



MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

REGULAR MEETING MINUTES

**January 16, 2019
10:00 a.m. to 2:00 p.m.**

**Atlantic Conference Room, 472 E. Valley St., Willits and by live
video conferencing
Fort Bragg Library, 499 E. Laurel St., Fort Bragg**

Chairperson
Jan McGourty

Vice Chair
Emily Strachan

Secretary
Dina Ortiz

Treasurer
Flinda Behringer

BOS Supervisor
Carre Brown
Alternate
John Haschak

1ST DISTRICT:

DENISE GORNY
JAN MCGOURTY
LOIS LOCKART

2ND DISTRICT:

DINA ORTIZ
MICHELLE RICH
VACANT

3RD DISTRICT:

MEEKA FERRETTA
AMY BUCKINGHAM
RICHARD TOWLE

4TH DISTRICT:

EMILY STRACHAN
TAMMY LOWE
LYNN FINLEY

5TH DISTRICT:

PATRICK PEKIN
MARTIN MARTINEZ
FLINDA BEHRINGER

OUR MISSION: *"To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."*

Item	Agenda Item / Description	Action
1. 5 minutes	Call to Order, Roll Call & Quorum Notice, Approve Agenda <ul style="list-style-type: none"> Meeting called to order at 10:19 a.m. by Chair McGourty Roll Call by Member Martinez Quorum met Agenda approved unanimously Members present: Ferretta, Lockart, Lowe, Martinez, McGourty, Ortiz, Pekin, Rich, Strachan, Towle, and Supervisor Haschak. 	Board Action: Motion made by Member Lockart, seconded by Secretary Ortiz to approve the January 16, 2019 agenda as written. Vote passed unanimously.
2. 10 minutes	Minutes of December 19, 2018 BHAB Regular Meeting: <i>Review and possible board action.</i> <ul style="list-style-type: none"> Minutes for the December 19, 2018 approved as written. 	Board Action: Motion made by Member Ferretta, seconded by Vice Chair Strachan to approve the December 19, 2018 minutes as written. Vote passed unanimously.
3. 15 minutes (Maximum)	Public Comments: <i>Members of the public wishing to make comments to the BHAB will be recognized at this time.</i> <p>A. Richard Matens, CEO Consolidated Tribal Health, announced the Annual Consolidated Tribal Health meeting will be January 26, 2019 from 10 a.m. to 2 p.m. Mr. Matens invited everyone to attend.</p> <p>I. Jo Bradley from Fort Bragg expressed her frustration with the way the County incarcerates the mentally ill. She stated she has a family member in jail and is not</p>	

	<p>getting mental health services and since they are an adult she can't find out what is going on with them.</p> <p>II. Ms. Bradley wants to see the BHAB members get more active in making changes to how the mentally ill is being treated in Mendocino County. She thinks the laws need to be changed.</p> <p>III. BHRS Director Miller commented that Dan Anderson from Redwood Community Services (RCS) meets with the jail Commander Capt. Tim Pearce monthly to discuss inmates that are mentally ill and any issues that may have come up. Mr. Anderson might be able to help Ms. Bradley.</p> <p>a. BHRS Director Miller commented the jail has a new contracted provider NaphCare, they provide all the physical and mental health care for inmates.</p> <p>b. BHRS doesn't provide direct mental health services at the jail. MOPS may check in on inmates that the MOPS unit has been working with and BHRS has Substance Use Disorder Treatment (SUDT) counselors providing some counseling services.</p> <p>IV. Mr. Anderson commented he was available for Ms. Bradley to call him. Mr. Anderson will try to help Ms. Bradley.</p>	
<p>4. 30 minutes</p>	<p>BHAB Reports: <i>Discussion and possible board action.</i></p> <p>A. BOS Report - <i>Supervisor Haschak</i></p> <p>I. Supervisor John Haschak was introduced; he will be the Alternate BOS representative for BHAB.</p> <p>II. Supervisor Haschak had questions about the recommendations BHAB made to BOS regarding the Kemper Report (Measure B).</p> <p>a. See item 9 for the details of the discussion regarding the recommendations.</p> <p>B. Chair</p> <p>I. Measure B</p> <p>a. See item 9 for the details of the discussion regarding Measure B recommendations.</p> <p>II. Stepping Up</p> <p>a. There is a Stepping Up meeting scheduled for January 24, 2019.</p> <p>b. Chair McGourty recommends BHRS sent reminder notices to the Stepping Up team for the meeting.</p> <p>III. CALBHBC Training - <i>discussion and possible vote on members attending</i></p> <p>a. Discussion of the upcoming trainings.</p> <p>i. Member Ferretta will attend the CALBHBC training March 16th in Oakland.</p> <p>ii. Secretary Ortiz will attend the All State Meeting and Training April 9th in Sacramento. Chair McGourty and Member Rich are</p>	<p>Board Action: Motion made by Member Martinez, seconded by Member Towle to fund up to three members to attend the CALBHBC meetings and trainings</p>

	<p>interested but need to check their schedule.</p> <p>iii. The board decided to fund up to 3 people to attend meetings.</p> <p>IV. Letter of Appreciation</p> <p>a. Chair McGourty presented two versions of a Letter of Appreciation and a Certification of Appreciation for the members to vote on which to use.</p> <p>b. The board had voted in a previous meeting to send a letter/certificate to mental health staff to show the board appreciates all the hard work they do for the mentally ill in the county.</p> <p>c. Version A states;</p> <p>i. “It gives us immense pleasure to address this letter to the Mendocino County mental health employees and show our appreciation for the work you do. We thank you for all the services you provide to one of the most marginal groups of people in our communities. We feel extremely grateful for all that you do and particularly appreciate your time, energy, skill, and heartfelt caring. In addition, we thank you for your generous, polite, and respectable interactions with our mental health consumers. We sincerely hope that you realize how much you are appreciated. With loving thanks, Mendocino County Behavioral Health Board”</p> <p>d. Version B states:</p> <p>i. “This certificate goes to {Name}, For the dedication and support that you provide to the individuals in Mendocino County with mental health conditions. Your service and care is greatly appreciated, and you are making our community a better place.”</p> <p>e. Discussion of how many mental health staff there is working in the community. There are over 700 individuals combining the County staff and Provider’s staff.</p> <p>i. The board by consensus chose to send version A to the provider agencies to include all their staff. Version B to County to individual staff.</p> <p>C. Secretary - nothing at this time D. Treasurer - nothing at this time</p>	<p>in March and April. Vote passed unanimously.</p>
<p>5. 20 minutes</p>	<p>Membership: Discussion and possible action</p> <p>A. Re-Appointment of BHAB members with expired terms:</p> <p>I. Patrick Pekin, Lois Lockart, and Michelle Rich</p> <p>a. BHRS Director Miller commented she has notified the Clerk of the Board (COB) that all the members</p>	<p>Board Action: Motion made by Member Martinez, seconded by Secretary</p>

	<p>that had their term expire wants to continue. The COB will let the BOS know.</p> <ul style="list-style-type: none"> i. She commented there is a different process with Member Pekin as he lives in a different district than he was appointed to and there is a new Supervisor who needs to approve his appointment. b. Members voted to have notification sent to the COB that their recommendation to BOS is to re-appoint all the members with expired terms; Members Pekin, Lockart, and Rich. c. BHRS Director Miller and Admin. Secretary Peckham will follow up with the Clerk of the Board regarding the recommendation to BOS to re-appoint members Pekin, Lockart, and Rich. <p>B. BHAB Member Handbook - <i>Need updates</i></p> <ul style="list-style-type: none"> I. All members need to bring their BHAB Board Member Handbook to the February 20, 2019 meeting so it can be updated with current information. 	<p>Ortiz to recommend to BOS to re-appoint Members Rich, Pekin, and Lockart to BHAB. Vote passed unanimously.</p>
<p>6. 20 minutes</p>	<p>Mendocino County Report: <i>(Dr. Jenine Miller)</i></p> <ul style="list-style-type: none"> A. External Quality Review Organization (EQRO) Summery Report - FY 2018/2019 Final – <i>Discussion</i> <ul style="list-style-type: none"> I. BHRS Director commented that the EQRO report was a good report. The auditors are always looking for a way the County can improve the quality of care for mental health clients. II. The EQRO audit is an annual audit. The auditors meet with consumers and all levels of staff individually. III. BHRS Director Miller reviewed and explained the finding in the report. <ul style="list-style-type: none"> a. There was discussion on the auditors being a little confused with the way hospitalized client information was presented. b. The only part of the audit the County sort of got marked down on was the Non-Clinical Performance Improvement Project (PIP). The County is required to have a Non-Clinical PIP and a Clinical PIP. PIP's are a statistical analysis of a particular subject. The Non-Clinical PIP subject was "Consumer/Family Member Participation in Quality Improvement Committee Meetings". The Clinical PIP is in the second of a two year study of, "Diagnosis of and Coordination of Co-occurring Disorders and Services". IV. BHRS Director mentioned the mental health clinicians had training on diagnosing co-occurring disorders. <ul style="list-style-type: none"> a. Member Lockart asked about the increased opioid addictions and why are so many people getting prescriptions for it. 	<p>Board Action:</p>

	<p>b. BHRS Director Miller commented that it is being prescribed more by doctors and there are people that go from one doctor to another to get multiple prescriptions. She stated there are measures being put in place to help keep the opioid prescriptions from being duplicated or over prescribed.</p> <p>V. BHRS Director Miller commented on the Mental Health Services Act (MHSA) Three-Year Plan. The plan was reviewed and approved by the BHAB. Before the Plan was sent to BOS for approval, the County had a new MHSA audit. The MHSA Plan was pulled from going to BOS due to some minor changes the auditors recommended.</p> <p>a. Members have been given a red lined copy of the plan so they can see what changes have been made, most are additional information, no funding amounts have been changed, and no agency/project has been removed.</p> <p>b. BHRS Director Miller asked the members to review the plan, a Special Meeting will most likely be needed so members can vote on whether they approve the changes or not. The plan then needs to go to BOS for their approval. When the BOS approves the plan it will be sent to the State.</p> <p>VI. BHRS Director Miller commented regarding the recent Triennial Audit. The auditors were at the County January 9 and 10, 2019. The County will have the results in sixty (60) days. Once the report is received the County will have fifteen (15) days to appeal any findings they disagree with.</p> <p>VII. Chair McGourty asked about the need for psychiatrists in the County. She had looked for job postings for psychiatrists, but didn't find any, and was wondering why.</p> <p>a. BHRS Director Miller commented, since the County doesn't provide direct services to clients, the County doesn't need to hire a psychiatrist. She commented that it was up to RQMC to provide psychiatrists for clients.</p> <p>VIII. Member Ferretta asked about the Crisis Intervention Training (CIT) scheduled in February, is it the same as Stepping Up?</p> <p>a. BHRS Director Miller commented that CIT is not the same as Stepping Up</p> <p>b. Chair McGourty asked if there is a cost for the CIT.</p> <p>c. BHRS Director Miller doesn't have an amount at this time for the cost.</p> <p>IX. Discussion regarding funding for housing coming into the County.</p>	
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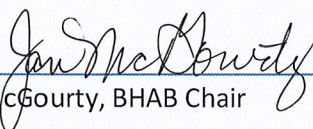
	<p>recommendations were what Kemper had recommended in the report.</p> <ol style="list-style-type: none"> I. Chair McGourty explained how the board came up with the recommendations. The board felt the recommendations that were in the Kemper Report were somewhat vague, the board wanted to have more details in the recommendation. II. Discussion of funding all the recommendations, Supervisor Haschak wanted to know what the priority recommendations were if there wasn't enough funding for all of them. <ol style="list-style-type: none"> a. Chair McGourty explained the board felt that it was up to BOS to decide which recommendations were implemented. III. Member Martinez commented that "wellness" isn't explained in the Kemper Report and there is nothing regarding cultural differences. <ol style="list-style-type: none"> a. Member Lockart commented on cultural differences and it needs to be addressed. The lack of mention of cultural differences bothers both Member Martinez and her. IV. Supervisor Haschak commented on the recommendation to expand MOPS outreach hours and distance covered. He asked if the board if that was the highest priority recommendation from BHAB. <ol style="list-style-type: none"> a. Discussion of what the current MOPS teams cover and the fact that there is no coverage on the weekends. b. BHRS Director Miller reported that there are supposed to be three (3) teams, but there is really only one (1). There is only one (1) Sheriff Services Tech at this time; those positions have never been fully covered. Two of the teams work Monday through Thursday the other team is Tuesday through Friday. c. Member Ferretta stated she talked to staff at Hospitality Center and they are very happy with the MOPS team, but they don't get to use MOPS very much as they are on the South Coast most of the time. d. BHRS Director Miller stated the MOPS teams were not set up to serve in areas where there is already services available, but will help wherever they are needed. The program was designed to serve the outlying areas. e. Discussion of where any additional MOPS teams would serve. V. Supervisor Haschak commented that regarding funding that he wanted to make sure that BOS wasn't setting themselves up for problems later. 	
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	<p>a. Discussion of the hope that before Measure B funds are used there is close review of the recommendations of the Kemper Report and what is really the best use of the funds and if the County can sustain support of the facilities and/or programs.</p> <p>b. Richard Matens from Consolidated Tribal Health stated he thinks there should be someone from the outside come in and put everything together.</p> <p>VI. BHRS Director Miller explained the way Medi-Cal and Medicare pays regarding age of the client and the facility size.</p> <p>a. Supervisor Haschak commented on the amended contract just approved by the BOS for an additional \$14,000 in addition to the already approved over \$300,000.</p> <p>b. BHRS Director Miller explained why the additional funding was needed. She explained what realignment funds are, how Medi-Cal payments work, and that there is no County general funds provided for Mental Health. She also commented on the MHSA funds, how Mental Health gets it, and how it has to be used. She explained the cost for out of county care, 24/7 psychiatric hospitals cost about 1 million a year, board and care facilities cost about 2.3 million a year.</p> <p>VII. Member Lockart commented that Mendocino County needs to move forward and work together and realize that no-one can do it on their own, everyone needs to work together.</p> <p>VIII. Member Ortiz commented that she attended a Measure B meeting and noticed there are a lot of people that seem uneducated on mental health information. She feels people need to have help, not just hospitalization, which she thinks that's all the Sheriff seems to want.</p> <p>IX. Member Rich commented that everyone needs to keep in mind that the Kemper Report is not on the full continuum of care from prevention to follow up.</p>	
<p>10. 25 minutes</p>	<p>California Behavioral Health Planning Council - Data Notebook - <i>discussion and possible action by members - held over from December meeting</i></p> <p>A. Chair McGourty stated that there needs to be a committee created to work on the Data Notebook. She asked members who would like to be on the committee.</p> <p>I. The members of the committee will be Member Rich, Secretary Ortiz, and Chair McGourty.</p>	<p>Board Action:</p>
<p>11. 25 minutes</p>	<p>BHAB Annual Report: <i>Discussion and possible action</i></p> <p>A. Discussion of some additions/changes that will be made to the BHAB Annual Report.</p>	<p>Board Action: Motion made by Member Meeka,</p>

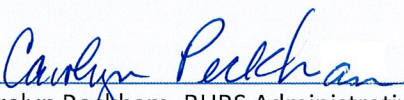
	<p>I. Chair McGourty commented she will add to a couple of entries how well BHAB works with BHRS.</p> <p>II. Will add Appreciation Committee and Nominating Committee to list of committees.</p> <p>III. On page three (3) of the report in the list of members, the category column will be deleted and the number of years members have served on the board will be entered.</p> <p>IV. Add information regarding the executive officers.</p> <p>V. Discussion of changes regarding the wording in the presentation, should mention the support BHAB receives from BHRS.</p> <p>VI. Add new Member Handbook binders were created.</p> <p>VII. Member Pekin commented again on the Kemper Report Recommendations to BOS. Discussion of changing page four (4), #5 to, "Plan for future sustainability and address the budget short falls within to plan for continuous sustainability of funding in the future".</p> <p>VIII. Add an attachment regarding dual diagnosis that Secretary Ortiz will write.</p> <p>B. BHRS Director Miller and her staff will make some adjustments and additions to the Willits Flow Chart. There will be contact information on the back of the page regarding all the providers listed in the flow chart.</p>	<p>seconded by Secretary Ortiz to amend the Kemper Report Recommendations: page four, # 5 to, "Plan for future sustainability and address the budget short falls within to plan for continuous sustainability of funding in the future". Vote passed unanimously.</p> <p>BHRS will have the Willits Flow Chart completed within two (2) weeks.</p>
<p>11. 5 minutes</p>	<p>Adjournment: Next meeting: February 20, 2019 in Redwood Valley</p> <p>Meeting adjourned 1:58</p>	

AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health's Administrative Office by calling (707) 472-2310 at least five days prior to the meeting.


Jan McGourty, BHAB Chair

3-20-19
Date


Carolyn Peckham, BHRS Administrative Secretary

3/20/19
Date

BHAB CONTACT INFORMATION: PHONE: (707) 472-2310 FAX: (707) 472-2788
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