

# MENDOCINO COUNTY BEHAVIORAL **HEALTH ADVISORY BOARD**

# **MINUTES**

REGULAR MEETING

Chairperson Jan McGourty

Vice Chair Patrick Pekin

> Secretary Dina Ortiz

Treasurer Cathy Harpe

**BOS Supervisor** Dan Hamburg

**November 15, 2017** 10:00 a.m. to 2:00 p.m. Potter Valley Family Resource Center, 10270 Main Street, Potter Valley, CA

1<sup>ST</sup> DISTRICT: DENISE GORNY JAN McGourty LOIS LOCKART

2<sup>ND</sup> DISTRICT: **CATHY HARPE** DINA ORTIZ KATE GASTON

3RD DISTRICT: MARGIE HANDLEY MEEKA FERRETTA VACANT

4TH DISTRICT: **EMILY STRACHAN** TAMMY LOWE VACANT

**5TH DISTRICT:** PATRICK PEKIN MARTIN MARTINEZ FLINDA BEHRINGER

**OUR MISSION:** "To be committed to consumers, their families, and the delivery of quality care with the goals of recovery, human dignity, and the opportunity for individuals to meet their full potential."

Item	Agenda Item / Description	Action
1.	Call to Order, Roll Call & Quorum Notice	Board Action:
5 minutes	Approve Agenda	
	• Meeting called to order by Chair McGourty at 10:09 A.M.	
	Roll Call completed by Member Martinez	
	Quorum met	
	Meeting agenda accepted by consensus of members	
	present with correction to item 5, #10 - Change Other to	
	Nominating Committee.	
	Members present: McGourty, Gorny, Lockart, Harpe,	
	Ortiz, Handley, Strachan, Behringer, and Martinez.	
	<ul> <li>Supervisor Hamburg also present.</li> </ul>	
2.	Minutes of October 18, 2017 BHAB Regular Meeting:	<b>Board Action:</b>
10 minutes	Discussion and Approval (Handout)	Motion by
	<ul> <li>Minutes from BHAB meeting October 18, 2017 approved</li> </ul>	Member
	as written.	Strachan,
		seconded by
		Treasurer Harpe
		to approve
		Minutes from
		October 18, 2017
		as written, passed
		with a
		unanimous yay
		vote by members
		present.

3.	Public Comments:	Board Action:
30 minutes	Members of the public wishing to make comments to the	
(Maximum)	BHAB will be recognized at this time.	
A	Board Check-in & Comments:	
<b>4.</b> 15 minutes		
15 millutes	Chair McGourty asked members to share something they	
	are thankful for.	
	o <b>Chair McGourty</b> - Commented that she is very grateful for the County Staff and all they do for	
	BHAB.	
	<ul> <li>Member Behringer - Stated she is grateful to be part</li> </ul>	
	of the BHAB group and looks forward to actually	
	helping someone.	
	<ul> <li>Supervisor Hamburg - Stated he is grateful for the</li> </ul>	
	BHAB members, passage of Measure B and having	
	people from his district step forward and volunteer for	
	the Measure B Oversight Committee.	
	Member Handley - Commented she is grateful for	
	Sheriff Allman for taking on Measure B.	
	o <b>Member Gorny</b> - Thankful for the community we	
	have and the support from the people.	
	o Member Lockart - Thankful for the community,	
	commented she was not directly affected by the fires	
	but has loved ones that were. She feels it's time to	
	come together and not be prejudice against one	
	another.	
	o Member Strachan - Stated she tries to maintain an	
	attitude of gratitude.	
	o Member Martinez - Grateful for people stepping	
	forward to help people they don't know. But is sad that	
	it took a disaster to see it happen.	
	o Treasurer Harpe - Grateful for her family.	
	o BHRS Director Miller - Thankful for her family and	
	for the things BHRS has accomplished the last several	
	years; grants, MHSA Housing, Measure B, and Covelo	
	Innovation Project to name a few.	
5.	Reports: Discussion and Possible Action	Board Action:
30 minutes	1. Chair -	
	A. Chair McGourty attended a meeting with an expert of	
	homelessness. There will be a survey coming out	
	regarding homelessness, she asked members for	
	suggestions of what some of the questions should be for	
	the survey.	
	i. Member Gorny suggested looking at the Point in	
	Time survey and see what questions are not being	
	asked and use that information to come up with	
	other questions.	
	ii. Member Lockart commented on some of the	
	questions from the tribe's surveys such as; how did	

- they become homeless, what services do they need, and how many are local people?
- iii. Member Martinez suggested one of the questions should be, have they been convicted of crimes. If so there is nowhere for them to go, if they have convictions they can't get housing or jobs.
- B. Discussion of the homeless issues, who's getting services and whether most are local people.
  - i. BHRS Director Miller commented that HHSA has a housing unit. COO Molgaard oversees the unit.
- C. Discussion of the connection of violence to women as a reason for some homelessness. Substance abuse is also an issue for the homeless.
- D. Member Behringer would be interested to know how many are veterans.

# 2. Secretary -

- A. Secretary Ortiz stated she did not receive the BHAB agenda packet this month and she did not see the notice for the meeting in the newspaper.
  - i. Discussion of how the press releases are handled and that the media is not required to post the meetings.
- B. Secretary Ortiz commented on the information on the handout "A Roadmap to Behavioral Health". She thinks the information in the handout is informative and useful.

#### 3. Treasurer –

A. Treasurer Harpe commented that the BHAB budget looks good. There is money in the budget if members want to go to training.

# 4. Housing Committee -

- A. Chair Gorny commented that there was a housing crisis before the fires and is now worse.
- 5. Site Visits Chair Harpe Nothing to report at this time.
- 6. **Crisis** Co-chairs Strachan & Pekin Nothing to report at this time.

## 7. Annual Report-

- A. Chair McGourty handed out the draft Annual Report to BOS for the board to review. She would like to present the report to the BOS at the next meeting.
- B. Discussion of member's suggestions of what should be added to the report and a few items to be clarified.

  Discussion of the date/terms the report should reflect.

  Maybe it should be on the Fiscal Year instead of a Calendar Year.

## 8. Data Notebook for 2017 –

A. Secretary Ortiz asked for the due date of the Data Notebook as she is working on it. Administrative Secretary Peckham will send due date of notebook to Admin. Secretary Peckham will check to make sure Secretary Ortiz is on the email list.

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	her.	
	9. Membership - Expiring Terms	
	A. BHRS Director Miller handed out the minutes and	
	attached Member Terms that were discussed and voted	
	on at the BHAB meeting August 17, 2016.	
	i. Discussion of how and when the terms will expire.	
	BHRS Director Miller explained the process and	
	how the terms work.	
	10. Other- Nominating Committee –	
	A. Discussion of the categories/positions and which	
	districts are open on the board.	
	B. Members nominated for officers for 2018 are:	
	Jan McGourty - Chair	
	Emily Strachan – Vice chair	
	• Cathy Harpe – Teasurer	
	• Dina Ortiz – secretary	
	C. Members voted to accept the recommendation of the	
	Nominating Committee for officers.	
	D. Discussion of whether BHAB can request Supervisor	
	Hamburg to remain the BOS representative.	
	E. Supervisor Hamburg stated the BOS representative will	
	be decided on in January 2018 by BOS.	
	F. Discussion of who will be on the Oversight Committee	
	for Measure B. There will be one representative from	
	BHAB.	
6.	Handbook of BHAB: Discussion and Possible Action	Board Action:
30 minutes	1. Incorporate SUDT into Bylaws:	
	A. Member Lockart commented on some of the changes	
	to the by-laws and wants to include language regarding	
	funding and regulations.	
	2. Updated Handbook:	
	A. Chair McGourty passed out her purposed Table of	
	Contents for the BHAB Member Handbook along with	
	the purposed Rules and Duties for board members and	
	county staff.	
	B. The executive committee met prior to this meeting and	
	reviewed the rules and duties.	
	C. Discussion of whether to have just references or hard	
	copies of resources included in the Handbook.	
	i. Chair McGourty would like to include a write up	
	on BH Court, the AOT program, and NAMI	
	programs offered to be included in the Handbook.	
	Discussion of the resources Chair McGourty had	
	listed.	
	ii. Secretary Ortiz will e-mail some other references	Secretary Ortiz
	to Chair McGourty that she thinks should be	will e-mail
	· · · · · · · · · · · · · · · · · · ·	WIII C-IIIaII
i .	included	resource
	included.  D. The handbook will need to be approved by County	resource information to

Counsel and BOS. Chair McGourty. E. Discussion of how to handle resource listing that will change yearly. F. The Roles and Duties of BHAB is what are in the WIC code. G. Discussion of Board members being required to attend Brown Act and Ethics Training every 2 years. Administrative Secretary Peckham will check into Admin. Secretary when the County will be doing Brown Act and Peckham will Ethics Training. check into next Discussion of the BHAB Secretary being ii. Ethics and responsible to keep track of what training Brown Act members have received and when they are due for training. an update. Chair McGourty will add tracking training to the list of duties for the Secretary. H. Discussion of members needing to let Chair McGourty if they are not going to be able to attend the meetings as soon as they know so she will know if there will be a quorum. Adjourned for a break 11:57 A.M. - Reconvened at 12:43 P.M. 12:00 to 12:45 BREAK RQMC Report: Tim Schraeder, CEO Discussion and 7. Possible Action: 20 minutes Data: (Handout) Sarah Livingston reporting 1. Services Update – A. Ms. Livingston commented on the numbers reflected in the report. There has been a small increase in youth services as it is close to the end of the semester and stress levels increase, this is a pretty common increase. ii. There was a question from members as to where the referrals for youth come from. Ms. Livingston gave some examples of the types of calls; most referrals come from schools or health clinics. Most of the calls come directly to RCS Crisis instead of through the Sheriff's Dispatch. 2. Fire Coverage -A. Ms. Livingston commented on the Fire coverage, they provided crisis workers at the hospitals for three days twenty-four hours a day, also had crisis trained staff at the shelters, and the fairgrounds to provide support for

A. Ms. Livingston meets monthly with the law

people affected by the fires. They are also doing follow up on clients that may have been affected or

displaced by the fires.

3. Law Enforcement calls –

	enforcement chiefs, they review the calls that have	
	come in and discuss any needs that have come up.	
	4. Cost per Client -	
	A. Supervisor Hamburg asked about the ages of the	
	clients served, he wanted to know whether the	
	numbers are about the same across all ages, and the	
	number currently reflected is expected to double by	
	the end of the year. He asked if RQMC ever look at	
	the budget as to how much the cost is per client.	
	B. BHRS Director Miller commented about how the	
	funding is broken down. Some of the costs are in the	
	EQRO report, but the reflection in the report is for	
	Medi-Cal payments only.	
	C. Discussions of how much the costs are for	
	hospitalization per client are. The placement costs	
	vary from facility to facility, the needs of the client	
	also determines how much it will be.	
	D. Discussion of what clients are not listed on the RQMC	
	data sheet.	
	E. Board members asked RQMC to include dollar	RQMC will add
	amounts on the Data Dashboard Report. Also asked	dollar amounts to
	BHRS Director Miller to include in the Director	the data sheet.
	Report the clients not listed in the count on the RQMC	Director Report
	data sheet.	to include clients
	F. Ms. Livingston explained the discrepancy between the	not listed on data
	number of crisis calls and the Outpatient services.	sheet.
	G. Supervisor Hamburg asked why RQMC had no clients	Siloct.
	placed in the Willow Glen Facility.	
	i. BHRS Director Miller explained the clients that	
	are placed Willow Glen are all LPS clients.	
	H. Ms. Livingston will ask that the placement facilities	RQMC Report
	listed on the data sheet be more specific as to location	will be more
	and if the facility is for children or adults.	specific
		regarding
		facilities.
8.	Mendocino County Report: Jenine Miller, Psy. D., BHRS	Discussion and
25 minutes	Director	Possible Action:
	1. Transition 2016-2017 Report –	1 0001014 1 1001011
	2. Chair McGourty had asked that the last Transition Report	
	to BOS from 2016 be included with the Director Report.	
	Most of the items on the report have been completed with	
	the exception of some financial accounting from Ortner	
	Management Group (OMG).	
	3. Medication Services Transition -	
	A. BHRS Director Miller commented on the Medication	
	Services transitioning to RQMC. The transition	
	· · · · · · · · · · · · · · · · · · ·	
	completion date is January 1, 2018.	
	completion date is January 1, 2018.  B. Some of the PEI contracts will be coming back to the	
	completion date is January 1, 2018.  B. Some of the PEI contracts will be coming back to the County from RQMC due to regulation changes; it	

should make oversight of the contract easier.

- 4. MHSA Innovation Plan -
  - A. BHRS Director Miller, Acting Deputy Director Lovato, and MHSA Coordinator Meloche from the County along with Otis Brotherton, Frank Tuttle and James Russ from Round Valley Tribal Health traveled to Los Angeles to present to the State Oversight and Accountability Commission (OAC) regarding the Covelo Innovation Project. It was a very interesting experience.
    - i. BHRS Director Miller described how the meeting went, the OAC requested the County postpone the for a vote on approving the project and come back to another meeting. The project was approved with a vote of six yay and three nay votes.
    - ii. There was an LGBTQ group in attendance that spoke up in support of our County's project.
  - B. BHRS Director Miller commented that the MHSA team would be going to Covelo to meet with the Round Valley Tribal Health team to start the contract and next steps moving forward with the project.
    - i. The OAC members will be coming up to review what has been started and visit Covelo. One of the OAC members asked that the County share the outcome from the project so it can be used in other counties.
  - C. Member Lockart thanked the staff for going through this process, as it's what the tribes has experienced with discrimination/disrespect for years. She hopes the BOS understands what the staff and tribal members went through.
- 5. Stepping UP -
  - A. BHRS Director Miller stated she has met the new Chief Probation Officer, Robert Ochs, he is aware of Stepping Up; they will be meeting and hopefully moving forward with Stepping Up.
- 6. Fires Update-
  - A. BHRS has been at the Local Assistance Center until November 11, 2017. BHRS has been providing assistance at the Shelters and working with RQMC to provide support to people affected by the fires.
  - B. The County has applied for a FEMA Grant to help pay for crisis workers to be out in the community.
- 7. Medi-Cal Specialty Mental Health External Quality Review (EQRO)
  - A. BHRS Director Miller commented that this was a very good report; it's one of the best she's seen in several years.
  - B. BHRS Director Miller explained the report and

	reminded everyone the report is only Medi-Cal claims.	
	She also explained the reason the County will never	
	have one hundred percent. The County rated a ninety-	
	seven percent rate this year which is very good. The	
	County and RQMC have already talked about what	
	needs to change for next year.	
	8. Substance Use Disorder Treatment (SUDT) -	
	A. BHRS Director Miller passed out a data sheet with the	
	SUDT information as requested at the last BHAB	
	meeting. The information presented was the budget,	
	how many staff and the programs provided.	
	9. MHSA -	
	A. Chair McGourty asked about there not being a MHSA	
	expenditure report included with the agenda packet.	
	B. Ms. Hoaglen commented there have been no funds	
	expended as the MHSA Plan was just approved. There	
	will be a report at the next meeting.	
	10. Discussion of a grant with RCS and County to build a	
	crisis residential facility it is a Community Development	
	Block Grant.	
10.	Update on Mental Health Initiative:	Discussion and
10 minutes	1. Discussion of the next step is for the Measure B Oversight	Possible Action:
	Committee to be selected start meeting.	
	A. Supervisor Hamburg talked about the people to be	
	appointed to the board would be appointed by expertise	
	not by political interest.	
	2. Chair McGourty asked Supervisor Hamburg if anyone	
	could talk to BHRS Director Miller's staff about training	
	the Oversight Committee regarding regulations etc.	
	A. BHRS Director Miller is willing to provide training if	
	requested or needed.	
	B. Supervisor Hamburg commented the spending of the	
	funds has a process.	
	3. Member Handley commented that the projected cost for	
	remodeling the old Howard Hospital will be about eleven	
	million. It was put out for bid as a possible PHFF unit.	
	A. Discussion of what facilities the county needs and that	
	BHAB should be kept in the loop when mental health	
	issues are being planned.	
	Public adjourned at 1:54 for closed for session.	
7.	Closed session: Discussion on New Members – moved to last	Board Action:
15 minutes	item	Members voted
	1. BHAB members met in closed session to discuss and vote	unanimous not to
	on whether or not to recommend to Supervisor Croskey an	recommend the
	applicant for a position on the Behavioral Health Advisory	applicant to be
1		**
	Board as a representative Consumer for District Three.	appointed to
	Board as a representative Consumer for District Three.  A. The members voted not to recommend the applicant	appointed to BHAB.

	for appointment.  B. Members also voted to inform Supervisor Croskey in writing of their decision.	
<b>11.</b> 5 minutes	Next meeting: December 20, 2017 at Manzanita - Ukiah	
	Agenda Item Handou	rts:
BHAB Agenda November 15, 2017 BHAB Draft Regular Meeting Minutes – October 18, 2017		BHRS Department Report RQMC Data Dashboard

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The Mendocino County Behavioral Health Board complies with ADA requirements and upon request will attempt to reasonably accommodate individuals with disabilities by making meeting material available in appropriate alternative formats (pursuant to Government code Section 54953.2) Anyone requiring reasonable accommodations to participate in the meeting should contact the Mendocino County Mental Health's Administrative Office by calling (707) 472-2310 at least five days prior to the meeting.

2-20-17 Date 12/20/17 Carolyn Peckkam, BHRS Administrative Secretary

CONTACT INFORMATION: PHONE: (707) 472-2310 FAX: (707) 472-2331

BHAB EMAIL THE BOARD: bhboard@mendocinocounty.org

BHAB Finance Reports - October

WEBSITE: https://www.mendocinocounty.org/government/health-and-human-services-agency/mental-health-services/mental-health-board