

# MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

# REGULAR MEETING AGENDA

April 17, 2019 10:00 a.m. to 2:00 p.m.

Lauren's Café 14211 Hwy 128, Boonville (Café will not be open for food service) **Chairperson** Jan McGourty

**Vice Chair** Emily Strachan

**Secretary** Dina Ortiz

**Treasurer** Flinda Behringer

**BOS Supervisor** Carre Brown

1 <sup>ST</sup> DISTRICT:	2 <sup>ND</sup> DISTRICT:	3RD DISTRICT:	4 <sup>тн</sup> DISTRICT:	<u>5тн DISTRICT:</u>
Denise Gorny	Dina Ortiz	Meeka Ferretta	EMILY STRACHAN	PATRICK PEKIN
JAN McGourty	MICHELLE RICH	Amy Buckingham	TAMMY LOWE	MARTIN MARTINEZ
LOIS LOCKART	VACANT	RICHARD TOWLE	LYNN FINLEY	Flinda Behringer

**OUR MISSION:** "To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."

Item	Agenda Item / Description	Action
1. 5 minutes	Call to Order, Roll Call & Quorum Notice, Approve Agenda:	Board Action:
2. 10 minutes	Minutes of the March 20, 2019 BHAB Regular Meeting: Review and possible board action	Board Action:
3. 15 minutes (Maximum)	Public Comments:  Members of the public wishing to make comments to the BHAB will be recognized at this time.	
4. 30 minutes	BHAB Reports: Discussion and possible board action.  A. BOS Report - Supervisor Brown B. Chair - Jan McGourty I. Measure B - See Measure B February Minutes II. Stepping Up - May Month of Action III. CIT Review C. Secretary D. Treasurer	Board Action:
5. 30 minutes	<ul> <li>Committee Reports:</li> <li>A. Membership Committee: (Chair McGourty and Vice Chair Strachan)</li> <li>B. Flow Chart Committee: (Vice Chair Strachan and Member Pekin)</li> <li>C. Appreciation Committee: (Member Martinez)</li> <li>D. Dual Diagnosis Committee: (Secretary Ortiz)</li> <li>E. Site Visit Committee: (Chair McGourty, Members Rich,</li> </ul>	Board Action

	Towle and Martinez)	
	F. Housing Committee: (Members Gorny and Lockart)	
	G. Employment Committee: (Member Rich)	
6.	Mendocino County Report: Jenine Miller, BHRS Director	Board Action:
30 minutes	A. Crisis Intervention Team (CIT) Training	
	B. 2018 Audits:	
	I. Office of Inspector General (OIG) - FY 2013/2014	
	<ul><li>II. Substance Abuse Block Grant (SABG) - FY 2017/2018</li><li>III. Department of Health Care Services - Drug Medi-Cal</li></ul>	
	(DHCS-DMC) - FY 2017/2018	
	IV. Mental Health Services Act (MHSA) Program Review -	
	FY 2016/2017	
	V. External Quality Review Organization (EQRO) - FY	
	2017/2018	
	VI. Cost Report Audit - FY 2010/2011	
	VII. Department of Health Care Services (DHCS) Triennial	
	Audit - FY 2017/2018	
	C. Commercial Sexual Exploitation of Children	
	D. List of Mental Health Services: <i>Included in the agenda</i>	
	packet	
	LUNCH BREAK	
	12:30 to 1:00	
7.	RQMC Report:	
20 minutes		
9.	BHAB Business:	Board Action:
30 minutes	A. BHAB Member Duties	Board Action.
	I. MHSA Duties	
	B. Data Notebook - Survey results	
10.	Adjournment:	
5 minutes		
	<b>Next meeting:</b> May 15, 2019 - Ukiah and Fort Bragg via video	
	conferencing.	
		1

# AMERICANS WITH DISABLITIES ACT (ADA) COMPLIANCE

The Mendocino County Behavioral Health Advisory Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government Code Section 54953.2). Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Behavioral Health Administrative Office by calling (707) 472-2355 at least five days prior to the meeting.

BHAB CONTACT INFORMATION: PHONE: (707) 472-2355 FAX: (707) 472-2788

**EMAIL THE BOARD:** <a href="mailto:mhboard@mendocinocounty.org">mhboard@mendocinocounty.org</a> **WEBSITE:** <a href="mailto:www.mendocinocounty.org">www.mendocinocounty.org</a>/bhab



# MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

# REGULAR MEETING MINUTES

March 20, 2019 10:00 a.m. to 2:00 p.m. **Chairperson** Jan McGourty

**Vice Chair** Emily Strachan

**Secretary** Dina Ortiz

**Treasurer** Flinda Behringer

**BOS Supervisor** Carre Brown

Farm Advisory Building Conference Room, 890 N. Bush St., Ukiah and live video conferenced to

Seaside Room, 778 S. Franklin St., Fort Bragg

1 <sup>st</sup> District:	2 <sup>nd</sup> District:	<u>3™ DISTRICT:</u>	<u>4<sup>™</sup> DISTRICT:</u>	<u>5™DISTRICT:</u>
DENISE GORNY	DINA ORTIZ	Meeka Ferretta	EMILY STRACHAN	PATRICK PEKIN
JAN McGourty	MICHELLE RICH	Amy Buckingham	TAMMY LOWE	Martin Martinez
Lois Lockart	VACANT	RICHARD TOWLE	LYNN FINLEY	Flinda Behringer

**OUR MISSION:** "To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."

Item	Agenda Item / Description	Action
1.	Call to Order, Roll Call & Quorum Notice, Approve	Board Action:
5 minutes	Agenda: A. Meeting called to order by Chair McGourty at 10:07. B. Roll called by Member Buckingham. C. Quorum Met. D. Agenda approved by members present as written. E. Members present: Behringer, Buckingham, Ferretta, Gorny, Lockart, Lowe, Martinez, McGourty, Pekin, Rich, Strachan, Towle, and Supervisor Brown.	Motion made by Member Rich, seconded by Vice Chair Strachan to approve the March 20, 2019 BHAB agenda as written. Motion passed unanimously.
2.	Minutes of the February 20, 2019 BHAB Regular Meeting:	<b>Board Action:</b>
10 minutes	Review and possible board action A. Minutes approved as written.	Motion made by Member Gorny, seconded by Member Towle to approve the February 20, 2019 BHAB minutes as written. Motion passed unanimously.
3. 15 minutes (Maximum)	<ul> <li>Public Comments: Members of the public wishing to make comments to the BHAB will be recognized at this time. <ul> <li>Josephine Silva commented on trying to get medication. She went to RCS Crisis and was told to go to RQMC Medication Management and was told there she had to wait until the nurse was available to get the medication. She waited and as it turned out the nurse wasn't in on that day. She went to the ER and was told by ER staff that she should be going to</li> </ul></li></ul>	

	Crisis and Medication Management for help with	
	medication. She wants to talk to Camille Schraeder about	
	the issue.	
4.	BHAB Reports: Discussion and possible board action.	
30 minutes	A. BOS Report - Supervisor Brown	
	I. Supervisor Brown commented that the BHAB annual	
	report was presented at the BOS meeting. There were a	
	couple of changes suggested by BOS members.	
	II. At the March 26, 2019 BOS Meeting, the Measure B	
	Committee will be giving an update report. The BOS	
	will also be going over the FY 2019/2020 budgets.	
	III. Supervisor Brown commented regarding the budgets that	
	revenue has not kept up as projected this last year.  B. Chair – <i>Jan McGourty</i>	
	I. Report to BOS:	
	a. Chair McGourty presented the BHAB Annual Report to BOS. She stated John McCowen had commented	
	that he would accept the report if the member terms	
	section was rewritten.	
	b. Chair McGourty submitted the BHAB accomplishments and recommendations to the BOS.	
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	unable to serve on BHAB due to having to use their	
	accruals for time off to attend meetings. BOS will	
	look into creating a policy for County employees	
	serving on Boards.	
	d. There was a big discussion regarding the Kemper	
	Report recommendations at BOS.  i. Member Towle commented he was impressed	
	with Chair McGourty's report to BOS, he felt she	
	did a good job of representing BHAB.	
	e. Supervisor Brown stated she went over the	
	membership issues with the Clerk of the Board and has only found a few minor errors.	
	i. Discussion of the membership terms. Supervisor	
	Brown will work with BHRS to get any issues	
	with terms worked out.	
	II. Measure B – See Measure B January Minutes	
	a. Member Lockart commented regarding the Measure	
	B members, there doesn't seem to be a connection	
	between the members.	
	i. Supervisor Brown commented she hopes with the	
	changes in the dynamics of the Measure B	
	members it will help moving forward. She	
	mentioned the BOS has directed the Measure B	
	Committee to engage in reviewing the Kemper	
	= = = = = = = = = = = = = = = = = = = =	
	Report.	
	ii. BOS will be hiring a county employee to help	
	with Measure B management duties. Vice Chair	
	Strachan has sent some questions to County	

Human Resources to help with the interview process.

# III. Stepping Up – May Month of Action

- a. Member Lockart attended the Stepping Up meeting February 28, 2019.
  - i. The subject of discussion was terms of definition. They also discussed diversion.
- b. BHRS Director Miller commented that all the participants are to be working on base line data. She noted Supervisor Brown has been very helpful in getting more participation from County departments and local agencies to participate on the Stepping Up Committee.
- BHRS Director Miller announced there will be a
  public forum regarding Stepping Up May 8 and 9 or
  May 22 and 23; the forums will be on the Coast and
  Inland.
- d. Supervisor Brown stated there was a presentation at BOS regarding Stepping Up and all the Supervisors have the 6 questions from Stepping Up in their folders.

# IV. CIT Review

- a. Chair McGourty commented she thought there were issues with the food provided and the food was minimal. Member Ferretta attended the whole CIT training and thought participants left to eat lunch, but not because of the food provided.
  - i. BHRS Director Miller explained the issues with purchasing food for the training. She is working with the Sheriff to make arrangements for the next training. The Sheriff stated the jail will be catering food for the training one of the days.
- b. Chair McGourty commented she thought there should be a mental health professional presenting and there wasn't. BHRS Director Miller stated that one of the presenters is a mental health professional.
  - i. Member Ferretta stated we need to keep in mind who is being trained and how law enforcement will interpret the program.
  - ii. There was discussion of the pros and cons of the way the training was presented.
  - iii. BHRS Director Miller commented the CIT training was not intended for just law enforcement, it is intended for all first responders. She commented that her staff was taking notes and will confer with the presenters before the next training and hopefully the presenters will adjust the presentation some.
- c. Chair McGourty stated she doesn't think the CIT training is the right training for jail staff.
  - i. She commented on the recent settlement in a

wrongful death lawsuit against the County.

- V. Innovation Plan Discussion:
  - a. Discussion regarding the lack of trust still existing between the Native Americans and outsiders. Member Lockart commented about the lack of trust and respect from law enforcement to Native Americans in Covelo and other areas.
    - i. Chair McGourty stated she thinks the trust with the Covelo Innovation Project is still an issue. She thinks that if there was an MOU between the County and Round Valley Indian Health Project it might be a way to build trust.
    - ii. Discussion of how the process works with the tribal council in Covelo. BHRS Director Miller explained BHRS already has a couple of MOUs with the Tribe. She will follow up with the Innovation Team to see if they feel an MOU is needed.
    - iii. A motion was made to recommend BHRS write an MOU regarding the Covelo Innovation Project to help with trust issues.

# **Board Action:**

Motion made for BHAB to recommend to BHRS to write an MOU regarding the Covelo Innovation Project to help with building trust. Motion passed unanimously.

# 5. 30 minutes

# **Committee Reports:**

# A. Membership:

- I. Chair McGourty commented regarding the BHAB applicant Sergio Fuentes membership being put on hold at the last meeting. She received a note from Supervisor McCowen stating only twenty percent of the board has to be a consumer based on the WIC code. Member Rich would like to have a consumer in the position. Supervisor Brown commented that Supervisor McCowen wanted to have the Latino community represented on the board and he feels Mr. Fuentes would fill that need.
  - a. A motion was made to recommend Mr. Fuentes to BOS for appointment to BHAB. Discussion of what the board would like to do. Member Lockart stated Mr. Fuentes meets the qualifications so she wants to recommend his appointment.
  - b. A vote was taken by roll call, it passed with eight yay votes and two nay votes.

# B. Flow Chart:

- I. Member Pekin commented on the revised flow chart he received from Dustin Thompson. Member Pekin stated the six boxes at the bottom of the page are the issue, he doesn't think it makes sense with the titles currently used; he wants it to be simple so that anyone can understand the flow chart and find the services they are looking for.
  - a. Vice Chair Strachan stated she thinks the one done by Mr. Thompson is from the view point of an insider/provider, not from the view point of a consumer or family member.

# **Board Action:**

Motion to recommend to BOS to appoint Sergio Fuentes to BHAB for the District 2 vacant position. Motion passed with eight yay votes and two nay votes.

- b. Member Buckingham asked why the consumer's insurance information is so important. Member Pekin stated he thought the insurance information as listed is good, it tells the person which way to go. Whether a consumer has Medi-Cal or Private insurance will in some cases determine where they go to request services.
- c. Discussion of what the goal is for the flow chart(s). There will be one flow chart for each region of the County and will have information for the consumer living in that region.
- d. Member Buckingham stated a consumer in crisis should be given a location instead of just a phone number.
- e. Member Pekin and Vice Chair Strachan think the top portion of the flow chart is good, but the bottom is where the problem is, as they see it.
- f. Member Rich would like to see the verbiage directed to the consumer not providers.
  - i. Discussion of how to navigate the system and put it in writing in a format a consumer be able to follow easily.
  - ii. Member Rich suggested the headings be more of a question, such as, "Do you need help with medication?"
  - iii. Member Pekin stated maybe they need to make a new draft flow chart combining the categories with questions/definitions. BHRS will work with the Flow Chart Committee to make a new draft.

# C. Video Conferencing:

I. Due to some problems with using Skype to video conference the BHAB meetings, there was discussion of other systems such as Zoom. BHRS will look into other options.

# D. Appreciation:

- I. BHRS Director Miller commented the agency Certificates of Appreciation signed by BHAB members has been mailed out to the providers. The County Staff certificates will be presented at the BHRS Director's Staff Meeting March 28, 2019.
- II. Chair McGourty asked if a BHAB member should be at the staff meeting to present the certificates. BHRS Director Miller said yes, the presentation would be about 2:00. Members Martinez and Towle will present the certificates to the County staff.

# E. Dual Diagnosis:

I. By consensus of members present this item will be tabled.

# F. 2019 Committees:

I. Flow Chart Committee - Member Pekin and Vice Chair Strachan

	II. Site Visit Committee - Chair McGourty, Members Rich,	
	Towle, and Martinez	
	III. Discussion of forming a Complaint Committee to	
	discuss and review Grievances and Complaints.	
	Members Towle, Martinez, and Chair McGourty were	
	interested in being on the committee.	
	a. BHRS Director Miller explained what information the	
	Complaint Committee would get. The HIPAA laws	
	would prohibit any personal information being	
	released.	
	i. BHRS Director Miller commented the County	
	tracks all grievances. All grievances come to the	
	County not to the providers, the County looks at	
	trends to see if there is a problem they need to	
	address. She will add to the director report any	
	trends found.	
	b. Member Lowe stated most of the grievances on the	
	Coast are for people being released from	
	hospitalization and not getting follow up care.	
	c. Members decided not to form a complaint committee	
	as they will receive information from the Director	
	Report.	
	d. Member Rich commented maybe we should be	
	looking at what is working well and expand on.	
	BHAB members will try to connect with Healthy	
	Mendocino.	
	IV. Housing Committee - Members Gorny and Lockart	
	V. Employment Committee - Member Rich	
		-
6.	Mendocino County Report: Jenine Miller, BHRS Director	Board Action:
30 minutes	A. Crisis Intervention Team (CIT) Training - April 3-5, 2019 at	
	Consolidated Tribal Health Conference Room.	
	I. The flier for the CIT Training was handed out so	
	members could register.	
	B. Discussion of the Grievance/Complaint Process:	
	I. BHRS Director Miller explained the process for	
	Complaints/Grievances. Grievances go to the County;	
	there is an investigation and follow up on each grievance	
	received. The County has to submit the grievances to the	
	State. The State reviews how the grievances were	
	handled.	
	II. BHRS Director Miller reviewed some of the information	
	from the Director Report, there were five grievances	
	received and four Request for Change of Provider, she	
	will follow up with facilities regarding any complaints.	
	C. BHRS Director Miller announced April is Alcohol Recovery	
	Month. She will present at BOS and have some clients come	
	to talk about their recovery. The SUDT counselors and their	
	clients have made some story boards regarding the client's	
	recovery.	
	D. Facilities:	
I		

- I. Discussion of what kind of facility RestPadd is.
- II. Discussion of there not being enough hospital beds for the number of clients that need them.
- E. 2018 Audits List of Audits in 2018
  - I. The list is not ready at this time.

Adjourned 11:59 for lunch break, Reconvened 12:32

# LUNCH BREAK 12:30 to 1:00

# 7. RQMC Report:

 $20\; minutes$ 

- A. Dan Anderson reporting for RQMC.
  - I. Mr. Anderson stated the re-hospitalizations numbers were supposed to be added to the Data Dashboard, but noticed it wasn't done this month. He will see it gets added for the next month.
    - a. He will also let the staff know to add the number of clients that did not meet medical necessity.
  - II. Mr. Anderson addressed Member Lowe's comment about clients not getting after care services. He stated they are offered after care services, when RCS staff picks clients up from hospitals upon their release they try to do immediate care. RCS picks clients up and transports them back to Mendocino County. During the trip RCS staff tries to set the client up for after care and tries to find out if they have a place to live. RCS Crisis offers up to sixty days of follow up care and will try to connect the client with other provides as needed.
  - III. When asked, how many clients refuse or accept aftercare Mr. Anderson did not know the numbers at this time.
    - a. Mr. Anderson will have staff add to the Data Dashboard the numbers for how many clients accepted or refused after care.
  - IV. Member Martinez asked where RQMC is regarding staffing, is RQMC overworking staff?
    - a. Mr. Anderson reported the clinic lost a psychiatrist and there has been an increase in referrals, crisis has been busy, so he thinks it's pushing them, but they won't turn away any medication management or crisis clients. RQMC is currently looking to hire more staff.
  - V. BHRS Director Miller stated RQMC has monthly goals they have to meet per their contract with the County or they receive a Plan of Correction letter from the County. Mr. Anderson stated RQMC and the County meet monthly to review/discuss any issues there may be on meeting their goals.
    - a. Mr. Anderson asked for people to call him if someone is not getting the services they need.
  - VI. There was a question regarding whether RQMC will talk to family members.

a. Mr. Anderson stated when a client comes in to crisis they will try to get a Release of Information (ROI) signed. If the client is unwilling or unable to sign a ROI the crisis worker will try to get the client to sign one when they are picked up from the hospital to transport them home.
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9. BHAB Business: Board Action:
ninutes A. Discussion of what planning processes BHAB should/needs
to be involved with.
I. Discussion of a BHAB member attending each of the
MHSA/QIC Meetings. Vice Chair Strachan will attend
the next meeting on the coast March 28, 2019.
B. Trainings:
I. (CALBHBC) - April 9 & 10, 2019 in Sacramento and
June 21 and 22, 2019 in Santa Ana.
a. Chair McGourty asked if any members were
interested in attending either of the trainings. At this
time no member expressed interest.
II. Stepping Up Webinars:
a. Chair McGourty encouraged members to watch the
Webinars.
III. MHSA Online Training:
a. Discussion of members doing online training as an
option to traveling out of County to training.
IV. Online Ethics Training:
a. Member Towle has links to the online Ethics
Training that all Members are required to take every
2 years. He will send the links to all the members.
b. Members should send copies of all completed
Certificate of Training to Administrative Secretary
Peckham.
c. Member Lockart highly recommends training in
person not online.
C. Data Notebook:
I. Member Rich commented the Data Notebook is a survey
this year. She put the questions into a Google survey so
it's easier to collect the data.
II. BHRS Director Miller asked who should fill out the
survey.
a. Member Rich stated BHRS Director Miller should
do it and all the providers. She would like the
surveys completed by the end of the month.
III. Dustin Thompson will send the survey out to all the
providers.
D. Supervisor Brown thanked everyone for all the work staff
does.
E. John Wetzler asked what the average length of time for
inmates to wait to get in the State Hospital for Restoration of
Competency treatment.
I. BHRS Director Miller explained the County has no

	in a large of with all outs with fallows about II.	
	involvement with clients with felony charges. Her	
	understanding is the average wait is three to six months	
	in the county jail until a place opens up at the State	
	Hospital. There is a waiting list including all counties in	
	the State.	
	a. For Misdemeanor charges the client has up to a year	
	to be restored to competency, for felony charges it	
	could be up to two years.	
	II. Chair McGourty asked if the contract between the State	
	and Sheriff's Office regarding felony restoration to	
	competency at the jail has been finalized.	
	a. BHRS Director Miller stated no, it has not started	
	yet. She stated Capt. Pearce from the jail said the	
	felony contract for Restoration to Competency has	
	been signed.	
	F. The County has a discharge planner working at the jail. His	
	job is to connect behavioral health clients to services when	
	they are discharged from the jail.	
10.	Adjournment: 1:54 pm	
5 minutes		
	<b>Next meeting:</b> April 17, 2019 in Boonville	

# AMERICANS WITH DISABLITIES ACT (ADA) COMPLIANCE

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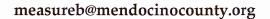
BHAB CONTACT INFORMATION: PHONE: (707) 472-2355 FAX: (707) 472-2788

**EMAIL THE BOARD:** mhboard@mendocinocounty.org **WEBSITE:** www.mendocinocounty.org/bhab

# Mental Health Treatment Act Citizen's Oversight Committee

Citizen's Oversight Committee
Mendocino County Administration Center
501 Low Gap Road, Room 1010

Ukiah, CA 95482 707.463.4441





# February 27, 2019 Minutes

# AGENDA ITEM NO. 1 – CALL TO ORDER AND ROLL CALL (1:00 P.M.)

Committee Members Present: Mr. Thomas Allman; Ms. Carmel J. Angelo; Dr. Ace Barash; Mr. Jed Diamond; Mr. Ross Liberty; Ms. Jan McGourty; Dr. Jenine Miller; Ms. Donna Moschetti; Ms. Shannon Riley; and Mr. Lloyd Weer.

# 2. PUBLIC EXPRESSION

Presenter/s: None.

# 3. COMMITTEE MATTERS

# 3a) Discussion and Possible Action Regarding Expenditure Report on Measure B Tax Funds

Presenter/s: Auditor-Controller Weer

Public Comment: None.

Committee Action: No action taken.

Auditor-Controller Weer reported that the live to date revenue was \$5,366,283; to date expenses remained at \$199,048; and interest earned was \$15,943.00; for a total current balance of \$5,183,179. A question was raised regarding why tax revenue was relatively higher for the months of August and September comparatively. The auditor stated he would confer with the County's sales tax consultant, and anticipated having a response for the Board at the next meeting.

# 3b) Approval of Minutes of the February 27, 2019, Meeting

Presenter/s: Chair Barash.

Public Comment: None.

**Committee Action**: Upon motion by Member Angelo, seconded by Member McGourty, and carried unanimously, IT IS ORDERED that minutes of the February 27, 2019, meeting, are hereby approved.

# 3c) Discussion and Possible Action Regarding Report from the Chair

Presenter/s: Chair Barash.

Public Comment: None.

The Chair provided an update regarding the Measure B update to Board of Supervisors on February 5, 2019. Ms. Angelo explained that the Board of Supervisors directed staff to begin the process of researching options related to the committee's recommendation regarding crisis residential, crisis stabilization and an inpatient facility.

The Chair then led a conversation regarding the 10% allocation for a training center, and potential locations for such, including co-locating it with the psychiatric health facility, as well as the need to have public input regarding such.

Committee Action: No action taken.

3d) Discussion and Possible Action Regarding Competitive Bidding Processes Related to the Development of Crisis Residential Unit(s), Crisis Stabilization Unit(s), and 24 Hour Psychiatric Inpatient Health Facility

**Presenter/s:** Ms. Janelle Rau, Deputy Chief Executive Officer; and Ms. Sally Riley, Riley's Compliance Consulting.

**Public Comment:** Ms. Jo Bradley; Mr. John Freemont; and Ms. Carole Hester.

Ms. Rau and Ms. Riley provided the Committee with an overview regarding County process in relation to public works projects and compliance with associated rules and regulations. Ms. Rau outlined the process which included identifying a consultant, feasibility and locations assessments to determine the approach, obtaining an architect and construction project manager, developing an RFP, and designing and developing a bid package. Questions were raised regarding the timing of the project, and whether there was a way to speed up the process, including having a building gifted to the County. Clarification was given that the process can't be expedited, as there are multiple public works projects mandates and requirements that must be adhered to.

The Committee also discussed the possibility of having a few committee members working with County staff on issues related to Committee; and Member Mertle and Member Liberty were designated accordingly. Ms. Moschetti volunteered as well.

**Committee Action**: No action taken.

# 3e) Discussion and Possible Action Regarding Professional Staffing and/or Resources for Administrative and Project Management Support

Presenter/s: Member Angelo and Ms. Janelle Rau, Deputy Chief Executive Officer.

**Public Comment:** Ms. Carole Hester; and Ms. Tammy Moss Chandler.

The Committee discussed the need for a staff person to act as a project manager to support and manage the potential construction projects, as well as development of an associated job description, and the role and responsibilities contained within.

Discussion also ensued as to whether the project manager should also have grant writing skills, and it was determined that should there be a specific grant opportunity available, the committee could potentially utilize County contractors for grant writing support.

**Committee Action:** Upon motion by Sheriff Allman, seconded by Member McGourty, and carried unanimously, IT IS ORDERED that the Mental Health Treatment Act Citizen's Oversight Committee hereby advises the Board of Supervisors that the Committee recommends that they obtain a Project Manager to assist the Committee with their goals.

# 4. COMMITTEE MEMBER REPORTS

# 4a) Committee Member Reports Regarding Items of General Interest

Public Comment: Ms. Carole Hester; and Mr. Gerry Gonzalez.

# 5. ADJOURNMENT

THERE BEING NOTHING FURTHER, THE MENTAL HEALTH TREATMENT ACT CITIZENS OVERSIGHT COMMITTEE ADJOURNED AT 2:49 P.M.

Attest: KARLA VAN HAGEN

Committee Clerk

The Committee complies with ADA requirements and upon request, will attempt to reasonably accommodate individuals with disabilities by making meeting materials available in appropriate formats (pursuant to Government Code section 54953.2) Anyone requiring reasonable accommodation to participate in the meeting should contact the Committee clerk by calling (707) 463-4441 at least five days prior to the meeting.

Additional information regarding the Committee may be obtained by referencing: www.mendocinocounty.org/community/mental-health-oversight-committee

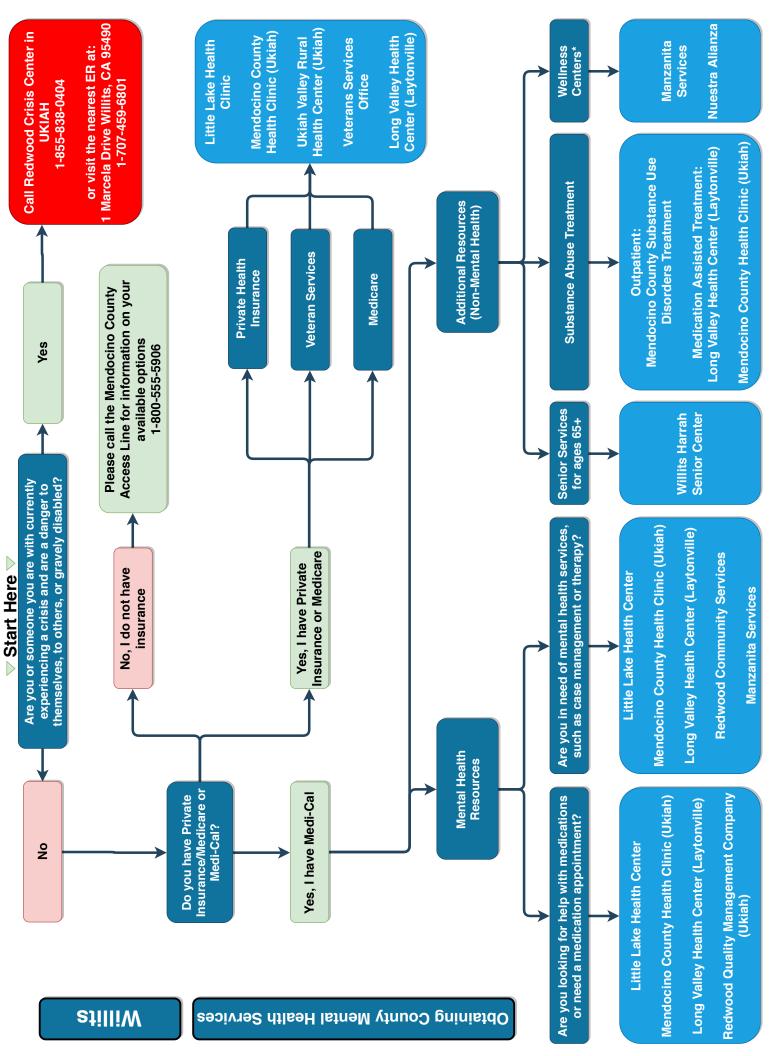




ORG	OBJ	ACCOUNT DESCRIPTION	YR/PER/JNL	EFF DATE	AMOUNT	INVOICE #	CHECK #	VENDOR NAME	COMMENT
MHB	862080	FOOD	2019/02/000182	08/09/2018	193.92	072118	4287751	SAFEWAY	ACCT 85006
MHB	862080	FOOD	2019/03/000081	09/07/2018	92.49	85006 081818	4289348	SAFEWAY	ACCT 85006
MHB	862080	FOOD	2019/05/000045	11/01/2018	152.62	101318	4293037	SAFEWAY	ACCT 85006
MHB	862080	FOOD	2019/06/000717	12/20/2018	125.02	111018	4296088	SAFEWAY	82006
MHB	862080	FOOD	2019/07/000135	01/04/2019	84.01	120818	4296551	SAFEWAY	ACCT 85006
MHB	862080	FOOD	2019/09/000409	03/14/2019	143.48	080819	4300676	SAFEWAY	MENDO COUNTY ACCT
MHB	862080	FOOD	2019/10/000177	04/04/2019	129.21	03022019	4301896	SAFEWAY	ACCOUNT NO. 85006
		FOOD Total			\$920.75				
MHB	862150	MEMBERSHIPS	2019/07/001413	1/25/2019	\$600.00	DUES 18/19	4297612	CALBHB/C	J. MILLER ANNUAL DUES FY18
		MEMBERSHIPS TOTAL			\$600.00				
MHB	862170	OFFICE EXPENSE	2019/02/000228	08/09/2018	111.61	1144338	4287560	FISHMAN SUPPLY COMP	
МНВ	862170	OFFICE EXPENSE	2019/03/000545	09/17/2018	89.99			AMZN MKTP 59180	AUG P-CARD
MHB	862170	OFFICE EXPENSE	2019/03/000935	09/27/2018	39.03	1151382	4290738	FISHMAN SUPPLY COMP	
MHB	862170	OFFICE EXPENSE	2019/04/001205	10/26/2018	7.99				1Q 1819 USE TAX PCARD AUGUST
MHB	862170	OFFICE EXPENSE	2019/06/000646	12/17/2018	4.91			WALMART.CO 83830	
MHB	862170	OFFICE EXPENSE	2019/06/000719	12/20/2018	39.03	1165480	4295760	FISHMAN SUPPLY COMP	
MHB	862170	OFFICE EXPENSE	2019/08/000789	02/22/2019	23.70	1174668	4299304	FISHMAN SUPPLY COMP	
MHB	862170	OFFICE EXPENSE	2019/09/000167	03/07/2019	39.03	1176969	4300103	FISHMAN SUPPLY COMP	
MHB	862170	OFFICE EXPENSE	2019/09/000167	03/07/2019	-5.53	1176293	4300103	FISHMAN SUPPLY COMP	
		OFFICE EXPENSE Total			\$349.76				
		RNTS & LEASES BLD GRD Total			\$0.00				
MHB	862250	TRNSPRTATION & TRAVEL	2019/03/000152	09/07/2018	87.86	8/16/18	4289263	MCGOURTY JAN	LOCAL 8/16/18
MHB	862250	TRNSPRTATION & TRAVEL	2019/03/000689	09/20/2018	70.84	8/14/18	4290382	MARTINEZ MARTIN D	LOCAL 8/14/18
MHB	862250	TRNSPRTATION & TRAVEL	2019/03/000689	09/20/2018	41.42	8/15/18	4290554	STRACHAN EMILY	LOCAL 8/15/18
MHB	862250	TRNSPRTATION & TRAVEL	2019/04/000470	10/12/2018	68.67	9/13/18	4291742	STRACHAN EMILY	LOCAL 9/13/18
MHB	862250	TRNSPRTATION & TRAVEL	2019/04/001023	10/25/2018	46.87	10/17/18	4292503	MARTINEZ MARTIN D	LOCAL 10/17/18
MHB	862250	TRNSPRTATION & TRAVEL	2019/05/000938	11/29/2018	44.14	10/17/18	4294070	BEHRINGER FLINDA	LOCAL 10/17/18
MHB	862250	TRNSPRTATION & TRAVEL	2019/05/000938	11/29/2018	44.14	10/17/18A	4294070	BEHRINGER FLINDA	LOCAL 10/17/18A
MHB	862250	TRNSPRTATION & TRAVEL	2019/05/000938	11/29/2018	26.71	11/14/18	4294070	BEHRINGER FLINDA	LOCAL 11/14/18
MHB	862250	TRNSPRTATION & TRAVEL	2019/05/000938	11/29/2018	26.71	11/14/18A	4294070	BEHRINGER FLINDA	LOCAL 11/14/18A
MHB	862250	TRNSPRTATION & TRAVEL	2019/05/000938	11/29/2018	20.71	11/14/18	4294337	MARTINEZ MARTIN D	LOCAL 11/14 - 11/1
MHB	862250	TRNSPRTATION & TRAVEL	2019/06/000040	12/06/2018	33.79	11/14/18	4294770	MCGOURTY JAN	LOCAL 11/14/18
MHB	862250	TRNSPRTATION & TRAVEL	2019/06/000040	12/06/2018	58.31	10/17/18	4294770	MCGOURTY JAN	LOCAL 10/17/18
MHB	862250	TRNSPRTATION & TRAVEL	2019/06/000040	12/06/2018	43.60	11/14/18	4294892	STRACHAN EMILY	LOCAL
MHB	862250	TRNSPRTATION & TRAVEL	2019/09/000167	03/07/2019	37.70	2/20/2019	4300017	BEHRINGER FLINDA	LOCAL 2/20/2019
MHB	862250	TRNSPRTATION & TRAVEL	2019/09/000719	03/21/2019	37.70	2/20/19	4300801	BEHRINGER FLINDA	LOCAL 2/20/19
MHB	862250	TRNSPRTATION & TRAVEL	2019/09/000719	03/21/2019	64.96	2/20/19	4301101	STRACHAN EMILY	LOCAL 2/20/19
		TRNSPRTATION & TRAVEL Total			\$754.13				
MHB	862253	TRAVEL & TRSP OUT OF COUNTY	2019/03/000310	09/13/2018	238.47	7/26/18	4289573	MCGOURTY JAN	SACRAMENTO 7/26/18
		TRAVEL & TRSP OUT OF COUNTY Total			\$238.47				
		Grand Total			\$2,863.11				

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OBJ A					
	ACCOUNT DESCRIPTION		Budget Amount	YTD Exp	Budget
	Food		1,800.00	920.75	879.25
862150 N	Memberships		00.009	00.009	0.00
862170 C	Office Expense		200.00	349.76	150.24
862210 F	Rents & Leases Bld		30.00	00:00	30.00
862250	In County Travel		5,800.00	754.13	5,045.87
862253 C	Out of County Travel		2,770.00	238.47	2,531.53
	To	Total Budget	\$11,500.00	\$2,863.11	\$8,636.89



A Wellness Center is where healthcare professionals, nutritionists and/or life-coaches provide a variety of treatments and services to encourage and educate people on the health of their minds and bodies.

# **Mental Health Services Contact Information**

Mental Health Crisis Line: 1-855-838-0404 Mental Health Access Line: 1-800-555-5906



# Mental Health Therapy Services

Little Lake Health Center 45 Hazel Street Willits, CA 95490 1-707-456-9600

# Mendocino County Health Clinic

333 Laws Avenue Ukiah, CA 95482 1-707-468-1010

# **Long Valley Health Center**

50 Branscomb Road Laytonville, CA 95454 1-707-984-6131

# **Redwood Community Services**

631 S Orchard Avenue Ukiah, CA 95482 1-707-467-2010

# **Manzanita Services**

410 Jones Street C-1 Willits, CA 95490 1-707-463-0405

# **Wellness Centers**

# **Manzanita Services**

410 Jones Street C-1 Willits, CA 95490 1-707-463-0405

# Nuestra Alianza de Willits

291 School Street #1 Willits, CA 95490 1-707-456-9418

# **Senior Services**

Willits Harrah Senior Center 1501 Baechtel Road Willits, CA 95490 1-707-459-6826

# **Substance Use**

# **Outpatient:**

Mendocino County Substance Use Disorders Treament

472 East Valley Street Willits, CA 95490 1-707-456-3850

# Medication Assisted Treatment:

**Long Valley Health Center** 

50 Branscomb Road Laytonville, CA 95454 1-707-984-6131

# Mendocino County Health Clinic

333 Laws Avenue Ukiah, CA 95482 1-707-468-1010

# Medication Management

# **Little Lake Health Center**

45 Hazel Street Willits, CA 95490 1-707-456-9600

# **Mendocino County Health Clinic**

333 Laws Avenue Ukiah, CA 95482 1-707-468-1010

# **Long Valley Health Center**

50 Branscomb Road Laytonville, CA 95454 1-707-984-6131

# Redwood Quality Management Company

350 E Gobbi Street B Ukiah, CA 95482 1-707-472-0350

# Mental Health Services

# **Redwood Community Services**

631 S Orchard Avenue Ukiah, CA 95482 1-707-467-2010

# **Manzanita Services**

410 Jones Street C-1 Willits, CA 95490 1-707-463-0405

# Private Insurance, Veteran, & Medicare

# **Little Lake Health Center**

45 Hazel Street Willits, CA 95490 1-707-456-9600

# **Mendocino County Health Clinic**

333 Laws Avenue Ukiah, CA 95482 1-707-468-1010

# **Ukiah Valley Rural Health Center**

1165 South Dora Street Ukiah, CA 95482 1-707-462-0581

# **Long Valley Health Center**

50 Branscomb Road Laytonville, CA 95454 1-707-984-6131

# Mendocino County Veterans Services

189 North Main Street Willits, CA 95490 1-707-456-3792

# Behavioral Health Advisory Board Director's Report April, 2019

# 1. Board of Supervisors:

- a) Recently passed items or presentations:
  - i) Mental Health:
    - Discussion and Possible Action Including Approval of the 2018-19 Annual Update to the Mental Health Services Act Three-Year Program and Expenditure Plan Covering Fiscal Years 2017-18 through 2019-20.
  - ii) Substance Use Disorders Treatment:
    - Adoption of Resolution Approving First Amendment to Grant Agreement with California Department of Health Care Services to Provide Substance Use Disorder Services.
- b) Future BOS items or presentations:
  - i) Mental Health:
    - Approval of Retroactive Agreement with FIRST 5 Mendocino to Provide the Positive Parenting Program that Focuses on Strengthening Positive Parenting Communication and Managing Childhood Behavioral Issues and Meets Mental Health Services Act-Prevention and Early Intervention Criteria for the Period of January 1, 2019 Through June 30, 2020.
    - Approval of First Amendment to Agreement with Redwood Community Services, Inc. DBA Redwood Community Crisis Center to Provide 24/7 Crisis Response, Outreach and Engagement Services for Children, Youth and Young Adults through the Substance Abuse and Mental Health Services Administration Grant Effective When Agreement Becomes Fully Executed Through June 30, 2019.
  - ii) Substance Use Disorders Treatment:
    - Adoption of Proclamation Recognizing April 2019 as Alcohol Awareness Month in Mendocino County
    - Adoption of Resolution Approving First Amendment to Revenue Agreement with California Department of Health Care Services to Identify and Provide Covered Drug Medi-Cal Services for Substance Use Disorder Treatment

# 2. Staffing Updates:

# March:

a) New Hires:

Mental Health: 0

Substance Use Disorders Treatment: 0

b) Promotions:

Mental Health: Substance Abuse Program Services Manager

Substance Use Disorders Treatment: 0

c) Departures:

Mental Health: Program Administrator-EH Substance Use Disorders Treatment: 0

# 3. Audits/Site Reviews:

- a) Date occurred and report out of findings:
  - Department of Healthcare Services Triennial Review Waiting for report
- b) Upcoming/scheduled:
  - Substance Abuse Prevention and Treatment Block Grant Report due April 15, 2019

# 4. Grievances/Appeals:

a) Grievances: 3

b) Second Opinion: 0

c) Change of Provider: 3

d) Provider Appeals: 0

e) Client Appeals: 0

# 5. Meetings of interest:

a) MHSA Forum & Quality Improvement Committee Joint Meeting: May 30, 2019, 5 pm - 7 pm (note: new time); Manzanita Services 410 Jones St. C-1, Ukiah, CA 95482. Teleconference information TBD.

# 6. Grant opportunities:

a) None

# 7. Significant projects/brief status:

a) Assisted Outpatient Treatment (AOT): AB 1421/Laura's Law.
 Melinda Driggers, AOT Coordinator, is accepting and triaging referrals:

Referrals to Date: 53

• Did not meet AOT Criteria: 45

Currently in Investigation/Screening/Referral: 6

Settlement Agreement/Full AOT: 1

• Other: 1 (incarcerated – awaiting release)

# 8. Educational opportunities/ Information:

- a) Military Culture and Clinical Implications, April 29, 2019 1:00 -4:00 pm; 1120 S. Dora St. Conference Room 1 Ukiah, CA 95482.
- b) May is Mental Health Awareness Month- Calendar of events coming soon!

# 9. Mental Health Services Act (MHSA):

a) MHSA Forum & Quality Improvement Committee Joint Meeting:
 May 30, 2019, 5 pm - 7 pm (note: new time); Manzanita Services 410 Jones St. C-1,
 Ukiah, CA 95482. Teleconference information TBD.

# 10. Lanterman Petris Short Conservatorships (LPS):

a) Number of individuals on LPS Conservatorships = 60

#### 11. Substance Use Disorder Treatment Services:

- a) Number of Substance Use Disorder Treatment Clients Served in February, 2019
  - Total number of clients served = 100
  - Total number of services provided = 512
  - Fort Bragg: 19 clients served for a total of 61 services provided
  - Ukiah: 64 clients served for a total of 385 services provided
  - Willits: 8 clients served for a total of 43 services provided

#### 12. Contracts:

a) None

# 13. Capital Facility Projects:

- a) Orchard Project
  - Aka: SB 82 Wellness Grant, Crisis Residential Treatment, Crisis Center
  - Agency: Redwood Community Services
  - Purpose: One stop crisis campus to include Crisis Residential Treatment
  - Status: Property had been purchased
  - Status Update: Extension granted for use of funds through 2021.
  - Next steps: Development for use
  - Funding: SB82 Grant
  - Possible Funding Options: California Development Block Grant (County CDBG in May) and Measure B funding (pending RFP process)

• The Measure B Committee Report to the BOS on 4/9/19 indicated that the RFP is expected to be released by June

# b) Willow Terrace Project

- Aka: MHSA Housing, Gobbi Street
- Agency: Rural Community Housing Development Corporation
- Purpose: 38 unit apartment complex
- Status: Construction is going well, Referral processes are being finalized, and preliminary FSP referral candidates are being discussed.
- Funding: MHSA Housing, Affordable Housing Program, and California Tax Credit
- 30 applicants are either fully approved or in the final approval phase
- Open House April 19, 2019 11 am 2 pm
- Community building meetings are
- Tenant move in expected when construction is complete (between April 19 and early May)



# **Mendocino County Health & Human Services Agency**

Healthy People, Healthy Communities

# **Tammy Moss Chandler, Director**

Jenine Miller, Psy.D., Behavioral Health Director Behavioral Health and Recovery Services



# **Mendocino County Specialty Mental Health Services**

California Department of Health Care Services contracts with Mendocino County Behavioral Health and Recovery Services to operate a Medi-Cal Managed Care Mental Health Plan for Specialty Mental Health Services. Specialty Mental Health services are provided to individuals who have Medi-Cal and meet the specific mental illness medical necessity criteria.

The following services are covered under the Specialty Mental Health Plan:

Assessment	Intensive Care Coordination
Board and Care*×	Intensive Home Based Services
Case Management - Linkage	Medication Support Services
Collateral Services	Plan Development
Crisis Intervention	Psychiatric Inpatient Hospitalization*
Crisis Residential Treatment	Rehabilitation Services
Crisis Stabilization	Therapeutic Behavioral Services
Day Rehabilitation	Therapeutic Foster Care
Day Treatment	Therapy

<sup>\*</sup> IMD Exclusion Applies- Excludes reimbursement for patients who have not attained 65 years of age, except for inpatient psychiatric hospital services for individuals under age 21, in mental health treatment facilities larger than 16 beds

# Services offered within Mendocino County reimbursed by Specialty Mental Health Medi-Cal:

Assessment	Medication Support Services
Board and Care*	Plan Development
Case Management - Linkage	Rehabilitation Services
Collateral Services	Therapeutic Behavioral Services
Crisis Intervention	Therapeutic Foster Care
Intensive Care Coordination	Therapy
Intensive Home Based Services	

<sup>\*</sup> One Adult Residential Treatment Facility within Mendocino County

# Additional Specialty Mental Health Services offered within Mendocino County:

Assisted Outpatient Treatment	Lanterman-Petris-Short Conservatorship
CalWorks – Mental Health Services	Mobile Outreach and Prevention Services
CCP – Mental Health Services	Whole Person Care

<sup>×</sup>Mental Health Rehabilitation Center, Institute for Mental Diseases, Adult Residential Treatment, Special Treatment Program in Skilled Nursing Facilities

Specialty Medi-Cal Mental Health Services offered outside of Mendocino County due to services not being available or limited options within County:

Adult Residential Treatment*	Mental Health Rehabilitation Center*
Board and Care*	Psychiatric Inpatient Hospitalization*
Institute for Mental Diseases*	

<sup>\*</sup> IMD Exclusion Applies

Within Mendocino County, non-specialty mental health services are also provided through Medi-Cal Beacon (Partnership Healthplan of California), private insurance companies, veteran services, private providers, and health clinics.



# **Definitions:**

Adult Residential Treatment Services – Programs that provide a treatment-oriented living experience in a community-based facility for adults, who have a mental illness and because of their disabilities, are unable to succeed in other placements but who do not require inpatient psychiatric hospitalization.

Assessment - Assessment is the process of determining medical necessity and formulating a client's diagnosis.

Case Management – Targeted Case Management is a service that helps a client access needed medical, educational, social, prevocational, vocational, rehabilitative, alcohol and drug treatment, or other community services.

Collateral – Collateral is contact with any significant support person in the life of the client (e.g. family members, significant others) with the intent of improving or maintaining the mental health of the client.

*Crisis Intervention* – Crisis Intervention is an unplanned service involving actual or potential threats of danger to self, danger to others, or grave disability (inability to care for self, including provision/utilization of food, clothing, and shelter) due to a mental disorder.

*Crisis Stabilization* – Crisis services lasting less than 24 hours and provided to individuals for a condition that requires a more timely response than a regular scheduled visit. Differs from Crisis Intervention in that stabilization is delivered at a 24-hour heath care facility certified by the State to provide Crisis Stabilization.

Day Treatment/Day Rehabilitation – Day Treatment is a structured, multi-disciplinary program of therapy.

*Intensive Care Coordination (ICC)* – is an intensive form of Targeted Case Management (TCM) that facilitates assessment of, care planning for, and coordination of services for children and youth.

*Intensive Home Based Services (IHBS)* – IHBS are individualized, strength-based interventions designed to ameliorate mental health conditions that interfere with a child's or youth's functioning.

*Medication Support Services* – Medication support services include prescribing, administering, dispensing, and monitoring of psychiatric medications or biologicals that are necessary to alleviate the symptoms of mental illness.

*Plan Development* - Plan Development is the process of developing and approving a Client Service Plan, updating the Client Service Plan, and monitoring and reviewing a client's progress towards treatment objectives.

*Psychiatric Inpatient Hospitalization* – Short term services provided to an individual who needs acute psychiatric care.

*Rehabilitative Services* – Rehabilitation services assist the client in improving a skill or the development of a new skill set. "Rehabilitation" means a recovery or resiliency focused service activity identified to address a behavioral health need in the client plan.

*Therapy* (Individual and Group) – Therapy is an intervention that includes the application of therapeutic strategies, including various treatment modalities, to assist the client to achieve better psychosocial adaptation.

Therapeutic Behavioral Services (TBS) – TBS is an intensive, individualized, one-to-one behavioral mental health service available to children/youth, under 21 years old, with serious emotional challenges and their families.

Therapeutic Foster Care (TFC) – TFC is a short-term, intensive, highly coordinated, trauma-informed, and individualized intervention, provided by a TFC parent to a child or youth who has complex emotional and behavioral needs.

# Behavioral Health Recovery Services SUDT FY 2018-2019 Budget Summary Year to Date as of March 31, 2019

											,			
				EXPE	EXPENDIT UKES					KEVENUE	- I			
	Program	FY 18/19 Approved Budget	Salaries & Benefits	Services and Supplies	Other Charges	Fixed Assets	Operating Transfers	Total Expenditures	SAPT Block Grant and FDMC	2011 Realign	Medi-Cal FFP	Other	Total Revenue	Total Net Cost
1	SUDT Overhead	0		655				655	296,634			23,814	320,448	(319,793)
2	County Wide Services	90,481		22,289				22,289					0	22,289
3	Drug Court Services	(935)	114,973	1,999				116,972		76,172			76,172	40,800
4	4 Ukiah Adult Treatment Services	(54,203)	325,850	21,065			(2,678)	344,237		12,451		54,164	66,615	277,622
2	Women In Need of Drug Free Opportunties	425	82,900	2,876				85,776		79,295			79,295	6,482
9	6 Family Drug Court	(566)	185,056	3,962				189,018				812	812	188,206
8	8 Friday Night Live	(213)	3,131	1,489				4,620					0	4,620
6	9 Willits Adult Services	(397)	62,487	1,244				63,730					0	63,730
10	10 Fort Bragg Adult Services	7,858	120,408	32,131				152,539				2,740	2,740	149,799
11	L Administration	(22,347)	195,541	122,309				317,850	12,864			1,208	14,071	303,779
12	2 Adolescent Services	(22,056)	188,375	3,005			(34,484)	156,897				4,525	4,525	152,371
13	Prevention Services	(18,146)	80,735	21,715			(821)	101,628				11,449	11,449	90,180
10	a Total YTD Expenditures & Revenue		1,359,456	234,084	0	0	(37,983)	1,556,212	309,498	167,917	0	98,712	576,127	980,085
٠.	b FY 2018-2019 Adjusted Budget	(20,528)	2,547,909	557,520	70,000	0	(604,587)	2,570,842	1,274,472	635,393	20,000	661,235	2,591,100	(20,258)
Ŭ	c Variance		1,188,453	323,436	70,000	0	(566,604)	1,015,285	964,974	467,476	20,000	562,523	2,014,973	

# Behavorial Health Recovery Services Mental Health Services Act (MHSA) FY 2018-2019 Budget Summary Year to Date as of **March 31, 2019**

Program	FY 18/19 Approved Budget	Salaries & Benefits	Services & Supplies	Other Charges	Fixed Assets	Operating Transfers	Total Expenditures	Revenue Prop 63	Total Net Cost
1 Community Services & Support	392,999		162,305			1,631,427	1,793,733	1,545,610	248,123
2 Prevention & Early Intervention	316,367		180,161			93,260	273,422	373,927	(100,506)
3 Innovation	1,271,493		26,092				26,092	98,402	(72,310)
4 Workforce Education & Training	150,000		24,778				24,778		24,778
5 Capital Facilities & Tech Needs	175,000		84,258				84,258		84,258
a Total YTD Expenditures & Revenue		,	477,594	,	1	1,724,688	2,202,282	2,017,939	184,342
b FY 2018-2019 Approved Budget	2,305,859	0	3,027,085	0	0	3,961,161	6,988,246	4,682,837	2,305,409
c Variance		1	2,549,491	1	ı	2,236,473	4,785,964	2,664,898	2,121,067

# \* Prudent Reserve Balance

2,197,777

<sup>\*</sup> WIC Section 5847 (a)(7) - Establishment & mantenance of a prudent reserve to ensure the county continues to be able to serve during years in which revenues for the Mental Health Services Fund are below recent averages adjusted by changes in the state population and the California Consumer Price Index.

# Behavioral Health Recovery Services Mental Health FY 2018-2019 Budget Summary Year to Date as of **March 31, 2019**

				EXP	EXPENDITURES					REVENUE	NUE			
	Program	FY 18/19 Approved Budget	Salaries & Benefits	Services & Supplies	Other Charges	Fixed Assets	Operating Transfers	Total Expenditures	2011 Realign	1991 Realign	Medi-Cal FFP	Other	Total Revenue	Total Net Cost
, ,	1 Mental Health (Overhead)	(6,003,392)	8,041	313,592	9,788,630		56,149	10,166,411			7,314,824	3,772,259	11,087,083	(920,672)
. ,	2 Administration	910,124	471,624	139,455				611,079				53,206	53,206	557,873
	3 CalWorks	(16,628)	68,119	899				68,787				25,449	25,449	43,338
,	4 Mobile Outreach Program	369,193	205,763	6,569				212,332				44,424	44,424	167,907
	5 Adult Services	1,264,455	397,080	25,360	2,836,475			3,258,915				233,033	233,033	3,025,882
_	6 Path Grant	0		(60,725)				(60,725)					0	(60,725)
,	7 SAMHSA Grant	0		44,417				44,417					0	44,417
	8 Mental Health Board	11,500		2,734				2,734					0	2,734
	9 Business Services	833,729	429,785	5,382				435,167				50,968	50,968	384,200
1(	10 Children Services	0						0					0	0
1.	11 AB109	6,861	85,234	884				86,118	29,050				59,050	27,067
1.	12 Conservatorship	2,456,866	75,040	64,980	164,124			304,143					0	304,143
1.	13 QA/QI	695,605	391,026	3,273				394,299				907	907	393,392
	a Total YTD Expenditures & Revenue		2,131,711	546,588	12,789,229	0	56,149	15,523,677	59,050	0	7,314,824	4,180,246	11,554,120	3,969,557
	b FY 2018-2019 Adjusted Budget	528,313	4,221,366	2,404,426	17,146,774	0	56,150	23,828,716	5,906,692	4,180,046	8,125,307	5,088,358	23,300,403	528,313
	c <mark>Variance</mark>		2,089,655	1,857,838	4,357,545	0	1	8,305,039	5,847,642	4,180,046	810,483	908,112	11,746,283	(3,441,244)



Redwood Quality Management Company (RQMC) is the Administrative Service Organization for Mendocino County-providing management and oversight of specialty mental health, community service and support, and prevention and early intervention services. The following data is reported by age range, along with a total for the system of care (either youth or adult) as well as the overall RQMC total. This will assist in interpreting how different demographics are accessing service, as well as assist in providing an overall picture of access and service by county contract (youth and adult). Our goal is to provide the Behavioral Health Advisory Board with meaningful data that will aid in your decision making and advocacy efforts while still providing a snapshot of the overall systems of care.

# **AGE OF PERSONS SERVED**

			/ IU	LOIILI	JON JEI	( V LD		
	Childre	en, Youth, &	& Young Adu	lt System	Adult &	& Older Adu	lt System	RQM
	0-11	12-17	18-21	22-24	25-40	41-64	65+	Tota
ersons Admitted to	•		•	•		'		
Outpatient Services February	42	40	13	7	29	21	4	
Total		10	)2		<u>'</u>	54		156
•								
Crisis Services February	5	19	10	7	39	35	4	
Total		4	1		•	78		119
nduplicated Persons								
Served in <b>February</b>	292	271	77	53	261	378	52	
Total		69	93			691		1,384
nduplicated Persons								
Served Fiscal Year to Date	458	486	179	110	491	603	120	
Total		1,2	!33			1,214		2,447
lentified As (YTD)								
Male		6	31			624		1,255
Female			89			587		1,176
Non-Binary and Transgender			.3			3		16
								4 660
White		6	75			985		1,660
White Hispanic			75 04			985 66		370
-		3						
Hispanic		3	04			66		370
Hispanic American Indian		3 8 1	04 89			66 72		370 161

YTD Persons by location	
Ukiah Area	1334
Willits Area	322
North County	92
Anderson Valley	26
North Coast	550
South Coast	59
00C/00S	64

# **Redwood Quality Management Company**

Data Dashboard- Feb 2019 and 1819 YTD

# AGE OF PERSONS SERVED

		Childre	en, Youth, &	& Young Adu	lt System	Adult &	Older Adu	lt System	RQMC
		0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
Total Number of	_								
Crisis Line Contacts February		6	44	14	17	208	149	17	
	Total		8	31			374		455
		*There wer total.	e 117 logge	ed calls where	e age was no	ot disclosed	. Those hav	e been adde	d to the
	Г							1	
Crisis Line Contacts YTD		72	401	146	147	1347	1333	141	
	Total		7	66			2,821		3,587

by reason for call YTD	
Increase in Symptoms	896
Phone Support	1026
Information Only	724
Suicidal ideation/Threat	571
Self-Injurious Behavior	37
Access to Services	212
Aggression towards Others	34
Resources/Linkages	87

by time of day YTD	
08:00am-05:00pm	2298
05:00pm-08:00am	1289

February Calls from Law							
Enforcement to Crisis							
TOTAL: 52							
MCSO: 17 CHP: 2 WPD: 6							
FBPD: 5 Jail: 7 UPD: 15							

YTD Calls from Law							
Enforcement to Crisis							
TOTAL: 392							
MCSO: 136	CHP: 10	WPD: 30					
FBPD: 56	Jail: 74	UPD: 86					

# Total Number of...

Emergency Crisis Assessments Feb	6	29	12	15	59	54	11	
Total		(	52			124		186
Emergency Crisis Assessments YTD	47	251	100	105	428	458	96	
Total	503					982		1,485

YTD by location	
Ukiah Valley Medical Center	537
Crisis Center-Walk Ins	517
Mendocino Coast District Hospital	216
Howard Memorial Hospital	169
Jail	24
Juvenile Hall	14
Schools	4
Community	4
FQHCs	

YTD by insurance					
Medi-Cal/Partnership	1003				
Private	180				
Medi/Medi	160				
Medicare	56				
Indigent	77				
Consolidated	0				
Private/Medi-Cal	4				
VA	5				

Total Number of...

Data Dashboard- Feb 2019 and 1819 YTD

# AGE OF PERSONS SERVED

	Children, Youth, & Young Adult System				Adult &	RQMC		
	0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
otal Number of								
Inpatient Hospitalizations Feb	2	8	4	6	15	16	2	
Total		20				33		53

ReHospitalization within 30 days	Youth	Adult	0-2 days in the Hospital	Admits	% of total Admits
February	1	5	February	3	5.7
YTD	19	34	YTD	44	9.1

Days in the ER	0	1	2	3	4	5	Unk
February	8	22	11	5	1	1	5
YTD	93	252	75	21	8	1	33

Inpatient Hospitalizations YTD 14 86 35 41 158 125 24 176 307 483 Total

YTD by location	
Aurora- Santa Rosa**	70
Restpadd Redding/RedBluff**	154
St. Helena Napa/ Vallejo**	187
Sierra Vista Sacramento**	6
John Muir Walnut Creek**	2
San Jose BH**	10
St Marys San Francisco**	7
Marin General**	5
Heritage Oaks Sacramento**	4
VA: Sacramento / PaloAlto /	6
Fairfield / San Francisco	б
Other**	32

YTD by criteria				
Danger to Self	244			
Gravely Disabled	134			
Danger to Others	5			
Combination	100			

# YTD at discharge... 375 Discharged to Mendocino Cnty 319 Had a Post-Hospital Session 0.71 Avg days to Exit Interview

# **Total Number of...**

Full Service Partners February	Youth	TAY	Adult	внс	Elder	Outreach	
Total	4	21	68	11	5	65	174

# **Total Number of...**

Full Service Partners <b>YTD</b>	Youth	TAY	Adult	ВНС	Elder	Outreach	
Total	4	24	70	11	7	66	182



Services Provided				
Whole System of Care	Feb	Feb	YTD	YTD
Count of Services Provided	Youth	Adults	Youth	Adults
*Assessment	162	137	1350	1163
*Case Management	463	805	3452	5538
*Collateral	209	2	1857	20
*Crisis	94	267	650	1421
*Family Therapy	225	1	1913	12
*Group Therapy	12		85	******
*Group Rehab	522	115	3387	993
*ICC	447		3070	
*Individual Rehab	455	390	4232	3372
*Individual Therapy	760	335	5915	2813
*IHBS	162		1249	
*Psychiatric Services	80	291	621	2072
*Plan Development	111	82	845	654
*TBS	54		550	
Total	3756	2425	29,176	18,058
No Show Rate	7.20%	9.06%	9.10%	8.00%
Average Cost Per Beneficiary	\$895	\$655	\$4,006	\$2,672

Count of Services by Area	Feb	Feb	YTD	YTD
	Youth	Adults	Youth	Adults
South Coast	19		114	
North Coast	288	572	2,491	4,904
North County	55		325	
Ukiah	2,998	1,842	23,749	12,909
Willits	396	11	2,497	245

Meds Management	Feb	Feb	FY YTD	FY YTD
	Ukiah	FortBragg	Ukiah	Fort Bragg
Adult Unduplicated Clients	193	59	400	143
Adult Services Provided	337	95	1765	553
Youth Unduplicated Clients	81	4	214	22
Youth Servcies Provided	113	5	592	49





Data Dashboard- Feb 2019 and 1819 YTD

Contract Usage	Budgeted	YTD
Medi-Cal (50% FFP)	\$14,000,000.00	\$8,184,606.00
MHSA	\$1,791,450.00	\$1,062,372.00
ReAlignment	\$655,000.00	\$611,359.00
Medication Management	\$1,100,000.00	\$328,947.00

<b>Estimated Expected FFP</b>	February	YTD
Expected FFP	\$429,507.00	\$4,256,776.50

# ROLES AND DUTIES of the

# Mendocino County Behavioral Health Board and the Mendocino County Health and Human Services Staff

# **PURPOSE**

The purpose of this and procedure is to ensure the required duties of the Mendocino County Behavioral Health Board (BHAB) and Mendocino County Health and Behavioral Health & Recovery Services (BHRS) staff are being met in accordance with state law and the BHAB bylaws. It is not intended that this Policy limits or eliminate any powers or duties given to the BHAB through any statue or other law.

# **POLICY**

It shall be the policy of the BHAB and the BHRS staff to work in a collaborative way to fulfill each of its roles and duties in order to make the BHAB an efficient and effective Board representing the interests of the community.

# REFERENCES

Welfare and Institution Code section 5604.2, 5650, 5848, 18965.

# **PROCEDURES**

# Roles and Duties of the BHAB

- 1. Review and evaluate the community's mental health needs, services, facilities, and special problems;
- 2. Review any county agreements entered into pursuant to W&I Code Section 5650;
- 3. Advise the BOS and the mental health director as to any aspect of the mental health program;
- 4. Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process;
- 5. Submit an Annual Report to the BOS on the needs and performance of the county's mental health system;
- 6. Review and make recommendations on applicants for the appointment of a mental health director. The Board shall be included in the selection process prior to the vote of the BOS;
- 7. Review and comment on the county's performance outcome data and communicate its findings to the California Mental Health Planning Council.
- 8. Nothing in the this part shall be construed to limit the ability of the BOS to transfer additional duties or authority to the BHAB.

#### Roles and Duties of the Officers of the BHAB

The Officers of the BHAB are the Chair, Vice-Chair, Secretary and Treasurer. Each position has specific duties as outlined in Article V of the *Bylaws of the Mendocino County Behavioral Health Advisory Board*.

#### The **Chair** of the BHAB shall:

- 1. Prepare the agenda for all regular and special meetings of the BHAB and Executive Committee and confirm meeting materials;
- 2. Preside over all regular and special meetings of the BHAB
- 3. Call Special meetings of the BHAB when necessary;
- 4. Be in regular consultation with the Mendocino County Director of Mental Health;
- 5. Upon recommendation of the Board, appoint committees and committee members;
- 6. Serve as ex-officio member of all committees;
- 7. Review correspondence and make recommendations for distribution of correspondence to appropriate Board Members;
- 8. Contact BHAB members who have missed two consecutive meetings in order to determine continued participation on the board;
- 9. Finalize and forward the Annual Report to the Behavioral Health & Recovery Services Department; and
- 10. Present the Annual Report to the BOS.

# The **Vice-Chair** of the BHAB shall:

- 1. Assist the Chair in the execution of his or her office and to act in his/her stead during absence.
- 2. Monitor and work with the County Executive Office on membership issues; and
- 3. Perform other duties as requested by the Chairperson.

# The **Secretary** of the BHAB shall:

- 1. Handle correspondence as directed by the Chairperson;
- 2. Establish a Quorum at regular and special meetings;
- 3. Prepare and process publicity releases;
- 4. Maintain the Policies and Procedures Manual in consultation with and assistance of the Behavioral Health & Recovery Services Department staff;
- 5. Record all public comments at BHAB regular and special meetings.

# The **Treasurer** of the BHAB shall:

- 1. Monitor any and all funds allocated to and expended by the BHAB;
- 2. Report the BHAB's financial status at each regular meeting; and
- 3. Submit a timely annual BHAB budget request to the Chairperson and the Mental Health Director in accordance with W&I Code Section 5604.3 and County policy.

# **Roles and Duties of the BHAB members**

In general, all BHAB member must:

- 1. Serve on at least one committee of the BHAB unless excused for good cause;
- 2. Remain in good standing as outlined in section IV.5 of the Bylaws;
- 3. Contact the BHAB Chairperson prior to a meeting if they are unable to attend;
- 4. Become knowledgeable and stay informed on information relating to the county's mental health needs, services, facilities, and special problems;
- 5. Attend mandated training on Ethics and the Brown Act;
- 6. Recruit for prospective members of the BHAB;
- 7. Mentor new BHAB members on their role and responsibilities as outlined in the BHAB Handbook;
- 8. When possible, participate in the public hearings required by the Mental Health Services Act (MHSA) and make recommendations; and
- 9. Upon request by the Chair, contribute to the annual report on the needs and performance of the county's mental health system to the BOS and the California Mental Health Planning Council.

# Roles and Duties of Behavioral Health and Recovery Services (BHRS)

In order for the BHAB to fulfill its core purpose of reviewing and evaluating the community's mental health needs, services, facilities, and special problems, BHRS shall:

- 1. Provide the BHAB with current performance reviews, i.e. audits and survey research, promptly upon receipt from the state;
- 2. Submit the procedures used to ensure citizen and professional involvement in all stages of the planning process to the Board for review and approval prior to implementation;
- 3. Track the BHAB's Annual Report and advise the board when a report is coming due;
- 4. Provide the Board with performance outcome data and facilitate the communication of the Board's comments to the state planning body;
- 5. Routinely provide the Board with budget information, contracts, and relevant state information notices and letters.