MENDOCINO COUNTY BEHAVIORAL HEALTH ADVISORY BOARD REGULAR MEETING AND				Chairperson Jan McGourty Vice Chair Emily Strachan Secretary
MHSA REVERSION PLAN PUBLIC HEARING				DINA ORTIZ
AGENDA				<b>Treasurer</b> Cathy Harpe
May 16, 2018 10:00 a.m. to 12:00 p.m.				<b>BOS Supervisor</b> Georgeanne Croskey
WISC Office Atlantic Room				CRUSKET
472 E. Valley Rd., Willits				
<u><b>1</b>st</u> <b>DISTRICT</b> :	<u>2nd District:</u>	<u>3rd DISTRICT:</u>	<u>4<sup>™</sup> DISTRICT:</u>	<u>5™ DISTRICT:</u>
DENISE GORNY	CATHY HARPE	MEEKA FERRETTA	EMILY STRACHAN	PATRICK PEKIN
JAN MCGOURTY	DINA ORTIZ	VACANT	TAMMY LOWE	MARTIN MARTINEZ
LOIS LOCKART	MICHELLE RICH	VACANT	VACANT	Flinda Behringer

**<u>OUR MISSION:</u>** "To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."

Item	Agenda Item / Description	Action
<b>1.</b> 5 minutes	Call to Order, Roll Call & Quorum Notice Approve Agenda:	Board Action:
<b>2.</b> 10 minutes	Minutes of April 18, 2018 BHAB Regular Meeting: Discussion and Approval (Handout)	Board Action:
<b>3.</b> 15 minutes (Maximum)	<b>Public Comments:</b> <i>Members of the public wishing to make comments to the BHAB will be recognized at this time.</i>	Board Action:
<b>4.</b> 15 minutes	<ul> <li>Board Reports: Discussion and Possible Action</li> <li>1. BOS Supervisor:</li> <li>2. Chair: <ul> <li>California Association of Local Behavioral Health Boards and Commissions (CALBHBC) Annual Meeting and Training - Who from the board is attending?</li> </ul> </li> <li>3. Secretary: <ul> <li>Treasurer:</li> <li>Membership Committee: Applicants</li> <li>Other:</li> </ul> </li> </ul>	Discussion and Possible Action:
<b>5.</b> 30 minutes	<ul> <li>Mendocino County Report: Jenine Miller, Psy. D., BHRS Director</li> <li>1. See Director Report: (attached in the Agenda Packet)</li> <li>2. Media Press Releases Process for BHAB Meetings - Laura Vanderwarker, Staff Services Administrator, HHSA Administration presenting</li> <li>3. Fiscal Reports</li> </ul>	Discussion and Possible Action:

6.	<b>RQMC Report:</b> <i>Tim Schraeder, CEO</i>		Discussion and
15 minutes	1. Data Sheet: (Handout)		Possible Action:
	2. Services Update		
	3. Adult Social Activities		
7.	Mental Health Services Act (MHSA) Rev	version Plan:	Discussion and
25 minutes	1. Public Hearing		Possible Action:
11:30	2. Discussion		
8.	Adjournment:		
5 minutes			
	Next Meeting: June 20, 2018 in Boonville		
	Agenda Item Han	douts:	
BHAB Agende	a - May 16, 2018	BHRS Department Report	
BHAB Draft Regular Meeting Minutes – April 18, 2018 RQMC Data Dashboard			
BHAB Finance Reports May Is Mental Health Mon		th Activities Flier	
MHSA Reversion Plan - revised CALBHBC Letter			
Understandin	g Trauma through the Science of Resiliency Flie	r	

**AMERICANS WITH DISABILITIES ACT (ADA) COMPLIANCE** The Mendocino County Behavioral Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health's Administrative Office by calling (707) 472-2310 at least five days prior to the meeting.

#### CONTACT INFORMATION: PHONE: (707) 472-2310 FAX: (707) 472-2331

BHAB EMAIL THE BOARD: <a href="https://www.bhabardemendocinocounty.org">bhboard@mendocinocounty.org</a> WEBSITE: https://www.mendocinocounty.org/government/health-and-human-services-agency/mental-health-services/mental-health-board

		JNTY BEHAVIO VISORY BOARI		<b>Chairperson</b> Jan McGourty
	REGULAR MEETING		Vice Chair Emily Strachan	
1870	MINUTES		<b>Secretary</b> Dina Ortiz	
April 18, 2018 10:00 a.m. to 2:00 p.m.			<b>Treasurer</b> Cathy Harpe	
Yuki Trails Conference Room 23000 Henderson Road Covelo			<b>BOS Supervisor</b> Georgeanne Croskey	
<u>1<sup>st</sup>District:</u>	<u>2™ District:</u>	<u>3rd DISTRICT:</u>	<u>4™ DISTRICT:</u>	<u>5™ DISTRICT:</u>
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Item	Agenda Item / Description	Action		
1.	Call to Order, Roll Call & Quorum Notice	<b>Board Action:</b>		
5 minutes	Approve Agenda:	Motion by		
	1. Meeting called to order at 10:13 by Chair McGourty.	Member Gorny,		
	2. Roll call by Member Martinez.	seconded by		
	A. Chair McGourty announced a quorum was met.	member		
	3. Agenda discussion and changes -	Martinez, to		
	A. Sheriff Allman will be having his Sheriff Advisory Meeting	approve 4/18/18		
	during the BHAB lunch break.	agenda with		
	B. Item 7 will be tabled - Site Visits	changes as noted,		
	C. Item 4 will be tabled – Board Check-in & Comments	passed with a		
	D. Agenda is approved with changes as noted above.	unanimous yay		
	4. BHAB Members Present: McGourty, Gorny, Rich, Ferretta,	vote by members		
	Strachan, Behringer, and Martinez.	present.		
	5. Supervisor Croskey was also present.	1		
2.	Minutes of March 21, 2018 BHAB Regular Meeting: Discussion	Board Action:		
5 minutes	and Approval (Handout)	Motion by		
	1. Correct spelling of Chair McGourty's name in Item 6, 4-B	Member Gorny,		
	2. Minutes approved as written with spelling correction.	seconded by		
		Member Ferretta,		
		to approve the		
		3/21/18 minutes		
		as written with		
		correction of		
		spelling, passed		
		with a		
		unanimous yay		
		vote by members		
		present.		
3.	Public Comments:	Board Action:		

15 minutes	Members of the public wishing to make comments to the BHAB will	
(Maximum)	be recognized at this time.	
	1. Question from Eric Hoaglin, Round Valley tribal member,	
	regarding how to get on the BHAB board.	
	A. Mr. Hoaglin was given Administrative Secretary Peckham's	
	business card for contact information. He was also told he	
	could go to the County web site for BOS and fill out an	
	application for BHAB.	
	2. Richard Matens, Executive Director, Consolidated Tribal	Mr. Matens will
	Health, announced Consolidated Tribal Health is now accepting	send Admin.
	non-Native American/Tribal patients.	Secretary
	A. They are getting prepared to start tele-psychiatry for their	Peckham the
	mental health clients. They will be contracting with North	name of the tele-
	American Mental Health Services Group from Sacramento	psychiatry group,
	to provide the services.	she will send the
	3. Otis Brotherton, Director of Yuki Trails, Round Valley Tribal	information to
	Health, stated they also have tele-psychiatry for the clients in Bound Valley. They are contracted with University of	the BHAB members.
	Round Valley. They are contracted with University of California at Davis (UCD) to provide services.	members.
	<ol> <li>Question - Is there any placement locally for residential</li> </ol>	
	treatment for SUDT clients and/or if there is there any funding	
	for placement.	
	A. BHRS Director Miller commented there will funding for	
	placement when the ODS Waiver is rolled out. The County	
	is at Phase Four at this time.	
	i. Phase Five will be for Tribal Health Care and will	
	provide funding directly for Native American/Tribal	
	clients.	
	B. Member Martinez asked if clinics that are stepping up to	
	serve non- Native clients can be part of ODS Waiver Phase	
	Four.	
	i. BHRS Director Miller stated the County has asked the	
	State if the Tribal Clinics can join with the County and other clinics when they roll out the system	
	<ul><li>other clinics when they roll out the system.</li><li>ii. Discussion of the clinics being part of the Phase four</li></ul>	
	roll out.	
	iii. BHRS Director Miller will add both Round Valley	
	Tribal Health and Consolidated Tribal Health into the	
	conversation with Partnership Health Plan.	
	C. Discussion of some of the criteria to meet the State	
	requirements, and getting certification by the State.	
	5. Sheriff Allman wanted to thank the board for their interest in	
	working with mental health.	
	6. Sheriff Allman was in Covelo for his monthly meeting with the	
	community to hear their concerns and what has been going on	
	in the area.	
	A. He asked the BHAB board if he could use the conference	
	room during the lunch break to conduct his meeting. He	
	encouraged the board members to please stay for his meeting as he thought it might be of interest to them.	
	i. Chair McGourty amended the agenda to change the	
	lunch break from 12:30 - 1:00 to 12:00 to 12:30 to	
	accommodate the Sheriff meeting.	
	6	

4.	Board Check-in & Comments:
20 minutes	Tabled due to time. (see Item 1)
	<ul> <li>Tabled due to time. (see Item 1)</li> <li>Board Reports: Discussion and Possible Action <ol> <li>BOS Supervisor:</li> <li>Supervisor Croskey is meeting with Chief Probation Officer Izen Locatelli on Friday to talk about the Stepping Up Program. She is trying to get the County moving forward with the program.</li> <li>Member Martin asked if Supervisor Croskey had checked with the Clerk of the Board (COB) regarding BHAB member applications.</li> <li>Supervisor Croskey said she had checked in with COB and there were a couple of applications. They were forwarded to Administration Secretary Peckham. Supervisor Croskey commented regarding the applicant from Redwood Valley that wanted to be on board for District three has been checked out and his property is in District three. He is qualified to represent District three, but stated he wanted to wait until next month for personal reasons.</li> <li>Chair:</li> <li>Chair: McGourty commented there is a legal affairs division within the State. She talked to them last Friday (4/13/18), there are three counties in California that has been successful with the Stepping Up Program.</li> <li>According to the information the County had received in the past Probation was supposed to be the County department that was to be the lead on implementing the Stepping Up Program. Apparently that is not the case now any department can take the lead.</li> <li>Discussion of BHRS Director Miller and Chair McGourty trying to work on getting it started. Supervisor Croskey is now helping with the process.</li> <li>Chair McGourty commented regarding the recommendation to BOS for Crisis Intervention Training (CIT).</li> <li>As Sheriff Allman stated that there was some campaign funds left from the Measure B campaign, he thought</li> </ol></li></ul>
	Supervisor Croskey is now helping with the process. iii. Chair McGourty commented regarding the recommendation to BOS for Crisis Intervention Training (CIT). B. As Sheriff Allman was present, Chair McGourty asked him about CIT. i. Sheiff Allman stated that there was some campaign
	<ul> <li>ii. He referred to the Mobile Outreach Prevention Services (MOPS) stating he thinks there needs to be more public education on what MOPS is and that it is available.</li> <li>iii. He commented that MOPS is a cost saver for the County, they are the ones keeping a lot of the "revolving door" people off of Law Enforcement radar. He thinks with an increase in MOPS services it could take Law Enforcement involvement out of mental health.</li> <li>C. Chair McGourty commented that the CIT training is not something NAMI is equipped to do. She stated there needs to be formal level of CIT training.</li> <li>i. Sheriff Allman stated he is waiting for Mental Health to</li> </ul>

	get the CIT training set up and he will get the deputies there. He didn't think he should be the one taking the	
	lead on this.	
	a. He thinks it will take about three trainings to get all	
	of Law Enforcement trained. Then a plan for an	
	annual training thereafter. He stated that Joel Faye is	
	a psychologist and thought he was willing to be the	
	trainer for CIT.	
	D. Otis Brotherton commented they had attended crisis training	
	at the Sheriff's Office and he thought it was a good training.	
	i. Sheriff Allman stated that training was done by NAMI,	
	and that the Sheriff's Office paid for the training.	
	E. BHRS Director Miller stated Mental Health had been	
	working with Marcus Young and Randy Johnson on setting	
	up the CIT training. She is willing to have Acting Deputy	
	Director Lovato go ahead and start working on the training	
	again if Sheriff Allman is still on board for the deputies to do	
	a sixteen hour CIT training.	
	i. Sheriff Allman commented that this is not just about the	
	cost of the training it is also the cost of paying the	
	deputy's overtime to attend the training. He is hoping	
	this can be done quickly and wants the dispatchers	
	involved. He doesn't think law enforcement should be	
	responding to all non-life threatening calls.	
	ii. BHRS Director Miller stated the plan for the CIT	
	training is to have a mental health and a law	
	enforcement professional be the local trainers.	
	a. Sheriff Allman commented he thought finding a law	
	enforcement professional to be the trainer would be	
	difficult.	
6.	Committee Reports:	Discussion and
U. 15 minutes	1. <b>By-Laws Committee</b> - SUDT: ( <i>Members Lockart, Martinez,</i>	Possible Action:
	<i>Ferretta</i> )	
	A. Member Ferretta stated the committee was unable to meet	
	this last month but they will hopefully be on the agenda for	
	May with a finished draft product. She will send the draft to	
	BHRS Director Miller to review.	
	2. Flow Chart Committee: (Members Strachan, Harpe, Pekin)	
	A. Vice Chair Strachan stated she had received some input from	
	Administrative Secretary Peckham regarding the flow charts.	
	She explained what the committee is working on, trying to	
	sort out how and where people get services.	
	B. Member Ferretta commented on some possible ways to set	
	up the flow chart.	
	3. <b>Project Follow-up Committee:</b> (Members Behringer, Gorny)	
	A. Member Gorny attended the Willow Terrace ground	
	breaking and feels that things are starting to happen.	
	B. In response to a question about No Place Like Home, BHRS	
	Director Miller commented on the No Place Like Home	
	funds currently being held up. She explained the hold up and	
1	stated how No Place Like Home funding will impact the	
	County MHSA dollars.	

	<ul> <li>C. Member Gorny commented that Redwood Coast Regional Center (RCRC) is working on the plan to build on eight acers of land they own. They want to build about eighty units that would be housing for RCRC, mental health, disabled, and low income people.</li> <li>4. Membership Committee: New Applications <ul> <li>A. Vice Chair Strachan commented she had received two BHAB applications from Administrative Secretary Peckham. Julia Eagles and Raymond Tate are the applicants. She and at least two other BHAB members will review the applications and interview the applicants. They will bring the committee's recommendation to the board.</li> </ul> </li> </ul>	
7.	Site Visit Reports:	
10 minutes	Tabled due to time. (see Item 1)	
8.	Measure B Committee Report:	Discussion and
10 minutes	<ol> <li>Chair McGourty reported at the last Measure B meeting: two Ad Hoc Committees reported to the Measure B Board: Old Howard Hospital Building and Measure B Committee Bylaws</li> <li>A. Chair McGourty reported on the Ad Hoc Committee for the old Howard Hospital being used as a possible site for a mental health facility. There was a tour of the building last week.         <ol> <li>Chair McGourty has made tentative plans to have the BHAB members tour the Old Howard Hospital building at the May 16, 2018 meeting.</li> <li>The Measure B Committee Bylaws Ad Hoc Committee has sent the draft bylaws to County Counsel for review.</li> <li>The Measure B Committee will be meeting with Lee Kemper next week regarding a Needs Assessment. The Needs Assessment will look at where the gaps in services are and what kind of facility would be most beneficial to the Community.                 <ul></ul></li></ol></li></ol>	Possible Action:
<b>9.</b> 30 minutes	<ul> <li>Mendocino County Report: Jenine Miller, Psy. D., BHRS Director</li> <li>1. See Director Report for: (attached in the Agenda Packet)</li> <li>Board of Supervisor Information</li> <li>Staffing Updates</li> <li>Audit/Site Reviews</li> <li>Meetings of Interest</li> <li>Grant Opportunities</li> <li>Mental Health Service Provided Information</li> <li>Educational Opportunities/Information</li> <li>Conservatorships</li> </ul>	Discussion and Possible Action:

Substance Use Disorder Treatment Services Provided
Information
Contracts
Capital Facility Projects     Martal Harlth Samian Act (MUSA) Baranian Plan
2. Mental Health Services Act (MHSA) Reversion Plan -
Discussion and Possible Action A. Discussion of the MHSA Reversion Plan.
<ul><li>B. BHRS Director Miller commented on the history of the</li></ul>
changes being made at the State level.
C. Chair McGourty asked how long has BHRS known about the
need for a Reversion Plan.
i. BHRS Director Miller commented that BHRS didn't
know what the expectations were until the end of
February 2018.
D. Chair McGourty asked for five minutes of quiet time for the
board to read the plan.
E. Chair McGourty asked where the ideas for the Reversion
Plan came from.
i. BHRS Director Miller commented that they were ideas
that were previously considered and wanted to fund by
Stakeholders and BHRS.
F. Member Behringer asked why the amount of funding for the
Hospitality House is the smallest amount.
i. BHRS Director Miller stated the amount of funding is
what Hospitality House had requested. G. Discussion and comments on the PEI Section.
H. Richard Matens, Executive Director, Consolidated Tribal
Health, spoke about the PEI program in the plan related to
Consolidated Tribal Health.
I. Eric Hoaglin, Round Valley tribal member, commented he
thought one of the best ways to get people to attend meetings
is to provide food for participants.
i. BHRS Director Miller stated the recommendation of
providing food for participants will be added to the plan.
ii. The recommendation of adding who cultural training is
targeting will also be added to the plan.
J. RCS CEO Camille Schraeder wanted to go on record that
because of the fast turnaround for the plan, the projects were
already in the que, but were not able to be funded in the previous plan.
i. It will be added to the plan; these projects were already
in the que as an explanation to why they were chosen to
fund.
K. Funding under the Reversion Plan will begin July 1, 2018.
L. Discussion on the Innovation Section.
i. Comments were that the focus should be for services
that are not Medi-Cal billable.
ii. Discussion of where to allot funding.
iii. Discussion of how the planning happens for Innovation
Projects.
M. Discussion of Workforce Education and Training (WET)
Section.

10.	RQMC Report: Tim Schraeder, CEO	Discussion and
15 minutes	1. Data Sheet: ( <i>Handout</i> )	Possible Action:
	A. The Data Dashboard was included in the agenda packet; it	
	shows the statistics for February 2018 of client services	
	provided by RQMC and their contracted providers.	
	2. RCS CEO Camille Schraeder reported on some of the	
	legislative bills in process. She discussed the bills and the	
	possible effect they may have on mental health services and	
1	funding for in the future.	
	C C	
11	Meeting Adjourned for an extended lunch at 12:05 to accommodate	
	Sheriff Allman's request to hold his meeting with the Round Valley	
	Community. BHAB Meeting reconvened at 1:10.	
	12:30 to 1:00 Lunch Break	
12.	Native American Historical Trauma Presentation: Frank Tuttle,	
25 minutes	Round Valley Tribal Member	
	1. Mr. Tuttle introduced himself and described what his	
	presentation is about. This presentation was presented to the	
	Oversight and Accountability Commission (OAC) when they	
	visited Round Valley in February 2018.	
	A. Mr. Tuttle discussed what Historical Trauma is and how it	
	relates to the Round Valley tribal people. The unmet	
	psychological and medical needs are higher with people	
	having historical trauma.	
	1. Historical Trauma relates to the Native American	
	suicide rate which is high. Native Americans have a	
	shorter life expectancy than other ethnic groups; the	
	Native American male life expectancy is fifty-two years.	
	B. Mr. Tuttle talked about the Covelo Innovation Project and	
	how having a respite center at Yuki Trails is helping to work	
	on the trust issues between tribal members and people from	
	outside Round Valley.	
	C. Mr. Tuttle explained the Yuki tribe is the original tribe in	
	Round Valley, their language is considered a dead language	
	and the Yuki people are considered extinct. Although there	
	are Yuki tribal people still in the valley.	
	D. Mr. Tuttle talked about the history of Round Valley and	
	some of what happened when the "white" settlers moved into the valley and the impact on the native people.	
	• • • • • • •	
	E. Mr. Tuttle thanked BHAB members for giving him the opportunity to give a brief outline of what Historical Trauma	
	is and how it relates to the Round Valley Tribe.	
	is and now it relates to the Round Valley Thee.	
13.	Fire Recovery and Resiliency Planning: Kirsten Johnsen,	Discussion and
25 minutes	Administrative Analyst I, Executive Office presenting	Possible Action:
	1. Ms. Johnsen explained that Tammy Moss Chandler is	
	Mendocino County Recovery Services Director, and she was	
	unable to attend the BHAB meeting, so Ms. Johnsen was	
	presenting for her.	
	2. Ms. Johnsen was hired by the County to help with designing a	
	long term recovery plan. She talked about what the Federal	
	Emergency Management Agency's (FEMA) plan for disaster	

	Adjournment: Meeting adjourned at 2:1	l	
	Agenda Item Ha	ndouts:	
BHAB Agenda	1 - April 18, 2018	BHRS Department Report	
BHAB Draft F	Regular Meeting Minutes – March 21, 2018	RQMC Data Dashboard	
BHAB Financ	e Reports		
accommo	AMERICANS WITH DISABILITIES ocino County Behavioral Health Board complia reasonably accommodate individuals with disa e alternative formats (pursuant to Government lations to participate in the meeting should cont ative Office by calling (707) 472-2310 at least f	tact the Mendocino County Me	upon request will erial available in requiring reasonal ntal Health's
Jan McGo	urty, Behavioral Health Advisory Board Chair		Date
Carolyn Pe	eckham, BHRS Administrative Secretary		Date
BHAB EMAIL TH	MATION: PHONE: (707) 472-2310 Fax: (707) 472-23 E BOARD: <u>bhboard@mendocinocounty.org</u> ww.mendocinocounty.org/government/health-and-human-s		s/mental-health-board

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and expected climate changes were.

a plan that works for everyone.

bridges going out for example.

the recovery plan work.

getting funding.

14. 10 minutes is place at this time.

3. The County is working on a long term community recovery

4. The County will be working with Redwood Municipal

6. Ms. Johnsen stated they should think about community

plan. She commented the County doesn't have a strategic plan

Advisory Board and the Redwood Valley Rancheria to work out

5. Ms. Johnsen asked BHAB members how they would like to see

preparedness, how the community would be able to handle the

declared a natural disaster area, there are more opportunities for

7. Discussion of what exactly the strategic planning process if for. 8. Ms. Johnsen commented that since Mendocino County was

BHRS Director announced that all BHAB travel reimbursements

Discussion of touring the old Howard Hospital at 1:00

Discussion of whether the meeting will be just in Willits or

need to be submitted by July 13, 2018 to be paid.

Next meeting: May 16, 2018 - Willits and Fort Bragg

do the video conferencing as scheduled.

	2018/02/000452 2018/03/000127 2018/03/000527 2018/03/000504 2018/06/000194 2018/06/000129 2018/09/000887 2018/09/0001194 2018/09/0001194 2018/09/000224 2018/07/000224 2018/07/000224 2018/06/00033 2018/06/000323 2018/06/000522	08/17/2017 09/07/2017 09/14/2017 10/13/2017 12/07/2017 01/05/2018 01/25/2018 03/29/2018 03/29/2018 03/29/2018 01/05/2018 01/05/2018	85.96 134.81 43.23 41.18 164.40 86.09 86.09 97.98	85006 072217 081917	4266285 4267352 4268149	SAFEWAY SAFEWAY	ACCT 85006 ACCT 85006
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	2018/02/000447	08/10/2017	91.49 	71/01/7	4266169	MCGOURTYJAN	BHAB MTG 7/19/17 MI
	2018/02/000447	08/10/2017	79.18	8/1/17	4266169	MCGOURTY JAN	BHAB MTG 8/1/17 MI
	2018/03/000145	09/07/2017	80.26	7/19/17	4267269	MARTINEZ MARTIN D	BHAB MEETING MILEAGE
TRNSPRTATION & TRAVEL 20	2018/03/000145	09/07/2017	25.68	7/19/17	4267301	O'SULLIVAN MAUREEN	BHAB MTG MILEAGE
TRNSPRTATION & TRAVEL 20	2018/03/000145	09/07/2017	48.15	8/16/17	4267378	STRACHAN EMILY	LOCAL 8/16/17
TRNSPRTATION & TRAVEL 20	2018/04/000062	10/05/2017	64.42	9/8,9/20/17	4269100	HANDLEY MARGIE	BHAB MTGS MILEAGE
TRNSPRTATION & TRAVEL 20	2018/04/000062	10/05/2017	77.04	9/20/17	4269251	STRACHAN EMILY	BHAB MTG MILEAGE
862250 TRNSPRTATION & TRAVEL 20	2018/05/000024	11/02/2017	159.43	8/16-10/18/17	4270627	GASTON KATE C	BHAB MEETINGS MI
862250 TRNSPRTATION & TRAVEL 20	2018/05/000024	11/02/2017	67.20	10/18/17	4270639	HARPE CATHY	BHAB MEETING MI
862250 TRNSPRTATION & TRAVEL 20	2018/05/000024	11/02/2017	18.19	9/20/17	4270639	HARPE CATHY	BHAB MEETING MILEAGE
862250 TRNSPRTATION & TRAVEL 20	2018/05/000024	11/02/2017	68.48	10/18/17	4270770	STRACHAN EMILY	BHAB MEETING MILEAGE
862250 TRNSPRTATION & TRAVEL 20	2018/05/001110	11/16/2017	42.80	10/18/17	4271913	MARTINEZ MARTIN D	BHAB MTG MILEAGE
862250 TRNSPRTATION & TRAVEL 20	2018/05/001110	11/16/2017	57.25	10/18/17	4271918	MCGOURTY JAN	BHAB MTG MILEAGE
862250 TRNSPRTATION & TRAVEL 20	2018/05/001343	11/30/2017	28.89	11/15/17	4272504	HANDLEY MARGIE	BHAB MEETING MILEAGE
TRNSPRTATION & TRAVEL	2018/06/000323	12/07/2017	74.90	11/15/17	4273293	STRACHAN EMILY	BHAB MEETING MILEAGE
862250 TRNSPRTATION & TRAVEL 20	2018/06/000571	12/14/2017	74.90	9/20/17	4273390	BEHRINGER FLINDA	BHAB MTG MILEAGE
TRNSPRTATION & TRAVEL	2018/06/000571	12/14/2017	81.32	11/15/17	4273390	BEHRINGER FLINDA	BHAB MTG MILEAGE
TRNSPRTATION & TRAVEL	2018/07/000990	01/19/2018	67.41	12/20/2017	4275563	STRACHAN EMILY	BHAB MTG MILEAGE
	2018/09/000088	03/01/2018	68.02	2/21/2018	4277514	BEHRINGER FLINDA	BHAB MTG MILEAGE
862250 TRNSPRTATION & TRAVEL 20	2018/09/000088	03/01/2018	54.18	2/21/18	4277664	LOWE TAMMY	LOCAL 2/21/18
TRNSPRTATION & TRAVEL	2018/09/000088	03/01/2018	59.95	2/21/18	4277790	STRACHAN EMILY	BHAB MTG MILEAGE
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	2018/08/000826	81U2/C1/SU	04.04	91/17/7	42/8950		

Mendocino County Behavoiral Health and Recovery Services Behavioral Health Advisory Board General Ledger FY 17/18 May 7, 2018 Ч



Behavioral Health Advisory Board General Ledger FY 17/18 May 7, 2018

ORG	ORG OBJ	ACCOUNT DESCRIPTION	YR/PER/JNL	EFF DATE	AMOUNT	INVOICE #	CHECK #	VENDOR NAME	COMMENT
MHB	862250	862250 TRNSPRTATION & TRAVEL	2018/11/000023	05/03/2018	70.85	4/18/18		MARTIN	BHAB MEETING MILEAGE
MHB	862250	862250 TRNSPRTATION & TRAVEL	2018/11/000023	05/03/2018	85.02	4/18/18	4281629	4281629 STRACHAN EMILY	BHAB MEETING MILEAGE
		TRNSPRTATION & TRAVEL Total			\$1,911.67				
MHB	862253	862253 TRAVEL & TRSP OUT OF COUNTY	2018/02/000447	08/10/2017	356.28	7/26-7/27/17	4266169	7/26-7/27/17 4266169 MCGOURTY JAN	SAC OAC MEETING
MHB	862253	862253 TRAVEL & TRSP OUT OF COUNTY	2018/10/000340	04/05/2018	277.50	1/24-1/26/18	4280245	./24-1/26/18 4280245 MCGOURTY JAN	MATHER/WOODLAND OAC/CBPHPC
		TRAVEL & TRSP OUT OF COUNTY Total			\$633.7 <b>8</b>				
		Grand Total			\$4,580.59				

Behavioral	FY 17/18	May 7, 2018	
	PIC-MA		

18

	ACCOUNT DESCRIPTION	YR/PER/JNL	EFF DATE	AMOUNT	INVOICE #	CHECK #	VENDOR NAME	COMMENT
L	Summary of B	Summary of Budget for FY 17/18						
I				Remaining				
	ACCOUNT DESCRIPTION	Budget Amount	YTD Exp	Budget				
	862060 Communications	200.00	0.00	200.00				
862080	Food	1,800.00	965.28	834.72				
0	862150 Memberships	0.00	600.00	-600.00				
0	862170 Office Expense	300.00	469.86	-169.86				
862210	Rents & Leases Bld	30.00	0.00	30.00				
0	862250 In County Travel	5,870.00	1,911.67	3,958.33				
e	862253 Out of County Travel	3,300.00	633.78	2,666.22				
	Total Budget	t \$11,500.00	\$4,580.59	\$6,919.41				

From: CALBHB/C (CA Association of Local Behavioral Health Boards & Commissions) <info@calbhbc.com>

To: Carolyn Peckham <peckhamc@mendocinocounty.org>

Date: 5/3/2018 10:03 AM

Subject: Invitation (Updated) - Annual Meeting June 22 & CIBHS Training June 23 (Please provide to board/commission leadership.)

Register now for CALBHB/C's Annual Meeting in Los Angeles www.calbhbc.com/meetings-and-training.html

Register: <u>www.calbhbc.com/meetings-and-training.html</u> Flyer/Agenda: <u>PDF Flyer</u>

alifornia Association of Local Behavioral Health Boards and Commissions

Members of your local board or commission are invited to the June 22nd CALBHB/C Annual Meeting in Los Angeles. Also, CA Institute for Behavioral Health Solutions (CIBHS) is offering Mental/Behavioral Health Board Training on June 23rd. Local support staff / board liaisons are also encouraged to register!

CALBHB/C will pay meeting-related travel expenses and accommodations for one local board/commission member per county/jurisdiction, <u>but more are welcome</u>!

and

CIBHS will pay training-related accommodations for one local board/commission member per county/jurisdiction, <u>but more</u> <u>are welcome</u>!

Questions? Contact: CALBHB/C's Secretary/Treasurer: Mae Sherman: ellimae2000@yahoo.com 530-257-6904.

CA Association of Local Boards and Commissions (CALBHB/C): Supporting the work of California's 59 local Mental/Behavioral Health Boards and Commissions

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www.CALBHBC.com

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## Understanding Trauma through the Science of Resiliency

Join us for an all day exploration and presentation of Trauma and building blocks of Resiliency. Attendees will gain an understanding of how trauma alters our functioning and our responses to life events. Attendees will learn strategies to promote resilience, self-regulation with the goal of preventing compassion fatigue.

#### \*\*\*SPECIAL LUNCHTIME SCREENING \*\*\* from the producers of Paper Tigers "Resilience: The Biology of Stress and the Science of Hope"



Presenter: Linda Chamberlain, Ph.D., MPH is an internationally recognized keynote speaker and champion for health issues related to domestic violence, children exposed to violence and implications for brain development. Dr. Chamberlain holds faculty appointments at the University of Alaska and Johns Hopkins University. She earned her public health degrees from Yale School of Medicine and Johns Hopkins University.

SATURDAY, JUNE 16, 2018 UKIAH VALLEY CONFERENCE CENTER 200 SOUTH SCHOOL ST, UKIAH, CA 10:00AM-4:00PM FREE

RESERVE YOUR SPOT TODAY! Register by visiting TraumaandResiliency.eventbrite.com Questions? Contact FIRST 5 Mendocino (707) 462-4453 Sponsored by:





#### **Behavioral Health Advisory Board Director's Report**

#### May 2018

#### 1. Board of Supervisors:

- a) Recently passed items or presentations:
  - i) Mental Health:
    - Approval of amendment to increase the amount of the agreement with Crestwood Behavioral Health, Inc. to provide residential treatment services.
    - Approval of agreement with Round Valley Indian Health Center, Yuki Trails to implement the MHSA Innovation Plan Project.
    - Approval of agreement with RQMC to provide direct service, facilitation, administration, and participant-specific data to the Whole Person Care Pilot Project.
    - Adoption of proclamation recognizing May 2018 as Mental Health Month in Mendocino County.
    - Discussion and possible action regarding presentation on the current provision of Mental Health Services in Mendocino County.
    - Approval of agreement with Mendocino Coast Hospitality Center to provide case management and supportive supervisory services to residents with Severe Mental Illness (SMI) in the homeless shelter and transitional housing apartments in Fort Bragg.
  - ii) Substance Use Disorders Treatment:
    - Authorization to create a new budget unit under HHSA BHRS specifically for Substance Abuse and Mental Health Services Administration Grant.

b) Future BOS items or presentations:

- i) Mental Health:
  - Approval of agreement with Canyon Manor to provide residential mental health treatment.
  - Approval of amendment to agreement with Willow Glen Care Center to increase the amount of funds to provide residential treatment services.
  - Approval of agreement with Vista Pacifica Center to provide residential mental health treatment.
- ii) Substance Use Disorders Treatment:
  - Approval of agreement with FEI.com

#### 2. Staffing Updates:

<u>March</u>: a) New Hires: Mental Health: 0 Substance Use Disorders Treatment: 0

- b) Promotions: Mental Health: 0 Substance Use Disorders Treatment: 0
- c) Departures:
   Mental Health: 0
   Substance Use Disorders Treatment: 0

#### 3. Audits/Site Reviews:

- a) Date occurred and report out of findings:
  - Network Adequacy Certification Tool (NACT) was submitted to the State on March 30th. DHCS asked for small revision, submitted April 26th.
- b) Upcoming/scheduled:
  - External Quality Review Organization (EQRO) annual review on August 8-9.

#### 4. Meetings of Interest:

a) Joint QIC/MHSA Stakeholder Meeting: May 31, 2018; 3:30 pm-5:30 pm, Potter Valley Family Resource Center 10270 Main St., Potter Valley, CA 95469.

#### 5. Grant Opportunities:

a) Crisis Counselor Program Regular Services Program – Application submitted.

#### 6. Assisted Outpatient Treatment (AOT), AB 1421/Laura's Law:

- a) Updates on Program:
  - William Riley AOT Coordinator is accepting and triaging referrals

Referrals to date:			34
Did not meet AOT Criteria:			28

Currently in Investigation/Screening/Referral:	5
Settlement Agreement/Full AOT	1
Other:	0

#### 7. Educational Opportunities/ Information:

- a) Joint QIC/MHSA Stakeholder Meeting: May 31, 2018; 3:30 pm-5:30 pm, Potter Valley Family Resource Center 10270 Main St., Potter Valley, CA 95469
- b) May is Mental Health Month Speaker Event: May 22, 2018; 10-11:30 Consolidated Tribal Health Conference Room 6991 N. State St. Redwood Valley, CA 95470
- c) Native American Cultural Responsiveness Training: June 19, 2018 Coyote Valley (address and hours TBD by end of week)
- d) Native HOPE Training (Helping Our People Endure) Date and Location TBD.

#### 8. Mental Health Services Act (MHSA):

- a) Innovation:
  - Joint QIC/MHSA Stakeholder Meeting: May 31, 2018; 3:30 pm-5:30 pm, Potter Valley Family Resource Center 10270 Main St., Potter Valley, CA 95469
  - May is Mental Health Month Speaker Event: May 22, 2018; 10-11:30 Consolidated Tribal Health Conference Room 6991 N. State St. Redwood Valley, CA 95470
  - Native American Cultural Responsiveness Training: June 19, 2018 Coyote Valley
  - Native HOPE Training (Helping Our People Endure) Date and Location TBD

#### 9. Lanterman Petris Short Conservatorships (LPS):

a) Number of individuals on LPS Conservatorships = 55

#### **10. Substance Use Disorder Treatment Services:**

- a) Number of Substance Use Disorder Treatment Clients Served in March 2018
  - Total number of clients served = 86 (+1.2%)
  - Total number of services provided = 581 (+1.0%)
  - Fort Bragg: 11 (+37.5%) clients served for a total of 62 (+14.8%) services provided
  - Ukiah: 67 (-2.9%) clients served for a total of 455 (-0.2%) services provided
  - Willits: 8 (0.0%) clients served for a total of 64 (-1.5%) services provided

#### **11. Contracts in Process:**

- a) Canyon Manor 18/19 Contract
- b) Casa Serenity LLC 18/19 Contract
- c) Crestwood Behavioral Health Inc. 18/19 Contract
- d) Davis Guest Home 18/19 Contract
- e) FEI.com 18/19 Contract
- f) Holden, James 18/19 Contract
- g) I.D.E.A. Consulting 18/19 Contract
- h) Jacob, Naduvathusery John 18/19 Contract
- i) Psynergy 18/19 Contract
- j) Redwood Coast Senior Center 18/19 Contract
- k) Redwood Community Services Haven House 18/19 Contract
- I) Redwood Community Services GRANT 18/19 Contract
- m) Telecare Corporation 18/19 Contract
- n) Vista Pacifica Center 18/19 Contract
- o) Willow Glen Care Center 18/19 Contract

#### **12.** Capital Facility Projects:

- a) Orchard Project
  - Aka: SB 82 Wellness Grant, Crisis Residential Treatment, Crisis Center
  - Agency: Redwood Community Services
  - Purpose: One stop crisis campus to include Crisis Residential Treatment
  - Status: Property had been purchased
  - Next steps: Request for extension on funding; Development for use
  - Funding: SB82 Grant and California Development Block Grant (CDBG)
- b) Willow Terrace Project
  - Aka: MHSA Housing, Gobbi Street
  - Agency: Rural Community Housing Development Corporation
  - Purpose: 38 unit apartment complex
  - Status: Property acquired, Tax Credits Awarded, BOS approval to sign Loan docs
  - Loan and Service Agreement documents finalized. Invoice for disbursement received.
  - Next steps: Disburse MHSA funding (by 3/12/18)
  - Funding: MHSA Housing, Affordable Housing Program, and California Tax Credit
  - Ground breaking ceremony was held on March 29, 2018
  - Proposed opening: May 2019



Date

Time

### MAY IS MENTAL HEALTH MONTH 2018 ACTIVITIES

Activity/Location



Saturday May 5th	9 am-Noon	Ukiah Farmer's Market Outreach Table	Behavioral Health and Recovery Services (BHRS) staff will provide information regarding mental health and Substance use Disorder Treatment (SUDT) resources and referrals. Promotional items will be provided.
Monday May 7th	2:30 - 5:30 pm	Laytonville Farmer's Market Outreach Table	BHRS staff will be on site to provide information regarding mental health and SUDT resources and referrals. Promotional items will be provided
Wednesday May 16th	3– 6 pm	Fort Bragg Farmer's Market Outreach Table	BHRS staff will be on site to provide information regarding mental health and SUDT resources and referrals. Promotional items will be provided.
Saturday May 19th	8:30 am– 2 pm	Hopland Band of Pomo Indians Health Fair	BHRS staff will be on site to provide information regarding mental health and SUDT resources and referrals. Promotional items will be provided.
Tuesday May 22nd	10 -11:30 am	May is Mental Health Month Speaking Event-Consolidated Tribal Health	Hufsa Ahmed a mental health advocate, inspirational speaker, and self-proclaimed "stigma-smasher", will present in her own comedic style, a training to the general public and behavioral health practitioners.
Thursday May 24th	3- 6 pm	Willits Farmers Market	BHRS staff will be on site to provide information regarding mental health and SUDT resources and referrals. Promotional items will be provided.



For more information, please contact Robin Meloche, MHSA Coordinator at 707-472-2332 or email: melocher@mendocinocounty.org

# Behavioral Health Recovery Services SUDT FY 2017-2018 Budget Summary Year to Date as of **April 30, 2018**

				EXP	EXPENDITURES					REVENUE			
		FY 17/18 Approved	Salaries &	Services and	Other	Fixed	Operating	Total					
	Program	Budget	Benefits	Supplies	Charges	Assets	Transfers	Expenditures	2011 Realign	Medi-Cal FFP	Other	Total Revenue	Total Net Cost
1	1 County Wide Services	322,998		19,514				19,514			(99,746)	(99,746)	119,261
2	2 Drug Court Services	400,574	115,488	415				115,903	71,821			71,821	44,082
m	3 Ukiah Adult Treatment Services	233,231	399,797	19,868			(5,169)	414,496	11,236	17,735	38,380	67,351	347,145
4	Women In Need of Drug Free 4 Opportunties	143,508	94,611	3,943				98,554	74,765			74,765	23,789
ц	5 Family Drug Court	2	210,586	9'202			(336)	216,954				-	216,954
9	6 Child Welfare Services	0	24,228	1,391				25,619				-	25,619
2	7 Friday Night Live	8,061	6,534	610				7,144					7,144
00	8 Willits Adult Services	0	68,545	2,280				70,826				-	70,826
5	9 Fort Bragg Adult Services	261,277	106,110	8,637				114,747			88	88	114,659
1C	10 Administration	557,267	246,233	168,467				414,700			85,878	85,878	328,821
11	11 Adolescent Services	295,721	288,911	7,502				296,412			5,449	5,449	290,964
12	12 Prevention Services	194,280	176,985	43,882			(66,827)	154,041			17,549	17,549	136,492
U)	a Total YTD Expenditures & Revenue		1,738,028	283,214	1	'	(72,332)	1,948,910	157,822	17,735	147,344	223,155	1,725,755
4	b FY 2017-2018 Adjusted Budget	2,416,919	2,360,984	787,839	(731,904)			2,416,919	695,103	000'06	1,373,538	2,158,642	258,277
0	c Variance		622,956	504,625	(731,904)	-	72,332	468,009	537,281	72,265	1,226,194	1,935,487	(1,467,478)

# Behavorial Health Recovery Services Mental Health Services Act (MHSA) FY 2017-2018 Budget Summary Year to Date as of **April 30, 2018**

		FY 17/18								
	Program	Approved Budget	Salaries & Benefits	Services & Supplies	Other Charges	Fixed Assets	Operating Transfers	Total Expenditures	Revenue Prop 63	Total Net Cost
1	1 Community Services & Support	3,842,966	1,916	201,087		29,350	30,719	263,072	1,848,862	(1,585,790)
2	2 Prevention & Early Intervention	711,156		88,252			5,639	<b>93,890</b>	442,838	(348,948)
3	3 Innovation	410,620		79,821				79,821	116,536	(36,716)
4	4 Workforce Education & Training	225,953		50,012				50,012		50,012
വ	5 Capital Facilities & Tech Needs	530,000		100,746				100,746		100,746
9	6 Housing	1,345,927		1,336,000				1,336,000		1,336,000
ס	a Total YTD Expenditures & Revenue		1,916	1,855,918	ı	29,350	36,358	1,923,542	2,408,237	(484,695)
q	b FY 2017-2018 Approved Budget	7,066,622	1,916	3,358,567	25,000	32,000	3,649,139	7,066,622	4,584,794	2,481,828
U	c Variance			1,502,649	25,000	2,650	3,612,781	5,143,080	2,176,557	2,966,523

\* Prudent Reserve Balance

2,197,777

\* WIC Section 5847 (a)(7) - Establishment & mantenance of a prudent reserve to ensure the county continues to be able to serve during years in which revenues for the Mental Health Services Fund are below recent averages adjusted by changes in the state population and the California Consumer Price Index.

# Behavioral Health Recovery Services Mental Health FY 2017-2018 Budget Summary Year to Date as of **April 30, 2018**

				EVDE						DEVIENTIE				
	-			LAFL						NLVL	NUL			
	Program	FY 17/18 Approved Budget	Salaries & Benefits	Services & Supplies	Other Charges	Fixed Assets	Operating Transfers	Total Expenditures	2011 Realign	1991 Realign	Medi-Cal FFP	Other	Total Revenue	Total Net Cost
	1 Mental Health (Overhead)	980.600	42.296	315.089	420.038		58.986	836.409		2.097.221		1.878.600	3.975.821	(3.139.412)
	2 Administration	1,678,299	811,169	233,223				1,044,392				128,243	128,243	916,149
	3 CalWorks	100,995	75,287	133				75,420				63,027	63,027	12,393
	4 Mobile Outreach Program	212,886	130,868	7,543		(29)		138,382				78,536	78,536	59,846
	5 Adult Services	9,048,183	277,936	217,951	7,388,668			7,884,556			1,271,813	205,479	1,477,292	6,407,264
_	6 Path Grant	19,500		18,284				18,284	I			11,598	11,598	6,686
	7 SAMSHA Grant	123,401		52,883				52,883						52,883
	8 Mental Health Board	11,500		4,425				4,425						4,425
	9 Business Services	819,954	349,298	19,258				368,556				18,521	18,521	350,035
1	10 Children Services	9,481,381	53,074	91	8,755,383			8,808,549			2,276,086		2,276,086	6,532,462
1	11 AB109	146,791	92,449	22,933				115,383	104,652				104,652	10,731
1	12 QA/QI	746,022	483,481	16,519				500,000				15,809	15,809	484,191
	a Total YTD Expenditures & Revenue		2,315,859	908,332	16,564,090	(29)	58,986	19,847,238	104,652	2,097,221	3,547,900	2,399,812	8,149,584	11,697,653
_	b FY 2017-2018 Adjusted Budget	23,369,512	3,823,209	1,957,499	17,450,381	40,000	98,423	23,369,512	5,788,752	4,180,046	7,375,708	5,996,167	23,340,673	28,839
	c Variance		1,507,350	1,049,167	886,291	40,029	39,438	3,522,274	5,684,100	2,082,825	3,827,808	3,596,355	15,191,089	(11,668,814)



Redwood Quality Management Company (RQMC) is the Administrative Service Organization for Mendocino County- providing management and oversight of specialty mental health, community service and support, and prevention and early intervention services. The following data is reported by age range, along with a total for the system of care (either youth or adult) as well as the overall RQMC total. This will assist in interpreting how different demographics are accessing service, as well as assist in providing an overall picture of access and service by county contract (youth and adult). Our goal is to provide the Behavioral Health Advisory Board with meaningful data that will aid in your decision making and advocacy efforts while still providing a snapshot of the overall systems of care.

		Children	n, Youth, &	Young Adu	lt System	Adult &	Older Adu	lt System	RQMC
		0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
Persons Admitted to	_								
Outpatient Services		41	29	9	2	35	68	5	
	Total		81	L			108		189
Crisis Services		4	14	8	7	30	39	7	
	Total		33	}			76		109

#### Children, Youth, & Young Adult System Adult & Older Adult System RQMC

AGE OF PERSONS SERVED

entified As			
Male	65	94	159
Female	48	90	138
Transgender			0
White	66	146	212
Hispanic	23	11	34
American Indian	8	7	15
Asian		4	4
African American	4	7	11
Other/Undisclosed	12	9	21

Data Dashboard- March 2018



		AGE OF PERSONS SERVED							
		Childre	Children, Youth, & Young Adult System				& Older Adı	ult System	RQMC
		0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
Unduplicated Persons									
Served in March		291	255	71	41	215	334	39	
	Total		65	8			588		1,246
							1		
Served Fiscal Year to Date		474	456	191	93	440	582	99	
	Total		1,23	14			1,121		2,335
			sons by	location.					
		Ukiah Area Willits Are			1230				
		North Cou			303 66				
		Anderson			26				
		North Coa			582				
		South Coa			34				
		000/005			94				
		Childre	n, Youth, &		E OF PER It System		RVED & Older Adı	ult System	RQMC
		0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
Total Number of									TUtal
Full Service Partnerships (FSP)									IUtal
		1		12	9	20	46	·	Iotai
	Total	1	22		9	20	46 69	3	91
	Total		22		9	20		·	
Total Number of	Total		22		9	20		·	
<b>Total Number of</b> Emergency Crisis Assessments	Total		22		9	20		·	
	Total Total	8		11			69	3	
		8	22 51	11			69 63 113	3	91
		8 by locat	22 51 ion	2 11	10		69 63 113 by insur	3 7 ••ance	91
		8 <b>by locat</b> Ukiah Vall	22 51 ion ey Medical	2 11	10		69 63 113 by insur Medi-Cal/F	3	<b>91</b> <b>164</b> 113
		8 <b>by locat</b> Ukiah Vall Crisis Cent	22 51 <b>ion</b> ey Medical er-Walk Ins	2 11 L Center	10 62 69		69 63 113 <b>by insur</b> Medi-Cal/F Private	3 7 <b>*ance</b> Partnership	<b>91</b> <b>164</b> 113 19
		8 <b>by locat</b> Ukiah Vall Crisis Cent Mendocin	22 51 <b>ion</b> ey Medical er-Walk Ins o Coast Dist	2 11 L Center rict Hospiti	10 62 69 12		69 63 113 by insur Medi-Cal/F Private Medi/Med	3 7 <b>*ance</b> Partnership	<b>91</b> <b>164</b> 113 19 18
		8 <b>by locat</b> Ukiah Vall Crisis Cent Mendocin Howard M	22 51 <b>ion</b> ey Medical er-Walk Ins	2 11 L Center rict Hospiti	10 62 69		69 63 113 <b>by insur</b> Medi-Cal/F Private Medi/Med Medicare	3 7 <b>*ance</b> Partnership	<b>91</b> <b>164</b> 113 19 18 5
		8 <b>by locat</b> Ukiah Vall Crisis Cent Mendocin Howard M Jail	22 51 ion ey Medical er-Walk Ins o Coast Dist emorial Hos	2 11 L Center rict Hospiti	10 62 69 12 20		69 63 113 <b>by insur</b> Medi-Cal/F Private Medi/Med Medicare Indigent	3 7 <b>*ance</b> Partnership	<b>91</b> <b>164</b> 113 19 18
		8 <b>by locat</b> Ukiah Vall Crisis Cent Mendocin Howard M Jail Juvenile H	22 51 ion ey Medical er-Walk Ins o Coast Dist emorial Hos	2 11 L Center rict Hospiti	10 62 69 12		69 63 113 by insur Medi-Cal/F Private Medi/Med Medicare Indigent Consolidat	3 7 <b>ance</b> Partnership	<b>91</b> <b>164</b> 113 19 18 5
		8 <b>by locat</b> Ukiah Vall Crisis Cent Mendocin Howard M Jail Juvenile H Schools	22 51 ion ey Medical er-Walk Ins o Coast Dist emorial Hos all	2 11 L Center rict Hospiti	10 62 69 12 20		69 63 113 <b>by insur</b> Medi-Cal/F Private Medi/Med Medicare Indigent Consolidat Private/Me	3 7 <b>ance</b> Partnership	<b>91</b> <b>164</b> 113 19 18 5 8 8
		8 <b>by locat</b> Ukiah Vall Crisis Cent Mendocin Howard M Jail Juvenile H	22 51 ion ey Medical er-Walk Ins o Coast Dist emorial Hos all	2 11 L Center rict Hospiti	10 62 69 12 20		69 63 113 by insur Medi-Cal/F Private Medi/Med Medicare Indigent Consolidat	3 7 <b>ance</b> Partnership	<b>91</b> <b>164</b> 113 19 18 5

#### **Redwood Quality Management Company**

Data Dashboard- March 2018



	AGE OF PERSONS SERVED							
	Childre	n, Youth, &	Young Adu	ılt System	Adult &	RQMC		
	0-11	12-17	18-21	22-24	25-40	41-64	65+	Total
Inpatient Psychiatric Hospitalizations	1	7	4	3	15	19	1	
Total		1	5			35		50
	by location					by criter	ia	
	Aurora- Sa	nta Rosa		4		Danger to S	Self	23
	Restpadd	Redding/R	edBluff	19		Gravely Dis	abled	13
	St. Helena	Vallejo/De	erPark	17		Danger to (	Others	0
	St. Mary's S	San Francis	со	1		Combinatio	on	14
	Sonoma CSU			3		at discha	arge	
	San Jose BH			2		35 Dischar	ged to Men	docino Cnty
	WoodLand Memorial			2		30 Had a Po	ost-Hospita	Session
	TeleHeritage			1		Avg0 days	to Exit Inte	rview
	VA David Grant			1	-			

#### AGE OF PERSONS SERVED

Children	Children, Youth, & Young Adult System			Adult &	RQMC		
0-11	12-17	18-21	22-24	25-40	41-64	65+	Total

Crisis Line Contacts	11	31	14	16	136	286	9	
Total		7.	2			431		503

\*There were **67** logged calls where age was not disclosed. Those have been added to the total.

by reason for call	
Increase in Symptoms	105
Phone Support	213
Information Only	74
Suicidal ideation/Threat	63
Self-Injurious Behavior	9
Access to Services	25
Aggression towards Others	4
Resources/Linkages	10

by time of day	
09:00am-05:00pm	284
05:00pm-09:00am	219

<b>Calls from Law Enforcement</b>						
to Crisis						
	TOTAL: 28					
MCSO: 14 CHP: 1 WPD: 4						
FBPD: 2						

#### Medication Support Services for March...

Medication Management			
Clients Served			
Youth	59		
Adult	211		

Location of Med ServicesUkiah226Fort Bragg86Total Services312

\*\* of the 211 adults, 24 were new to the system

#### Contracts usage for March....

Medi-Cal	\$1,079,339.88
MHSA	\$107,028.06
Realignment	\$23,440.00
Medication Management	\$45,012.71



WELLNESS • RECOVERY • RESILIENCE

## **COUNTY OF MENDOCINO**

Health and Human Services Agency

**Behavioral Health and Recovery Services** 

Mental Health Services Act Three Year Reversion Expenditure Plan Prevention and Early Intervention Innovation Workforce Education and Training Capital Facilities and Technology Needs 2018-2020

#### **Mendocino County Fiscal Accountabilty Certification**<sup>1</sup>

**Annual Update-Reversion Plan Update** 

County Mental Health Director	County Auditor Controller
Name: Jenine Miller	Name: Lloyd B. Weer, Auditor/Controller
Telephone Number: (707) 472-2341	Telephone Number: (707) 234-6860
E-mail: millerje@mendocinocounty.org	E-mail: weerl@mendocinocounty.org
Local Mental Health Mailing Address:	
Mendocino County Health and Human Services	Agency
Behavioral Health and Recovery Services	
1120 S. Dora Street	
Ukiah, CA 95482	

I hereby certify that the Three Year Reversion Expenditure Plan is true and correct and that the County has complied with all fiscal accountability requirements as required by law or as directed by the State Department of Health Care Services and the Mental Health Services Oversight and Accountability Commission, and that all expenditures are consistent with the requirements of the Mental Health Services Act (MHSA), including Welfare and Institutions Code (WIC) sections 5813.5, 5830, 5847, 5891, and 5892; and Title 9 of the California Code of Regulations sections 3400 and 3410. I further certify that all expenditures are consistent with an approved plan and that MHSA funds will only be used for programs specified in the Mental Health Services Act.

I declare under penalty of perjury under the laws of this state that the foregoing and the attached Appeal Worksheets are true and correct to the best of my knowledge.

Jenine Miller, Psy.D. Date Mendocino County Behavioral Health and Recovery Services Director

I hereby certify that for the fiscal year ended June 30, 2017, the County has maintained an interestbearing local Mental Health Services (MHS) Fund (WIC 5892(f)); and that the County's financial statements are audited annually by an independent auditor and the most recent audit report is dated XXXX for the fiscal year ended June 30, 2017. I further certify that for the fiscal year ended June 30, 2017, the State MHSA distributions were recorded as revenues in the local MHS Fund; that County MHSA expenditures and transfers out were appropriated by the Board of Supervisors and recorded in compliance with such appropriations; and that the County has complied with WIC section 5891(a), in that local MHS funds may not be loaned to a county general fund or any other county fund.

I declare under penalty of perjury under the laws of this state that the foregoing, and if there is a revenue and expenditure report attached, is true and correct to the best of my knowledge.

Lloyd B. Weer,

Date

Mendocino County Auditor Controller

<sup>&</sup>lt;sup>1</sup> Welfare and Institutions Code Sections 5847(b)(9) and 5899(a) Three-Year Program and Expenditure Plan, Annual Update, and RER Certification (07/22/2013)

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#### Introduction

In accordance with AB114 (Chapter 38, Statutes of 2017), effective July 10, 2017, and Department of Health Care Services Information Notice 17-059, California counties must prepare a report identifying the amounts of Mental Health Services Act Funds subject to reversion as of July 1, 2017. Funds not spent in earlier years can be spent in the same program (component) areas as originally allocated, upon State approval of the County's plan to spend. Each county must prepare a plan to spend the reallocated funds. The plan must be posted to the County's website by July 1, 2018, with a link sent to Department of Health Care Services. The Plan must be adopted by the County's Board of Supervisors within 90 days of posting to the county website.

Mendocino County identified \$679,476 of Prevention and Early Intervention (PEI) and \$1,235,040.30 of Innovation (INN) funds that were subject to Reversion as of July 1, 2017. Additionally, Mendocino County identified up to \$209,000 of Workforce Education and Training (WET) funds which were slated for expenditures or reversion by the end of the 2017-2018 Fiscal Year. Any Capital Facilities and Technology (CFTN) funds which are not expended within the required timeframe and are subject to reversion are also included in this plan. Mendocino County plans to expend any and all WET and CFTN funds over the next two years in accordance with Department of Health Care Services Information Notice 17-059 instructions that "CFTN or WET funds that were not spent within ten years, will be deemed to have been reverted and reallocated to the county of origin for the purpose it was originally intended." Programs proposed for funding through this Reversion plan were suggested or supported by Mendocino County MHSA stakeholders in the Community Planning Processes for the Three Year Program and Expenditure Plan and Annual Update development.

The Mendocino County MHSA Reversion Plan, due July 1, 2018, was posted for review by the public on the county website <u>https://www.mendocinocounty.org/government/health-and-human-services-agency/mental-health-services/mental-health-services-act</u> beginning on May 2, 2018. Copies of the plan were distributed to the Behavioral Health Advisory Board and stakeholders for review at their April 18, 2018 meeting. A public comment hearing was held May XX, 2018 for feedback regarding the MHSA Reversion Plan. Paper copies of the plan were made available at County Mental Health buildings. An email was sent to all Mendocino County MHSA stakeholders notifying them of the Reversion Plan and where to review it.



#### **Prevention and Early Intervention Reversion Plan**

Mendocino County identified \$679,476 of Prevention and Early Intervention (PEI) reverted and reallocated funds. Mendocino County prioritized projects that had been proposed for funding during the Three Year Program and Expenditure planning process. The prioritized projects were supported through the ongoing stakeholder processes; however funding was not available at the time to fund the projects. Additional reverted funding not allocated below will be spent on programs currently approved in the Three Year Program and Expenditure Plan and Annual Update.

 Prevention Program: Positive Parenting Program (Triple P): First 5 Mendocino will provide services using the evidence-based Positive Parenting Program (Triple P) in a multi-family support group format, at no cost to parents of children up to 16 years of age. The curriculum utilizes a self-regulatory model that focuses on strengthening the positive attachment between parents and children by helping parents develop effective communication skills and manage common childhood behavioral issues.

#### Status of MHSA Funding: New program funded with PEI Reversion through FY 19/20.

- a. **Population served:** Parents and caregivers of children up to age 16 residing in Mendocino County.
- b. Services Provided: Six (6) one-hour seminars per year will be provided through local Family Resource Centers, targeting parents of children up to age 16. Eight (8) 8-week groups per year of Triple P classes will be provided annually, to parents of children under age 16. Supervision and support to partnering agencies maintaining quality and consistency in the implementation of the program will be provided.
- c. **Program Goals:** To improve parenting skills, increase sense of competence in parenting priorities, improve self-awareness of parenting issues, reduce parental stress, improve the mental health outcomes for children and parents, and improve parent-child relationships.
- d. **Program Evaluation Methods**: The program staff conducts evaluation activities that meet the PEI requirements. The program will implement pre- and post-Parent Scale and pre- and post- Depression, Anxiety, Stress Scale (DASS). The program will provide number of groups held, number of attendees of each group, and location of each group quarterly for annual program evaluation.
- e. Estimated Budget: \$120,000 over two years.

#### 2. Stigma and Discrimination Reduction Programs: Old Coast Café Training Program:

Mendocino Coast Hospitality Center (MCHC) will provide vocational services and recovery opportunities for people with mental health challenges in an effort to reduce stigma by demonstrating that those with mental health concerns can be productive members of the community. The participants in the program will come from a variety of backgrounds and routes into the program.

Status of MHSA Funding: New program funded with PEI Reversion through FY 19/20.

- a. Population served: Participants with mental health conditions that are developing work skills. Participants may be referred to the program through Welfare to Work, Mendocino College, MCHC, and other agencies serving clients who are or have been homeless.
- b. **Services Provided:** Flexible training elements will allow for people to participate in adaptable and individualized ways which relate to their needs and goals. "Soft work skills" modules, including resume building will be offered. Additionally, completion of college modules, and completion of in-house taught modules for individuals needing support in specific areas.
- c. **Program Goals:** The program will provide vocational training to those in need, and support them on their own path towards self-sufficiency. To improve the community culture by contributing to a vibrant neighborhood.
- d. **Program Evaluation Methods**: The program staff conducts evaluation activities that meet the PEI requirements. The program will measure the number of trainings provided, the number of individuals trained at each training, demographic information about those trained, and the number of individuals moving to permanent employment at the end of the training program.
- e. Estimated Budget: \$100,000 over two years.

#### 3. <u>Programs for Access and Linkage to Treatment: Targeted Access to Tribal Government</u> <u>Communities for Increasing Access and engagement in Behavioral Health Services:</u>

Mendocino County will partner with Consolidated Tribal Health to engage each Mendocino County Tribal Government community in consultation and conversation about strategies to improve access and engagement to their members.

#### Status of MHSA Funding: New program funded with PEI Reversion through FY 19/20.

- a. **Population served:** Each Tribal Government Community will be consulted to provide input on Access and Linkage strategies needed to address the unique engagement needs of their members.
- b. **Services Provided:** Expand outreach and engagement services to tribal government and tribal community members. Outreach and engagement strategies will be informed by and targeted toward each individual tribal community's needs as identified by the tribal government.
- c. **Program Goals:** To increase the number of tribal members that are accessing and engaging with behavioral health services.
- d. **Program Evaluation Methods**: The program staff will conduct evaluation activities that meet PEI requirements. The program will provide quarterly data on the number of outreach/consultation sessions with tribal government. The program will provide quarterly data on the number of trainings/educational sessions conducted each quarter. The program will provide quarterly data on all services provided including number of referrals made, where individuals were referred to, numbers of referrals that were successfully followed through, and time frames for follow through.
- e. Estimated Budget: \$200,000 over two years.

4. <u>Stigma and Discrimination Reduction Programs: Cultural Diversity Committee and</u> <u>Disparity Reduction Project:</u> This is a program to expand training and educational opportunities for providers of behavioral health services by increasing information and feedback provided by underserved communities. The program will prioritize improving and increasing strategies for individuals by incentivizing and reimbursing shared lived experiences.

#### Status of MHSA Funding: New program funded with PEI Reversion through FY 19/20.

- a. **Population served:** Mendocino county residents, in particular those that are of a cultural group that experiences disparities in behavioral health services. These can include cultural groups based on ethnicity, age, gender identity, or other cultural identities.
- b. Services Provided: Improve the format of the Cultural Diversity Committee (CDC) Meetings utilizing Key Informant input from cultural leaders in the community. Test and practice strategies suggested by Key Informants and collect feedback from meeting participants about the success of strategies. Conduct at least three trainings per year on reducing disparities and promoting equity in behavioral health services in Mendocino County. Trainings will be made available for both providers and consumers of behavioral health services. Provide a stipend for individuals providing information and education based on their lived experience in Mendocino County. Culturally relevant food will be provided at these meetings.
- c. **Program Goals:** Improve attendance and participation by the community in CDC meetings by making them more relevant to consumers. Identify an increased number of strategies to improve equity in behavioral health services. Identify increased opportunities to train behavioral health providers in community informed and evidence-based culturally responsive practices.
- d. **Program Evaluation Methods**: The program staff will conduct evaluation activities that meet the PEI requirements. The program will provide the County with data on the number of trainings completed, the number of committee meetings held, the number of Key Informant interviews conducted, the number of attendees at trainings/meetings, the results of satisfaction surveys completed following trainings/meetings, the number of stipends for cultural experts/cultural brokers, and the demographic composition of training participants.
- e. Estimated Funding: \$250,000 over 2 years.



#### **Innovation Reversion Plan**

Mendocino County identified \$1,235,040.30 of reverted and reallocated Innovation (INN) funds. Innovation projects must be presented to the Mental Health Services Oversight and Accountability Commission (MHSOAC) for final approval to expend the funds. Projects below will be developed and refined in more detail through the Community Program Planning Process prior to submission to the MHSOAC.

 Friends for Health/Weekend Wellness: The project would be designed for adults with serious mental health conditions, recently discharged from higher levels of placement or those who are at risk to enter these higher levels of care settings. Initially staff will develop, with input from consumers, activities to improve social opportunities and develop friendships in settings that are not associated with services.

Status of MHSA Funding: New program funded with INN Reversion through FY 19/20.

- a. **Population served:** Mendocino County specialty mental health recipients, in particular those on Lanterman-Petris-Short (LPS) Conservatorships, those stepping down from higher levels of care, or the most isolated and difficult to engage of Full Service Partners.
- b. **Innovative Idea:** Advancing the social rehabilitative model further by testing strategies that further consumer development beyond engagement of social activities in service venues toward independent development of lasting friendships and relationships.
- c. **Program Goals:** Increase the quality of mental health services. Strategies would include building weekend activities, evening social groups, and activities that occur in housing venues, and testing whether these activities can move from program/service initiated activities to consumer initiated and sustained activities. Improve consumer report of sense of isolation. Improve consumer report of lack of programming after business hours. Improve consumer report of self-advocacy and self-determination. Reduce return of consumers to higher levels of care.
- d. **Program Evaluation Methods**: Measure changes in consumer isolation, sense of self-advocacy, sense of self-determination. Measure changes in participation of consumers in developing projects. Measure levels of higher level of care utilization.
- e. Estimated Funding: \$1,334,000 over two years.
- 2. <u>Computer Program and Virtual Reality Applications for Services to Youth</u>: This project would explore the applications of gaming systems, and possibly virtual reality, in providing mental health rehabilitation services for youth. These interventions are being tested at university hospitals and in the medical field, but have not been utilized in the public mental health field.

Status of MHSA Funding: New program funded with INN Reversion through FY 19/20.

- a. **Population served:** Mendocino County specialty mental health service recipients, in particular Transition Aged Youth (TAY). Targeted service populations may be selected to pilot the project.
- b. Innovative Idea: There are computer programs that exist in establishing supporting youth develop online resources to mental health services. The medical field and sports medicine fields are using virtual reality in their service delivery. The project would expand and explore how computer programming and virtual reality applications can be applied to youth rehabilitative services such as practicing social interactions, experiencing systematic desensitization in a more real way. By providing services in a technologically savvy and engaging way, we hope to improve probability of youth seeking, receiving, and continuing mental health services. The program could also have stigma reduction and educational applications to aid in helping someone understand the impacts of visual and auditory hallucinations, and other symptoms of mental illness.
- c. **Program Goals:** Increase access to and quality of mental health services. Increase consumer participation in various life domains (education, work, etc.). Increase duration of services for youth.
- d. **Program Evaluation Methods**: Measure changes in consumer symptoms and experience of mental health conditions through the use of pre- and post-evaluation tools such as Child Assessment of Needs and Strengths (CANS), Generalized Anxiety Disorder Scale (GAD 7), and Patient Health Questionnaire (PHQ-9) Scores.
- e. Estimated Funding: \$600,000 over two years.



#### **Workforce Education and Training Reversion Plan**

Mendocino County identified up to \$209,000 of Workforce Education and Training (WET) funds that were slated for expenditures or reversion by the end of the 2017-2018 Fiscal Year. Mendocino County plans to spend any unspent funds over the next two years in accordance with Department of Health Care Services Information Notice 17-059 instructions that "CFTN or WET funds that were not spent within ten years will be deemed to have been reverted and reallocated to the county of origin for the purpose it was originally intended." Mendocino County prioritized projects that had been supported for funding during the Three Year Program and Expenditure planning process or through the ongoing stakeholder processes.

<u>Workforce Development and Collaborative Partnership Training</u>: Mendocino County will continue to provide consultation and training resources to improve the capacity of Mendocino County's mental health plan staff and contracted providers, consumer and family members, and partnering agencies. Consultation and training will prioritize:

- 1. Consumer and family member driven services
- 2. Cultural responsiveness and sensitivity
- 3. Community partnership and collaboration
- 4. Wellness resiliency and Recovery principles
- 5. Evidence Based Practices
- 6. Quality Improvement

Scholarships and Loan Assumption in Support of Education Related to Mental Health Services:

Mendocino County will continue to work with the Office of Statewide Health Planning and Development (OSHPD) to support the Mental Health Loan Assumption Program for the Mendocino County public mental health workforce as long as funding remains available.

<u>Workgroup and Subcommittees:</u> Mendocino County will continue to collect input on the Workforce Education and Training component through regular community stakeholder meetings. Stakeholders will continue to have input on identifying training priorities. Existing priorities include:

- 1. Training for Co-Occurring Disorders
- 2. Scholarship and Loan Assumption
- 3. Electronic Resources
- 4. Peer Navigation and Peer Support Programs

#### **Capital Facilities and Technology Needs Reversion Plan**

Capital Facilities and Technology Needs (CFTN) funds that are slated for expenditures or reversion by the end of the 2017-2018 Fiscal Year will be spent over the next two years in accordance with Department of Health Care Services Information Notice 17-059 instructions that "CFTN or WET funds that were not spent within ten years will be deemed to have been reverted and reallocated to the county of origin for the purpose it was originally intended." Mendocino County prioritized projects that had been supported for funding during the Three Year Program and Expenditure planning process or through the ongoing stakeholder processes.

#### Increase the Technological Capacity and Accessibility of the Mental Health System:

Mendocino County will continue to advance the technological systems to meet the Meaningful Use Standards as set by the goals of California Health Information Technology (HIT) executive order and the Centers for Medicare and Medicaid Services (CMS) Electronic Health Record (EHR) standard requirements for quality and efficient technology records. This will continue work done with NetSmart and XPIO, a contracted company, to evaluate and improve the EHR, MyAvatar.

<u>Additional Capital Facilities and Technology Needs</u>: Additional or remaining resources in this component will go towards furthering information technology, communication, and other infrastructural needs of the Mental Health Plan.



#### **Reversion Expenditure Plans**

#### **Reverted-Reallocated Funds Table:**

Mendocino	PEI	INN
FY 2005-06		
FY 2006-07		
FY 2007-08	120,793	
FY 2008-09	343,482	181,400
FY 2009-10	215,201	181,400
FY 2010-11		301,826
FY 2011-12		75,870
FY 2012-13		154,070
FY 2013-14	-	135,652
FY 2014-15		204,822.30
Total	679,476.00	1,235,040.30