

**Mendocino County Health & Human Services
Behavioral Health & Recovery Services
Mental Health Plan**



Provider List

"Your connection to local services"

**Administration Office
1120 S. Dora Street
Ukiah, CA 95482
707-472-2300**

Si Usted Español. Si necesita este información en Español por favor, vea la recepciónista o llamar 1-800-555-5906

****Items:***

AF-CBT–Alternative for Families: A Cognitive Behavioral Therapy

TF-CBT– Trauma Focused Cognitive Behavioral Therapy

EMDR–Eye Movement Desensitization and Reprocessing

EFT–Emotionally Focused Therapy

CBT–Cognitive Behavioral Therapy

PCIT–Parent/Child Interactive Therapy

TCM– Targeted Care Management

SMHS– Specialty Mental Health Service

Triple P–Positive Parenting Program

LLS - Language Line Service

Young Adults: 18–24

ASL–American Sign Language

ROSC– Recovery Oriented System of Care

FSP–Full Service Partnership

Children/Youth–People 0 to 24 years

Adult– People 25 years and Older

PEI - Prevention and Early Intervention

UKIAH AREA

<p>Mendocino Community Health Clinic 333 Laws Ave. Ukiah 707-468-1010 Provider Type: Federally Qualified Health Clinic</p>	<p>Serves: Children, Youth & Families, Young Adults, Adults, Veterans</p>	<p>Language spoken: English / Spanish Taking new Clients: In-house referral only</p>
<p>Scope of Competence & Evidence Based Practice: Integrated Care Focus, Behavioral Health Services, Psychotherapy & Psychiatry</p>		
<p>Cultural Competency : White, Black, Asian, Hispanic, LGBTQ East Indian, and Native American</p>		
<p>Ukiah Valley Rural Health Center 260 Hospital Drive, Suite #101 Ukiah 707-463-7428 Provider Type: Rural Health Clinic</p>	<p>Serves: Children, Youth & Families, Young Adults, Adults, Veterans</p>	<p>Language spoken: English / Spanish Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Behavioral Health Services, Psychotherapy & Psychiatry</p>		
<p>Cultural Competency : White, Black, Asian, Native American Hispanic and LGBTQ</p>		

Ukiah Area

<p>Tapestry Family Services 290 E. Gobbi St. Ukiah 707-463-3300</p> <p>Provider Type: Organizational Provider</p>	<p>Serves: Children, Youth & Families</p>	<p>Language spoken: English / Spanish / LLS*</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: TF-CBT*, AF-CBT*, Triple P, CBT*, PCIT*, TCM* & SMHS* Katie A*</p>		
<p>Cultural Competency : White, Black, Asian, Hispanic, Native American and LGBTQ</p>		

<p>MCAVHN 148 Clara Ave. Ukiah (707) 462-1932</p> <p>Provider Type: Organizational Provider</p>	<p>Serves: Youth & Adults</p>	<p>Language spoken: English / LLS*</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Access to Mental Health, TCM*, SMHS*, CBT*, & ROSC*</p>		
<p>Cultural Competency : White, Black, Hispanic, Asian, Native American, East Indian, & LGBTQ</p>		

Ukiah Area

<p>Manzanita Services Wellness Center 410 Jones St. Ukiah 707-463-0405</p> <p>Provider Type: Organizational Provider</p>	<p>Serves: Youth, Adults, Older Adults & Families</p>	<p>Language spoken: English / LLS*</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: SMHS*, Care (case) Management, Health navigation, Wellness Center, Benefits Advocacy, Homeless Services & Housing Support and Transportation Services</p>		
<p>Cultural Competency : White, Black, Asian, Native American, Hispanic and LGBTQ</p>		

<p>Ukiah Senior Center 495 Leslie St. Ukiah 707-463-0405</p> <p>Provider Type: Organizational Group</p>	<p>Serves: Older Adults</p>	<p>Language spoken: English</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Senior Peer Counseling, Older Adult Support, Veterans, Transportation Services</p>		
<p>Cultural Competency : White, Black, Asian, Hispanic, Native American and LGBTQ</p>		

Ukiah Area

<p>Mendocino County Youth Project (MCYP) 776 S. State St. #107 Ukiah 463-4915</p> <p>Provider Type: Organizational Provider</p>	<p>Serves: Children, Youth, Young Adults & Families</p>	<p>Language spoken: English / Spanish/ LLS*</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: TF-CBT*, AF-CBT*, Triple P, CBT*, PCIT*, TCM* & SMHS*</p>		
<p>Cultural Competency : White, Black, Asian, Native American Hispanic and LGBTQ</p>		

<p>Veterans Services Office 405 Observatory Ave. Ukiah (707) 463-4226</p> <p>Provider Type: County Office</p>	<p>Serves: Veterans or dependents of Veterans</p>	<p>Language spoken: English</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Advocate for any Veteran or their dependents, assist with applications for benefits.</p>		
<p>Cultural Competency: White, Black, Hispanic, Asian, Native American, East Indian, & LGBTQ, or any Veteran or dependent of a Veteran</p>		

Ukiah Area

<p>Redwood Community Services (RCS) 350 E. Gobbi St. Ukiah 707-472-2922</p> <p>Provider Type: Organizational Provider</p>	<p>Serves: All Ages</p>	<p>Language spoken: English / Spanish/ LLS*</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: TF-CBT*, AF-CBT*, Triple P, CBT*, PCIT*, TCM*, Katie A., FSP* & SMHS*</p>		
<p>Cultural Competency : White, Black, Asian, Hispanic, LGBTQ and Native American</p>		

<p>Redwood Community Crisis Center (RC3) 350 E. Gobbi St. Ukiah 467-9065 Toll free 24/7 (855) 838-0404</p> <p>Provider Type: Organizational Group</p>	<p>Serves: All Ages</p>	<p>Language spoken: English / Spanish/ LLS*</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Mental Health Crisis and Urgent Care Services</p>		
<p>Cultural Competency : White, Black, Asian, Native American, Hispanic and LGBTQ</p>		

Redwood Valley Area

Consolidated Tribal Health Project 6991 N. State St. Redwood Valley (707) 467-5645 Provider Type: Indian Health Clinic	Serves: Members of Federally Recognized Tribes	Language spoken: English / Native American Taking new Clients: Yes
Scope of Competence & Evidence Based Practice: Behavioral Health Services		
Cultural Competency : White, Black, Hispanic, & Native American		

Willits & North County

Redwood Community Services (RCS) 99 S. Humboldt St. Willits (707) 459-9900 Provider Type: Organizational Provider	Serves: Children, Youth , Young Adults & Families	Language spoken: English / Spanish / LLS* Taking new Clients: Yes
Scope of Competence & Evidence Based Practice: TF-CBT*, AF-CBT*, Triple P, CBT*, PCIT*, TCM* Katie A., FSP* & SMHS*		
Cultural Competency : White, Black, Asian, Native American, Hispanic and LGBTQ		

Willits & North County

<p>Long Valley Health Center 50 Branscomb Rd. Laytonville (707) 984-6131</p> <p>Provider Type: Community Health Clinic</p>	<p>Serves: Children, Youth, Adults, Older Adults & Families</p>	<p>Language spoken: English</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Depression, Anxiety & Substance Use Disorders</p>		
<p>Cultural Competency : White, Black, Hispanic, East Indian, Native American & LGBTQ</p>		

<p>Little Lake Health Center 45 Hazel St. Willits (707) 456-9600</p> <p>Provider Type: Federally Qualified Health Clinic</p>	<p>Serves: Children, Youth, Adults, Older Adults, & Families</p>	<p>Language spoken: English / Spanish</p> <p>Taking new Clients: In-house referrals only</p>
<p>Scope of Competence & Evidence Based Practice: Behavioral Health Services, Psychotherapy & Psychiatry</p>		
<p>Cultural Competency : White, Black, Hispanic and Native American</p>		

Willits & North County

<p>Tapestry Family Services 290 E. Gobbi St. Ukiah 707-463-3300 (Contact for Willits & North County) Provider Type: Organizational Provider</p>	<p>Serves: Children, Youth & Families</p>	<p>Language spoken: English / Spanish / LLS* Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: TF-CBT*, AF-CBT*, Triple P, CBT*, PCIT*, TCM*, SMHS*, Katie A.</p>		
<p>Cultural Competency : White, Black, Asian, Native American, Hispanic and LGBTQ</p>		

<p>Willits Harrah Senior Center 1501 Baechtel Rd. Willits (707) 459-6826 Provider Type: Organizational</p>	<p>Serves: Older Adults</p>	<p>Language spoken: English/Spanish Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Senior Peer Counseling and Older Adult Support</p>		
<p>Cultural Competency : White, Black, Hispanic, East Indian, Asian, Native American & LGBTQ</p>		

Willits & North County

<p>Round Valley Indian Health Center—Yuki Trails 23000 Henderson Ln. Covelo (707) 983-6648 ext. 200 Provider Type: Indian Health Clinic</p>	<p>Serves: Children (over 2 1/2), Youth, Adults, Older Adults, Couples, Intellectually Disabled & Families</p>	<p>Language spoken: English Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Trauma/Abuse, Grief & Loss, Domestic Violence, Anxiety, Depression, Dual Diagnosis, Substance Abuse (Group/Individual), Anger Management Classes</p>		
<p>Cultural Competency : White, Black, Hispanic, Asian, East Indian, LGBTQ & Native American</p>		

<p>Mendocino County Youth Project (MCYP) 776 S. State St. #107 Ukiah (707) 463-4915 (Willits & Covelo) Provider Type: Organizational</p>	<p>Serves: Children, Youth, & Families</p>	<p>Language spoken: English / Spanish / LLS* Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: TF-CBT*, AF-CBT*, Triple P, CBT*, PCIT*, TCM*, SMHS*, Katie A.</p>		
<p>Cultural Competency : White, Black, Hispanic, Asian, LGBTQ & Native American</p>		

Willits & North County

<p>Manzanita Services 286 School St. Willits (707) 456-9020</p> <p>Provider Type: Organizational Provider</p>	<p>Serves: Youth, Adults, Older Adults & Families</p>	<p>Language spoken: English/LLS*</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Care (case) Management, Health navigation, Wellness Center, Benefits Advocacy, Homeless Services & Housing Support and Transportation Services</p>		
<p>Cultural Competency : White, Black, Hispanic, Asian, Native American & LGBTQ</p>		
<p>Nuestra Alianza 291 School St. Ste. 1 Willits (707) 456-9418</p> <p>Provider Type: Organizational Provider</p>	<p>Serves: Adults, Older Adults</p>	<p>Language spoken: English / Spanish</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Outreach & Engagement, MH Education, Suicide Prevention Forums, Non-Clinical Intervention, Primary focus - Latino population</p>		
<p>Cultural Competency : White, Black, Hispanic, & LGBTQ</p>		

Fort Bragg & North Coast

<p>Redwood Community Services (RCS) 32670 Hwy 20, Unit 2 Fort Bragg (707) 964-1136 Provider Type: Organizational Provider</p>	<p>Serves: Children, Youth (Age 24 and younger)</p>	<p>Language spoken: English / Spanish LLS* Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: TF-CBT*, AF-CBT*, Triple P, CBT*, PCIT*, TCM*, Katie A, FSP* & SMHS*</p>		
<p>Cultural Competency : White, Black, Hispanic, Asian, LGBTQ , & Native American</p>		
<p>Redwood Community Services (RCS) 544 S. Main St. Suite A & B Fort Bragg (707) 961-0308 Provider Type:</p>	<p>Serves: Adults (Age 25 & older)</p>	<p>Language spoken: English / Spanish LLS* Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: TF-CBT*, AF-CBT*, Triple P, CBT*, PCIT*, TCM*, Katie A, FSP* & SMHS*</p>		
<p>Cultural Competency : White, Black, Hispanic, Asian, LGBTQ , & Native American</p>		

Fort Bragg & North Coast

<p>Veterans Services Office 360 N. Harrison St. Fort Bragg (707) 964-5823 Provider Type: County Office</p>	<p>Serves: Veterans and dependents of veterans</p>	<p>Language spoken: English/Spanish Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Advocate for any Veteran or their dependents, assist with Application(s) for benefits.</p>		
<p>Cultural Competency: White, Black, Hispanic, Asian, LGBTQ , East Indian & Native American or any Veteran or dependent of a Veteran</p>		
<p>Mendocino Coast Hospitality Center 101 N. Franklin St. Fort Bragg (707) 961-0172 Provider Type: Organizational</p>	<p>Serves: Adults & Older Adults</p>	<p>Language spoken: English/Spanish LLS* Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Homeless Resource, Case Management, HUD Housing, TCM* & SMHS*</p>		
<p>Cultural Competency : White, Black, Hispanic, Asian, LGBTQ , & Native American</p>		

Fort Bragg & North Coast

<p>Redwood Community Crisis Center (RC3) 32670 Hwy 20 Unit 6 Fort Bragg (707) 961-0308 toll free 24/7 (855) 838-0404 Provider Type: Organizational Provider</p>	<p>Serves: All ages</p>	<p>Language spoken: English / Spanish LLS*</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Mental Health Crisis and Urgent Care Services</p>		
<p>Cultural Competency : White, Black, Hispanic, Asian, LGBTQ , & Native American</p>		

<p>Redwood Coast Senior Center 490 N. Harold St. Fort Bragg (707) 964-0443 Provider Type: Organizational</p>	<p>Serves: Older Adults</p>	<p>Language spoken: English / Spanish</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Senior Peer Counseling, Older Adult Support</p>		
<p>Cultural Competency : White, Black, Hispanic, Asian, LGBTQ , & Native American</p>		

Fort Bragg & North Coast

<p>Mendocino Coast Clinics 205 South St. Fort Bragg (707) 964-1251 Provider Type: Federally Qualified Health Clinic</p>	<p>Serves: Children, Youth, Adults, Older Adults,</p>	<p>Language spoken: English / Spanish Taking new Clients: In house referrals only</p>
<p>Scope of Competence & Evidence Based Practice: Behavioral Health Services, Psychotherapy & Psychiatry</p>		
<p>Cultural Competency : White, Black, Hispanic, Asian, LGBTQ & Native American</p>		

South Coast

Redwood Coast Medical Services 46900 Ocean Dr. Gualala (707) 884-4005 Provider Type: Community Health Center	Serves: Children, Youth, Adults, Older Adults & Families	Language spoken: English / Spanish Taking new Clients: Yes
Scope of Competence & Evidence Based Practice: Behavioral Health Counseling Services		
Cultural Competency : White, Black, Asian, East Indian, LGBTQ, Native American, & Hispanic		

COASTAL SENIORS 24000 S. Highway 1 Point Arena, CA 95468 (707) 882-2137 Provider Type: Organizational Group	Serves: Older Adults	Language spoken: English/Spanish Taking new Clients: Yes
Scope of Competence & Evidence Based Practice: Older Adult Support		
Cultural Competency : White, Black, Asian, East Indian, LGBTQ, Native American, & Hispanic		

South Coast

<p>Action Network 39144 Ocean Dr. Gualala (707)884-5413</p> <p>Provider Type: Organizational</p>	<p>Serves: Children, Youth & Families</p>	<p>Language spoken: English / Spanish</p> <p>Taking new Clients: Yes</p>
<p>Scope of Competence & Evidence Based Practice: Parent Partners, Outreach & Engagement for families, PEI*</p>		
<p>Cultural Competency : White, Black, Asian, Hispanic, LGBTQ East Indian, and Native American</p>		

Anderson Valley

Anderson Valley Health Center 13500 Airport Rd. Boonville (707) 895-3477 Provider Type: Community Health Center	Serves: Children, Youth, Adults, Older Adults & Families	Language spoken: English / Spanish Taking new Clients: Yes
Scope of Competence & Evidence Based Practice: Behavioral Health Counseling and Psychotherapy		
Cultural Competency : White, Black, Native American, Hispanic		

Redwood Community Services (RCS) 11950 Anderson Valley Way Boonville (330) 310-0694 Provider Type: Organizational Provider	Serves: Children, Youth	Language spoken: English / LLS* Taking new Clients: Yes
Scope of Competence & Evidence Based Practice: Katie A., TF-CBT*, AF-CBT*, Triple P, CBT*, PCIT*, TCM* & SMHS*		
Cultural Competency : White, Black, Hispanic, LGBTQ, Native American		

**Mendocino County Health & Human Services
Behavioral Health & Recovery Services
Access to Services Information**

Access/Crisis Centers:

All Ages

32670 Hwy 20, Unit 6
Fort Bragg CA 95437

or

350 E. Gobbi Street
Ukiah CA 95482

Substance Use Disorders

Treatment:

1120 S. Dora Street
Ukiah CA 95482
707-472-2637

**NAMI Mendocino County
National Alliance on Mental
Illness**

P.O. Box 1945
Ukiah CA 95482
707-485-0239

www.namimendocino.org

Mendocino County
Mental Health Plan
(MHP) offers free
language or interpreter
assistance, sign
language or California
Relay Services
(TTY/TDD) for
beneficiaries
requesting or
accessing services.
These services may be
requested at any MHP
provider site or by
calling
1-800-555-5906

**Speak Against
Silence**

North Bay Suicide
Prevention Hotline of
Mendocino County
1-855-587-6373