

STUDY GUIDE

Mendocino County Behavioral Health System
Program Gap Analysis & Recommendations
for Allocation of Measure B Revenues

by Kemper Consulting Group
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MENDOCINO COUNTY MEASURE B ADVISORY COMMITTEE

by Jan McGourty
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KEMPER'S RECOMMENDATIONS FOR PROGRAM SERVICES (page 41)

●	Service	Stay	Consultative Results
1	PHF or other inpatient psychiatric care <i>See attached list of facilities</i>	Ave. 3-5 days Max. 30 days	<ul style="list-style-type: none"> PHF has most restrictive/expensive staffing needs
2	Crisis Residential Treatment (CRT)	3 mos. maximum	<ul style="list-style-type: none"> RQMC “shovel-ready” plan would incorporate CSU & CRT with crisis access (walk-in) as well. <div style="border: 1px dashed black; padding: 5px; margin-top: 10px;"> <p style="text-align: center;">Types of Involuntary MH Holds</p> <p>5150 - 72 hours 5250 - + 14 days 5270 - + 30 days</p> </div>
3	Crisis Stabilization Unit (CSU)	24 hrs. <i>pending legislation to extend 72 hrs.</i>	
4	Expanded outreach <i>3 Mobile Outreach Teams-n. County, s. County, Inland</i>		
5	Outlying/Remote areas of county		
6	Expand support programs & wellness efforts	<i>Rx management Employment services Family support</i>	

KEMPER'S RECOMMENDATIONS FOR PROGRAM SERVICES CONTINUED

▶	Service	Stay	Consultative Results
7	Day Treatment <i>Legal definition:</i> ▶ <i>Licensed facility</i> ▶ <i>BH treatment</i> ▶ <i>outpatient care</i> ▶ <i>MD supervision</i>		
8	Supportive Housing		
9	Partial hospital care Rehabilitative care Board and Care	NOTE: 25+ individuals = \$2.1M in psych hospitals	
10	Expansion SUDT		
11	5-Year Plan <i>Develop continuum of care</i>		

KEMPER'S RECOMMENDATIONS FOR ACTION & POLICY (page 43)

1	Supplement services NOT supplant services	
2	Biannual Review Process	
3	Prudent Reserve of Measure B Funds	
4	Separate annual accounting of Measure B revenues/ expenditures	
5	10-Year Strategic Plan	
6	Restructure data provided by BHRS, RQMC & subcontractors	

KEMPER'S PROPOSED STRATEGIC FINANCING PLAN (page 44)

Action Items		Kemper Notes:
1	Create in-county residential treatment alternative	<ul style="list-style-type: none"> • Fund construction of Crisis Residential Treatment/Crisis Stabilization facility • CRT/CSU site on Orchard Avenue, Ukiah
2	Create centralized system for MH crisis assessment & intervention	<ul style="list-style-type: none"> • Dedicated operational funding for CSU • Medi-Cal and other reimbursements
3	Create in-county inpatient psychiatric treatment capacity with RFP process	<ul style="list-style-type: none"> • Construct with Measure B funds • Operate with existing funding revenue sources, including Realignment and Medi-Cal
4	Expand Mental Health programs & support services throughout the county with a plan developed by BHRS	<ul style="list-style-type: none"> • Expansion of mobile outreach • Expansion of wellness programs (i.e. Rx management, employment, etc) • Expansion of client monitoring • One-to-one consumer & family support programs • Day treatment/partial hospital programs
5	Expand SUDT programs & support services throughout the county	<ul style="list-style-type: none"> • Proposal developed by BHRS
6	Expand reach of FSP to more SMI people	<ul style="list-style-type: none"> • Dedicated annual spending • Proposal developed by BHRS
7	Expand in-county supportive housing opportunities by creating Supportive Housing Pool for alternative uses	<ul style="list-style-type: none"> • Serve homeless mentally ill, conserved clients • Match state/federal funding opportunities • Create Rental vouchers/subsidy program with County Housing Authority & BHRS • Fund new construction
8	Create prudent reserve to carry forward after Year 5	

KEMPER'S RECOMMENDED ACTION FOR BOS (page 46)

Action Items		Kemper Notes:
1	Fund Crisis Residential Facility/Crisis Stabilization Unit on Orchard Street, Ukiah	
2	Determine utilization of 1 st year funds in Consultation with BHRS Director, RQMC, & BHAB	<ul style="list-style-type: none"> • Expand Supportive Services • Expand FSP services • Expand SUDT treatment services & other co-occurring disorders
3	Authorize CEO to solicit proposals with RFP for qualified operators for construction/operation of 16-bed PHF on land owned by Mendocino County	<ul style="list-style-type: none"> • Ownership & operation of 16-bed PHF under long-term land lease agreement • County ownership with operation of PHF under long-term Services Agreement with PHF operator
4	Authorize CEO to undertake RFP to solicit proposals from local hospitals for construction of inpatient psych bed	<ul style="list-style-type: none"> • Owned & operated by local hospitals • First priority to Mendocino County under a long-term agreement conditional of construction funding with Measure B funds
5	Direct BHRS Director to prepare strategic plan for expanded housing support programs for MH/SUDT recovery	<ul style="list-style-type: none"> • Consultation with County Housing Authority, RQMC, Measure B Committee, and BHAB • Priorities for construction, services & vouchers/rent subsidy