

**Health and Human Services Agency
Behavioral Health & Recovery Services
Mental Health Plan**



**Request for a
Second Opinion**

**Mental Health Plan 24 hour Access Line 1-800-
555-5906 (Toll free)**

This form is available in large print and audio.
Please see the receptionist or call 1-800-555-
5906.

Sí Usted Habla Español. Esta información está
disponible en español, por favor vea la recep-
cionista o llame 1-800-555-5906

As a person eligible for Medi-Cal, you have a right to receive medically

necessary Specialty Mental Health Services from the Mental Health Plan (MHP).

When accessing Specialty Mental Health Services, you have the right to a second opinion at no additional cost to you when the MHP or its providers determine that the medical necessity criteria to receive Specialty Mental Health Services has not been met and that you, therefore, are not entitled to any Specialty Mental Health Services from the MHP.

You can make a second opinion request in writing or verbally. Your request for a second opinion will be reviewed by the QAPI Clinical Manager and be given serious consideration. You can expect a response within ten (10) working days.

QUESTIONS AND CONCERNS

Beneficiaries are encouraged to discuss their mental health services with their clinician or other service provider.

**For a list of Mental Health Plan Providers call (Toll Free):
1-800-555-5906**

At the request of a Medi-Cal beneficiary, the Mendocino County Mental Health Plan (MHP) shall provide for a second opinion by a licensed mental health professional employed by, contracting with, or otherwise made available by the MHP, when the MHP or its providers determine that the medical necessity criteria to receive Specialty Mental Health Services have not been met and that the ben-

eficiary is, therefore, not entitled to any Specialty Mental Health services from the MHP. The MHP shall determine whether the second opinion requires a face-to-face encounter with the beneficiary.

CCR Title 9, 1810.405(e)

To request a second opinion you may complete the request form included with this brochure and give it to any MHP provider or mail it to:

Mendocino County Mental Health
Quality Assessment & Performance Improvement Program (QAPI)
1120 South Dora Street
Ukiah, CA 95482

You may also call 707-472-2309 with your request.

For assistance completing this form you may contact the:

Patient's Rights Advocate
(707) 463-4614

Mendocino County Mental Health Plan (MHP) offers free Language Line, interpreter assistance, American Sign Language, and California Relay Services (TTY/TDD) for beneficiaries requesting or accessing services.

These services may be requested at any Mental Health Plan Provider site or by calling 1-800-555-5906.

English

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-555-5906 (TTY: 1-800-735-2929).

Español (Spanish)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-555-5906 (TTY: 1-800-735-2929).

繁體中文 (Chinese)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-555-5906（TTY：1-800-735-2929）

Tiếng Việt (Vietnamese)

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-555-5906 (TTY: 1-800-735-2929).

한국어 (Korean)

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-555-5906 (TTY: 1-800-735-2929) 번으로 전화해 주십시오.

Tagalog (Tagalog – Filipino)

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-555-5906 (TTY: 1-800-735-2929).

Hmoob (Hmong)

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-555-5906 (TTY: 1-800-735-2929).

Русский (Russian)

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-555-5906 (телетайп: 1-800-735-2929).

فارسی (Farsi)

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما تماس بگیرد. (TTY: 1-800-735-2929) همراه می باشد. ب 1-800-555-5906)

日本語 (Japanese)

注意事項: 日本語を話される場合、無料の言語支援をご利用いただけます。1-800-555-5906 (TTY:1-800-735-2929) まで、お電話にてご連絡ください。

हिंदी (Hindi)

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-800-555-5906 (TTY: 1-800-735-2929) पर कॉल करें।

Հայերեն (Armenian)

ՈՒՇԱԴՐՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա ձեզ անվճար կարող են տրամադրվել լեզվական աջակցության ծառայություններ: Զանգահարեք 1-800-555-5906 (TTY (հեռատիպ)՝ 1-800-735-2929):

ਪੰਜਾਬੀ (Punjabi)

ਪਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ 1-800-555-5906 (TTY: 1-800-735-2929) 'ਤੇ ਕਾਲ ਕਰੋ

العربيةArabic)

كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اصل إذا ملحوظة:
(TTY:1-800-735-2929)والبكم: رقم هاتف الصم 1-800-555-5906 برقم

ខ្មែរ (Cambodian)

ប្រយ័ត្ន: អរ ស៊ី ិនជាអ្នកនិយាយ ភាសាខ្មែរ , រសវាជំនួយមននកភាសា
រោយមិនគិត ្នួន គឺអាចមានសំរា ំ ំអរ អុើ នក។ ចូ ទូ ស័ព្ទ 1-800-
555-5906 (TTY 1-800-735-2929)។

ພາສາລາວ (Lao)

ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານ
ພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທ 1-800555-5906 (TTY:
1-800-735-2929)

ภาษาไทย (Thai)

เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-800-555-
5906 (TTY:1-800-735-2929)