discussion of what has to be in the client plan and how often it can be updated, how many times of service and how a service will be provided, along with the expected outcome of the service.</p> <p>VI. Member Towle asked about a client receiving services, but has Medi-Cal issued from another county.</p> <p>a. BHRS Director Miller explained that you can get services, but the County will not get matching payment from realignment funds from the county the Medi-Cal was issued. There is a new regulation called a presumptive transfer that states all counties should take care of their own clients, but all Crisis clients will be served regardless of Medi-Cal or other insurance coverage. If a crisis client needs to get or change the county of Medi-Cal issue the crisis workers will help to apply or change Medi-Cal.</p> <p>VII. Discussion on why/when Medi-Cal can deny services.</p> <p>a. Day Treatment/Day Rehabilitation billing is one of the main reasons for denial. RQMC has worked very hard to decrease the number of denials by Medi-Cal.</p> <p>b. BHRS Director Miller commented on some of the ways denials can come up. The Triennial Audit is one of the ways. The County does its own audits of client charts two to three times a year.</p> <p>c. Discussion of the ASO training the providers to complete documentation in client charts to meet the regulations for Medi-Cal billing.</p> <p>VIII. Member Behringer asked if Medi-Cal targets the most expensive services to deny.</p> <p>a. BHRS Director Miller stated she didn't think so; Medi-Cal has strict regulations regarding what can be billed and how the documentation should be completed.</p> <p>IX. Discussion of the difference between a 72 hour hold (5150) and conservatorship. BHRS Director Miller explained the Lanterman-Petris-Short (LPS) Act Conservatorship and how it came into law and how it works.</p> <p>a. HHSA Director Tammy Moss Chandler commented that she and BHRS Director Miller are working together to look at the number of LPS clients.</p> <p>X. HHSA Director Tammy Moss Chandler talked about the importance of MHSA and the providers they fund.</p> <p>XI. HHSA Director Tammy Moss Chandler mentioned the Substance Abuse and Mental Health Services Administration (SAMHSA) and SB 82 grant funding.</p> <p>XII. HHSA Director Tammy Moss Chandler explained the No Place Like Home grant and what it will fund. The County qualified for \$1.7 million which will help with homeless</p>	
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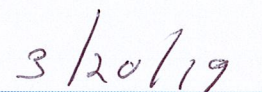
	housing. XIII. Discussion of the Kemper Report recommendations. Any feedback from BHAB members should be sent to BHRS Director Miller.	
8. 15 minutes	<p>Mendocino County Report: <i>Jenine Miller, BHRS Director</i></p> <p>A. Crisis Intervention Team (CIT) Training</p> <p>I. See item 4.C for discussion details.</p> <p>B. Willow Terrace - <i>Discussion and Clarification of Applicant Process - Acting Deputy Director Karen Lovato</i></p> <p>I. Acting Deputy Director Karen Lovato clarified the application process for the Willow Terrace housing. She stated there were very few clients that did not meet the qualifying criteria for housing. She apologized for any confusing information that may have been relayed. She doesn't think there are any issues regarding income or lack of income. Willow Terrace was designed for no income or very low income residents. The application team is currently trying to get more applications than there are vacancies so they can be sure to have clients for all the units.</p> <p>II. Vice Chair Strachan stated she wants a Willow Terrace in Fort Bragg.</p> <p>III. Member Rich asked if there was a plan for providing household items for the new residents of Willow Terrace as most of them have nothing to set up a home.</p> <p>a. Acting Deputy Director Lovato stated there will be basic items in place. There will be a letter sent out asking for donations such as towels and sheets.</p> <p>IV. There will be a community building participation program in place to help get the residents thinking about building a community.</p> <p>V. Discussion of what the housing units will be like; they will be pet friendly as many of the homeless people have pets.</p> <p>VI. Discussion of Rural Community Housing Development Corporation (RCHDC) regulations that has to be met to receive funding.</p> <p>VII. Acting Deputy Director Lovato stated that all residents will be provided with WRAP Around services and there will be a resident care manager on site.</p>	Board Action:
9. 25 minutes	<p>Mental Health Services Act (MHSA) Three-Year Annual Update FY 2018/2019 Public Hearing: <i>Discussion and possible action</i></p> <p>A. BHRS Director Miller commented the County/MHSA was in attendance to get feedback from the public regarding the MHSA Three-Year Plan Annual Update 2018/2019.</p> <p>I. Josephine Silva commented she was sad that there were not more people from the public.</p> <p>a. Ms. Silva stated she is happy that there are photos of Mendocino County in the plan as they show the size</p>	<p>Board Action:</p> <p>Motion made by Member Ferretta seconded by Member Finley to approve the MHSA Three-Year Plan Annual Update 2018/2019 as written to go forward to BOS. Motion passed</p>

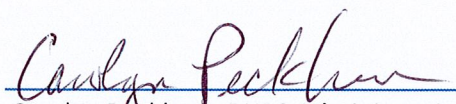
	<p>and diversity of the County; she hopes they are kept in the plan.</p> <ul style="list-style-type: none"> b. She commented on the Innovation Plans, she liked the second aspect and likes the social interaction ideas. c. She is sad that the third option for the TAY group being a televised interaction. d. For prevention she would like to see more education on nutrition. e. She feels there should be more emphasis on work programs for clients. f. Ms. Silva complimented Acting Deputy Director Lovato on putting this plan together, and stated she understands that the County has constraints as to what can go forward. <p>II. BHRS Director Miller asked the BHAB members to send their feedback for next year's MHSA Three-Year Plan Update to her or Acting Deputy Director Lovato.</p> <p>III. Member Rich stated in regards to the Parent Child Interaction Therapy (PICT) and Positive Parenting Programs (PPP), they don't match. BHRS Director Miller stated they will revisit that section again.</p>	unanimously.
<p>10. 5 minutes</p>	<p>Adjournment: Meeting adjourned at 1:58 by Vice Chair Strachan.</p> <p>Next meeting: March 20, 2019 in Ukiah live video conferencing to Fort Bragg</p>	

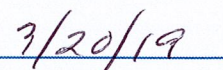
AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.


Emily Strachan, BHAB Vice Chair


Date


Carolyn Peckham, BHRS Administrative Secretary


Date

BHAB CONTACT INFORMATION: PHONE: (707) 472-2355 FAX: (707) 472-2788
EMAIL THE BOARD: mhboard@mendocinocounty.org WEBSITE: www.mendocinocounty.org/bhab