Minutes

Mental Health Services Act Stakeholder Forum/ Quality Improvement Committee Joint Meeting

Date: Thursday, November 29, 2018 | Time: 3:30 to 5:30 pm
Locations: The Arbor Youth Center (810 N State St., Ukiah, CA 95482) & Laytonville Family Resource Center (44400 Willis Ave., Laytonville, CA 95454)

Barbara Reber	Rebekah Anthony	Colleen Gorman
Robin Meloche	Michael Dios	Cynthia Rodgers
Anna Taft-Victoria	Pickner Sequoyon	Angel Rosenthal
David Dorman	Elias English	Beth Silver
Michael Dodge	Debra Dale	Mary Norris
Larann Henderson		

	Discussion Item	Action Item/Next Steps	Complete Date
1.	**Review of Minutes from 9/27/18** • Tabled, minutes will be reviewed in next meeting on 01/31/18.		
2.	**Follow Up Items** • The MHSA Three-Year Plan is still being reviewed.	-30-Day Public Comment Period will be announced via MHSA Stakeholder Email List.	-12/31/18
3.	**Introductions and Handouts** • **Education regarding purpose of stakeholder meetings and the Community Program Planning Process** o Discussion of purpose of Mental Health Services Act and the important role of forums in relaying information to consumers and family members about MHSA services in Mendocino County. o Explanation of Issue Resolutions and Issue Resolution process. o Handouts Issue Resolutions, Agenda, Minutes from 9/27/18 (MHSA & QIC), Data Dash Report, QIC Work Plan Presentation Slides, MHSA/QIC Forum Surveys, MHSA/QIC Schedule 18-19, and List of current MHSA projects.		

4.	**MHSA Service Provider Reports & Recommendations** • ***News & Changes*** o NAMI has opened its service location in Ukiah on Jones Street, and had a successful open house on November 1st. • ***MHSA Service Provider Reports*** o No updates at this time. • ***Comments & Questions for Providers*** o No questions for providers at this time.		
5.	**Consumer & Public Feedback** • ***What is working?*** o There is always someone to talk to at the Arbor. o The Arbor has great peer providers who are resources to consumers and the community. o The Arbor does a good job to help students with their educational goals. o The Arbor provides a safe space for students to come to eat, receive therapy, do fun activities, and access their mail. o The Arbor does a good job helping youth adjust who are transitioning out of the foster care system. o The Long Valley Medical Clinic and Laytonville Family Resource Center offer important services to the area. • ***What is not working?*** o Counseling services through Redwood Community Services are difficult for students because they are pulled out of class to attend therapy, which causes tension between school/academics and therapeutic services. Students wish that there were more options during the evening to receive counseling services. o There is not and Independent Education Program offered for students that have aged out of the foster system, but it would be beneficial if there were. o Laytonville Family Resource Center is remote, and can only help people who come to the center, but does not provide outreach services.		

	• ***Other Comments & Questions*** o Consumers would like to see more peer providers offering behavioral health and therapeutic services; because they feel that, many providers do not have lived experience, which is beneficial for the client.		
6.	**MHSA Updates** **a)** ***Community Program Planning (CPP)*** • **Upcoming Meetings, Forums, and Planning** o The next forum is currently scheduled for 1/31/19 at Consolidated Tribal Health Project from 330 – 530 pm. It will be teleconferenced to Manzanita Services in Willits.* o *Consumer Feedback has indicated that it would be better for family members if the forums were held later, so the MHSA/QIC team is working on moving the next forum to 5 – 7 pm if possible. • **Issue Resolutions and Trends** o No new issue resolutions submitted this year or trends at this time. **b)** ***Community Services and Supports (CSS)*** • **Data Reports** o Quarterly data from CSS providers was just submitted to the MHSA team for the first quarter of 18-19. • **Housing Projects** o The expected completion date for Willow Terrace housing project is March, but could change depending on construction status. The housing is for Full Service Partners who are homeless or at risk of homelessness. Applications are being accepted and should be submitted to your case manager. **c)** ***Prevention and Early Intervention (PEI)*** • **Data Reports** o Quarterly data from PEI providers was just submitted to the MHSA team for the first quarter of 18-19.	-The MHSA team will notify stakeholders if any changes to the forum schedule are made. -The MHSA team will present MHSA services data at the next public forum. - The MHSA team will present MHSA services data at the next public forum.	1/31/19 1/31/19 1/31/19

	• **Mendocino County Suicide Prevention Committee (MCSPC)** o There will be an Applied Suicide Prevention Skills Training (ASIST) in Fort Bragg at the Mendocino Coast Clinic on 12/13 & 12/14/18 from 8 am – 5 pm. o Details of ASIST and registration information provided. **d)** ***Innovation (INN)*** • **Round Valley Crisis Response** o The next Innovation meeting is on 12/4/18 from 12 – 2 pm. Yuki Trails will be having an open house for their Crisis Response Program to follow from 2 – 5 pm. • **Weekend Wellness/Friends for Health Update & Feedback** o The MHSA team is working on the concept development for the second Innovation Project, and it proposing to have Weekend Wellness/Friends for Health is a program that takes place at Willow Terrace. It will offer residents and other mental health clients a safe and nurturing environment to meet with their peers, engage in planning group activities of interest, as well as build healthy social skills and networks. • **Computer Program & Virtual Reality Applications for Services to Youth Update & Feedback** o The third Innovation Project is also in concept development. It is expected to be youth-focused and involve applications of technology such as virtual reality. **e)** ***Workforce Education and Training (WET)*** • See MCSPC ASIST in section c) above. **f)** ***Other Updates*** • No other updates at this time.		
7.	**QIC Portion of Meeting** • See QIC minutes for more information.		

8.	**Next Meeting Date & Location** • January 31, 2019 from 3:30 – 5:30 pm* o Consolidated Tribal Health Project (6991 N State St., Redwood Valley, CA 95470) o **Teleconferenced to:** Manzanita Services Willits (286 School St., Willits, CA 95490)	-*These times are subject to change based on stakeholder request and scheduling availability. The MHSA team will notify stakeholders of any changes to the forum schedule by email and PSA.	1/31/19