

## **ਪੰਜਾਬੀ (Punjabi)**

ਪਿਆਰ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਰਾ ਵਿੱਚ  
ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ 1-800-555-  
5906 (TTY: 1-800-735-2929) 'ਤੇ ਕਾਲ ਕਰੋ

## **العربية (Arabic)**

فان خدمات المساعدة اللغوية ، إذا كنت تتحدث اذكر اللغة :ملحوظة  
رقم هاتف الصم 1-800-555-5906 اصل برقم . تتوافر لك بالمجان  
(TTY:1-800-735-2929) :والبكم

## **ខ្មែរ (Cambodian)**

ប្រយ័ត្ន: វេ ស ើ ិនជាអ្នកនិយាយ ភាសាខ្មែរ , រ វាជំនួយមន  
នកភាសា សោយមិនគិតថ្លៃ ិន គឺអាចមាន ំណើ ិ ិវ  
អ្នក ើ នក។ ចូ ្ន ័ ៣ 1-800-555-5906 (TTY1-800-735-  
2929)។

## **ພາສາລາວ (Lao)**

ໂບດລາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາ ລາວ, ການບໍລິການຊ່ວຍເຫຼືອດ້ານ  
ພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີພ້ອມໃຫ້ທ່ານ. ໂທ 1-800-555-5906  
(TTY: 1-800-735-2929)

## **ภาษาไทย (Thai)**

**เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการ  
ช่วยเหลือทางภาษาได้ฟรี โทร 1-800-555-5906 (TTY:1-  
800-735-2929)**

**Mendocino County Mental Health Support  
24/7 Crisis Line: 1-855-838-0404**

**24/7 Access Line: 1-800-555-5906**

**Mendocino County Health & Human Services Behavioral  
Health & Recovery Services Mental Health Plan**



## **PROVIDER LIST**

This form is available in large print and audio.  
Please see the receptionist or call  
1-800-555-5906.

Sí Usted Habla Español. Esta información está disponible en  
español, por favor vea la recepcionista o llame  
1-800-555-5906

### **Administration Office**

**1120 S. Dora Street, Ukiah, CA 95482  
(707-472-2300)**

**Mendocino County Mental Health Plan (MHP) offers free language or interpreter assistance, sign language or California Relay Services (TTY/TDD) for beneficiaries requesting or accessing services. These services may be requested at any MHP provider site or by calling**

**1-800-555-5906.**

**Age Ranges:**

Children: 0-15 years of age

Transitional Age Youth (TAY): 16-24 years of age

Adults: 24-59 years of age

Older Adults: 60 + years of age

**\*\*Services may be delivered by an individual provider, or a team of providers, who is working under the direction of a licensed practitioner operating within their scope of practice. Only licensed, waived, or registered mental health providers are listed on the Mental Health Plan's Provider Directory**

**All provider directories are available by visiting:**

**[www.mendocinocounty.org/BHRSPProviders](http://www.mendocinocounty.org/BHRSPProviders)**

**Patients Rights Advocate - (707) 463-4614**

**(Defensor de los Derechos del Paciente)**

**Speak Against Silence - 1-855-587-6373**

**North Bay Suicide Prevention Hotline of Mendocino County  
Mendocino County National Alliance on Mental Illness (NAMI)  
(707) 485-0239 | [namimendocino.org](http://namimendocino.org)**

**Hmoob (Hmong)**

LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-800-555-5906 (TTY: 1-800-735-2929).

**Русский (Russian)**

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-555-5906 (телетайп: 1-800-735-2929).

**فارسی (Farsi)**

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. ب تماس بگیرید. 1-800-555-5906 (TTY: 1-800-735-2929)

**日本語 (Japanese)**

注意事項: 日本語を話される場合、無料の言語支援をご利用いただけます。1-800-555-5906 (TTY: 1-800-735-2929) まで、お電話にてご連絡ください。

**हिंदी (Hindi)**

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-800-555-5906 (TTY: 1-800-735-2929) पर कॉल करें।

**Հայերեն (Armenian)**

ՈՒՇԱԴՐՈՒԹՅՈՒՆ՝ Եթե խոսում եք հայերեն, ապա ձեզ անվճար կարող են տրամադրվել լեզվական աջակցության ծառայություններ: Զանգահարեք 1-800-555-5906 (TTY (հեռատիպ) 1-800-735-2929):

### English

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Call 1-800-555-5906 (TTY: 1-800-735-2929).

### Español (Spanish)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-555-5906 (TTY: 1-800-735-2929).

### 繁體中文 (Chinese)

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-555-5906（TTY:1-800-735-2929）。

### Tiếng Việt (Vietnamese)

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-555-5906 (TTY:1-800-735-2929).

### 한국어 (Korean)

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-555-5906 (TTY:1-800-735-2929) 번으로 전화해 주십시오.

### Tagalog (Tagalog – Filipino)

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-555-5906 (TTY:1-800-735-2929).

## Ukiah

### **Manzanita Services**

410 Jones St. Ste. C-1, Ukiah, CA 95482

Phone:(707) 463-0405

**Site:** manzanitaservices.org/

**Provider Directory:** Please refer to page 2

**Provider Type:** Organizational

**New Clients:** Yes

**ADA Accessible:** Yes

**Lang. Spoke:** English, LLS

**Cultural Capacities:** Asian, Black, East Indian, Native American, White, LGBT

**Serves:** Youth, Adults, Older Adults, and Families

### **Scope of Competence & Evidence Based Practice:**

Specialty Mental Health Services, Care (case) Management, Health navigation, Wellness Center, Benefits Advocacy, Homeless Services & Housing Support & Transportation Services.

### **MCAVHN (Aids & Viral Hepatitis Network)**

148 Clara Ave., Ukiah, CA 95482

(707) 462-1932

**Site:** newmcavhn.org/

**Provider Directory:** Please refer to page 2

**Provider Type:** Organizational

**New Clients:** Yes

**ADA Accessible:** Yes

**Lang. Spoke:** English, LLS

**Cultural Capacities:** Asian, Black, East Indian, Native American, White, LGBT

**Serves:** Youth and Adults

### **Scope of Competence & Evidence Based Practice:**

Specialty Mental Health Services, Care (case) Management, Health navigation, Wellness Center, Benefits Advocacy, Homeless Services & Housing Support & Transportation Services.

<b>Mendocino County</b> <b>Behavioral Health &amp; Recovery Services</b> 1120 S. Dora St. Ukiah, CA 95482 Phone: (707)472-2300 <b>Site:</b> mendocinocounty.org/bhrs <b>Provider Directory:</b> Please refer to page 2			
<b>Provider Type:</b> Organizational		<b>New Clients:</b> Yes	
<b>ADA Accessible:</b> Yes		<b>Lang. Spoke:</b> English, Spanish, LLS	
<b>Cultural Capacities:</b> Asian, Black, East Indian, Native American, White, LGBT		<b>Serves:</b> Adults	
<b>Scope of Competence &amp; Evidence Based Practice:</b> Outreach and Engagement, Placement Case Management, Assessment, Access, and Assisted Outpatient Treatment.			
<b>Mendocino County Youth Project</b> 776 S. State St. #107, Ukiah, CA 95482 Phone: (707) 463-4915 <b>Site:</b> mcyp.org/ <b>Provider Directory:</b> Please refer to page 2			
<b>Provider Type:</b> Organizational		<b>New Clients:</b> Yes	
<b>ADA Accessible:</b> Yes		<b>Lang. Spoke:</b> English, LLS	
<b>Cultural Capacities:</b> Asian, Black, East Indian, Native American, White, LGBT		<b>Serves:</b> Children, Youth, Young Adults and Families	
<b>Scope of Competence &amp; Evidence Based Practice:</b> Trauma Focused Cognitive Behavioral Therapy, Alternatives for Families: Cognitive Behavioral Therapy, Positive Parenting Program, Parent/Child Interactive Therapy, Targeted Care Management, Specialty Mental Health Services.			

<b>Redwood Community Services, Inc.</b> 544 S. Main St. Ste A, Ft. Bragg, CA 95437 Phone: (707) 961-0115 <b>Site:</b> redwoodcommunityservices.org/bhs/ <b>Provider Directory:</b> Please refer to page 2			
<b>Provider Type:</b> Organizational		<b>New Clients:</b> Yes	
<b>ADA Accessible:</b> Yes		<b>Lang. Spoke:</b> English, Spanish, LLS	
<b>Cultural Capacities:</b> Asian, Black, East Indian, Native American, White, LGBT		<b>Serves:</b> Adults 25 and Older	
<b>Scope of Competence &amp; Evidence Based Practice:</b> Trauma Focused Cognitive Behavioral Therapy, Alternative for Families: A Cognitive Behavioral Therapy, Positive Parenting Program, Parent/Child Interactive Therapy, Targeted Care Management, Pathways, & Special Mental Health Services			
<b>Redwood Community Services, Inc.– Crisis</b> 544 S. Main St. Ste B, Ft. Bragg, CA 95437 Phone: (707) 961-0308 <b>Site:</b> redwoodcommunityservices.org/bhs/ <b>Provider Directory:</b> Please refer to page 2			
<b>Provider Type:</b> Organizational		<b>New Clients:</b> Yes	
<b>ADA Accessible:</b> Yes		<b>Lang. Spoke:</b> English, Spanish, LLS	
<b>Cultural Capacities:</b> Asian, Black, East Indian, Native American, White, LGBT		<b>Serves:</b> Adults 25 and Older	
<b>Scope of Competence &amp; Evidence Based Practice:</b> Trauma Focused Cognitive Behavioral Therapy, Alternative for Families: A Cognitive Behavioral Therapy, Positive Parenting Program, Parent/Child Interactive Therapy, Targeted Care Management, Pathways, & Special Mental			

**Mendocino County****Behavioral Health & Recovery Services**

790-B S. Franklin St., Ft. Bragg, CA 95437

Phone: (707) 964-4747

**Site:** mendocinocounty.org/bhrs**Provider Directory:** Please refer to page 2

<b>Provider Type:</b> Organizational		<b>New Clients:</b> Yes
<b>ADA Accessible:</b> Yes	<b>Lang. Spoke:</b> English, Spanish, LLS	
<b>Cultural Capacities:</b> Asian, Black, East Indian, Native American, White, LGBT		<b>Serves:</b> Adults
<b>Scope of Competence &amp; Evidence Based Practice:</b> Outreach and Engagement, Placement Case Management, Assessment, Access, and Assisted Outpatient Treatment.		

**Redwood Community Services, Inc.**

32670 Hwy 20 Unit 2, Ft. Bragg, CA 95437

Phone: (707) 964-1136

**Site:** redwoodcommunityservices.org/bhrs/**Provider Directory:** Please refer to page 2

<b>Provider Type:</b> Organizational		<b>New Clients:</b> Yes
<b>ADA Accessible:</b> Yes	<b>Lang. Spoke:</b> English, Spanish, LLS	
<b>Cultural Capacities:</b> Asian, Black, East Indian, Native American, White, LGBT		<b>Serves:</b> Adults
<b>Scope of Competence &amp; Evidence Based Practice:</b> Trauma Focused Cognitive Behavioral Therapy, Alternative for Families: A Cognitive Behavioral Therapy, Positive Parenting Program, Parent/Child Interactive Therapy, Targeted Care Management, Pathways, & Special Mental Health Services.		

**RCS Arbor Outpatient**

810 N. State St., Ukiah, CA 95482

Phone: (707) 462-7267

**Site:** redwoodcommunityservices.org/bhrs/**Provider Directory:** Please refer to page 2

<b>Provider Type:</b> Organizational		<b>New Clients:</b> Yes
<b>ADA Accessible:</b> Yes	<b>Lang. Spoke:</b> English, LLS	
<b>Cultural Capacities:</b> Transitional Age Youth (TAY) 16 yrs. to 25th birthday		<b>Serves:</b> Adults
<b>Scope of Competence &amp; Evidence Based Practice:</b> Case management, Mental Health services, Crisis Intervention, Medication Support.		

**Redwood Community Services**

631 S. Orchard Ave., Ukiah, CA 95482

Phone: (707) 467-2010

**Site:** redwoodcommunityservices.org/bhrs/**Provider Directory:** Please refer to page 2

<b>Provider Type:</b> Organizational		<b>New Clients:</b> Yes
<b>ADA Accessible:</b> Yes	<b>Lang. Spoke:</b> English, Spanish, LLS	
<b>Cultural Capacities:</b> Asian, Black, East Indian, Native American, White, LGBT		<b>Serves:</b> Children and Youth
<b>Scope of Competence &amp; Evidence Based Practice:</b> Case management, Mental Health services, Crisis Intervention, Medication Support.		

**RCS Stepping Stones**

140 Gibson St., Ukiah, CA 95482

Phone: (707) 468-5536

**Site:** redwoodcommunityservices.org/bhs/**Provider Directory:** Please refer to page 2

<b>Provider Type:</b> Organizational		<b>New Clients:</b> Yes
<b>ADA Accessible:</b> Yes	<b>Lang. Spoke:</b>	
<b>Cultural Capacities:</b> Asian, Black, East Indian, Native American, White, LGBT		<b>Serves:</b>
<b>Scope of Competence &amp; Evidence Based Practice:</b> Case management, Mental Health services, Medication Support.		

**RCS The Ranch**

6150 Orr Springs Rd., Ukiah, CA 95482

Phone: (707) 462-5056

**Site:** redwoodcommunityservices.org/bhs/**Provider Directory:** Please refer to page 2

<b>Provider Type:</b> Organizational		<b>New Clients:</b> Yes
<b>ADA Accessible:</b> Yes	<b>Lang. Spoke:</b> English, LLS	
<b>Cultural Capacities:</b> Asian, Black, East Indian, Native American, White, LGBT		<b>Serves:</b> Children and Youth
<b>Scope of Competence &amp; Evidence Based Practice:</b> Case management, Mental Health services, Crisis Intervention, Medication Support.		

**Redwood Community Services**

99 S. Humboldt St., Willits, CA 95490

Phone: (707) 459-9900

**Site:** redwoodcommunityservices.org/bhs/**Provider Directory:** Please refer to page 2

<b>Provider Type:</b> Organizational		<b>New Clients:</b> Yes
<b>ADA Accessible:</b> Yes	<b>Lang. Spoke:</b> English, Spanish, LLS	
<b>Cultural Capacities:</b> Asian, Black, East Indian, Native American, White, LGBT		<b>Serves:</b> Children, Youth, Young Adults, and Families
<b>Scope of Competence &amp; Evidence Based Practice:</b> Trauma Focused Cognitive Behavioral Therapy, Alternative for Families: A Cognitive Behavioral Therapy, Positive Parenting Program, Parent/Child Interactive Therapy, Pathways, Specialty Mental Health Services.		

**Fort Bragg****Mendocino Coast Hospitality Center**

101 N. Franklin St., Fort Bragg, CA 95437

Phone: (707) 961-0172

**Site:** mendocinochc.org/**Provider Directory:** Please refer to page 2

<b>Provider Type:</b> Organizational		<b>New Clients:</b> Yes
<b>ADA Accessible:</b> Yes	<b>Lang. Spoke:</b> English, Spanish, LLS	
<b>Cultural Capacities:</b> Asian, Black, East Indian, Native American, White, LGBT		<b>Serves:</b> Adults
<b>Scope of Competence &amp; Evidence Based Practice:</b> Homeless Resource, Case Management, HUD Housing, Targeted Care Management, Specialty Mental Health Services.		

<b>Manzanita Services</b> 286 School St., Willits, CA 95490 Phone: (707)456-9020 <b>Site:</b> manzanitaservices.org/ <b>Provider Directory:</b> Please refer to page 2			
<b>Provider Type:</b> Organizational		<b>New Clients:</b> Yes	
<b>ADA Accessible:</b> Yes		<b>Lang. Spoke:</b> English, LLS	
<b>Cultural Capacities:</b> Asian, Black, East Indian, Native American, White, LGBT		<b>Serves:</b> Youth, Adults, Older Adults, & Families	
<b>Scope of Competence &amp; Evidence Based Practice:</b> Specialty Mental Health Services, Care (case) Management, Health navigation, Wellness Center, Benefits Advocacy, Homeless Services & Housing Support & Transportation Services.			
<b>Mendocino County</b> <b>Behavioral Health &amp; Recovery Services</b> 472 E. Valley St. Willits, CA 95490 Phone: (707) 456-3800 <b>Site:</b> mendocinocounty.org/bhrs <b>Provider Directory:</b> Please refer to page 2			
<b>Provider Type:</b> Organizational		<b>New Clients:</b> Yes	
<b>ADA Accessible:</b> Yes		<b>Lang. Spoke:</b> English, Spanish, LLS	
<b>Cultural Capacities:</b> Asian, Black, East Indian, Native American, White, LGBT		<b>Serves:</b> Adults	
<b>Scope of Competence &amp; Evidence Based Practice:</b> Outreach and Engagement, Placement Case Management, Assessment, Access, and Assisted Outpatient Treatment.			

<b>Redwood Community Crisis Center (RC3)</b> 350 E. Gobbi St., Ukiah, CA 95482 Phone: (707) 467-9065 <b>Site:</b> redwoodcommunityservices.org/bhs/ <b>Provider Directory:</b> Please refer to page 2			
<b>Provider Type:</b> Organizational		<b>New Clients:</b> Yes	
<b>ADA Accessible:</b> Yes		<b>Lang. Spoke:</b> English, Spanish, LLS, American Sign Language	
<b>Cultural Capacities:</b> Asian, Black, East Indian, Native American, White, LGBT		<b>Serves:</b> All Ages	
<b>Scope of Competence &amp; Evidence Based Practice:</b> Mental Health Crisis and Urgent Care Services.			
<b>Redwood Community Services</b> 350 E. Gobbi St., Ukiah, CA 95482 Phone: (707) 467-9065 <b>Site:</b> redwoodcommunityservices.org/bhs/ <b>Provider Directory:</b> Please refer to page 2			
<b>Provider Type:</b> Organizational		<b>New Clients:</b> Yes	
<b>ADA Accessible:</b> Yes		<b>Lang. Spoke:</b> English, Spanish, LLS, American Sign Language	
<b>Cultural Capacities:</b> Asian, Black, East Indian, Native American, White, LGBT		<b>Serves:</b> Children, Youth, Young Adults (up to 25), and Families	
<b>Scope of Competence &amp; Evidence Based Practice:</b> Trauma Focused Cognitive Behavioral Therapy, Alternatives for Families: Cognitive Behavioral Therapy, Positive Parenting Program, Parent/Child Interactive Therapy, Targeted Care Management, Specialty Mental Health Services.			

<b>Redwood Quality Management (RQMC)</b> 376 E. Gobbi St. Ste. B, Ukiah, CA 95482 Phone: (707)472-0350 <b>Site:</b> redwoodqualitymanagementco.com/ <b>Provider Directory:</b> Please refer to page 2			
<b>Provider Type:</b> Organizational		<b>New Clients:</b> Yes	
<b>ADA Accessible:</b> Yes		<b>Lang. Spoke:</b> English, Spanish, LLS	
<b>Cultural Capacities:</b> Asian, Black, East Indian, Native American, White, LGBT		<b>Serves:</b> Youth, Adults, Older Adults, & Families	
<b>Scope of Competence &amp; Evidence Based Practice:</b> Case management, Mental Health services, Medication Support.			
<b>Tapestry Family Services</b> 290 E. Gobbi St., Ukiah, CA 95482 Phone: (707) 463-3300 <b>Site:</b> tapestryfs.org/ <b>Provider Directory:</b> Please refer to page 2			
<b>Provider Type:</b> Organizational		<b>New Clients:</b> Yes	
<b>ADA Accessible:</b> Yes		<b>Lang. Spoke:</b> English, Spanish, LLS	
<b>Cultural Capacities:</b> Asian, Black, East Indian, Native American, White, LGBT		<b>Serves:</b> Children, Youth, and Families	
<b>Scope of Competence &amp; Evidence Based Practice:</b> Trauma Focused Cognitive Behavioral Therapy, Alternatives for Families: Cognitive Behavioral Therapy, Positive Parenting Program, Parent/Child Interactive Therapy, Targeted Care Management, Specialty Mental Health Services.			

## Redwood Valley, Potter Valley, Willits

<b>Mendocino House</b> 7351 Semms Ln., Redwood Valley, CA 95470 Phone: (707)472-2010 <b>Site:</b> redwoodcommunityservices.org/bhs/ <b>Provider Directory:</b> Please refer to page 2			
<b>Provider Type:</b> Organizational		<b>New Clients:</b> Yes	
<b>ADA Accessible:</b> Yes		<b>Lang. Spoke:</b>	
<b>Cultural Capacities:</b> Asian, Black, East Indian, Native American, White, LGBT		<b>Serves:</b> 13 to 19 years of age	
<b>Scope of Competence &amp; Evidence Based Practice:</b> Case management, Mental Health services, Crisis Intervention, Medication Support.			
<b>Cam's Place RBS</b> 9981A Spring Valley Rd., Potter Vallley, CA 95469 Phone: (707) 462-4033 <b>Site:</b> redwoodcommunityservices.org/bhs/ <b>Provider Directory:</b> Please refer to page 2			
<b>Provider Type:</b> Organizational		<b>New Clients:</b> Yes	
<b>ADA Accessible:</b> Yes		<b>Lang. Spoke:</b> English, LLS	
<b>Cultural Capacities:</b> Asian, Black, East Indian, Native American, White, LGBT		<b>Serves:</b> Foster Youth	
<b>Scope of Competence &amp; Evidence Based Practice:</b> Case management, Mental Health services, Crisis Intervention, Medication Support.			