MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

REGULAR MEETING MINUTES

June 20, 2018
10:00 a.m. to 2:00 p.m.
Boonville Veterans’ Hall Building
14400 Highway 128, Boonville

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<th>Item</th>
<th>Agenda Item / Description</th>
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| 1. 5 minutes | Call to Order, Roll Call, & Quorum Notice  
Approve Agenda:  
- Meeting called to order by Vice Chair Strachan at 10:12 A.M.  
- Roll call by Treasurer Harpe.  
- Vice Chair Strachan announce a Quorum was met.  
- Members Present: Harpe, Ortiz, Strachan, Behringer, Rich, Lockart, Martinez, Ferretta, Pekin, and Supervisor Croskey. | Board Action: Motion made by Treasurer Harpe, seconded by Member Pekin to approve the BHAB May 16, 2018 meeting minutes as written; passed with a unanimous yea vote by members present. |
| 2. 10 minutes | Minutes of May 16, 2018 BHAB Regular Meeting: Discussion and Approval (Handout)  
- Minutes approved as written. | |
| 3. 15 minutes (Maximum) | Public Comments:  
Members of the public wishing to make comments to the BHAB will be recognized at this time.  
A. Joe Ayres presented a letter to the BHAB members regarding his request to have the board write a letter. This is in response to the information he gave the board last November regarding the miss treatment of special needs people. He is requesting the | |

OUR MISSION: “To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential.”
board write a letter that he can pass on to Sheriff Allman. He wants Law Enforcement to get properly trained to deal with special needs people.
I. Member Lockart commented that Mr. Ayres point is very important.

B. Debra Lane, Resource Development & Community Relations for Redwood Coast Medical Services (RCMS) Community Healthcare in Gualala reported on an issue with a client. RCMS had a client that came to RCMS for care; the client was in crisis and needed care that RCMS could not provide.
I. RCMS tried to call MOPS to come help with the client, the number they called came back as voice mail was full.
II. Ms. Lane requested to meet with County BHRS and RQMC to work out the problems.

C. Gregory K. Sims, PhD, talked about his observations with people with mental illness, he referenced Tim Schraeder, RQMC CEO as a person he worked with.
I. Mr. Sims wants to be on the BHAB Agenda for July 18, 2018 to do a presentation regarding a curriculum he’s been working on for people with mental illness, called Adaptive Daily Living Through Growing the Seeds of Personal Peacefulness.
II. Mr. Sims would like for the curriculum to be used in Mendocino County.

### 4. Board Reports: Discussion and Possible Action

#### A. BOS Supervisor Croskey:
I. Supervisor Croskey reminded the board that on July 10, 2018 the BOS will be discussion the interactions between BOS and BHAB, and if the By-Laws update is ready at that time they could be discussed at that time.

II. Discussion of the CIT funding, Supervisor Croskey stated she didn’t fight to have the CIT funds placed back in the budget as the overall budget is very tight. She stated that there needs to be a strongly identified lead on the Stepping UP program.

a. BHRS Director Miller commented that the lead that Anne Molgaard, COO referred to was regarding setting up the CIT training.

b. Member Rich commented that it seems like a chicken and egg situation that needs to be worked on but won’t have funding until decisions are made.

c. Treasurer Harpe commented that it should be built into the Deputy’s job description to have the CIT training annually.

d. BHRS Director Miller commented that BHRS has not given up on trying to get a Stepping Up program going. At this time, BHRS Director Miller, Katie Ford from Probation, and BHAB Chair McGourty are working together to move forward with Stepping Up. Chair McGourty has contacted Kim Turner with the Court; Ms. Turner is on board with Stepping Up. BHRS Director
Miller commented there is a lot that can be done without funding at this time.

e. After discussion a motion was made to have Stepping Up a standing item on the BHAB agenda.

III. BOS Supervisor Croskey commented on the Juvenile Hall possibly being closed due to lack of funding. BOS voted to keep it open for another six months.

a. Member Lockart made a point that BOS needs to keep the Juvenile Hall open as we need it to help the next generation.

B. Chair:

I. Chair McGourty was not available to report.

C. Secretary:

I. Secretary Ortiz had a complaint about location of this meeting as it was very hard to find, she requested a map be included with the agenda packets for meeting locations.

a. BHRS Director Miller stated there will a map for location of meeting added to agenda packet for future meetings.

D. Treasurer:

I. Discussion of where the funding for BHAB budget comes from.

a. BHRS Director Miller commented that the BHAB budget comes out of BHRS funds.

b. Member Martinez commented that the board needs to spend all the money in their budget.

c. Discussion of what the board can do with their budget.

II. Member Martinez thinks BHAB should be looking at why the BHRS vacant positions are not being filled to do the jobs that need to be done.

a. Member Martinez commented that BOS needs to look at hiring staff as a priority.

E. Membership Committee: Applicants

I. Vice Chair Strachan and Member Ferretta interviewed Amy Buckingham as a prospective BHAB member.

a. Supervisor Croskey has already put Ms. Buckingham on the BOS agenda and she has been approved to be on BHAB.

b. Vice Chair Strachan will call Ms. Buckingham to attend the next meeting and to get in touch with Supervisor Croskey to get sworn in.

c. BHAB members voted to recommend Ms. Buckingham to BOS.

II. Discussion of getting more consumers on BHAB.

a. Secretary Ortiz recommended the board members go to places that consumers are and advocate for them to join.

i. Wynd Novotny, Manzanita Director suggested the board reach out to Raven Price regarding consumers that may be ready to have their voices heard. Ms. Price may be able to talk to some clients to see if they are interested.

ii. Ms. Novotny will take the information to Ms. Price for follow up.

Board Action:

Motion was made by Treasurer Harpe, seconded by Member Pekin to have Stepping Up/CIT be a standing item on the BHAB agenda; passed with a unanimous yay vote by members present.

Motion made by Vice Chair Strachan, seconded by Member Rich to recommend Amy Buckingham to be appointed by BOS to be a BHAB member; passed with a unanimous yay vote by members present.
but suggests the board contact Ms. Price.

iii. Treasurer Harpe stated she will reach out to Ms. Price.

iv. Ms. Novotny suggested for the Willits area Twana Jamison as a good contact for consumers.

F. BHAB Training Opportunities: *June 22nd to 23rd in Los Angeles and August 23rd in Redding*
   
   a. Flinda will be going to the LA training.
   
b. No members spoke up about going to the Redding training.

G. Other: None

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<th>5. 20 minutes</th>
<th>BHAB Committee Reports:</th>
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<td>A. By-Laws Committee: <em>(Members Martinez &amp; Ferretta)</em></td>
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<td>I. Member Ferretta presented two versions of a draft update for the By-Laws that Member Martinez helped to create.</td>
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<td>II. Discussion of which version the members liked better.</td>
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<td>a. Member Lockart commented the language regarding mental health (MH) and substance use disorders treatment (SUDT) should be the same.</td>
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<td>b. BHRS Director Miller commented that if the term Behavioral Health is used it covers both MH and SUDT. There could be a definition of what Behavioral Health covers.</td>
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<td>III. Vice Chair Strachan stated the board needs to choose which version the board is going to work from.</td>
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<td>a. Member Ferretta clarified that she did add Behavioral Health covering both MH and SUDT.</td>
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<td>b. Vice Chair Strachan stated the board’s homework for this month is to take the two versions of the draft By-Laws and read them and decide which one they like. It will be revisited at the July 18, 2018 meeting to be voted on.</td>
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<td>B. Flow Chart Committee: <em>(Members Strachan &amp; Pekin)</em></td>
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<td>I. Member Pekin stated there is nothing new to report. He did clarify what the committee is working on.</td>
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<td>a. The committee has been collecting information to try and figure out where people can go to get services. They are at the point now of deciding the best way to present the information.</td>
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<td>b. Member Rich commented the Healthy Mendocino is working on the same idea. The Healthy Mendocino committee meets the third Monday of the month at noon. Member Rich will get the meeting information to Member Pekin and Vice Chair Strachan.</td>
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<td>II. Member Martinez stated the flow chart needs to be specific to each area as each area has different needs and services available.</td>
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<td>III. Discussion of maybe increasing the BHAB budget for office expenses to cover coping brochures with the flow chart of services.</td>
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<td>C. Dual Diagnosis Committee: <em>(Members Lowe &amp; Ortiz)</em></td>
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|               | I. Secretary Ortiz commented the committee hasn’t done

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<td>Motion made by Vice Chair Strachan, seconded by Treasurer Harpe to table to July 18, 2018 the vote on the By-Laws draft amendment, to give time for members to review/compare documents: passed with a unanimous yea vote by members present.</td>
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anything. She stated she doesn’t know what the committee goal is and is not sure what the board wants them to work on.

a. More clarification is needed.

D. Project Follow-up Committee: (Members Behringer & Gorny)
   I. Member Flinda stated nothing new to report. She stated the projects they were looking into are being reported on monthly in the BHRS Director’s Report.

E. CIT Committee: (Members McGourty, Harpe & Rich)
   I. Member Rich commented the committee had met, they are trying to make sure CIT stays on the radar. Committee members have attended BOS meetings to talk about CIT.
   II. Secretary Ortiz commented she thought there was money set aside for CIT, then heard at the BOS meeting it was no longer set aside.
      a. Supervisor Croskey commented that the funding was in the budget but since it had not been used it was placed back in the Count General Funds.
      b. BHRS Director Miller clarified, she did some research, the funding was in the BHRS budget for Fiscal Year 2015/2016, but was not in the BHRS budget for Fiscal Year 2017/2018.

6. Mendocino County Report: Jenine Miller, Psy. D., BHRS Director
   A. See Director Report: (attached in the Agenda Packet)
      I. BHRS Director Miller commented her report is in the agenda packet, if anyone has questions about the information she will be happy to answer them.
         a. Treasurer Harpe stated, when RQMC took over Medication Management, she didn’t think BHAB was kept informed.
         b. BHRS Director Miller clarified how the transitions happened.
         c. Discussion of costs and possible savings to the County by having all the services provided by one entity.
         d. Camille Schraeder, RCS CEO clarified the issue more as to what services are being provided now.
   B. Fiscal Reports: Handout
      I. No follow up discussion regarding fiscal reports.

7. RQMC Report: Camille Schraeder, RQMC CFO
   A. Data Sheet: (Handout) Camille did a brief overview of the data sheet.
      I. Camille Schraeder, RQMC CFO stated Tim Schraeder, RQMC CEO apologizes to the board for not submitting a director report this month.
   B. Services Update:
      I. Comments regarding the three upcoming audits.
      II. Discussion of client no shows for Medication Management Services.
         a. Ms. Schraeder stated they have created a socialization time for clients to encourage clients to show up for their
Medication Management appointments. The clients can come hang out at the office, there’s coffee and TV available or they can socialize with other clients waiting until the psychiatrist can see them.

III. Discussion of the various billing, Medi-Cal, Medicare, Indigent, and Private Insurance. RQMC is currently working on getting on Private Insurance systems so they can take and bill for clients with Private Insurance.

   a. BHRS Director Miller clarified how the billing works, if a client has Medi-Cal and Medicare they can’t bill for services unless the provider is certified to bill for both systems.

**MHSA Three Year Plan - Annual Update: Review and Discussion**

A. OOC Deputy Director Karen Lovato will take notes to integrate the board’s comments and corrections into the MHSA Three Year Plan- Annual Update. With the board’s approval she will make the changes and put the plan out for public comment. Should the board not approve for public comment it will be brought back next month with the changes for the board’s approval before going to public comment.

   I. Discussion of the input from the MHSA Reversion Plan from BOS, there will be dollar amounts added in the MHSA Three-Year Plan.

   II. OOC Deputy Director Karen Lovato explained that every three years the County creates a new MHSA Plan, each year between they do an update for that year.

   III. OOC Deputy Director Karen Lovato briefly reviewed the plan and explained the changes and why the changes were made.

      a. She stated the demographic, housing and survey information was changed to reflect the most current information.

      b. There were additions to some of the funding for this year and some additional programs were funded.

      c. Discussion of the funding being provided for the Café Training program at the Mendocino Coast Hospitality Center (MCHC) in Fort Bragg.

      d. Camille Schraeder, RCS CEO will look into when MCHC will be getting the program going.

IV. OOC Deputy Director Karen Lovato explained the two innovation projects the County is trying to get started as not only service project but will include a social interaction component.

    a. OOC Deputy Director Karen Lovato explained what the Oversight and Accountability Commission (OAC) is looking for in new innovations projects. The OAC is looking for innovative projects using technology.

V. Member Martinez asked if there is an emergency plan included in the Three-Year Plan.

   a. OOC Deputy Director Karen Lovato stated that
emergency innovation project may be something to look at in the future. She stated there are other funded programs that will step in to help in an emergency.

VI. Member Martinez commented that there are a lot of numbers on services in the MHSA Plan but nothing to show the amount of people that are not getting services.

VII. Discussion of whether or not the vote to approve the MHSA Three-Year Plan Annual Update should be today or if the Plan will have to come back next month.
   a. BHAB members voted to approve the plan with corrections.

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<th><strong>Site Visit - Old Howard Hospital Building: Discussion of last month’s tour by BHAB Members</strong></th>
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<td>A. Discussion of the tour BHAB members did of the Old Howard Hospital building in Willits last month.</td>
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<td>I. Vice Chair Strachan stated she didn’t like the Feng Shui of the building, it felt old and dysfunctional. She didn’t like the driveway being so steep; she didn’t leave with a good feeling.</td>
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<td>II. Member Ferretta commented she felt the same way as Vice Chair Strachan, but after talking to someone else they commented that the building Feng Shui wasn’t important as it depended on the staff which changed her impression of using the building.</td>
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<td>III. Treasurer Harpe had the same feeling that the building felt old and gloomy, but she is all for having a mental health facility locally.</td>
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<td>IV. Discussion of the plans and the cost to redesign the Old Howard Hospital building to meet the criteria for a psych facility.</td>
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<td>V. Secretary Ortiz is all for using the building as she thinks it’s a good location.</td>
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<td>VI. Member Behringer is opposed to using that large of a building as there is no way to fill all the beds.</td>
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<td>VII. Member Rich is not a fan of redesigning the building, but thinks it is centrally located in the County.</td>
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B. Willits City Councilman Larry Stranske stated that the people of Willits and the neighbors of the Old Howard Hospital building are really opposed to the building being used for a psych facility; it is close to four schools. They are also opposed to having it fenced as it is something that people traveling through the community will see.

I. Member Ferretta asked Councilman Stranske for clarification of his comments; she wanted to know if this is about not having a facility in Willits or just not at that location.

II. Treasurer Harpe commented that just because someone has a mental illness doesn’t mean they are dangerous.

III. Supervisor Croskey commented she lives in Willits and is not concerned with her children walking past the building.
IV. Councilman Stranske stated that as a small city they don’t have the budget for more police and fireman they think it will require to have plans for the facility to go forward.

10. 40 minutes

**Contract Review: County Contract with Redwood Quality Management Company**

A. Adult Services Contract Exhibits A & B:
   I. Member Rich asked if the documents provided in the BHAB Agenda Packet is a completed contract or where it is in process.
      a. BHRS Director Miller stated this is a completed contract; it was approved by BOS and will go into effect as of July 1, 2018. She explained the contract is for RQMC Adults.
      b. She explained the information the members were given show what the County has to hold the contractor to and the regulations from the State.
   II. BHRS Director Miller reviewed the reporting process that the Administrative Services Organization (ASO), in this case RQMC, has to meet so the County can report to the State. The County has to justify all the funds spent in a Cost Report to the State.
   III. Secretary Ortiz commented that BHAB members should have seen the contract before it went to BOS.
   IV. Member Lockart stated she thinks the only way BHAB members will understand the contracts is to lock themselves in a room with BHRS Director Miller and Ms. Schraeder.
   V. Vice Chair Strachan would like to have the time to read the contract then ask questions.
   VI. Ms. Schraeder reviewed part of the contract, walking through the items. She stated any realignment or MHSA funds left over at the end of the contracted year goes back to the County.
      a. BHRS Director Miller stated the County and the ASO are constantly looking at the regulations to make sure the County, ASO, and subcontractors stay in compliance. There have been several changes in requirements over the last year.

B. Medication Management Contract Exhibits A & B:
   I. Did not get into discussion of this contract.
   C. By consensus the members will hold over any further discussion of the contract until they can take time to read it thoroughly. They will discuss at the July 18, 2018 meeting.

11. 5 minutes

**Adjournment: Meeting adjourned at 1:58 P.M by Vice Chair Strachan**

Next Meeting: July 18, 2018 - Ukiah and live video conferencing to Fort Bragg
AMA BRICANS WITH DISABILITIES ACT (ADA) COMPLIANCE
The Mendocino County Behavioral Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health’s Administrative Office by calling (707) 472-2310 at least five days prior to the meeting.

Emily Strachan, BHAB Vice Chair

Date

Carolyn Peckham, BHRS Administrative Secretary

Date

CONTACT INFORMATION: PHONE: (707) 472-2310 FAX: (707) 472-2331
BHAB EMAIL THE BOARD: bhboard@mendocinocounty.org
WEBSITE: https://www.mendocinocounty.org/bhab